

**2022 RMAC Indoor Track and Field Championships - 2/25/2022**  
**Western Colorado University - Gunnison, Colo.**  
**Mountaineer Field House**  
**Meet Program - Saturday**

**Event 34 Heptathlon: #5 Men 60 Meter Hurdles**

**Saturday 2/26/2022 - 10:00 AM**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 4 Finals**

1				
2	4264 Nick Apps	JR	Western Colo	NT
3				
4	4167 Aidan Thompson	FR	SD Mines	10.23
5				
6	3938 Kaden Dower	FR	Chadron Stat	10.91
7				
8				
9				

**Section 2 of 4 Finals**

1				
2	4224 Sam Repsher	JR	Uc-Colo. Spg	9.68
3				
4	4166 Brent Snyder	FR	SD Mines	10.12
5				
6	3934 Pete Brown	SO	Chadron Stat	9.88
7				
8	4087 Terrel Johnson	SO	Csu-Pueblo	9.24
9				

**Section 3 of 4 Finals**

1				
2	4279 Aidan Grant	FR	Western Colo	9.33
3				
4	4158 Travis Kleinsasser	SO	SD Mines	9.36
5				
6	4272 Hayden Ell	JR	Western Colo	9.13
7				
8	3952 Harley Rhoades	JR	Chadron Stat	9.30
9				

**Section 4 of 4 Finals**

1				
2	4214 Thorben Hast	FR	Uc-Colo. Spg	8.65
3				
4	3906 Conor McGraw	FR	Black Hills	8.70
5				
6	4225 Seth Richmond	SO	Uc-Colo. Spg	8.83
7				
8	4010 Dawson Heide	JR	Colorado Mes	8.13
9				

**Event 14 Women 60 Meter Hurdles**

**Saturday 2/26/2022 - 12:00 PM**

**RMAC Indoor: 8.28 2011 Indira Spence**  
**NCAA Prov: 8.83 2022**  
**Field House: 8.38 2/6/2016 Salscia Slack**

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	4108 Maya Ries	FR	Msu Denver	9.19
2	4201 Lizzie Waters	SO	Uc-Colo. Spg	9.13
3	4199 Terra Valadez	SR	Uc-Colo. Spg	9.07
4	3855 Sadie Butler	FR	Adams State	9.04
5	4193 Missy Moreni	FR	Uc-Colo. Spg	8.58
6	3867 Zeaniah Wedgeworth	FR	Adams State	8.93
7	3995 Kailey Paterson	JR	Colorado Mes	9.05
8	4304 Katie Brotherson	JR	Westminster	9.13
9	4175 Alexis Carroll	SR	Uc-Colo. Spg	9.18

**Event 13 Men 60 Meter Hurdles**

**Saturday 2/26/2022 - 12:10 PM**

**RMAC Indoor: 7.89 2013 Darius Reed**  
**RMAC Indoor: 7.89 2014 Karl McFarlane**  
**NCAA Prov: 8.23 2022**  
**Field House: 7.90 2/20/2016 Kyree Gerstle-Goodman**

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	4119 Anthony Martinez	FR	Msu Denver	8.24
2	3954 Creighton Trembly	FR	Chadron Stat	8.23
3	4008 Nathan Hanson	SO	Colorado Mes	8.18
4	4216 Chris Hudnall	SO	Uc-Colo. Spg	8.05
5	3876 Leroy Elliott	JR	Adams State	7.85
6	4006 Zayden Davis	FR	Colorado Mes	8.14
7	4094 Carl Schmidt	SO	Csu-Pueblo	8.17
8	4297 Jacob Stroup	JR	Western Colo	8.20
9	4150 Jeremiah Bridges	SR	SD Mines	8.23

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**Event 10 Women 60 Meter Dash****Saturday 2/26/2022 - 12:20 PM****RMAC Indoor: 7.18 2/23/2019 Kandace Thomas****NCAA Prov: 7.67 2022****Field House: 7.41 2/6/2016 Shanna Thomas**

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	3892 Breanne Fuller	JR	Black Hills	7.74
2	4180 Brittany Fuchs	JR	Uc-Colo. Spg	7.67
3	4181 Maggie Gardella	FR	Uc-Colo. Spg	7.65
4	4178 Victoria Farinas	FR	Uc-Colo. Spg	7.62
5	4203 Kayla Zink	SR	Uc-Colo. Spg	7.48
6	3975 Sierra Arceneaux	JR	Colorado Mes	7.63
7	3980 Rachel Crutcher	JR	Colorado Mes	7.63
8	4241 Myia Dantzler	FR	Western Colo	7.66
9	3864 Alese Sartain	SO	Adams State	7.73

**Event 9 Men 60 Meter Dash****Saturday 2/26/2022 - 12:30 PM****RMAC Indoor: 6.65 2/27/2016 Jurgen Themen****NCAA Prov: 6.87 2022****Field House: 6.65 2/18/2022 Elijah Gilbert**

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	4220 Justice Mendoza	FR	Uc-Colo. Spg	6.95
2	4025 Beau Thornton	FR	Colorado Mes	6.94
3	4002 Sterling Brassfield	FR	Colorado Mes	6.87
4	3888 Jonah Vigil	SO	Adams State	6.81
5	4227 Kymani Sterling	FR	Uc-Colo. Spg	6.74
6	4028 Elijah Williams	SO	Colorado Mes	6.76
7	4296 Ja'Warren Smith	FR	Western Colo	6.86
8	4275 Eric Fike	SO	Western Colo	6.91
9	4029 Jeremiah Wilson	SO	Colorado Mes	6.95

**Event 6 Women 1 Mile Run****Saturday 2/26/2022 - 12:50 PM****RMAC Indoor: 4:49.40 1996 Elva Dryer****NCAA Prov: 4:58.15 2022****Field House: 4:38.08 1/20/2018 Emma Coburn**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	4255 Gretchen Slattum	FR	Western Colo	5:03.75
2	3960 Shannon King	FR	Colo. Christ	4:54.61
3	3991 Kira MacGill	FR	Colorado Mes	4:57.70
4	4234 Allison Beasley	FR	Western Colo	4:57.34
5	4081 Margot Thomas	FR	Csu-Pueblo	5:01.92
6	4198 Rachel Richtman	FR	Uc-Colo. Spg	5:11.33
7	4040 Alex Raichart	JR	Colorado Min	5:00.58
8	4179 Anna Fauske	FR	Uc-Colo. Spg	5:00.46
9	3898 Xiomara Robinson	JR	Black Hills	4:58.93

**Section 2 of 2 Finals**

1	3857 Fiona Hawkins	FR	Adams State	4:45.19
2	3860 Ava O'Connor	FR	Adams State	4:48.19
3	3868 Sarah Wills	SR	Adams State	4:53.95
4	4308 Courtney McAlindon	JR	Westminster	4:49.37
5	4168 Layla Almasri	SR	Uc-Colo. Spg	4:47.74
6	4244 Katie Doucette	SO	Western Colo	4:45.30
7	3895 Ruby Lindquist	SO	Black Hills	4:52.60
8	4080 Hailey Streff	SR	Csu-Pueblo	4:47.05
9	4190 Riley McGrath	SO	Uc-Colo. Spg	4:50.88

**Event 5 Men 1 Mile Run****Saturday 2/26/2022 - 1:05 PM****RMAC Indoor: 4:07.95 2/27/2016 Alec Baldwin****NCAA Prov: 4:10.99 2022****Field House: 4:15.52 2/28/2015 Kevin Batt**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	4281 John Houdeshell	FR	Western Colo	4:10.94
2	4283 William Johnson	FR	Western Colo	4:11.30
3	4295 Aidan Scott	FR	Western Colo	4:16.24
4	3886 Elias Perez	FR	Adams State	4:11.98
5	3903 Tim Brown	SO	Black Hills	4:18.92
6	3970 Hudson Majeski	FR	Colo. Christ	4:11.01
7	3915 Marcos Valerio	FR	Black Hills	4:20.86
8	3909 Keith Osowski	SR	Black Hills	4:09.20
9	3966 Chase Bracher	JR	Colo. Christ	4:13.11

**Section 2 of 2 Finals**

1	4055 Luke Julian	JR	Colorado Min	4:00.81
2	3878 Alec Hall	SR	Adams State	4:07.80
3	4294 Jackson Schwartz	JR	Western Colo	4:07.24
4	4213 Gavin Harden	FR	Uc-Colo. Spg	4:06.03
5	3971 Jeremy Miller	SO	Colo. Christ	4:09.14
6	3973 Isaac Russo	JR	Colo. Christ	4:08.00
7	4211 Evan Graff	JR	Uc-Colo. Spg	4:04.11
8	3885 Mikah Paiz	FR	Adams State	4:07.19
9	3883 Andrew O'Keefe	FR	Adams State	4:04.66

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**Event 8 Women 400 Meter Dash**

**Saturday 2/26/2022 - 1:20 PM**

**RMAC Indoor:** 54.65 2/23/2019 Skylyn Webb  
**NCAA Prov:** 56.80 2022  
**Field House:** 56.10 2/10/2019 Arria Minor

Lane	Name	Yr	School	Prelims
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**Section 1 of 2 Finals**

1				
2				
3	4033 Grace Galvin	FR	Colorado Min	58.90
4	4201 Lizzie Waters	SO	Uc-Colo. Spg	58.87
5	4035 Randi Higashi	JR	Colorado Min	58.59
6	4176 Amber Davis	FR	Uc-Colo. Spg	58.81

**Section 2 of 2 Finals**

1				
2				
3	4239 Mackenzie Burt	JR	Western Colo	58.89
4	3990 Sophia Lindauer	FR	Colorado Mes	58.83
5	4245 Kaiya Firor	SO	Western Colo	57.09
6	4109 Allyssa Romero	FR	Msu Denver	58.54

**Event 7 Men 400 Meter Dash**

**Saturday 2/26/2022 - 1:30 PM**

**RMAC Indoor:** 47.93 2/29/2020 Brodie Roden  
**NCAA Prov:** 48.52 2022  
**Field House:** 48.87 2/28/2015 Ian Rozier

Lane	Name	Yr	School	Prelims
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**Section 1 of 2 Finals**

1				
2				
3	4013 Kelsey Montague	FR	Colorado Mes	51.02
4	4164 Isaac Orozco	SR	SD Mines	50.70
5	4015 Dayne Ortega	FR	Colorado Mes	50.27
6	3936 Osvaldo Cano	SO	Chadron Stat	50.49

**Section 2 of 2 Finals**

1				
2				
3	3944 Greg Logsdon	FR	Chadron Stat	50.77
4	4285 Bryce Kizewski	SO	Western Colo	50.60
5	4223 Ryan O'Neal	FR	Uc-Colo. Spg	49.88
6	4206 Dillon Andrews	SO	Uc-Colo. Spg	50.14

**Event 12 Women 800 Meter Run**

**Saturday 2/26/2022 - 1:40 PM**

**RMAC Indoor:** 2:11.10 1999 Sarah Parkey  
**NCAA Prov:** 2:14.51 2022  
**Field House:** 2:12.01 12/11/2021 Yasmine Hernandez

Lane	Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	3997 Amber Valdez	SO	Colorado Mes	2:18.58
2	4075 Taylor Holland	FR	Csu-Pueblo	2:17.35
3	4187 Ashten Loeks	SO	Uc-Colo. Spg	2:17.76
4	4111 Audrynn Street	FR	Msu Denver	2:20.40
5	3957 Benisa Ellis	FR	Colo. Christ	2:18.97
6	3891 Erica Dykstra	JR	Black Hills	2:17.27
7	4171 Elizabeth Bindert	SO	Uc-Colo. Spg	2:20.40

**Section 2 of 3 Finals**

1	3933 Hannah Wilkie	FR	Chadron Stat	2:15.88
2	4184 Michela Hewitt	SO	Uc-Colo. Spg	2:17.00
3	4183 Kate Hedlund	FR	Uc-Colo. Spg	2:12.82
4	4310 Emily Worline	JR	Westminster	2:13.05
5	4250 Abbey Mohan	SO	Western Colo	2:14.60
6	4070 Helen Braybrook	FR	Csu-Pueblo	2:15.36

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**Section 3 of 3 Finals...(Event 12 Women 800 Meter Run)**

1	3961 Michelle Kuipers	FR	Colo. Christ	2:10.46	_____
2	4073 Yasmine Hernandez	SR	Csu-Pueblo	2:08.65	_____
3	4032 Mackenzie Duck	JR	Colorado Min	2:12.56	_____
4	4306 Josii Johnson	JR	Westminster	2:11.22	_____
5	4046 Aryelle Wright	JR	Colorado Min	2:10.55	_____
6	3866 Jessica Simon	SO	Adams State	2:12.27	_____

**Event 11 Men 800 Meter Run****Saturday 2/26/2022 - 2:00 PM**

RMAC Indoor: 1:51.77 2012 Andrew Graham

NCAA Prov: 1:52.85 2022

Field House: 1:52.24 2/28/2015 Robin Butler

Lane	Name	Yr	School	Seed Time	
<b>Section 1 of 3 Finals</b>					
1	4212 Joey Hamilton	FR	Uc-Colo. Spg	1:56.25	_____
2	3968 Aidan Day	SO	Colo. Christ	1:55.41	_____
3	4292 Ryan Outler	FR	Western Colo	1:54.21	_____
4	3869 Abdi Abade	FR	Adams State	1:56.27	_____
5	4097 Kaleb Tipton	SO	Csu-Pueblo	1:53.84	_____
6	3946 Logan Moravec	FR	Chadron Stat	1:54.91	_____

**Section 2 of 3 Finals**

1	4053 Andrew Gebhardt	FR	Colorado Min	1:53.27	_____
2	4083 Jack Dickson	FR	Csu-Pueblo	1:52.20	_____
3	4059 Alex Maline	FR	Colorado Min	1:53.74	_____
4	4114 Thomas Gilfillan	FR	Msu Denver	1:52.80	_____
5	4113 Brandon Bodner	SR	Msu Denver	1:52.73	_____
6	4047 Ben Abueg	JR	Colorado Min	1:53.43	_____

**Section 3 of 3 Finals**

1	3871 David Cardenas	SO	Adams State	1:50.64	_____
2	4084 Nikolaus Franzmair	SO	Csu-Pueblo	1:51.56	_____
3	4121 Nick Nowlen	JR	Msu Denver	1:49.79	_____
4	4095 Reece Sharman-Newell	FR	Csu-Pueblo	1:52.18	_____
5	4085 Nathan Hood	SR	Csu-Pueblo	1:50.09	_____
6	4313 Aiden Urban	SR	Westminster	1:50.86	_____

**Event 16 Women 200 Meter Dash****Saturday 2/26/2022 - 2:25 PM**

RMAC Indoor: 23.63 2/22/2019 Kandace Thomas

NCAA Prov: 24.85 2022

Field House: 23.78 2/10/2019 Arria Minor

Lane	Name	Yr	School	Prelims	
<b>Section 1 of 2 Finals</b>					
1					_____
2					_____
3	4173 Keyanda Bolton	FR	Uc-Colo. Spg	25.39	_____
4	3980 Rachel Crutcher	JR	Colorado Mes	25.24	_____
5	3975 Sierra Arceneaux	JR	Colorado Mes	25.03	_____
6	4236 Amaya Booker	SR	Western Colo	25.12	_____

**Section 2 of 2 Finals**

1					_____
2					_____
3	4181 Maggie Gardella	FR	Uc-Colo. Spg	25.30	_____
4	4245 Kaiya Firor	SO	Western Colo	25.13	_____
5	4203 Kayla Zink	SR	Uc-Colo. Spg	24.55	_____
6	4180 Brittany Fuchs	JR	Uc-Colo. Spg	24.73	_____

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**Event 15 Men 200 Meter Dash****Saturday 2/26/2022 - 2:35 PM****RMAC Indoor: 21.40 2/23/2019 Ian Kerr****NCAA Prov: 21.69 2022****Field House: 21.70 12/11/2021 Elijah Williams**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>				
1				_____
2				_____
3	4118 Ethan Loper	JR	Msu Denver	22.32 _____
4	4275 Eric Fike	SO	Western Colo	22.27 _____
5	4220 Justice Mendoza	FR	Uc-Colo. Spg	21.90 _____
6	4028 Elijah Williams	SO	Colorado Mes	21.96 _____
<b>Section 2 of 2 Finals</b>				
1				_____
2				_____
3	4015 Dayne Ortega	FR	Colorado Mes	22.29 _____
4	4096 Tyrell Smith	SO	Csu-Pueblo	21.99 _____
5	4089 Nigel Mitchell	SO	Csu-Pueblo	21.83 _____
6	4227 Kymani Sterling	FR	Uc-Colo. Spg	21.85 _____

**Event 18 Women 3000 Meter Run****Saturday 2/26/2022 - 2:55 PM****RMAC Indoor: 9:40.20 2003 Amber Klein****NCAA Prov: 9:58.36 2022****Field House: 10:03.82 12/11/2021 Brianna Robles**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	3856 Amalia Dorion	FR	Adams State	10:21.87 _____
2	3859 Nicole Lawrence	SO	Adams State	9:41.64 _____
3	3898 Xiomara Robinson	JR	Black Hills	9:50.04 _____
4	3994 Lindsay Parsons	SR	Colorado Mes	10:16.87 _____
5	4168 Layla Almasri	SR	Uc-Colo. Spg	9:38.11 _____
6	3865 Emily Schoellkopf	FR	Adams State	9:46.64 _____
7	3862 Precious Robinson	FR	Adams State	9:31.96 _____
8	4190 Riley McGrath	SO	Uc-Colo. Spg	9:43.37 _____
9	3991 Kira MacGill	FR	Colorado Mes	10:06.21 _____
10	4030 Zoe Baker	SO	Colorado Min	9:34.19 _____
11	3964 Paige Tack	FR	Colo. Christ	9:46.02 _____
12	3998 Kendall White	FR	Colorado Mes	11:04.74 _____
13	3868 Sarah Wills	SR	Adams State	9:54.65 _____
14	4244 Katie Doucette	SO	Western Colo	9:28.77 _____
15	3863 Brianna Robles	SO	Adams State	9:28.76 _____
16	4316 Paige Morales	SO	Adams State	10:50.23 _____
17	4259 Alexia Thiros	SR	Western Colo	10:14.26 _____
18	3960 Shannon King	FR	Colo. Christ	9:57.99 _____

**Event 17 Men 3000 Meter Run****Saturday 2/26/2022 - 3:15 PM****RMAC Indoor: 8:14.10 2005 Celedonio Rodriguez****NCAA Prov: 8:21.16 2022****Field House: 8:29.35 1/30/2021 Charlie Sweeney**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	3972 Josh Pierantoni	JR	Colo. Christ	8:05.50 _____
2	4232 Afewerki Zeru	JR	Uc-Colo. Spg	8:08.24 _____
3	4023 Mark Testa	JR	Colorado Mes	8:25.50 _____
4	4052 Duncan Fuehne	FR	Colorado Min	8:06.09 _____
5	4281 John Houdeshell	FR	Western Colo	8:23.70 _____
6	3884 Aron Orar	JR	Adams State	8:19.78 _____
7	4060 Matthew Mettler	FR	Colorado Min	8:19.06 _____
8	3877 Yonas Haile	FR	Adams State	8:20.08 _____
9	4026 Tony Torres	JR	Colorado Mes	8:09.80 _____
10	3872 Mitchell Dervin	JR	Adams State	8:15.60 _____
11	4278 Michael Grabowski	JR	Western Colo	8:24.71 _____
12	4050 Chris Cathcart	JR	Colorado Min	8:16.23 _____
13	4056 Andrew Kaye	SO	Colorado Min	8:09.73 _____
14	3882 Davonte Jett-Reynolds	JR	Adams State	8:11.97 _____
15	3885 Mikah Paiz	FR	Adams State	8:19.60 _____
16	4054 Steven Goldy	JR	Colorado Min	8:15.49 _____
17	4063 John O'Malley	SO	Colorado Min	8:13.10 _____
18	4289 Cade Michael	SR	Western Colo	8:07.13 _____