

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****Event 1 Women 100 Meter Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.86 2022

Name	Year School	Prelims	Wind	H#
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Preliminaries				
1 Arceneaux, Sierra	JR Colorado Mesa	11.59Q	3.3	2
2 Zink, Kayla	SR Uc-Colo. Spgs.	11.73Q	3.7	3
3 Fuchs, Brittany	JR Uc-Colo. Spgs.	12.31Q	-5.1	1
4 Fuller, Breanne	JR Black Hills St.	11.76q	3.7	3
5 Sartain, Alese	SO Adams State	11.87q	3.3	2
6 Dantzler, Myia	FR Western Colorado	11.97q	3.3	2
7 Lattimore, Jaivion	JR Msu Denver	12.13q	3.7	3
8 George, Hannah	SO Colo. Christian	12.17q	3.3	2
9 Collier, Carlie	SO Chadron State	12.19q	3.7	3
10 Hutchison, Mikayla	FR Western Colorado	12.35	3.7	3
11 Eversley, Victoria	FR Colorado Mesa	12.43	3.3	2
12 Bolton, Keyanda	SO Uc-Colo. Spgs.	12.55	-5.1	1
13 Gomez, Caelyn	SO Adams State	12.67	3.7	3
14 Burnett-Perry, Serenity	FR Colorado Mesa	12.73	-5.1	1
15 Johnson, Shynesti	JR Western Colorado	12.76	-5.1	1
16 Robinson, Treslynn	SO Western Colorado	13.09	-5.1	1
17 Rader, Danae	FR Chadron State	13.17	3.7	3
18 Johnson, Charity	JR New Mexico H	13.41	-5.1	1
19 Goebel, Abby	FR Black Hills St.	13.71	3.3	2
20 Farinas, Victoria	FR Uc-Colo. Spgs.	13.78	-5.1	1
-- Gardella, Maggie	FR Uc-Colo. Spgs.	DNS	3.3	2

Event 2 Men 100 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State

NCAA Prov: P 10.55 2022

Name	Year School	Prelims	Wind	H#
=====				
1 Vigil, Jonah	SO Adams State	P 10.50Q	-1.1	2
2 Mosley Jr., Brian	SO Uc-Colo. Spgs.	10.67Q	-1.5	1
3 Mendoza, Justice	JR Uc-Colo. Spgs.	10.69Q	1.4	3
4 Sterling, Kymani	FR Uc-Colo. Spgs.	10.56q	-1.1	2
5 Bradley, Tyler	JR Colo. Christian	10.63q	-1.1	2
6 Williams, Elijah	SO Colorado Mesa	10.68q	-1.5	1
7 Christensen, Kade	SO Colorado Mesa	10.78q	1.4	3
8 Efeturi, Quincy	FR Chadron State	10.80q	1.4	3
9 Roden, Brodie	JR Chadron State	10.84q	-1.1	2 10.832
10 Brassfield, Sterling	FR Colorado Mesa	10.84	1.4	3 10.840
11 Wilson, Jeremiah	SO Colorado Mesa	10.92	-1.1	2
12 Thornton, Beau	SO Colorado Mesa	10.93	-1.5	1
13 Reed, Jeremiah	FR Colorado Mesa	10.98	1.4	3
14 Nichols, Michael	SO Uc-Colo. Spgs.	11.04	-1.5	1 11.034
15 Cook, Andrew	SO Csu-Pueblo	11.04	-1.5	1 11.035
16 Monestime, Chase	SO Uc-Colo. Spgs.	11.11	-1.1	2
17 Sartain, Mason	SO Black Hills St.	11.16	-1.5	1 11.154
18 Hale, Nicholas	FR Black Hills St.	11.16	-1.1	2 11.159
19 Trembly, Creighton	SO Chadron State	11.19	1.4	3

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20 Thorn, Josh	FR Uc-Colo. Spgs.	11.20	-1.1	2
21 Haggerty, Dominic	SO Uc-Colo. Spgs.	11.23	1.4	3
22 Bozeman, Estabon	JR Chadron State	11.42	-1.5	1
23 Lujan, Thomas	FR Adams State	11.46	1.4	3
-- Fawver, Morgan	SO Chadron State	DNS	-1.5	1

Event 5 Women 400 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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 RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State

NCAA Prov: P 55.98 2022

Name	Year School	Prelims	H#
1 Molder, McKenna	SO Colorado Mesa	57.31Q	3
2 Burt, Mackenzie	JR Western Colorado	57.47Q	2
3 Nelson, Amena	SO Colorado Mines	57.89Q	1
4 Wright, Aryelle	JR Colorado Mines	57.66q	2
5 Galvin, Grace	FR Colorado Mines	57.81q	2
6 Udechukwu, Hilary	FR New Mexico H	57.83q	3
7 Palmer, Selisa	FR New Mexico H	57.94q	3
8 Higashi, Randi	JR Colorado Mines	58.21q	3
9 Davis, Amber	FR Uc-Colo. Spgs.	58.25q	1
10 Lindauer, Sophia	SO Colorado Mesa	58.26	1
11 Harrison, Lucia	SO New Mexico H	58.53	2
12 Smoker, Tara	FR Colo. Christian	58.75	2
13 Scott, Kamryn	SR Msu Denver	59.48	2
14 Lopez, Alyssa	FR Uc-Colo. Spgs.	59.75	1
15 Comer, Allison	FR Colorado Mines	1:00.02	3
16 Tracy, Mikayla	JR Black Hills St.	1:00.08	1
17 Burnett, Jordan	FR Colorado Mesa	1:00.25	1
18 Groth, Caydince	FR Chadron State	1:01.39	3
19 Duck, Mackenzie	JR Colorado Mines	1:01.47	1
20 Jebet, Faith	FR New Mexico H	1:02.20	2
21 Hill, Michaela	SO Chadron State	1:02.49	1
22 Timbang, Erika	SO Uc-Colo. Spgs.	1:02.71	2
23 Ivins, Raygen	FR Msu Denver	1:04.13	3

Event 6 Men 400 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State

NCAA Prov: P 47.78 2022

Name	Year School	Prelims	H#
1 Urban, Aiden	SR Westminster (Utah)	49.07Q	1
2 Laca, Angel	JR Uc-Colo. Spgs.	49.68Q	3
3 Smallwood, AJ	FR Colorado Mesa	49.78Q	2
4 Montague, Kelsey	SO Colorado Mesa	49.88q	2
5 Kizewski, Bryce	SO Western Colorado	49.93q	1
6 Ortega, Dayne	FR Colorado Mesa	50.36q	3
7 Logsdon, Greg	SO Chadron State	50.38q	3
8 Cano, Osvaldo	SO Chadron State	50.39q	1 50.382
9 O'Neal, Ryan	SO Uc-Colo. Spgs.	50.39q	3 50.383
10 Wilkins, Joseph	FR Western Colorado	50.49	2

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****....Event 6 Men 400 Meter Dash**

11	Richardson, Nathan	FR Csu-Pueblo	50.55	3
12	McGraw, Shane	SO Black Hills St.	50.56	2
13	Valdez, Jacob	JR Colorado Mesa	50.90	1
14	Martinez, Kennedy	SO Western Colorado	50.94	1
15	Hamilton, Josh	FR Western Colorado	50.97	2
16	Pitlick, Ethan	FR South Dakota Mines	51.07	1
17	Reese, Austin	SO Colorado Mesa	51.40	1
18	Orozco, Isaac	SO South Dakota Mines	51.48	2
19	Becker, Frank	JR Black Hills St.	52.47	2
20	Wright, Jahani	FR Chadron State	53.27	3
21	Hamby, Brayden	JR Msu Denver	54.13	3

Event 9 Women 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

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RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western S
 NCAA Prov: P 4:32.67 2022

Name	Year	School	Prelims	H#
1	McAlindon, Courtney	JR Westminster (Utah)	4:42.47Q	1
	1:03.068 (1:03.068)	2:20.118 (1:17.050)	3:33.355 (1:13.238)	4:42.463 (1:09.108)
2	Almasri, Layla	SR Uc-Colo. Spgs.	4:44.28Q	2
	59.267 (59.267)	2:17.834 (1:18.567)	3:33.440 (1:15.607)	4:44.272 (1:10.832)
3	McGrath, Riley	SO Uc-Colo. Spgs.	4:42.80Q	1
	1:02.026 (1:02.026)	2:19.973 (1:17.948)	3:33.510 (1:13.537)	4:42.800 (1:09.290)
4	Hedlund, Kate	SO Uc-Colo. Spgs.	4:45.15Q	2
	58.710 (58.710)	2:17.412 (1:18.702)	3:33.031 (1:15.620)	4:45.144 (1:12.113)
5	Hykes, Morgan	SO Adams State	4:43.10Q	1
	1:02.549 (1:02.549)	2:20.349 (1:17.801)	3:33.766 (1:13.417)	4:43.098 (1:09.333)
6	Hawkins, Fiona	FR Adams State	4:45.44Q	2
	59.149 (59.149)	2:17.982 (1:18.834)	3:33.176 (1:15.194)	4:45.440 (1:12.264)
7	Wills, Sarah	SR Adams State	4:44.09Q	1
	1:03.099 (1:03.099)	2:20.635 (1:17.537)	3:34.138 (1:13.503)	4:44.081 (1:09.944)
8	Fankhouser, Katie	SO Fort Lewis	4:46.71Q	2
	59.553 (59.553)	2:17.659 (1:18.106)	3:33.248 (1:15.590)	4:46.708 (1:13.460)
9	Robinson, Precious	SO Adams State	4:45.16q	1
	1:02.841 (1:02.841)	2:20.613 (1:17.772)	3:34.864 (1:14.251)	4:45.155 (1:10.291)
10	Doucette, Katie	SO Western Colorado	4:47.38q	1
	1:02.814 (1:02.814)	2:20.404 (1:17.591)	3:34.566 (1:14.162)	4:47.377 (1:12.812)
11	Baker, Zoe	SO Colorado Mines	4:48.28q	2
	58.978 (58.978)	2:17.608 (1:18.631)	3:33.450 (1:15.843)	4:48.277 (1:14.827)
12	Lindquist, Ruby	JR Black Hills St.	4:49.31q	2
	59.406 (59.406)	2:17.964 (1:18.559)	3:33.674 (1:15.710)	4:49.303 (1:15.629)
13	Dorion, Amalia	SO Adams State	4:49.66	1
	1:03.583 (1:03.583)	2:20.154 (1:16.571)	3:36.130 (1:15.977)	4:49.655 (1:13.525)
14	Fauske, Anna	FR Uc-Colo. Spgs.	4:50.35	1
	1:03.215 (1:03.215)	2:20.913 (1:17.699)	3:36.862 (1:15.949)	4:50.348 (1:13.486)
15	Kuipers, Michelle	SO Colo. Christian	4:50.88	2
	59.832 (59.832)	2:18.635 (1:18.804)	3:36.280 (1:17.645)	4:50.871 (1:14.592)
16	MacGill, Kira	FR Colorado Mesa	4:53.58	2
	59.612 (59.612)	2:18.160 (1:18.549)	3:36.816 (1:18.656)	4:53.576 (1:16.760)
17	Slattum, Gretchen	FR Western Colorado	4:59.79	1
	1:03.474 (1:03.474)	2:20.657 (1:17.184)	3:36.625 (1:15.968)	4:59.790 (1:23.166)

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****....Event 9 Women 1500 Meter Run**

18 Lovato, Faith	SO New Mexico H	5:03.99	2		
1:00.055 (1:00.055)	2:18.268 (1:18.214)	3:35.810 (1:17.543)	5:03.990 (1:28.181)		
19 Thomas, Margot	FR Csu-Pueblo	5:06.15	1	5:06.142	
1:02.261 (1:02.261)	2:20.304 (1:18.044)	3:40.188 (1:19.884)	5:06.142 (1:25.955)		
20 Rycenga, Kelsey	SO Uc-Colo. Spgs.	5:06.15	2	5:06.147	
1:00.186 (1:00.186)	2:19.079 (1:18.894)	3:40.964 (1:21.886)	5:06.147 (1:25.183)		
21 Curley, Angel	JR Fort Lewis	5:10.51	1		
1:03.443 (1:03.443)	2:21.554 (1:18.112)	3:44.889 (1:23.335)	5:10.501 (1:25.612)		
22 Ketner, Callie	SO Colo. Christian	5:11.07	2		
1:00.373 (1:00.373)	2:18.431 (1:18.059)	3:39.778 (1:21.347)	5:11.068 (1:31.290)		
23 Ellis, Benisa	SO Colo. Christian	5:12.72	1		
1:03.314 (1:03.314)	2:21.851 (1:18.538)	3:46.521 (1:24.671)	5:12.714 (1:26.193)		
24 Johnson, Jaden	FR Adams State	5:16.83	2		
59.936 (59.936)	2:20.121 (1:20.185)	3:46.876 (1:26.756)	5:16.821 (1:29.945)		

Event 10 Men 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

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 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.99 2022

Name	Year School	Prelims	H#		
1 Outler, Ryan	SO Western Colorado	4:00.06Q	1		
48.871 (48.871)	1:53.621 (1:04.750)	2:58.961 (1:05.340)	4:00.052 (1:01.091)		
2 Osowski, Keith	SR Black Hills St.	4:07.29Q	2		
53.242 (53.242)	2:07.287 (1:14.045)	3:09.019 (1:01.733)	4:07.281 (58.262)		
3 Paiz, Mikah	SO Adams State	4:00.87Q	1		
48.712 (48.712)	1:53.810 (1:05.098)	2:59.195 (1:05.386)	4:00.862 (1:01.667)		
4 Graff, Evan	JR Uc-Colo. Spgs.	4:07.30Q	2		
53.507 (53.507)	2:07.180 (1:13.673)	3:09.192 (1:02.013)	4:07.291 (58.100)		
5 Julian, Luke	JR Colorado Mines	4:00.94Q	1		
49.034 (49.034)	1:53.956 (1:04.923)	2:59.326 (1:05.370)	4:00.931 (1:01.606)		
6 Kelati, Simon	SO Western Colorado	4:07.67Q	2		
53.379 (53.379)	2:06.960 (1:13.581)	3:08.811 (1:01.852)	4:07.666 (58.855)		
7 Dervin, Mitchell	JR Adams State	4:02.26Q	1		
48.409 (48.409)	1:53.595 (1:05.187)	2:59.517 (1:05.922)	4:02.257 (1:02.740)		
8 Franzmair, Nikolaus	SO Csu-Pueblo	4:07.81Q	2		
53.543 (53.543)	2:07.390 (1:13.848)	3:09.238 (1:01.848)	4:07.802 (58.564)		
9 Bracher, Chase	JR Colo. Christian	4:03.89q	1		
47.729 (47.729)	1:52.880 (1:05.152)	2:59.463 (1:06.583)	4:03.886 (1:04.424)		
10 Majeski, Hudson	SO Colo. Christian	4:08.52q	2		
52.979 (52.979)	2:06.901 (1:13.923)	3:09.430 (1:02.529)	4:08.512 (59.082)		
11 Hall, Alec	SR Adams State	4:08.71q	1		
49.203 (49.203)	1:54.526 (1:05.324)	3:02.479 (1:07.954)	4:08.702 (1:06.223)		
12 Neufeld-Griffin, Connor	SR Adams State	4:08.97q	2		
53.135 (53.135)	2:06.805 (1:13.671)	3:09.162 (1:02.357)	4:08.969 (59.808)		
13 Mettler, Matthew	FR Colorado Mines	4:10.23	2		
53.007 (53.007)	2:07.070 (1:14.064)	3:08.842 (1:01.773)	4:10.228 (1:01.386)		
14 Perez, Elias	FR Adams State	4:10.76	2		
53.257 (53.257)	2:07.196 (1:13.939)	3:08.979 (1:01.783)	4:10.753 (1:01.775)		
15 Scott, Aidan	FR Western Colorado	4:12.04	2		
53.701 (53.701)	2:07.453 (1:13.752)	3:09.478 (1:02.025)	4:12.037 (1:02.560)		
16 Jirele, Patrick	FR Western Colorado	4:14.75	1		
49.428 (49.428)	1:54.987 (1:05.560)	3:05.238 (1:10.252)	4:14.742 (1:09.505)		

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 10 Men 1500 Meter Run

17 Vance, Alexander	SO Colo. Christian	4:19.02	1
47.963 (47.963)	1:53.299 (1:05.337)	3:02.421 (1:09.122)	4:19.012 (1:16.592)
18 Hentschel, Zach	FR South Dakota Mines	4:21.01	2
53.785 (53.785)	2:07.639 (1:13.854)	3:11.947 (1:04.308)	4:21.002 (1:09.056)
19 Avery, Garrett	SO Chadron State	4:22.09	1
49.625 (49.625)	1:56.999 (1:07.375)	3:10.848 (1:13.849)	4:22.090 (1:11.242)
20 McDaniel, Justin	FR Msu Denver	4:28.71	1
50.136 (50.136)	1:58.962 (1:08.827)	3:12.766 (1:13.805)	4:28.710 (1:15.944)
21 Kutcher, Josh	SO Adams State	4:30.38	2
53.451 (53.451)	2:07.678 (1:14.227)	3:16.674 (1:08.996)	4:30.378 (1:13.704)
-- Coca, Miguel	JR Adams State	DNF	1
47.419 (47.419)	1:52.454 (1:05.036)	2:57.793 (1:05.339)	

Event 15 Women 10000 Meter Run

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 RMAC Meet: R 35:59.10 2001 Jodi Day, Western State

NCAA Prov: P 36:36.59 2022

Name Year School Finals Points

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 Finals

1 Ellis, Hannah	JR Uc-Colo. Spgs.	39:36.71	10
1:45.067 (1:45.067)	3:28.491 (1:43.425)	5:11.190 (1:42.700)	6:52.449 (1:41.259)
8:30.171 (1:37.723)	10:08.663 (1:38.492)	11:47.689 (1:39.027)	13:27.217 (1:39.528)
15:08.584 (1:41.368)	16:50.118 (1:41.534)	18:29.976 (1:39.859)	20:08.316 (1:38.340)
21:43.240 (1:34.924)	23:14.962 (1:31.723)	24:46.652 (1:31.690)	26:19.470 (1:32.818)
27:54.026 (1:34.556)	29:25.714 (1:31.689)	30:58.989 (1:33.276)	32:30.104 (1:31.115)
34:02.032 (1:31.928)	35:33.180 (1:31.149)	36:59.935 (1:26.756)	38:23.351 (1:23.416)
39:36.701 (1:13.351)			
2 Pauley, Claire	JR Csu-Pueblo	39:41.09	8
1:44.486 (1:44.486)	3:27.922 (1:43.436)	5:10.655 (1:42.734)	6:51.878 (1:41.223)
8:29.653 (1:37.776)	10:08.253 (1:38.600)	11:47.080 (1:38.828)	13:26.670 (1:39.590)
15:07.986 (1:41.316)	16:49.555 (1:41.570)	18:29.393 (1:39.838)	20:08.590 (1:39.198)
21:43.489 (1:34.899)	23:15.462 (1:31.974)	24:47.267 (1:31.805)	26:20.071 (1:32.804)
27:54.296 (1:34.226)	29:26.086 (1:31.790)	30:59.597 (1:33.512)	32:30.603 (1:31.006)
34:02.134 (1:31.531)	35:33.359 (1:31.226)	37:00.055 (1:26.697)	38:23.041 (1:22.987)
39:41.085 (1:18.044)			
3 Bassett, Sarah	SO Uc-Colo. Spgs.	39:46.60	6
1:45.373 (1:45.373)	3:28.775 (1:43.403)	5:11.532 (1:42.757)	6:52.741 (1:41.209)
8:30.471 (1:37.731)	10:08.791 (1:38.320)	11:47.987 (1:39.197)	13:27.421 (1:39.434)
15:08.863 (1:41.443)	16:50.346 (1:41.483)	18:30.117 (1:39.772)	20:08.979 (1:38.863)
21:44.059 (1:35.080)	23:15.733 (1:31.674)	24:47.528 (1:31.796)	26:20.366 (1:32.838)
27:54.757 (1:34.392)	29:26.207 (1:31.450)	30:59.855 (1:33.649)	32:30.864 (1:31.010)
34:02.404 (1:31.540)	35:33.836 (1:31.433)	37:00.550 (1:26.715)	38:28.382 (1:27.833)
39:46.596 (1:18.214)			
4 Read, Abi	SO Msu Denver	39:49.93	5
1:44.156 (1:44.156)	3:27.606 (1:43.450)	5:10.332 (1:42.727)	6:51.496 (1:41.164)
8:29.293 (1:37.797)	10:07.861 (1:38.569)	11:46.502 (1:38.641)	13:26.198 (1:39.697)
15:07.410 (1:41.213)	16:49.342 (1:41.932)	18:29.119 (1:39.778)	20:08.755 (1:39.636)
21:43.771 (1:35.016)	23:15.207 (1:31.437)	24:46.975 (1:31.768)	26:19.779 (1:32.805)
27:54.553 (1:34.774)	29:25.872 (1:31.320)	30:59.308 (1:33.436)	32:30.340 (1:31.032)
34:02.301 (1:31.962)	35:33.622 (1:31.321)	37:00.267 (1:26.646)	38:26.523 (1:26.256)
39:49.928 (1:23.406)			

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Results

....Event 15 Women 10000 Meter Run

5	Swanson, Anna	SO Msu Denver	40:01.42	4
	1:45.959 (1:45.959)	3:29.416 (1:43.458)	5:12.543 (1:43.128)	6:53.665 (1:41.122)
	8:32.102 (1:38.437)	10:09.835 (1:37.734)	11:49.279 (1:39.444)	13:28.784 (1:39.506)
	15:10.368 (1:41.585)	16:51.772 (1:41.404)	18:30.577 (1:38.805)	20:09.633 (1:39.056)
	21:44.347 (1:34.715)	23:16.000 (1:31.654)	24:47.808 (1:31.808)	26:20.667 (1:32.860)
	27:54.959 (1:34.292)	29:26.348 (1:31.390)	31:00.073 (1:33.725)	32:31.168 (1:31.095)
	34:02.674 (1:31.507)	35:34.118 (1:31.445)	37:03.366 (1:29.248)	38:34.574 (1:31.208)
	40:01.417 (1:26.844)			
6	Rohrer-Fitzhugh, Hannah	SR Westminster (Utah)	40:05.06	3
	1:44.763 (1:44.763)	3:28.208 (1:43.445)	5:10.917 (1:42.710)	6:52.130 (1:41.214)
	8:29.838 (1:37.708)	10:08.530 (1:38.692)	11:47.369 (1:38.839)	13:26.924 (1:39.556)
	15:08.231 (1:41.307)	16:49.845 (1:41.615)	18:29.651 (1:39.806)	20:09.188 (1:39.538)
	21:43.960 (1:34.772)	23:14.661 (1:30.702)	24:46.309 (1:31.649)	26:19.162 (1:32.853)
	27:53.730 (1:34.569)	29:25.405 (1:31.676)	30:58.721 (1:33.316)	32:29.809 (1:31.088)
	34:01.766 (1:31.958)	35:33.585 (1:31.819)	37:02.516 (1:28.932)	38:32.896 (1:30.381)
	40:05.055 (1:32.159)			
7	Armijo, Crystal	FR Csu-Pueblo	40:30.22	2
	1:46.277 (1:46.277)	3:29.517 (1:43.240)	5:12.779 (1:43.263)	6:53.861 (1:41.083)
	8:31.292 (1:37.431)	10:09.335 (1:38.043)	11:48.385 (1:39.050)	13:27.916 (1:39.531)
	15:09.388 (1:41.472)	16:50.772 (1:41.384)	18:30.748 (1:39.977)	20:09.874 (1:39.126)
	21:44.672 (1:34.799)	23:16.726 (1:32.055)	24:48.111 (1:31.385)	26:20.978 (1:32.868)
	27:55.195 (1:34.217)	29:26.680 (1:31.485)	31:00.362 (1:33.683)	32:31.578 (1:31.216)
	34:04.151 (1:32.574)	35:39.884 (1:35.733)	37:18.998 (1:39.115)	38:57.328 (1:38.331)
	40:30.219 (1:32.892)			
8	Beck, Esther	JR Fort Lewis	41:07.03	1
	1:46.243 (1:46.243)	3:29.740 (1:43.497)	5:13.053 (1:43.314)	6:54.107 (1:41.054)
	8:31.665 (1:37.558)	10:09.548 (1:37.884)	11:49.005 (1:39.458)	13:28.518 (1:39.513)
	15:10.054 (1:41.536)	16:51.468 (1:41.414)	18:30.547 (1:39.080)	20:09.824 (1:39.277)
	21:44.980 (1:35.157)	23:17.044 (1:32.064)	24:48.481 (1:31.437)	26:21.304 (1:32.824)
	27:55.455 (1:34.152)	29:26.950 (1:31.495)	31:01.317 (1:34.367)	32:43.069 (1:41.752)
	34:23.394 (1:40.326)	36:05.043 (1:41.650)	37:47.585 (1:42.542)	39:29.516 (1:41.931)
	41:07.021 (1:37.506)			
9	Kuik, Marissa	SR Uc-Colo. Spgs.	41:38.47	
	1:45.645 (1:45.645)	3:29.061 (1:43.416)	5:11.967 (1:42.907)	6:53.023 (1:41.056)
	8:31.010 (1:37.988)	10:09.207 (1:38.197)	11:48.733 (1:39.527)	13:28.203 (1:39.471)
	15:09.735 (1:41.533)	16:51.111 (1:41.376)	18:30.293 (1:39.183)	20:08.101 (1:37.808)
	21:42.936 (1:34.836)	23:16.518 (1:33.582)	24:54.492 (1:37.975)	26:35.429 (1:40.938)
	28:15.197 (1:39.768)	29:55.025 (1:39.829)	31:37.220 (1:42.195)	33:17.756 (1:40.536)
	34:59.913 (1:42.158)	36:42.236 (1:42.324)	38:23.839 (1:41.603)	40:03.443 (1:39.605)
	41:38.466 (1:35.024)			
10	Heiden, Allyson	FR South Dakota Mines	42:32.29	
	1:46.845 (1:46.845)	3:30.171 (1:43.327)	5:13.410 (1:43.240)	6:54.487 (1:41.077)
	8:32.423 (1:37.936)	10:10.825 (1:38.402)	11:49.949 (1:39.125)	13:29.959 (1:40.011)
	15:11.184 (1:41.225)	16:52.346 (1:41.162)	18:31.456 (1:39.111)	20:12.030 (1:40.574)
	21:56.202 (1:44.172)	23:41.905 (1:45.704)	25:25.422 (1:43.518)	27:08.803 (1:43.381)
	28:53.720 (1:44.918)	30:37.358 (1:43.638)	32:21.891 (1:44.533)	34:04.684 (1:42.794)
	35:47.713 (1:43.029)	37:30.629 (1:42.917)	39:16.110 (1:45.481)	41:02.173 (1:46.064)
	42:32.281 (1:30.109)			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 15 Women 10000 Meter Run

11 Hartwig, Kenzie	JR Colo. Christian	42:52.70				
1:46.503 (1:46.503)	3:29.824 (1:43.321)	5:11.685 (1:41.862)	6:52.885 (1:41.200)			
8:30.739 (1:37.854)	10:08.928 (1:38.190)	11:48.216 (1:39.289)	13:27.627 (1:39.411)			
15:09.107 (1:41.481)	16:50.487 (1:41.380)	18:30.277 (1:39.790)	20:09.538 (1:39.262)			
21:46.222 (1:36.685)	23:29.269 (1:43.047)	25:15.232 (1:45.963)	27:04.384 (1:49.152)			
28:53.294 (1:48.911)	30:37.518 (1:44.224)	32:22.045 (1:44.527)	34:04.958 (1:42.913)			
35:52.670 (1:47.713)	37:41.366 (1:48.696)	39:29.290 (1:47.924)	41:16.535 (1:47.245)			
42:52.698 (1:36.163)						
12 Murphy, Taylor	JR Fort Lewis	43:25.72				
1:45.714 (1:45.714)	3:29.124 (1:43.411)	5:12.290 (1:43.166)	6:53.422 (1:41.133)			
8:31.949 (1:38.527)	10:10.260 (1:38.311)	11:49.617 (1:39.358)	13:29.556 (1:39.939)			
15:10.848 (1:41.293)	16:53.986 (1:43.138)	18:42.697 (1:48.712)	20:29.379 (1:46.683)			
22:15.079 (1:45.700)	23:59.193 (1:44.114)	25:43.292 (1:44.099)	27:28.293 (1:45.002)			
29:12.830 (1:44.537)	30:53.300 (1:40.471)	32:38.998 (1:45.699)	34:24.978 (1:45.981)			
36:14.841 (1:49.863)	38:06.457 (1:51.617)	40:02.511 (1:56.055)	41:44.423 (1:41.912)			
43:25.716 (1:41.293)						
13 Franke, Alyssa	FR South Dakota Mines	43:37.95				
1:46.163 (1:46.163)	3:28.854 (1:42.691)	5:11.343 (1:42.490)	6:51.651 (1:40.308)			
8:29.453 (1:37.802)	10:08.022 (1:38.570)	11:46.790 (1:38.768)	13:26.402 (1:39.612)			
15:07.711 (1:41.310)	16:49.168 (1:41.457)	18:28.812 (1:39.644)	20:09.372 (1:40.560)			
21:51.156 (1:41.785)	23:37.315 (1:46.159)	25:26.521 (1:49.207)	27:19.471 (1:52.950)			
29:10.698 (1:51.228)	31:00.930 (1:50.233)	32:49.395 (1:48.465)	34:38.871 (1:49.476)			
36:27.023 (1:48.153)	38:18.703 (1:51.681)	40:09.887 (1:51.184)	41:58.683 (1:48.797)			
43:37.950 (1:39.267)						
14 Ray, Brandy	FR Fort Lewis	43:46.03				
1:43.755 (1:43.755)	3:27.273 (1:43.519)	5:09.976 (1:42.704)	6:51.178 (1:41.202)			
8:29.006 (1:37.828)	10:07.517 (1:38.511)	11:46.222 (1:38.706)	13:25.849 (1:39.628)			
15:07.079 (1:41.230)	16:49.035 (1:41.957)	18:31.024 (1:41.989)	20:11.569 (1:40.546)			
21:56.871 (1:45.302)	23:45.423 (1:48.552)	25:33.014 (1:47.591)	27:22.556 (1:49.543)			
29:09.874 (1:47.318)	30:57.172 (1:47.298)	32:46.082 (1:48.911)	34:36.634 (1:50.553)			
36:29.306 (1:52.672)	38:21.048 (1:51.742)	40:08.614 (1:47.567)	41:48.249 (1:39.636)			
43:46.026 (1:57.778)						
15 Thompson, Margaret	SO South Dakota Mines	44:29.35				
1:45.846 (1:45.846)	3:28.616 (1:42.771)	5:11.268 (1:42.653)	6:52.164 (1:40.896)			
8:31.497 (1:39.334)	10:10.744 (1:39.247)	11:51.812 (1:41.069)	13:35.950 (1:44.138)			
15:20.918 (1:44.968)	17:06.339 (1:45.422)	18:53.691 (1:47.352)	20:40.930 (1:47.240)			
22:28.816 (1:47.886)	24:18.698 (1:49.882)	26:07.380 (1:48.683)	27:56.314 (1:48.934)			
29:45.679 (1:49.365)	31:36.126 (1:50.447)	33:20.604 (1:44.479)	35:13.177 (1:52.573)			
37:07.884 (1:54.707)	39:01.515 (1:53.631)	40:54.392 (1:52.878)	42:42.321 (1:47.929)			
44:29.344 (1:47.024)						

Event 16 Men 10000 Meter Run

=====					
RMAC Meet: R	30:10.06	4/29/2019	Luc Hagen,	Colorado Mines	
NCAA Prov: P	30:35.82	2022			
Name		Year School		Finals	Points
=====					

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 16 Men 10000 Meter Run

1	Powell, Dillon	SO Colorado Mines	30:52.52	10
	1:15.623 (1:15.623)	2:31.287 (1:15.664)	3:46.570 (1:15.283)	5:00.883 (1:14.314)
	6:15.603 (1:14.720)	7:30.867 (1:15.265)	8:46.148 (1:15.281)	10:01.903 (1:15.755)
	11:16.548 (1:14.645)	12:32.061 (1:15.513)	13:47.641 (1:15.581)	15:02.057 (1:14.416)
	16:16.484 (1:14.428)	17:31.744 (1:15.260)	18:47.434 (1:15.690)	20:02.824 (1:15.391)
	21:15.573 (1:12.749)	22:29.164 (1:13.592)	23:42.934 (1:13.770)	24:56.502 (1:13.568)
	26:11.156 (1:14.654)	27:24.998 (1:13.843)	28:40.231 (1:15.233)	29:52.046 (1:11.815)
	30:52.512 (1:00.467)			
2	Moran, Kyle	JR Colorado Mines	31:00.39	8
	1:16.091 (1:16.091)	2:31.854 (1:15.764)	3:46.301 (1:14.447)	5:00.625 (1:14.325)
	6:15.911 (1:15.286)	7:31.156 (1:15.246)	8:46.429 (1:15.274)	10:02.197 (1:15.768)
	11:16.826 (1:14.630)	12:31.585 (1:14.759)	13:47.204 (1:15.620)	15:02.320 (1:15.116)
	16:16.718 (1:14.399)	17:32.020 (1:15.302)	18:47.624 (1:15.604)	20:02.294 (1:14.670)
	21:15.113 (1:12.820)	22:29.441 (1:14.328)	23:43.214 (1:13.773)	24:56.254 (1:13.041)
	26:10.957 (1:14.703)	27:25.278 (1:14.321)	28:40.488 (1:15.210)	29:53.090 (1:12.603)
	31:00.390 (1:07.300)			
3	Ko, Dylan	JR Colorado Mines	31:11.44	6
	1:17.109 (1:17.109)	2:33.145 (1:16.036)	3:47.996 (1:14.851)	5:02.320 (1:14.324)
	6:16.827 (1:14.507)	7:32.022 (1:15.196)	8:47.411 (1:15.389)	10:02.982 (1:15.572)
	11:17.604 (1:14.622)	12:32.747 (1:15.144)	13:48.170 (1:15.424)	15:03.354 (1:15.185)
	16:17.858 (1:14.504)	17:32.858 (1:15.001)	18:48.167 (1:15.309)	20:03.364 (1:15.197)
	21:16.011 (1:12.648)	22:30.214 (1:14.204)	23:43.700 (1:13.486)	24:57.049 (1:13.349)
	26:11.583 (1:14.534)	27:25.780 (1:14.197)	28:40.996 (1:15.217)	29:54.275 (1:13.279)
	31:11.435 (1:17.160)			
4	Cathcart, Chris	JR Colorado Mines	31:13.66	5
	1:15.839 (1:15.839)	2:31.552 (1:15.714)	3:46.823 (1:15.271)	5:01.137 (1:14.315)
	6:16.154 (1:15.017)	7:31.387 (1:15.234)	8:46.650 (1:15.263)	10:01.608 (1:14.959)
	11:16.270 (1:14.662)	12:31.845 (1:15.575)	13:47.435 (1:15.591)	15:02.532 (1:15.098)
	16:16.964 (1:14.432)	17:31.483 (1:14.519)	18:47.192 (1:15.709)	20:02.563 (1:15.372)
	21:15.334 (1:12.771)	22:29.673 (1:14.340)	23:43.443 (1:13.770)	24:56.774 (1:13.332)
	26:11.350 (1:14.576)	27:25.476 (1:14.126)	28:40.716 (1:15.240)	29:54.488 (1:13.772)
	31:13.654 (1:19.166)			
5	Dunham, Tim	FR South Dakota Mines	31:15.81	4
	1:16.324 (1:16.324)	2:32.127 (1:15.804)	3:47.090 (1:14.963)	5:01.386 (1:14.297)
	6:16.423 (1:15.037)	7:31.636 (1:15.214)	8:46.858 (1:15.222)	10:02.472 (1:15.614)
	11:17.090 (1:14.618)	12:32.274 (1:15.185)	13:47.844 (1:15.570)	15:02.798 (1:14.955)
	16:17.225 (1:14.427)	17:32.246 (1:15.021)	18:47.903 (1:15.658)	20:03.046 (1:15.144)
	21:15.796 (1:12.750)	22:29.982 (1:14.186)	23:43.956 (1:13.975)	24:58.650 (1:14.694)
	26:14.398 (1:15.748)	27:30.433 (1:16.036)	28:46.513 (1:16.080)	30:03.188 (1:16.675)
	31:15.802 (1:12.615)			
6	O'Malley, John	SO Colorado Mines	31:30.00	3
	1:18.619 (1:18.619)	2:33.625 (1:15.007)	3:48.457 (1:14.832)	5:02.846 (1:14.389)
	6:17.859 (1:15.013)	7:35.704 (1:17.845)	8:53.777 (1:18.074)	10:11.055 (1:17.279)
	11:26.564 (1:15.510)	12:44.352 (1:17.788)	14:02.353 (1:18.001)	15:20.732 (1:18.380)
	16:37.013 (1:16.281)	17:51.996 (1:14.984)	19:10.507 (1:18.511)	20:27.397 (1:16.890)
	21:42.629 (1:15.232)	22:59.159 (1:16.530)	24:16.775 (1:17.616)	25:33.118 (1:16.343)
	26:48.486 (1:15.369)	28:00.552 (1:12.066)	29:13.212 (1:12.660)	30:24.794 (1:11.582)
	31:29.994 (1:05.200)			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 16 Men 10000 Meter Run

7	Szuch, Colin	SO Msu Denver	31:38.80	2
	1:16.553 (1:16.553)	2:32.362 (1:15.809)	3:47.307 (1:14.946)	5:01.661 (1:14.354)
	6:16.577 (1:14.917)	7:31.803 (1:15.226)	8:47.136 (1:15.333)	10:02.729 (1:15.593)
	11:17.390 (1:14.661)	12:32.493 (1:15.104)	13:47.952 (1:15.459)	15:03.076 (1:15.125)
	16:17.564 (1:14.488)	17:32.640 (1:15.076)	18:48.410 (1:15.771)	20:04.006 (1:15.596)
	21:20.575 (1:16.569)	22:38.670 (1:18.096)	23:56.102 (1:17.432)	25:14.570 (1:18.469)
	26:32.500 (1:17.930)	27:50.626 (1:18.126)	29:08.144 (1:17.518)	30:25.488 (1:17.344)
	31:38.794 (1:13.306)			
8	Vaille, Jeremiah	FR Colorado Mines	31:42.47	1
	1:18.880 (1:18.880)	2:33.850 (1:14.970)	3:48.718 (1:14.868)	5:03.091 (1:14.374)
	6:18.117 (1:15.026)	7:35.928 (1:17.811)	8:53.984 (1:18.057)	10:11.305 (1:17.321)
	11:27.089 (1:15.784)	12:44.560 (1:17.472)	14:02.567 (1:18.007)	15:20.968 (1:18.402)
	16:37.413 (1:16.445)	17:52.248 (1:14.836)	19:10.738 (1:18.490)	20:28.017 (1:17.279)
	21:42.897 (1:14.880)	22:59.464 (1:16.567)	24:17.076 (1:17.613)	25:33.390 (1:16.314)
	26:48.811 (1:15.421)	28:01.236 (1:12.425)	29:15.019 (1:13.784)	30:30.356 (1:15.338)
	31:42.464 (1:12.108)			
9	Lopez, Noel	SO Msu Denver	31:49.73	
	1:20.212 (1:20.212)	2:35.703 (1:15.492)	3:50.689 (1:14.987)	5:05.742 (1:15.053)
	6:20.067 (1:14.326)	7:37.154 (1:17.087)	8:54.941 (1:17.788)	10:12.706 (1:17.765)
	11:28.441 (1:15.736)	12:46.124 (1:17.684)	14:03.954 (1:17.830)	15:22.830 (1:18.876)
	16:39.162 (1:16.333)	17:55.337 (1:16.175)	19:11.746 (1:16.409)	20:27.122 (1:15.376)
	21:42.432 (1:15.310)	22:58.912 (1:16.480)	24:16.590 (1:17.678)	25:32.897 (1:16.308)
	26:49.743 (1:16.846)	28:05.833 (1:16.090)	29:21.747 (1:15.914)	30:37.670 (1:15.923)
	31:49.728 (1:12.058)			
10	Johnson, William	SO Western Colorado	32:03.23	
	1:20.146 (1:20.146)	2:34.697 (1:14.552)	3:49.206 (1:14.509)	5:03.645 (1:14.440)
	6:18.644 (1:15.000)	7:35.772 (1:17.128)	8:53.517 (1:17.746)	10:10.798 (1:17.281)
	11:26.825 (1:16.027)	12:45.065 (1:18.241)	14:03.146 (1:18.081)	15:21.776 (1:18.631)
	16:37.206 (1:15.430)	17:53.119 (1:15.914)	19:11.278 (1:18.160)	20:28.525 (1:17.247)
	21:43.562 (1:15.038)	23:00.852 (1:17.290)	24:18.106 (1:17.255)	25:36.064 (1:17.958)
	26:54.904 (1:18.841)	28:14.474 (1:19.570)	29:33.706 (1:19.232)	30:52.482 (1:18.776)
	32:03.228 (1:10.747)			
11	Howard, Riley	SR Western Colorado	32:11.13	
	1:18.683 (1:18.683)	2:34.094 (1:15.412)	3:48.938 (1:14.844)	5:03.317 (1:14.380)
	6:18.362 (1:15.045)	7:36.191 (1:17.830)	8:54.110 (1:17.919)	10:09.506 (1:15.396)
	11:24.877 (1:15.371)	12:42.211 (1:17.335)	13:59.282 (1:17.072)	15:15.992 (1:16.711)
	16:33.387 (1:17.395)	17:51.744 (1:18.357)	19:10.316 (1:18.573)	20:28.073 (1:17.757)
	21:45.967 (1:17.894)	23:05.130 (1:19.163)	24:24.532 (1:19.402)	25:42.284 (1:17.753)
	27:01.414 (1:19.130)	28:20.538 (1:19.124)	29:39.322 (1:18.784)	30:56.340 (1:17.019)
	32:11.127 (1:14.787)			
12	Westbrook, Lucas	SO CsU-Pueblo	32:14.83	
	1:19.883 (1:19.883)	2:35.387 (1:15.504)	3:51.537 (1:16.150)	5:10.948 (1:19.412)
	6:32.473 (1:21.526)	7:48.321 (1:15.849)	9:07.648 (1:19.327)	10:26.359 (1:18.711)
	11:46.425 (1:20.067)	13:07.045 (1:20.621)	14:25.221 (1:18.176)	15:40.662 (1:15.442)
	16:56.902 (1:16.240)	18:13.506 (1:16.605)	19:29.899 (1:16.393)	20:46.292 (1:16.394)
	22:04.320 (1:18.028)	23:21.088 (1:16.769)	24:38.028 (1:16.940)	25:55.012 (1:16.985)
	27:12.364 (1:17.352)	28:31.156 (1:18.792)	29:50.203 (1:19.047)	31:07.251 (1:17.048)
	32:14.826 (1:07.576)			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 16 Men 10000 Meter Run

13	Kefle, Yonatan	SO Msu Denver	32:17.98
	1:19.543 (1:19.543)	2:35.183 (1:15.640)	3:51.019 (1:15.837)
	6:19.758 (1:14.981)	7:36.096 (1:16.338)	8:53.912 (1:17.817)
	11:27.272 (1:15.701)	12:44.805 (1:17.534)	14:02.601 (1:17.796)
	16:37.827 (1:16.611)	17:53.994 (1:16.167)	19:11.000 (1:17.007)
	21:43.191 (1:15.499)	23:01.632 (1:18.441)	24:23.198 (1:21.566)
	27:01.736 (1:19.216)	28:21.814 (1:20.079)	29:43.933 (1:22.119)
	32:17.976 (1:11.540)		31:06.436 (1:22.503)
14	Trejo, Ricardo	SR Fort Lewis	32:22.10
	1:19.152 (1:19.152)	2:34.431 (1:15.280)	3:49.608 (1:15.178)
	6:19.270 (1:15.080)	7:36.727 (1:17.457)	8:54.395 (1:17.668)
	11:27.794 (1:15.629)	12:44.620 (1:16.826)	14:02.859 (1:18.240)
	16:38.263 (1:16.751)	17:54.821 (1:16.558)	19:12.287 (1:17.466)
	21:48.755 (1:18.194)	23:07.825 (1:19.070)	24:27.711 (1:19.886)
	27:09.843 (1:21.920)	28:31.090 (1:21.248)	29:50.674 (1:19.584)
	32:22.096 (1:14.132)		31:07.964 (1:17.291)
15	Sanches, Nathan	SO Colorado Mesa	32:38.42
	1:20.329 (1:20.329)	2:34.983 (1:14.655)	3:51.267 (1:16.284)
	6:19.917 (1:11.234)	7:36.890 (1:16.973)	8:54.662 (1:17.773)
	11:28.212 (1:15.763)	12:45.785 (1:17.574)	14:03.668 (1:17.883)
	16:40.146 (1:17.657)	18:02.276 (1:22.131)	19:24.138 (1:21.862)
	22:05.406 (1:19.686)	23:26.170 (1:20.764)	24:46.415 (1:20.246)
	27:28.114 (1:20.560)	28:47.457 (1:19.344)	30:06.941 (1:19.484)
	32:38.414 (1:10.646)		31:27.768 (1:20.828)
16	Young, Will	SO Uc-Colo. Spgs.	32:40.48
	1:20.671 (1:20.671)	2:36.114 (1:15.444)	3:52.387 (1:16.274)
	6:32.942 (1:21.561)	7:48.603 (1:15.661)	9:08.519 (1:19.917)
	11:46.837 (1:19.608)	13:07.528 (1:20.691)	14:24.547 (1:17.020)
	16:56.499 (1:16.409)	18:13.743 (1:17.244)	19:30.218 (1:16.476)
	22:07.213 (1:19.895)	23:26.412 (1:19.199)	24:45.892 (1:19.481)
	27:27.907 (1:20.615)	28:47.946 (1:20.040)	30:07.454 (1:19.508)
	32:40.480 (1:12.250)		31:28.230 (1:20.777)
17	Bohling, Branden	SR Uc-Colo. Spgs.	32:47.94
	1:19.704 (1:19.704)	2:34.234 (1:14.530)	3:51.037 (1:16.803)
	6:32.224 (1:21.459)	7:48.129 (1:15.905)	9:08.184 (1:20.056)
	11:46.586 (1:19.785)	13:07.184 (1:20.598)	14:24.681 (1:17.497)
	16:56.173 (1:15.914)	18:11.974 (1:15.802)	19:28.805 (1:16.831)
	22:04.022 (1:18.054)	23:22.514 (1:18.492)	24:42.560 (1:20.046)
	27:25.550 (1:21.566)	28:46.461 (1:20.912)	30:06.683 (1:20.222)
	32:47.935 (1:20.416)		31:27.519 (1:20.836)
18	Nez, Steven	JR Fort Lewis	32:48.59
	1:19.297 (1:19.297)	2:34.720 (1:15.423)	3:50.461 (1:15.742)
	6:19.529 (1:15.080)	7:36.920 (1:17.391)	8:54.519 (1:17.600)
	11:28.058 (1:15.646)	12:45.572 (1:17.515)	14:03.458 (1:17.886)
	16:38.778 (1:16.616)	17:56.328 (1:17.550)	19:14.203 (1:17.876)
	21:51.414 (1:18.962)	23:12.406 (1:20.992)	24:34.454 (1:22.048)
	27:20.787 (1:24.040)	28:45.315 (1:24.528)	30:08.473 (1:23.158)
	32:48.582 (1:18.329)		31:30.253 (1:21.780)

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 16 Men 10000 Meter Run

19 Moen, Ryan	JR South Dakota Mines	32:59.59		
1:19.090 (1:19.090)	2:34.399 (1:15.309)	3:49.443 (1:15.045)	5:03.887 (1:14.445)	
6:18.883 (1:14.996)	7:36.475 (1:17.592)	8:54.266 (1:17.791)	10:11.971 (1:17.705)	
11:26.352 (1:14.382)	12:43.700 (1:17.349)	14:02.007 (1:18.307)	15:20.282 (1:18.276)	
16:36.884 (1:16.602)	17:54.744 (1:17.861)	19:13.996 (1:19.252)	20:35.403 (1:21.407)	
21:59.536 (1:24.133)	23:22.818 (1:23.283)	24:45.518 (1:22.700)	26:16.186 (1:30.669)	
27:38.536 (1:22.350)	29:01.876 (1:23.340)	30:23.689 (1:21.814)	31:42.736 (1:19.048)	
32:59.582 (1:16.846)				
20 Ramirez, Nicholas	SO Colo. Christian	33:20.31		
1:20.473 (1:20.473)	2:35.883 (1:15.410)	3:52.113 (1:16.231)	5:11.180 (1:19.067)	
6:32.725 (1:21.546)	7:48.506 (1:15.781)	9:08.302 (1:19.797)	10:27.024 (1:18.722)	
11:46.657 (1:19.633)	13:07.335 (1:20.678)	14:25.447 (1:18.112)	15:40.832 (1:15.385)	
16:57.617 (1:16.786)	18:14.654 (1:17.038)	19:30.821 (1:16.167)	20:47.713 (1:16.892)	
22:07.462 (1:19.749)	23:26.731 (1:19.270)	24:47.384 (1:20.654)	26:10.462 (1:23.078)	
27:33.176 (1:22.714)	28:59.072 (1:25.896)	30:29.446 (1:30.375)	31:54.254 (1:24.808)	
33:20.302 (1:26.049)				
21 Munoz, Cole	SO Csu-Pueblo	33:25.34		
1:18.374 (1:18.374)	2:33.414 (1:15.041)	3:48.248 (1:14.834)	5:02.586 (1:14.338)	
6:17.664 (1:15.078)	7:35.223 (1:17.560)	8:53.330 (1:18.107)	10:11.815 (1:18.486)	
11:27.531 (1:15.717)	12:45.382 (1:17.851)	14:03.361 (1:17.980)	15:22.044 (1:18.683)	
16:38.594 (1:16.550)	17:56.094 (1:17.501)	19:18.768 (1:22.674)	20:41.587 (1:22.820)	
22:04.908 (1:23.321)	23:27.186 (1:22.279)	24:51.954 (1:24.768)	26:18.283 (1:26.330)	
27:44.834 (1:26.551)	29:10.248 (1:25.415)	30:35.825 (1:25.577)	32:01.951 (1:26.126)	
33:25.338 (1:23.388)				
22 Roberds, Matthew	SO Csu-Pueblo	33:31.21		
1:19.945 (1:19.945)	2:35.647 (1:15.703)	3:51.826 (1:16.179)	5:10.995 (1:19.170)	
6:32.132 (1:21.137)	7:47.885 (1:15.754)	9:07.904 (1:20.020)	10:26.577 (1:18.673)	
11:46.231 (1:19.655)	13:06.832 (1:20.601)	14:24.952 (1:18.121)	15:40.506 (1:15.554)	
16:57.378 (1:16.872)	18:16.483 (1:19.106)	19:38.805 (1:22.322)	21:02.724 (1:23.920)	
22:28.012 (1:25.288)	23:49.060 (1:21.048)	25:12.932 (1:23.873)	26:39.536 (1:26.604)	
28:05.195 (1:25.659)	29:26.681 (1:21.486)	30:51.093 (1:24.412)	32:12.750 (1:21.658)	
33:31.202 (1:18.452)				
-- Parker, Matthew	SR Black Hills St.	DNF		
1:16.900 (1:16.900)	2:32.883 (1:15.983)	3:47.731 (1:14.848)	5:02.126 (1:14.396)	
6:17.388 (1:15.262)	7:35.470 (1:18.082)	8:53.652 (1:18.183)	10:09.974 (1:16.322)	
11:26.096 (1:16.123)	12:44.140 (1:18.044)	14:02.267 (1:18.127)	15:20.562 (1:18.296)	
16:34.521 (1:13.959)	17:52.616 (1:18.095)	19:11.699 (1:19.084)		
-- Kaye, Andrew	SO Colorado Mines	DNS		

Event 21 Women 400 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State
 NCAA Prov: P 2:03.00 2022

Name Year School Prelims H#

=====
 Preliminaries

1 Brotherson, Katie	JR Westminster (Utah)	P 1:02.09Q	1
2 Butler, Sadi	FR Adams State	P 1:02.35Q	2
3 Portis, Kelia	SO Western Colorado	P 1:03.55Q	3
4 Armijo, Beatrice	SR New Mexico H	P 1:04.32q	1
5 Waters, Lizzie	SO Uc-Colo. Spgs.	P 1:04.74q	3
6 Scully, Kamryn	FR South Dakota Mines	P 1:04.93q	3
7 Wenham, Grace	JR Uc-Colo. Spgs.	P 1:05.96q	2

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 21 Women 400 Meter Hurdles

8	Curtis, Sophie	SO Black Hills St.	P 1:07.03q	3
9	Griffith, Averie	SO Colorado Mesa	P 1:07.07q	2
10	Williams, Lexie	FR Colorado Mesa	P 1:07.27	2
11	Tuti, Clara	FR Western Colorado	P 1:07.36	1
12	Benze, Krista	SR Fort Lewis	P 1:07.63	3
13	Almasri, Nadine	SO Uc-Colo. Spgs.	P 1:08.11	2
14	Loeks, Ashten	SO Uc-Colo. Spgs.	P 1:08.86	1
15	Korbe, Jocelyn	SO Msu Denver	P 1:09.90	1
16	Jarolmen, Summer	SR Msu Denver	P 1:11.44	1
17	Lucas, Rachel	JR Colo. Christian	P 1:12.37	3
18	Struble, Hannah	JR Black Hills St.	P 1:13.83	1
--	Firor, Kaiya	SO Western Colorado	SCR	2

Event 22 Men 400 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 6 Best Times

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.29 2022
 =====

Name	Year	School	Prelims	H#
1	Andrews, Dillon	SO Uc-Colo. Spgs.	P 53.12Q	3
2	Byrtus, Christian	SO Western Colorado	54.49Q	1
3	Jones, Neveh	SO Adams State	55.49Q	2 55.485
4	Whitney, Joe	JR Colorado Mines	54.87q	1
5	Namyst, Adam	FR South Dakota Mines	55.24q	1
6	Fonseca, Michael	SO Adams State	55.41q	1
7	McDaniel, Casey	SO Colorado Mesa	55.49q	2 55.490
8	Lloyd, Brock	SO Westminster (Utah)	56.07q	3
9	Peila, Logan	SO Chadron State	56.13q	3
10	Cano, Osiel	SO Chadron State	56.95	2
11	Chapman, Coleman	FR Black Hills St.	58.09	3
12	Barbot, Eli	FR South Dakota Mines	58.24	2
13	Copeland, Dillon	FR Western Colorado	58.35	1
14	Kokes, Caden	FR South Dakota Mines	59.21	3
15	Beevers, Ethan	FR Western Colorado	59.22	2
16	Wells, Taegen	FR South Dakota Mines	59.24	1
17	Otto, Jeremiah	SO Colorado Mesa	1:00.37	3
18	Heide, Carl	JR Colorado Mesa	1:02.17	2

Event 31 Women Long Jump

=====
 RMAC Meet: R 6.38m 2015 Shanice McPherson, NM Highlands
 NCAA Prov: P 5.82m 2022
 =====

Name	Year	School	Finals	Wind	H#	Points
Finals						
1	Meek, Hannah	SR Uc-Colo. Spgs.	6.58m	3.3	21-07.25	2 10
			6.58m(3.3) 6.27m(3.9) 6.20m(2.7) 6.03m(2.4) 6.35m(3.0) 6.32m(4.2)			
2	Holl, Kaitlyn	JR New Mexico H	5.98m	3.0	19-07.50	1 8
			5.62m(4.9) 5.78m(1.6) 5.60m(1.6) 5.00m(0.6) FOUL(2.4) 5.98m(3.0)			
3	Obioha, Chisom	SO New Mexico H	5.88mP	1.9	19-03.50	2 6
			FOUL(4.2) 5.81m(4.0) 5.48m(1.4) 5.43m(2.2) FOUL(2.4) 5.88m(1.9)			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 31 Women Long Jump

4	Chenoweth, Shaya	SO Colorado Mesa	5.87m	3.8	19-03.25	2	5
	FOUL(2.7) FOUL(3.4) 5.64m(+0.0) 5.67m(2.4) 5.72m(0.2) 5.87m(3.8)						
5	Bloomquist, Audrey	SO Uc-Colo. Spgs.	5.84mP	1.4	19-02.00	2	4
	5.55m(1.8) FOUL(0.2) 5.63m(3.3) 5.32m(0.4) 5.84m(1.4) FOUL(1.8)						
6	Trumper, Taeryn	FR Colorado Mesa	J5.84mP	1.8	19-02.00	2	3
	FOUL(3.8) 5.84m(1.8) FOUL(1.0) FOUL(1.2) PASS FOUL(3.1)						
7	Pavlenko, Lydia	SR Uc-Colo. Spgs.	5.73m	1.9	18-09.75	2	2
	5.63m(2.4) 5.63m(2.8) 5.73m(1.9) 4.97m(3.5) 5.51m(1.5) 5.44m(1.2)						
8	Arceneaux, Kierra	JR Colorado Mesa	J5.73m	4.8	18-09.75	2	1
	5.73m(4.8) FOUL(2.6) FOUL(1.6) FOUL(0.3) 5.48m(0.9) 5.58m(2.3)						
9	Donohoe, Eireann	FR Western Colorado	5.68m	4.3	18-07.75	2	
	FOUL(3.5) 5.37m(3.0) 5.68m(4.3) 4.73m(3.5) 5.31m(0.3) 5.64m(2.6)						
10	Socarras, Dani	FR Western Colorado	5.51m	3.5	18-01.00	2	
	5.51m(3.5) FOUL(3.8) 4.82m(3.1)						
11	Carroll, Alexis	SR Uc-Colo. Spgs.	5.37m	2.5	17-07.50	2	
	5.31m(2.3) 5.37m(2.5) 5.16m(0.4)						
12	Moore, Raquel	FR Western Colorado	5.27m	4.1	17-03.50	1	
	FOUL(4.9) FOUL(1.3) 5.27m(4.1)						
13	Novess, Faith	SO Uc-Colo. Spgs.	5.26m	+0.0	17-03.25	1	
	4.87m(1.3) 5.04m(1.7) 5.26m(+0.0)						
14	Korbe, Jocelyn	SO Msu Denver	5.08m	1.9	16-08.00	1	
	5.08m(1.9) 4.73m(3.0) 4.88m(3.6)						
15	Gomez, Caelyn	SO Adams State	5.06m	1.7	16-07.25	1	
	5.02m(2.9) 5.06m(1.7) FOUL(3.2)						
16	Stukes, Terayah	JR New Mexico H	5.01m	5.0	16-05.25	1	
	FOUL(1.3) 5.01m(5.0) 4.39m(1.7)						
17	Mathieu, Katherine	SO South Dakota Mines	4.77m	3.2	15-07.75	1	
	4.60m(5.6) 4.77m(3.2) 4.74m(1.2)						
18	Hooper, Madison	SR Westminster (Utah)	4.70m	2.6	15-05.00	1	
	FOUL(3.5) 4.51m(+0.0) 4.70m(2.6)						
--	Valencia, Jaidyn	JR New Mexico H	DNS	NWI			1

Event 32 Men Long Jump

=====							
RMAC Meet: R 7.82m 2016		Damarcus Simpson, Chadron State					
NCAA Prov: P 7.26m 2022							
Name	Year	School	Finals	Wind		H#	Points
=====							
1	Bohannon, Peterson	JR Uc-Colo. Spgs.	7.66m	3.0	25-01.75	2	10
	FOUL(3.9) FOUL(4.1) 7.35m(3.3) 7.66m(6.1) 7.38m(4.2) 7.66m(3.0)						
2	Wesley, Malcom	SO Western Colorado	7.62m	2.2	25-00.00	2	8
	FOUL(4.5) 7.37m(3.5) 7.37m(1.1) 7.62m(2.2) FOUL(2.6) 7.38m(2.2)						
3	Thompson, Justin	SO Colorado Mesa	7.58m	4.4	24-10.50	2	6
	7.19m(3.8) 7.46m(4.0) 7.43m(4.2) FOUL(4.6) 7.58m(4.4) 7.13m(5.3)						
4	Turnage, Peyton	SO Uc-Colo. Spgs.	7.48m	3.2	24-06.50	2	5
	7.11m(3.4) 7.34m(5.8) 7.31m(2.0) 7.48m(3.2) 7.24m(2.4) FOUL(3.3)						
5	Wilson, Daryon	FR Uc-Colo. Spgs.	7.47mP	2.0	24-06.25	2	4
	7.47m(2.0) FOUL(2.4) 7.07m(5.7) 7.27m(4.5) FOUL(5.3) FOUL(5.6)						
6	Yoosook, Emory	SO Chadron State	7.19m	3.8	23-07.25	1	3
	7.19m(3.8) 6.74m(1.0) 6.96m(3.6) 7.17m(3.1) FOUL(3.3) 6.90m(5.0)						
7	Killmon, Brant	JR Msu Denver	7.17m	4.0	23-06.25	2	2
	6.97m(3.0) 7.17m(4.0) 6.98m(4.5) FOUL(4.5) FOUL(3.2) 6.96m(4.7)						
8	Buckhold, Zace	FR Colorado Mesa	7.04m	3.0	23-01.25	2	1
	FOUL(3.1) FOUL(3.0) 6.98m(4.3) 6.89m(3.6) 7.04m(3.0) FOUL(5.0)						

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 32 Men Long Jump

9	Harris, Camwrin	SO Adams State	6.82m	4.1	22-04.50	2
	FOUL(3.9) FOUL(2.7) 6.82m(4.1) PASS PASS PASS					
10	Guidry, Perry	SO Msu Denver	6.80m	3.1	22-03.75	1
	6.33m(2.6) 6.71m(2.6) 6.80m(3.1)					
11	Voth, Brock	JR Chadron State	6.77m	3.6	22-02.50	1
	6.77m(3.6) FOUL(3.0) 6.66m(2.6)					
12	Grable, Scott	FR Western Colorado	6.75m	4.2	22-01.75	1
	6.44m(2.5) FOUL(2.9) 6.75m(4.2)					
13	DePaullite, Ishmael	JR Chadron State	6.72m	4.0	22-00.75	1
	6.72m(4.0) FOUL(2.2) FOUL(2.7)					
14	Nwagwu, Derrick	SO Chadron State	6.69m	3.3	21-11.50	1
	6.49m(5.2) 6.69m(3.3) FOUL(2.0)					
14	Safoh, Richard	SO Uc-Colo. Spgs.	6.69m	3.9	21-11.50	2
	FOUL(2.2) 6.69m(3.9) FOUL(5.4)					
16	Linse, Joss	SR Chadron State	6.63m	3.7	21-09.00	1
	6.63m(3.7) FOUL(3.2) FOUL(1.9)					
17	Ullery, Reece	JR Black Hills St.	6.61m	5.6	21-08.25	1
	6.61m(5.6) 6.53m(2.6) FOUL(4.3)					
18	Guerrero, Mario	FR Black Hills St.	6.52m	3.7	21-04.75	1
	6.35m(5.1) 6.52m(3.7) 6.46m(2.5)					
19	Ell, Hayden	SO Western Colorado	6.41m	4.5	21-00.50	1
	6.41m(4.5) 6.33m(1.4) FOUL(3.8)					
--	Abbott, Dakota	JR Uc-Colo. Spgs.	FOUL			2
	FOUL(3.8) FOUL(1.9) FOUL(3.6)					
--	Bridges, Jeremiah	SR South Dakota Mines	DNS	NWI		2
--	Mertz, Max	SR Westminster (Utah)	DNS	NWI		1
--	Fawver, Morgan	SO Chadron State	DNS	NWI		2

Event 37 Women Hammer Throw

RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State

NCAA Prov: P 52.43m 2022

Name	Year School	Finals	H#	Points
1 Sawvell, Kyla	JR Black Hills St.	60.18mP	197-05	2 10
	55.42m 55.08m 55.90m 57.68m 58.44m 60.18m			
2 Scott, Kaitlyn	JR New Mexico H	52.85mP	173-05	2 8
	49.17m 52.69m 52.85m FOUL 50.03m FOUL			
3 McClure, Macy	SO South Dakota Mines	51.14m	167-09	2 6
	46.66m FOUL 49.88m FOUL FOUL 51.14m			
4 Smith, Courtney	JR Chadron State	50.72m	166-05	2 5
	FOUL 48.33m FOUL 46.84m 50.72m 47.90m			
5 Gustason, Amber	JR Western Colorado	50.10m	164-04	2 4
	FOUL 48.89m 49.93m FOUL 50.10m FOUL			
6 Graham, Heather	SO Csu-Pueblo	49.43m	162-02	2 3
	47.41m 49.06m 49.43m 47.21m FOUL 48.30m			
7 Perez, Savanna	SO Black Hills St.	49.40m	162-01	2 2
	47.40m 49.09m 49.40m FOUL 48.97m FOUL			
8 Tomon, Kathleen	SR Colorado Mines	48.59m	159-05	1 1
	43.79m 44.86m 48.59m FOUL FOUL FOUL			
9 Wortham, Krystal	SO Western Colorado	47.84m	156-11	1
	FOUL 43.93m 47.84m 44.46m 44.46m FOUL			
10 Sayler, Jenna	FR South Dakota Mines	47.48m	155-09	2
	46.01m 47.03m 47.48m			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 37 Women Hammer Throw

11	Holmes-McKown, Meleeah	SO Colorado Mesa	45.62m	149-08	1
	44.74m 45.62m 44.88m				
12	Jarnagin, Jennifer	FR Colorado Mines	45.50m	149-03	2
	44.06m FOUL 45.50m				
13	Lynn Bonner, Cassie	SO Uc-Colo. Spgs.	45.27m	148-06	2
	44.35m 45.27m 43.09m				
14	Rupar, Kitt	FR Colorado Mines	44.17m	144-11	1
	FOUL FOUL 44.17m				
15	Gackle, Jadyne	FR Black Hills St.	43.33m	142-02	1
	FOUL 41.31m 43.33m				
16	Jurrens, Olivia	SO South Dakota Mines	43.03m	141-02	1
	42.67m FOUL 43.03m				
17	Cooley, Amanda	FR South Dakota Mines	42.83m	140-06	1
	42.83m 40.74m FOUL				
18	Robinson, Tierney	FR South Dakota Mines	42.01m	137-10	1
	40.32m 39.93m 42.01m				
19	Schliep, Madyson	SO Chadron State	41.52m	136-03	1
	40.17m 41.52m 41.00m				
20	Chrisawn, Trinity	SO Chadron State	40.09m	131-06	1
	40.09m FOUL 39.76m				
21	Yackey, Heather	FR Colorado Mesa	38.17m	125-03	1
	38.17m 37.86m 35.62m				
--	Friederich, Makayla	FR Black Hills St.	FOUL		1
	FOUL FOUL FOUL				
--	Holland, Anna	SO Uc-Colo. Spgs.	FOUL		2
	FOUL FOUL FOUL				
--	Marr, Sydney	JR Uc-Colo. Spgs.	DNS		2

Event 38 Men Hammer Throw

RMAC Meet: R 61.28m 2007 Michael Gusbeth, Western State

NCAA Prov: P 56.86m 2022

Name	Year School	Finals	H#	Points
1 Collins, Shane	SO Chadron State	61.58mR	202-00	2 10 RMAC Record
	58.73m 58.65m 57.67m FOUL 61.58m 60.32m			
2 Reynolds, Daniel	SO Chadron State	61.52mR	201-10	2 8
	61.52m FOUL 58.34m FOUL FOUL FOUL			
3 Loper, Justyn	SO Uc-Colo. Spgs.	58.43mP	191-08	2 6
	56.27m 58.43m FOUL 58.06m FOUL FOUL			
4 Veidmark, Arvid	JR Colorado Mines	57.49mP	188-07	2 5
	53.95m 55.70m 54.97m 57.49m FOUL FOUL			
5 Paas, Gevin	SO Black Hills St.	53.72m	176-03	2 4
	FOUL 51.46m FOUL 53.72m FOUL FOUL			
6 Hochanadel, John	JR Adams State	53.70m	176-02	2 3
	53.70m 49.16m 51.41m FOUL 46.61m FOUL			
7 Gonser, Parker	SO Chadron State	51.74m	169-09	1 2
	49.91m FOUL 51.02m FOUL 50.45m 51.74m			
8 Mack, Sully	JR Black Hills St.	51.68m	169-07	2 1
	51.68m 50.63m 50.12m 47.95m 50.91m FOUL			
9 Colman, Erick	SO South Dakota Mines	50.64m	166-02	2
	45.96m 49.12m 50.64m 48.30m 48.54m 50.12m			
10 Butterfield, Logan	FR Western Colorado	49.92m	163-09	1
	49.92m FOUL FOUL			

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

....Event 38 Men Hammer Throw

11	Nelson, Tyler	SO Western Colorado	49.42m	162-02	2
	FOUL 49.42m 48.89m				
12	Riley, Hayden	SO Colorado Mesa	49.33m	161-10	1
	46.69m FOUL 49.33m				
13	Minerich, Warren	JR South Dakota Mines	48.56m	159-04	2
	FOUL FOUL 48.56m				
14	Evans, Karter	SO Western Colorado	48.22m	158-02	1
	47.59m 47.55m 48.22m				
15	Spady, Reid	SO Chadron State	45.57m	149-06	1
	FOUL FOUL 45.57m				
16	Larson, Jordan	JR Adams State	44.49m	145-11	1
	44.49m FOUL FOUL				
17	Fritzler, Henry	FR South Dakota Mines	44.20m	145-00	1
	41.12m 44.20m 43.63m				
18	Osmanski, Kevin	FR South Dakota Mines	43.47m	142-07	1
	FOUL FOUL 43.47m				
19	Thurman, Isaiah	FR South Dakota Mines	42.43m	139-02	1
	42.43m FOUL FOUL				
20	Kaiser, Reid	FR South Dakota Mines	39.51m	129-07	1
	FOUL FOUL 39.51m				
--	Kiesby, Davin	SO Colorado Mines	FOUL		2
	FOUL FOUL FOUL				
--	Moore, Jameson	FR Colorado Mesa	FOUL		2
	FOUL FOUL FOUL				
--	Cone, Ian	FR South Dakota Mines	FOUL		1
	FOUL FOUL FOUL				
--	Moran, Lucas	FR Csu-Pueblo	FOUL		1
	FOUL FOUL FOUL				

Event 43 Women Heptathlon

RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands

NCAA Prov: P 4516 2022

Name	Year School	Finals	H#	Points
1 Jenrette, Mica	SO Colorado Mesa	2867		
2 Remsberg, Maggie	SO Uc-Colo. Spgs.	2737		
3 Lindauer, Sophia	SO Colorado Mesa	2534		
3 Christie, Hannah	SO Chadron State	2534		
5 Brockman, Jordan	SO Colorado Mesa	2517		
6 Matteson, Hope	FR Colorado Mesa	2420		
7 McDonald, Kendra	JR Black Hills St.	2261		

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Remsberg, Maggie	SO Uc-Colo. Spgs.	15.08	4.5	2	831
2 Jenrette, Mica	SO Colorado Mesa	15.09	4.5	2	830
3 Brockman, Jordan	SO Colorado Mesa	15.39	4.5	2	791
4 Matteson, Hope	FR Colorado Mesa	16.26	4.5	2	683
5 Christie, Hannah	SO Chadron State	16.56	2.5	1	647
6 Lindauer, Sophia	SO Colorado Mesa	17.76	2.5	1	513
7 McDonald, Kendra	JR Black Hills St.	18.30	2.5	1	458

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Lindauer, Sophia	SO	Colorado Mesa	1.59m	5-02.50 724
	1.35	1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59 1.62	
	P	P P P P P	XO O XXO O XXX	
1 Remsberg, Maggie	SO	Uc-Colo. Spgs.	1.59m	5-02.50 724
	1.35	1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59 1.62	
	P	P P P P P	O XXO O XO XXX	
1 Matteson, Hope	FR	Colorado Mesa	1.59m	5-02.50 724
	1.35	1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59 1.62	
	P	P P P P O	XO O O XO XXX	
4 Jenrette, Mica	SO	Colorado Mesa	1.56m	5-01.25 689
	1.35	1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59	
	P	P P P P P	XO O XXO XXX	
4 Christie, Hannah	SO	Chadron State	1.56m	5-01.25 689
	1.35	1.38 1.41 1.44 1.47	1.50 1.53 1.56 1.59	
	P	P P P O O	O O XXO XXX	
6 McDonald, Kendra	JR	Black Hills St.	1.50m	4-11.00 621
	1.35	1.38 1.41 1.44 1.47	1.50 1.53	
	P	P P O P XO	XXO XXX	
7 Brockman, Jordan	SO	Colorado Mesa	1.38m	4-06.25 491
	1.35	1.38 1.41		
	P	O XXX		

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 McDonald, Kendra	JR	Black Hills St.	11.04m	36-02.75 598
	10.99m	11.04m 10.88m		
2 Christie, Hannah	SO	Chadron State	10.63m	34-10.50 571
	10.14m	10.63m 10.59m		
3 Jenrette, Mica	SO	Colorado Mesa	10.47m	34-04.25 560
	9.93m	10.47m FOUL		
4 Lindauer, Sophia	SO	Colorado Mesa	9.45m	31-00.00 494
	8.45m	9.45m 8.85m		
5 Remsberg, Maggie	SO	Uc-Colo. Spgs.	9.20m	30-02.25 477
	8.89m	9.20m 9.17m		
6 Brockman, Jordan	SO	Colorado Mesa	9.06m	29-08.75 468
	9.06m	7.89m 8.23m		
7 Matteson, Hope	FR	Colorado Mesa	8.35m	27-04.75 422
	7.21m	8.35m 7.81m		

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	Points
1 Lindauer, Sophia	SO	Colorado Mesa	25.93	5.2	803
2 Jenrette, Mica	SO	Colorado Mesa	26.10	5.2	788
3 Brockman, Jordan	SO	Colorado Mesa	26.35	5.2	767
4 Remsberg, Maggie	SO	Uc-Colo. Spgs.	27.08	5.2	705
5 Christie, Hannah	SO	Chadron State	28.05	5.2	627
6 Matteson, Hope	FR	Colorado Mesa	28.51	5.2	591
7 McDonald, Kendra	JR	Black Hills St.	28.60	5.2	584

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****Event 44 Men Decathlon**

RMAC Meet: R 7146 5/1/2021 Hayden Sather, Colorado Mines
 NCAA Prov: P 6420 2022

Name	Year	School	Finals	H#	Points
1 Repsher, Sam	JR	Uc-Colo. Spgs.	3579		
2 Johnson, Terrel	SO	Csu-Pueblo	3450		
3 McGraw, Conor	SO	Black Hills St.	3337		
4 Thompson, Aidan	FR	South Dakota Mines	3253		
5 Rhoades, Harley	JR	Chadron State	3252		
6 Kleinsasser, Travis	SO	South Dakota Mines	3115		
7 Brown, Pete	SO	Chadron State	3045		
8 Dower, Kaden	FR	Chadron State	3021		
9 Snyder, Brent	FR	South Dakota Mines	2045		

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Repsher, Sam	JR	Uc-Colo. Spgs.	11.03	1.8	2	854
2 McGraw, Conor	SO	Black Hills St.	11.08	1.8	2	843
3 Johnson, Terrel	SO	Csu-Pueblo	11.22	1.8	2	812
4 Rhoades, Harley	JR	Chadron State	11.23	1.8	2	810
5 Kleinsasser, Travis	SO	South Dakota Mines	11.42	1.8	2	769
6 Dower, Kaden	FR	Chadron State	11.52	4.3	1	748
7 Brown, Pete	SO	Chadron State	11.76	4.3	1	699
8 Thompson, Aidan	FR	South Dakota Mines	11.81	4.3	1	689
9 Snyder, Brent	FR	South Dakota Mines	12.24	4.3	1	605

Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points	
1 Johnson, Terrel	SO	Csu-Pueblo	7.22m	1.9	23-08.25	866
6.91m(1.2) 7.14m(3.7) 7.22m(1.9)						
2 Repsher, Sam	JR	Uc-Colo. Spgs.	7.02m	1.7	23-00.50	818
7.02m(1.7) FOUL(4.5) 6.99m(1.5)						
3 Thompson, Aidan	FR	South Dakota Mines	6.40m	1.6	21-00.00	675
FOUL(2.1) 6.40m(1.6) 6.09m(2.2)						
4 Rhoades, Harley	JR	Chadron State	6.29m	2.1	20-07.75	650
FOUL(3.2) 6.29m(2.1) FOUL(1.7)						
5 Brown, Pete	SO	Chadron State	6.26m	0.8	20-06.50	644
6.18m(1.2) 6.26m(0.8) FOUL(3.7)						
6 Dower, Kaden	FR	Chadron State	6.14m	2.2	20-01.75	617
5.67m(3.3) 5.67m(3.6) 6.14m(2.2)						
7 McGraw, Conor	SO	Black Hills St.	6.01m	4.1	19-08.75	589
5.83m(5.4) 6.01m(4.1) 5.81m(1.6)						
8 Kleinsasser, Travis	SO	South Dakota Mines	5.97m	1.0	19-07.00	580
FOUL(4.0) 5.77m(1.0) 5.97m(1.0)						
9 Snyder, Brent	FR	South Dakota Mines	5.51m	2.9	18-01.00	483
5.44m(3.7) 5.51m(2.9) 5.25m(3.1)						

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022

Colorado State University Pueblo

CSUP ThunderBowl

Results

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1 Thompson, Aidan	FR	South Dakota Mines	12.56m	41-02.50 640
11.07m 12.27m 12.56m				
2 Repsher, Sam	JR	Uc-Colo. Spgs.	12.14m	39-10.00 615
11.93m 12.14m 12.07m				
3 Dower, Kaden	FR	Chadron State	11.71m	38-05.00 589
9.80m 11.71m FOUL				
4 McGraw, Conor	SO	Black Hills St.	11.62m	38-01.50 583
10.63m 11.39m 11.62m				
5 Brown, Pete	SO	Chadron State	11.61m	38-01.25 583
11.61m 11.49m 11.33m				
6 Kleinsasser, Travis	SO	South Dakota Mines	11.34m	37-02.50 566
11.34m 11.01m 11.16m				
7 Snyder, Brent	FR	South Dakota Mines	10.90m	35-09.25 540
10.50m 10.90m 10.63m				
8 Johnson, Terrel	SO	Csu-Pueblo	10.41m	34-02.00 510
10.08m 10.03m 10.41m				
9 Rhoades, Harley	JR	Chadron State	9.10m	29-10.25 432
9.07m 8.90m 9.10m				

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1 Johnson, Terrel	SO	Csu-Pueblo	1.90m	6-02.75 714
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93				
P P P P P P P O P O P XO O XXX				
2 Brown, Pete	SO	Chadron State	1.84m	6-00.50 661
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
P P P P O O O XO XXO XXO XXO XXX				
3 Rhoades, Harley	JR	Chadron State	1.78m	5-10.00 610
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
P P P P O O O XXO O XXX				
3 Thompson, Aidan	FR	South Dakota Mines	1.78m	5-10.00 610
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
P P P P P XO O XO XO XXX				
5 Repsher, Sam	JR	Uc-Colo. Spgs.	1.75m	5-08.75 585
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
P P O P O O XO XXO XXX				
6 McGraw, Conor	SO	Black Hills St.	1.72m	5-07.75 560
1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
P O P O O XO O XXX				
7 Kleinsasser, Travis	SO	South Dakota Mines	1.63m	5-04.25 488
1.54 1.57 1.60 1.63 1.66				
O O O XO XXX				
8 Dower, Kaden	FR	Chadron State	1.57m	5-01.75 441
1.54 1.57 1.60				
P O XXX				
-- Snyder, Brent	FR	South Dakota Mines	NH	
1.54				
XXX				

2022 RMAC Outdoor Championships - 4/29/2022 to 5/1/2022**Colorado State University Pueblo****CSUP ThunderBowl****Results****Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon**

Name	Year School	Finals	H#	Points
1 McGraw, Conor	SO Black Hills St.	51.16	2	762
2 Rhoades, Harley	JR Chadron State	51.42	2	750
3 Kleinsasser, Travis	SO South Dakota Mines	52.29	2	712
4 Repsher, Sam	JR Uc-Colo. Spgs.	52.41	2	707
5 Thompson, Aidan	FR South Dakota Mines	54.02	2	639
6 Dower, Kaden	FR Chadron State	54.32	1	626
7 Johnson, Terrel	SO Csu-Pueblo	56.28	1	548
8 Brown, Pete	SO Chadron State	58.70	1	458
9 Snyder, Brent	FR South Dakota Mines	59.88	1	417

Women - Team Rankings - 3 Events Scored

1) UC-Colo. Spgs.	32	2) New Mexico Highlands	22
3) CSU-Pueblo	13	4) Black Hills St.	12
5) Colorado Mesa	9	5) MSU Denver	9
7) South Dakota Mines	6	8) Chadron State	5
9) Western Colorado	4	10) Westminster (Utah)	3
11) Colorado Mines	1	11) Fort Lewis	1

Men - Team Rankings - 3 Events Scored

1) Colorado Mines	38	2) UC-Colo. Spgs.	25
3) Chadron State	23	4) Western Colorado	8
5) Colorado Mesa	7	6) Black Hills St.	5
7) South Dakota Mines	4	7) MSU Denver	4
9) Adams State	3		