

2023 RMAC Outdoor Championships - 4/28/2023
Chadron State University
Chadron, Nebraska
Performance List

Event 1 Women 100 Meter Dash Prelims

Friday 4/28/2023 - 2:15 PM

RMAC Meet: 11.42 5/9/2017 Sunayna Wahi
NCAA Prov: 11.85 2023

Name	Yr	School	Seed	Time
1 1433 Arceneaux, Sierra	SR	Colorado Mes	11.52	_____
2 1655 Fuchs, Brittany	SR	Uc-Colo. Spg	11.83	_____
3 1646 Bloomquist, Audrey	JR	Uc-Colo. Spg	11.87	_____
4 1653 Farinas, Victoria	SO	Uc-Colo. Spg	11.95	_____
5 1288 Fuller, Breanne	SR	Black Hills	11.96	_____
6 1648 Bolton, Keyanda	SO	Uc-Colo. Spg	11.97	_____
7 1724 Dantzler, Myia	SO	Western Colo	12.02	_____
8 1267 Sartain, Alese	SO	Adams State	12.03	_____
9 1565 Lattimore, Jaivion	SR	Msu Denver	12.05	_____
10 1443 Horton, Gaby	FR	Colorado Mes	12.09	_____
11 1561 Hummel, Claire	SR	Msu Denver	12.13	_____
12 1446 Kennison, Avry	FR	Colorado Mes	12.18	_____
13 1358 George, Hannah	JR	Colo. Christ	12.25	_____
14 1318 Collier, Carlie	JR	Chadron Stat	12.26	_____
15 1668 Moreni, Missy	SO	Uc-Colo. Spg	12.27	_____
16 1437 Burnett-Perry, Serenity	SO	Colorado Mes	12.44	_____
17 1560 Hobson, Jessica	FR	Msu Denver	12.51	_____
18 1361 Schemling, Madeline	SO	Colo. Christ	12.94	_____

Event 1 Women 100 Meter Dash

Sunday 4/30/2023 - 1:55 PM

RMAC Meet: 11.42 5/9/2017 Sunayna Wahi
NCAA Prov: 11.85 2023

Name	Yr	School	Prelims
1 1433 Arceneaux, Sierra	SR	Colorado Mes	11.68 _____
2 1646 Bloomquist, Audrey	JR	Uc-Colo. Spg	11.89 _____
3 1288 Fuller, Breanne	SR	Black Hills	11.92 _____
4 1267 Sartain, Alese	SO	Adams State	11.96 _____
5 1648 Bolton, Keyanda	SO	Uc-Colo. Spg	12.07 _____
6 1724 Dantzler, Myia	SO	Western Colo	12.09 _____
7 1565 Lattimore, Jaivion	SR	Msu Denver	12.10 _____
8 1653 Farinas, Victoria	SO	Uc-Colo. Spg	12.15 _____
9 1318 Collier, Carlie	JR	Chadron Stat	12.17 _____
10 1561 Hummel, Claire	SR	Msu Denver	12.19 _____
11 1358 George, Hannah	JR	Colo. Christ	12.22 _____
12 1560 Hobson, Jessica	FR	Msu Denver	12.38 _____
13 1668 Moreni, Missy	SO	Uc-Colo. Spg	12.46 _____
14 1443 Horton, Gaby	FR	Colorado Mes	12.50 _____
15 1437 Burnett-Perry, Serenity	SO	Colorado Mes	12.57 _____
16 1446 Kennison, Avry	FR	Colorado Mes	12.64 _____
17 1361 Schemling, Madeline	SO	Colo. Christ	13.02 _____
18 1655 Fuchs, Brittany	SR	Uc-Colo. Spg	NT _____

Event 2 Men 100 Meter Dash Prelims

Friday 4/28/2023 - 2:00 PM

RMAC Meet: 10.20 2016 Jurgen Themen
NCAA Prov: 10.52 2023

Name	Yr	School	Seed	Time
1 1702 Mendoza, Justice	SO	Uc-Colo. Spg	10.37	_____

2 1704 Mosley Jr., Brian	JR	Uc-Colo. Spg	10.48	_____
3 1366 Bradley, Tyler	SR	Colo. Christ	10.50	_____
4 1490 Williams, Elijah	JR	Colorado Mes	10.51	_____
5 1712 Sterling, Kymani	SO	Uc-Colo. Spg	10.55	_____
6 1464 Casados, Mateo	SO	Colorado Mes	10.60	_____
7 1708 Pastorello, Mason	FR	Uc-Colo. Spg	10.60	_____
8 1466 Christensen, Kade	JR	Colorado Mes	10.69	_____
9 1461 Brassfield, Sterling	SO	Colorado Mes	10.73	_____
10 1489 Thornton, Beau	JR	Colorado Mes	10.74	_____
11 1492 Zook, Joey	SO	Colorado Mes	10.79	_____
12 1705 Nichols, Michael	JR	Uc-Colo. Spg	10.80	_____
13 1491 Wilson, Jeremiah	JR	Colorado Mes	10.82	_____
14 1706 O'Kuragu, Daryn	FR	Uc-Colo. Spg	10.82	_____
15 1691 Haggerty, Dominic	JR	Uc-Colo. Spg	10.83	_____
16 1483 Reed, Jeremiah	SO	Colorado Mes	10.89	_____
17 1517 Johnson, Evan	FR	Csu-Pueblo	10.92	_____
18 1583 Martinez, Anthony	SO	Msu Denver	10.94	_____
19 1582 Mack, Jamal	FR	Msu Denver	10.95	_____
20 1782 Wesley, Malcom	SO	Western Colo	10.95	_____
21 1631 Johnson, Eddie	FR	South Dakota	11.00	_____
22 1765 Jackson, Nate	SO	Western Colo	11.18	_____
23 1703 Monestime, Chase	SO	Uc-Colo. Spg	11.19	_____
24 1348 Perez, Kadin	SO	Chadron Stat	11.20	_____

Event 2 Men 100 Meter Dash

Sunday 4/30/2023 - 1:50 PM

RMAC Meet: 10.20 2016 Jurgen Themen
NCAA Prov: 10.52 2023

Name	Yr	School	Prelims
1 1704 Mosley Jr., Brian	JR	Uc-Colo. Spg	10.49 _____
2 1490 Williams, Elijah	JR	Colorado Mes	10.51 _____
3 1366 Bradley, Tyler	SR	Colo. Christ	10.59 _____
4 1712 Sterling, Kymani	SO	Uc-Colo. Spg	10.69 _____
5 1702 Mendoza, Justice	SO	Uc-Colo. Spg	10.71 _____
6 1489 Thornton, Beau	JR	Colorado Mes	10.72 _____
7 1466 Christensen, Kade	JR	Colorado Mes	10.72 _____
8 1464 Casados, Mateo	SO	Colorado Mes	10.78 _____
9 1708 Pastorello, Mason	FR	Uc-Colo. Spg	10.79 _____
10 1491 Wilson, Jeremiah	JR	Colorado Mes	10.84 _____
11 1492 Zook, Joey	SO	Colorado Mes	10.86 _____
12 1483 Reed, Jeremiah	SO	Colorado Mes	10.87 _____
13 1691 Haggerty, Dominic	JR	Uc-Colo. Spg	10.91 _____
14 1517 Johnson, Evan	FR	Csu-Pueblo	10.99 _____
15 1706 O'Kuragu, Daryn	FR	Uc-Colo. Spg	11.03 _____
16 1782 Wesley, Malcom	SO	Western Colo	11.04 _____
17 1461 Brassfield, Sterling	SO	Colorado Mes	11.05 _____
18 1583 Martinez, Anthony	SO	Msu Denver	11.08 _____
19 1348 Perez, Kadin	SO	Chadron Stat	11.10 _____
20 1705 Nichols, Michael	JR	Uc-Colo. Spg	11.11 _____
21 1582 Mack, Jamal	FR	Msu Denver	11.18 _____
22 1631 Johnson, Eddie	FR	South Dakota	11.21 _____
23 1765 Jackson, Nate	SO	Western Colo	11.22 _____
24 1703 Monestime, Chase	SO	Uc-Colo. Spg	11.24 _____

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Event 3 Women 200 Meter Dash Prelims

Saturday 4/29/2023 - 4:45 PM

RMAC Meet: 23.41 2011 Indira Spence
RMAC Meet: 23.41 2014 Kayon Robinson
NCAA Prov: 24.34 2023

Name	Yr	School	Seed Time
1 1433 Arceneaux, Sierra	SR	Colorado Mes	23.54
2 1648 Bolton, Keyanda	SO	Uc-Colo. Spg	24.26
3 1655 Fuchs, Brittany	SR	Uc-Colo. Spg	24.53
4 1288 Fuller, Breanne	SR	Black Hills	24.74
5 1267 Sartain, Alese	SO	Adams State	24.78
6 1436 Burnett, Jordan	SO	Colorado Mes	24.94
7 1450 Molder, McKenna	SR	Colorado Mes	25.10
8 1358 George, Hannah	JR	Colo. Christ	25.11
9 1571 Romero, Allyssa	JR	Msu Denver	25.17
10 1561 Hummel, Claire	SR	Msu Denver	25.26
11 1443 Horton, Gaby	FR	Colorado Mes	25.27
12 1728 Harrison, Sakara	SO	Western Colo	25.41
13 1318 Collier, Carlie	JR	Chadron Stat	25.42
14 1565 Lattimore, Jaivion	SR	Msu Denver	25.43
15 1437 Burnett-Perry, Serenity	SO	Colorado Mes	25.65
16 1735 Olson, Cora	SR	Western Colo	25.67
17 1560 Hobson, Jessica	FR	Msu Denver	25.78
18 1733 Lapp, Kiarra	FR	Western Colo	26.02
19 1724 Dantzler, Myia	SO	Western Colo	26.14
20 1559 Garand, Teagan	SR	Msu Denver	26.16
21 1598 Johnson, Charity	SR	NM Highlands	27.11

Event 4 Men 200 Meter Dash Prelims

Saturday 4/29/2023 - 4:30 PM

RMAC Meet: 20.7h 1986 Travis McKinley
RMAC Meet: 20.84 2014 Chaz Butler
NCAA Prov: 21.26 2023

Name	Yr	School	Seed Time
1 1702 Mendoza, Justice	SO	Uc-Colo. Spg	20.93
2 1282 Vigil, Jonah	JR	Adams State	20.94
3 1490 Williams, Elijah	JR	Colorado Mes	21.15
4 1366 Bradley, Tyler	SR	Colo. Christ	21.22
5 1712 Sterling, Kymani	SO	Uc-Colo. Spg	21.32
6 1704 Mosley Jr., Brian	JR	Uc-Colo. Spg	21.50
7 1708 Pastorello, Mason	FR	Uc-Colo. Spg	21.56
8 1580 Loper, Ethan	SR	Msu Denver	21.67
9 1779 Smith, Ja'Warren	FR	Western Colo	21.69
10 1582 Mack, Jamal	FR	Msu Denver	21.82
11 1466 Christensen, Kade	JR	Colorado Mes	21.87
12 1461 Brassfield, Sterling	SO	Colorado Mes	21.87
13 1459 Blanton, Justin	FR	Colorado Mes	21.92
14 1691 Haggerty, Dominic	JR	Uc-Colo. Spg	21.94
15 1483 Reed, Jeremiah	SO	Colorado Mes	21.97
16 1491 Wilson, Jeremiah	JR	Colorado Mes	21.98
17 1705 Nichols, Michael	JR	Uc-Colo. Spg	22.03
18 1492 Zook, Joey	SO	Colorado Mes	22.11
19 1517 Johnson, Evan	FR	Csu-Pueblo	22.23
20 1364 Beard, Jonah	FR	Colo. Christ	22.29

21 1631 Johnson, Eddie	FR	South Dakota	22.42
22 1771 Marx, Hayden	FR	Western Colo	22.43
23 1757 Fike, Eric	SR	Western Colo	22.48
24 1706 O'Kuragu, Daryn	FR	Uc-Colo. Spg	22.51

Event 5 Women 400 Meter Dash Prelims

Friday 4/28/2023 - 1:45 PM

RMAC Meet: 52.80 2014 Kayon Robinson
NCAA Prov: 56.00 2023

Name	Yr	School	Seed Time
1 1394 Nelson, Amena	SR	Colo. Sch. o	55.96
2 1436 Burnett, Jordan	SO	Colorado Mes	56.25
3 1652 Davis, Amber	SO	Uc-Colo. Spg	56.33
4 1380 Galvin, Grace	SO	Colo. Sch. o	56.83
5 1571 Romero, Allyssa	JR	Msu Denver	56.86
6 1362 Smoker, Tara	SR	Colo. Christ	57.16
7 1602 Rose, Nadine	JR	NM Highlands	57.19
8 1595 Donald, Cemore	JR	NM Highlands	57.32
9 1664 Lopez, Alyssa	SO	Uc-Colo. Spg	57.61
10 1596 Harrison, Lucia	JR	NM Highlands	57.78
11 1733 Lapp, Kiarra	FR	Western Colo	57.81
12 1439 Dikken, Emma	SO	Colorado Mes	58.39
13 1384 Higashi, Randi	SR	Colo. Sch. o	58.51
14 1431 Arcand, Elaina	FR	Colorado Mes	58.76
15 1295 Tracy, Mikayla	JR	Black Hills	58.95
16 1559 Garand, Teagan	SR	Msu Denver	59.32
17 1573 Sowell, Naleia	SO	Msu Denver	59.69
18 1320 Groth, Caydince	SO	Chadron Stat	59.85
19 1562 Ivins, Raygen	SO	Msu Denver	1:02.20
20 1598 Johnson, Charity	SR	NM Highlands	1:03.28
21 1333 Wulff, Cassandra	FR	Chadron Stat	1:03.50
22 1597 Jebet, Faith	SO	NM Highlands	1:03.82
23 1621 Wilson, Adeline	JR	South Dakota	1:04.70
24 1330 Swinney, Kassyl	FR	Chadron Stat	1:04.75

Event 5 Women 400 Meter Dash

Sunday 4/30/2023 - 1:45 PM

RMAC Meet: 52.80 2014 Kayon Robinson
NCAA Prov: 56.00 2023

Name	Yr	School	Prelims
1 1436 Burnett, Jordan	SO	Colorado Mes	56.36
2 1394 Nelson, Amena	SR	Colo. Sch. o	56.81
3 1362 Smoker, Tara	SO	Colo. Christ	57.10
4 1652 Davis, Amber	SO	Uc-Colo. Spg	57.11
5 1571 Romero, Allyssa	JR	Msu Denver	57.35
6 1595 Donald, Cemore	JR	NM Highlands	57.37
7 1602 Rose, Nadine	JR	NM Highlands	57.46
8 1380 Galvin, Grace	SO	Colo. Sch. o	57.54
9 1439 Dikken, Emma	SO	Colorado Mes	58.40
10 1733 Lapp, Kiarra	FR	Western Colo	58.68
11 1596 Harrison, Lucia	JR	NM Highlands	58.83
12 1384 Higashi, Randi	SR	Colo. Sch. o	58.84
13 1664 Lopez, Alyssa	SO	Uc-Colo. Spg	59.31
14 1431 Arcand, Elaina	FR	Colorado Mes	59.34
15 1320 Groth, Caydince	SO	Chadron Stat	59.35

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Event 5 ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
16 1559 Garand, Teagan	SR	Msu Denver	59.62
17 1573 Sowell, Naleia	SO	Msu Denver	59.97
18 1295 Tracy, Mikayla	JR	Black Hills	1:01.52
19 1562 Ivins, Raygen	SO	Msu Denver	1:03.09
20 1333 Wulff, Cassandra	FR	Chadron Stat	1:03.41
21 1621 Wilson, Adeline	JR	South Dakota	1:03.55
22 1330 Swinney, Kassyl	FR	Chadron Stat	1:04.71

Event 6 Men 400 Meter Dash Prelims

Friday 4/28/2023 - 1:30 PM

RMAC Meet: 45.92 2006 **Joel Duffield**
NCAA Prov: 47.83 2023

Name	Yr	School	Seed Time
1 1282 Vigil, Jonah	JR	Adams State	47.14
2 1527 Smith, Tyrell	SO	Csu-Pueblo	47.33
3 1459 Blanton, Justin	FR	Colorado Mes	48.42
4 1699 Laca, Angel	SR	Uc-Colo. Spg	48.66
5 1580 Loper, Ethan	SR	Msu Denver	48.77
6 1698 Jean, Sebastian	FR	Uc-Colo. Spg	48.77
7 1707 O'Neal, Ryan	SO	Uc-Colo. Spg	49.02
8 1779 Smith, Ja'Warren	FR	Western Colo	49.25
9 1486 Smallwood, AJ	JR	Colorado Mes	49.65
10 1520 King, Ryan	FR	Csu-Pueblo	49.93
11 1783 Wilkins, Joseph	SO	Western Colo	50.10
12 1638 Pitlick, Ethan	SO	South Dakota	50.13
13 1481 Ortega, Dayne	SO	Colorado Mes	50.22
14 1342 Logsdon, Greg	JR	Chadron Stat	50.28
15 1578 Irish, Zander	FR	Msu Denver	50.44
16 1770 Martinez, Kennedy	SR	Western Colo	50.50
17 1364 Beard, Jonah	FR	Colo. Christ	50.54
18 1301 Brady, Trinity	FR	Black Hills	50.74
19 1590 Valdez, Michael	SO	Msu Denver	50.77
20 1339 Fuller, Kyland	FR	Chadron Stat	51.24

Event 6 Men 400 Meter Dash

Sunday 4/30/2023 - 1:40 PM

RMAC Meet: 45.92 2006 **Joel Duffield**
NCAA Prov: 47.83 2023

Name	Yr	School	Prelims
1 1282 Vigil, Jonah	JR	Adams State	46.86
2 1527 Smith, Tyrell	SO	Csu-Pueblo	47.85
3 1459 Blanton, Justin	FR	Colorado Mes	48.59
4 1698 Jean, Sebastian	FR	Uc-Colo. Spg	48.97
5 1699 Laca, Angel	SR	Uc-Colo. Spg	49.05
6 1580 Loper, Ethan	SR	Msu Denver	49.10
7 1707 O'Neal, Ryan	SO	Uc-Colo. Spg	49.28
8 1638 Pitlick, Ethan	SO	South Dakota	49.40
9 1520 King, Ryan	FR	Csu-Pueblo	49.67
10 1364 Beard, Jonah	FR	Colo. Christ	49.78
11 1779 Smith, Ja'Warren	FR	Western Colo	49.86
12 1578 Irish, Zander	FR	Msu Denver	50.08
13 1342 Logsdon, Greg	JR	Chadron Stat	50.11
14 1770 Martinez, Kennedy	SR	Western Colo	50.23

15 1481 Ortega, Dayne	SO	Colorado Mes	50.26
16 1301 Brady, Trinity	FR	Black Hills	50.39
17 1783 Wilkins, Joseph	SO	Western Colo	50.50
18 1486 Smallwood, AJ	JR	Colorado Mes	50.65
19 1590 Valdez, Michael	SO	Msu Denver	50.84
20 1339 Fuller, Kyland	FR	Chadron Stat	51.19

Event 7 Women 800 Meter Run Prelims

Saturday 4/29/2023 - 5:15 PM

RMAC Meet: 2:09.08 5/1/2022 **Ava O'Connor**
NCAA Prov: 2:12.23 2023

Name	Yr	School	Seed Time
1 1493 Braybrook, Helen	SO	Csu-Pueblo	2:07.26
2 1404 Wright, Aryelle	JR	Colo. Sch. o	2:07.83
3 1786 Johnson, Josii	SR	Westminster	2:08.02
4 1659 Hedlund, Kate	JR	Uc-Colo. Spg	2:09.69
5 1379 Duck, Mackenzie	SR	Colo. Sch. o	2:09.81
6 1266 O'Brien, Rachel	JR	Adams State	2:10.57
7 1268 Simon, Jessica	SO	Adams State	2:10.74
8 1731 Kjellsen, Emma	FR	Western Colo	2:13.56
9 1499 Herron, Jadyne	FR	Csu-Pueblo	2:13.71
10 1660 Hewitt, Michela	JR	Uc-Colo. Spg	2:14.62
11 1792 Worline, Emily	SR	Westminster	2:14.64
12 1391 Manfre, Miranda	JR	Colo. Sch. o	2:18.81
13 1734 Mohan, Abbey	JR	Western Colo	2:19.06
14 1434 Britton, Alyssa	SO	Colorado Mes	2:19.36
15 1675 Timbang, Erika	JR	Uc-Colo. Spg	2:19.83
16 1574 Street, Audrynn	SO	Msu Denver	2:20.02
17 1656 Goodrich, Rachel	SO	Uc-Colo. Spg	2:21.51
18 1357 Boling, Reagan	FR	Colo. Christ	2:21.92
19 1542 Peterson, Claire	FR	Fort Lewis	2:24.03
20 1614 Saline, Abbie	JR	South Dakota	2:24.11
21 1723 Carlos, Dulce	SO	Western Colo	2:24.92
22 1557 Chavez, Tanis	FR	Msu Denver	2:26.34

Event 8 Men 800 Meter Run Prelims

Saturday 4/29/2023 - 5:00 PM

RMAC Meet: 1:48.34 4/29/2018 **Thomas Staines**
NCAA Prov: 1:51.48 2023

Name	Yr	School	Seed Time
1 1526 Sharman-Newell, Reece	SO	Csu-Pueblo	1:46.84
2 1529 Tipton, Kaleb	SO	Csu-Pueblo	1:50.56
3 1751 Coyhis, Ethan	JR	Western Colo	1:51.46
4 1584 Nowlen, Nick	SR	Msu Denver	1:51.51
5 1426 Thompson, Tim	FR	Colo. Sch. o	1:51.59
6 1344 Moravec, Logan	SR	Chadron Stat	1:51.77
7 1413 Gebhardt, Andrew	SO	Colo. Sch. o	1:52.93
8 1769 Killoy, Jeremy	SO	Western Colo	1:53.56
9 1280 Paiz, Mikah	JR	Adams State	1:53.69
10 1548 Burrough, Brady	SO	Fort Lewis	1:54.03
11 1371 Luna, Mateo	FR	Colo. Christ	1:55.11
12 1775 Outler, Ryan	SO	Western Colo	1:55.40
13 1692 Hamilton, Joey	SO	Uc-Colo. Spg	1:55.74
14 1794 Maxfield, Thomas	JR	Westminster	1:56.33
15 1576 Garcia, Elijah	FR	Msu Denver	1:56.58

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Event 8 ... (Men 800 Meter Run Prelims)

Name	Yr	School	Seed Time
16 1550 Dossman, Conner	SO	Fort Lewis	1:56.62
17 1552 Hanson, Malakai	FR	Fort Lewis	1:57.00
18 1697 Herman, Alex	FR	Uc-Colo. Spg	1:57.47
19 1586 Schauer, Ty	JR	Msu Denver	1:57.64
20 1369 Gansz, Mason	FR	Colo. Christ	1:57.75
21 1374 Ring, Gabe	FR	Colo. Christ	1:58.31
22 1701 Maal, Adam	SO	Uc-Colo. Spg	1:58.32
23 1310 Swingholm, Mason	SO	Black Hills	1:58.41
24 1372 Marker, Jacob	SO	Colo. Christ	1:58.50

Event 9 Women 1500 Meter Run Prelims

Friday 4/28/2023 - 1:15 PM

RMAC Meet: 4:21.41 1996 Elva Martinez-Dryer
NCAA Prov: 4:32.09 2023

Name	Yr	School	Seed Time
1 1659 Hedlund, Kate	JR	Uc-Colo. Spg	4:22.83
2 1719 Beasley, Allison	FR	Western Colo	4:27.84
3 1789 McAlindon, Courtney	SR	Westminster	4:28.20
4 1262 Dorion, Amalia	SO	Adams State	4:28.56
5 1536 Fankhouser, Katie	JR	Fort Lewis	4:29.00
6 1740 Taylor, Leah	FR	Western Colo	4:29.21
7 1264 Lawrence, Nicole	JR	Adams State	4:29.77
8 1265 McCleskey, Maggie	FR	Adams State	4:31.48
9 1654 Fauske, Anna	SO	Uc-Colo. Spg	4:32.12
10 1448 MacGill, Kira	SO	Colorado Mes	4:33.02
11 1501 Holland, Taylor	SO	Csu-Pueblo	4:33.79
12 1291 Robinson, Xiomara	SR	Black Hills	4:36.49
13 1360 Miller, Molly	JR	Colo. Christ	4:36.63
14 1731 Kjellsen, Emma	FR	Western Colo	4:37.62
15 1383 Herr, Alexis	FR	Colo. Sch. o	4:37.84
16 1649 Breuer, Molly	FR	Uc-Colo. Spg	4:43.97
17 1657 Graff, Kelsey	JR	Uc-Colo. Spg	4:45.93
18 1535 Curley, Angel	SR	Fort Lewis	4:46.17
19 1359 Ketner, Callie	JR	Colo. Christ	4:49.63
20 1723 Carlos, Dulce	SO	Western Colo	4:50.77
21 1540 Mena, Sophia	SO	Fort Lewis	4:51.07
22 1332 Wieman, Alissa	SO	Chadron Stat	4:51.54
23 1533 Castilleja, Marisol	FR	Fort Lewis	4:56.12
24 1542 Peterson, Claire	FR	Fort Lewis	5:00.81

Event 9 Women 1500 Meter Run

Sunday 4/30/2023 - 1:05 PM

RMAC Meet: 4:21.41 1996 Elva Martinez-Dryer
NCAA Prov: 4:32.09 2023

Name	Yr	School	Prelims
1 1789 McAlindon, Courtney	SR	Westminster	4:28.10
2 1264 Lawrence, Nicole	JR	Adams State	4:28.30
3 1740 Taylor, Leah	FR	Western Colo	4:30.00
4 1719 Beasley, Allison	FR	Western Colo	4:30.17
5 1731 Kjellsen, Emma	FR	Western Colo	4:31.09
6 1448 MacGill, Kira	SO	Colorado Mes	4:32.29
7 1383 Herr, Alexis	FR	Colo. Sch. o	4:37.35
8 1659 Hedlund, Kate	JR	Uc-Colo. Spg	4:39.23

9 1536 Fankhouser, Katie	JR	Fort Lewis	4:39.33
10 1654 Fauske, Anna	SO	Uc-Colo. Spg	4:39.48
11 1265 McCleskey, Maggie	FR	Adams State	4:39.49
12 1262 Dorion, Amalia	SO	Adams State	4:40.14
13 1360 Miller, Molly	JR	Colo. Christ	4:40.88
14 1535 Curley, Angel	SR	Fort Lewis	4:47.06
15 1657 Graff, Kelsey	JR	Uc-Colo. Spg	4:54.60
16 1501 Holland, Taylor	SO	Csu-Pueblo	4:55.65
17 1359 Ketner, Callie	JR	Colo. Christ	4:57.20
18 1542 Peterson, Claire	FR	Fort Lewis	4:59.37
19 1723 Carlos, Dulce	SO	Western Colo	4:59.65
20 1291 Robinson, Xiomara	SR	Black Hills	5:01.24
21 1649 Breuer, Molly	FR	Uc-Colo. Spg	5:03.61
22 1332 Wieman, Alissa	SO	Chadron Stat	5:03.86
23 1540 Mena, Sophia	SO	Fort Lewis	5:05.37
24 1533 Castilleja, Marisol	FR	Fort Lewis	5:05.96

Event 10 Men 1500 Meter Run Prelims

Friday 4/28/2023 - 1:00 PM

RMAC Meet: 3:48.52 4/30/2021 Alec Hall
NCAA Prov: 3:49.46 2023

Name	Yr	School	Seed Time
1 1414 Julian, Luke	SR	Colo. Sch. o	3:41.84
2 1409 Campa, Alberto	FR	Colo. Sch. o	3:44.55
3 1774 Nord, Tyler	FR	Western Colo	3:44.83
4 1768 Kelati, Simon	SO	Western Colo	3:45.08
5 1689 Graff, Evan	SR	Uc-Colo. Spg	3:45.40
6 1526 Sharman-Newell, Reece	SO	Csu-Pueblo	3:45.45
7 1716 Zlotoff, Jagger	FR	Uc-Colo. Spg	3:46.15
8 1277 Jett-Reynolds, Davonte	SR	Adams State	3:47.95
9 1419 Mettler, Matthew	SO	Colo. Sch. o	3:49.47
10 1271 Dervin, Mitchell	JR	Adams State	3:49.94
11 1274 Haile, Yonas	SO	Adams State	3:50.18
12 1549 Busche, Aaron	JR	Fort Lewis	3:50.93
13 1530 Virey, Matisse	SO	Csu-Pueblo	3:51.31
14 1371 Luna, Mateo	FR	Colo. Christ	3:51.53
15 1365 Bracher, Chase	SR	Colo. Christ	3:51.65
16 1370 Grant, Klay	FR	Colo. Christ	3:52.33
17 1302 Brown, Tim	JR	Black Hills	3:53.21
18 1550 Dossman, Conner	SO	Fort Lewis	3:53.86
19 1468 Degree, Kevin	FR	Colorado Mes	3:53.95
20 1281 Scherbarth, Nathan	FR	Adams State	3:54.14
21 1777 Scott, Aidan	SO	Western Colo	3:54.33
22 1548 Burrough, Brady	SO	Fort Lewis	3:54.61
23 1275 Herrera, Joaquin	FR	Adams State	3:54.89
24 1766 Jirele, Patrick	SO	Western Colo	3:54.98

Event 10 Men 1500 Meter Run

Sunday 4/30/2023 - 12:50 PM

RMAC Meet: 3:48.52 4/30/2021 Alec Hall
NCAA Prov: 3:49.46 2023

Name	Yr	School	Prelims
1 1689 Graff, Evan	SR	Uc-Colo. Spg	3:53.61
2 1768 Kelati, Simon	SO	Western Colo	3:53.94
3 1414 Julian, Luke	SR	Colo. Sch. o	3:54.10

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Event 10 ... (Men 1500 Meter Run)

Name	Yr	School	Prelims
4 1530 Virey, Matisse	SO	Csu-Pueblo	3:54.21
5 1277 Jett-Reynolds, Davonte	SR	Adams State	3:57.13
6 1370 Grant, Klay	FR	Colo. Christ	3:58.76
7 1419 Mettler, Matthew	SO	Colo. Sch. o	4:00.03
8 1526 Sharman-Newell, Reece	SO	Csu-Pueblo	4:00.51
9 1774 Nord, Tyler	FR	Western Colo	4:01.09
10 1302 Brown, Tim	JR	Black Hills	4:01.18
11 1716 Zlotoff, Jagger	FR	Uc-Colo. Spg	4:01.24
12 1548 Burrough, Brady	SO	Fort Lewis	4:01.29
13 1409 Campa, Alberto	FR	Colo. Sch. o	4:01.36
14 1371 Luna, Mateo	FR	Colo. Christ	4:03.14
15 1549 Busche, Aaron	JR	Fort Lewis	4:03.17
16 1271 Dervin, Mitchell	JR	Adams State	4:03.80
17 1281 Scherbarth, Nathan	FR	Adams State	4:04.02
18 1468 Degree, Kevin	FR	Colorado Mes	4:04.73
19 1766 Jirele, Patrick	SO	Western Colo	4:05.03
20 1274 Haile, Yonas	SO	Adams State	4:05.73
21 1550 Dossman, Conner	SO	Fort Lewis	4:08.65
22 1275 Herrera, Joaquin	FR	Adams State	4:09.93
23 1777 Scott, Aidan	SO	Western Colo	4:11.12

Event 13 Women 5000 Meter Run

Sunday 4/30/2023 - 3:10 PM

RMAC Meet: 17:03.86 1999 Kim Bosen
NCAA Prov: 17:07.10 2023

Name	Yr	School	Seed Time
1 1376 Baker, Zoe	JR	Colo. Sch. o	16:07.72
2 1395 Peters, Clare	JR	Colo. Sch. o	16:24.50
3 1654 Fauske, Anna	SO	Uc-Colo. Spg	16:38.89
4 1740 Taylor, Leah	FR	Western Colo	16:40.21
5 1787 Lee, Amanda	JR	Westminster	16:40.76
6 1393 Moser, Holly	JR	Colo. Sch. o	16:41.33
7 1390 Maksin, Molly	JR	Colo. Sch. o	16:49.14
8 1726 Doucette, Katie	JR	Western Colo	16:49.19
9 1377 Basart, Margaux	FR	Colo. Sch. o	16:55.79
10 1398 Strongman, Grace	FR	Colo. Sch. o	16:56.21
11 1448 MacGill, Kira	SO	Colorado Mes	16:56.32
12 1535 Curley, Angel	SR	Fort Lewis	17:20.01
13 1399 Strouse, Brin	JR	Colo. Sch. o	17:22.63
14 1291 Robinson, Xiomara	SR	Black Hills	17:29.64
15 1284 Brown, Sylvia	SO	Black Hills	17:29.94
16 1600 Lovato, Faith	JR	NM Highlands	17:32.52
17 1359 Ketner, Callie	JR	Colo. Christ	17:50.05
18 1662 Ingallinera, Mason	SO	Uc-Colo. Spg	17:52.10
19 1738 Slattum, Gretchen	SO	Western Colo	17:59.87
20 1657 Graff, Kelsey	JR	Uc-Colo. Spg	18:11.39
21 1537 Gaughan, Katherine	JR	Fort Lewis	18:11.72
22 1730 Kaiser, Olivia	FR	Western Colo	18:16.44
23 1538 Hoffman, Mikenna	FR	Fort Lewis	18:16.95
24 1605 Fischer, Clare	FR	South Dakota	18:24.13

Event 14 Men 5000 Meter Run

Sunday 4/30/2023 - 2:45 PM

RMAC Meet: 14:14.40 5/1/2022 Afewerki Zeru
NCAA Prov: 14:25.34 2023

Name	Yr	School	Seed Time
1 1715 Zeru, Afewerki	SR	Uc-Colo. Spg	13:51.47
2 1768 Kelati, Simon	SO	Western Colo	13:51.79
3 1774 Nord, Tyler	FR	Western Colo	14:03.64
4 1689 Graff, Evan	SR	Uc-Colo. Spg	14:06.51
5 1760 Grabowski, Michael	SR	Western Colo	14:13.38
6 1553 Minor, Bean	FR	Fort Lewis	14:27.10
7 1776 Partin, Kyle	SO	Western Colo	14:38.36
8 1465 Charles, Triston	SO	Colorado Mes	14:43.40
9 1694 Harden, Gavin	JR	Uc-Colo. Spg	14:44.19
10 1762 Hernandez, Jacob	SR	Western Colo	14:45.51
11 1546 Bartlett, Ethan	JR	Fort Lewis	14:48.34
12 1554 Robinson, Max	SR	Fort Lewis	14:49.85
13 1281 Scherbarth, Nathan	FR	Adams State	14:50.79
14 1555 Smith, Elijah	FR	Fort Lewis	14:52.51
15 1777 Scott, Aidan	SO	Western Colo	14:56.25
16 1373 Meyer, Luke	JR	Colo. Christ	15:04.73
17 1686 Donze, Jack	FR	Uc-Colo. Spg	15:06.05
18 1781 Tyburski, Jacob	FR	Western Colo	15:08.33
19 1368 Fletcher, Tate	FR	Colo. Christ	15:12.51
20 1767 Johnson, William	SO	Western Colo	15:15.52
21 1684 Cole, Logan	FR	Uc-Colo. Spg	15:16.12
22 1270 Begashaw, Kidus	FR	Adams State	15:17.90
23 1375 Roberts, Isaac	SO	Colo. Christ	15:20.18
24 1579 Lainez, Dylan	FR	Msu Denver	15:29.82

Event 15 Women 10000 Meter Run

Friday 4/28/2023 - 10:35 AM

RMAC Meet: 35:59.10 2001 Jodi Day
NCAA Prov: 36:28.87 2023

Name	Yr	School	Seed Time
1 1784 Anderson, Saydi	SR	Westminster	35:25.89
2 1398 Strongman, Grace	FR	Colo. Sch. o	35:39.29
3 1569 Read, Abi	JR	Msu Denver	35:58.46
4 1790 Rohrer-Fitzhugh, Hanna	SR	Westminster	36:25.05
5 1389 Loe, Ashleigh	FR	Colo. Sch. o	37:07.01
6 1543 Ray, Brandy	JR	Fort Lewis	37:28.74
7 1506 Renberg, Sarah	FR	Csu-Pueblo	37:38.74
8 1666 Madrid, Jessica	FR	Uc-Colo. Spg	37:42.54
9 1732 Kunz, Lacey	FR	Western Colo	37:52.90
10 1662 Ingallinera, Mason	SO	Uc-Colo. Spg	38:08.67
11 1730 Kaiser, Olivia	FR	Western Colo	38:10.82
12 1558 Cornell, Caitlin	JR	Msu Denver	38:18.71
13 1544 Shoemaker, Maddy	SR	Fort Lewis	38:36.14
14 1507 Schmitz, Halle	FR	Csu-Pueblo	38:44.50
15 1599 Leslie, Jewels	SO	NM Highlands	39:46.80
16 1539 Johnson, Madisen	JR	Fort Lewis	40:22.53

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Event 16 Men 10000 Meter Run**Friday 4/28/2023 - 9:55 AM****RMAC Meet: 30:10.06 4/29/2019 Luc Hagen****NCAA Prov: 30:28.78 2023**

Name	Yr	School	Seed Time
1 1762 Hernandez, Jacob	SR	Western Colo	29:17.55
2 1690 Graham, Marcus	SR	Uc-Colo. Spg	29:26.98
3 1427 Vaille, Jeremiah	SO	Colo. Sch. o	30:21.25
4 1581 Lopez, Noel	JR	Msu Denver	30:24.94
5 1512 Beam, Daniel	JR	Csu-Pueblo	30:25.14
6 1531 Westbrook, Lucas	JR	Csu-Pueblo	30:25.50
7 1415 Kaye, Andrew	JR	Colo. Sch. o	30:26.88
8 1781 Tyburski, Jacob	FR	Western Colo	30:54.89
9 1556 Trejo, Ricardo	SR	Fort Lewis	30:56.33
10 1551 Graul, Preston	SO	Fort Lewis	31:00.87
11 1684 Gaul, Logan	FR	Uc-Colo. Spg	31:01.66
12 1778 Scott, Bobby	FR	Western Colo	31:22.56
13 1524 Roberds, Matthew	JR	Csu-Pueblo	31:30.28
14 1623 Captain, Tyler	SO	South Dakota	31:57.88
15 1367 Burroughs, Noah	SR	Colo. Christ	32:06.47
16 1747 Carr, Daniel	SO	Western Colo	32:07.04
17 1767 Johnson, William	SO	Western Colo	32:13.01
18 1627 Flerchinger, Brett	JR	South Dakota	32:14.34
19 1752 Davis, Blake	SR	Western Colo	32:16.45
20 1352 Shirley, Kyle	SO	Chadron Stat	32:51.56
21 1587 Shea, Cory	JR	Msu Denver	33:00.26
22 1335 Burtis, Noah	SR	Chadron Stat	33:33.09
23 1547 Begay, Wacey	SR	Fort Lewis	34:02.04

Event 17 Women 3000 Meter Steeplechase**Saturday 4/29/2023 - 6:45 PM****RMAC Meet: 10:29.50 2013 Alicia Nelson****NCAA Prov: 11:01.26 2023**

Name	Yr	School	Seed Time
1 1719 Beasley, Allison	FR	Western Colo	10:26.16
2 1509 Thomas, Margot	SO	Csu-Pueblo	10:33.26
3 1269 Stonebarger, Erin	SO	Adams State	10:42.26
4 1396 Raichart, Alex	SR	Colo. Sch. o	10:42.94
5 1377 Basart, Margaux	FR	Colo. Sch. o	11:09.57
6 1672 Richtman, Rachel	JR	Uc-Colo. Spg	11:22.34
7 1669 Moss, Brooke	FR	Uc-Colo. Spg	11:30.53
8 1644 Almasri, Nadine	JR	Uc-Colo. Spg	11:34.06
9 1545 Wright, Carmella	SR	Fort Lewis	11:39.64
10 1326 Rule, Lexi	FR	Chadron Stat	11:45.85
11 1532 Burnside, Payton	SO	Fort Lewis	11:48.34
12 1742 Wood, Haley	SO	Western Colo	11:51.65
13 1568 Orstead, Audrey	SO	Msu Denver	11:55.42
14 1296 Turpin, Katie	FR	Black Hills	11:58.32
15 1541 Murphy, Taylor	SR	Fort Lewis	12:01.40
16 1534 Corby, Cadence	FR	Fort Lewis	12:01.99

Event 18 Men 3000 Meter Steeplechase**Saturday 4/29/2023 - 6:15 PM****RMAC Meet: 8:54.75 5/1/2021 Taylor Stack****NCAA Prov: 9:12.36 2023**

Name	Yr	School	Seed Time
1 1763 Hesse, Albert	SO	Western Colo	8:53.38
2 1760 Grabowski, Michael	SR	Western Colo	8:59.06
3 1766 Jirele, Patrick	SO	Western Colo	9:16.15
4 1424 Shaw, Alex	SO	Colo. Sch. o	9:16.85
5 1423 Sevcik, Max	SR	Colo. Sch. o	9:17.94
6 1408 Bonenberger, Max	SO	Colo. Sch. o	9:19.69
7 1776 Partin, Kyle	SO	Western Colo	9:20.99
8 1487 Testa, Mark	SR	Colorado Mes	9:26.19
9 1515 Harker, Joseph	FR	Csu-Pueblo	9:41.50
10 1686 Donze, Jack	FR	Uc-Colo. Spg	9:43.72
11 1351 Schafer, Cale	JR	Chadron Stat	9:50.01
12 1513 Beloy, Kaleb	SO	Csu-Pueblo	9:50.35
13 1643 Wagner, Owen	SO	South Dakota	9:52.43
14 1796 Szwede Mittelstadt, Seb.	JR	Westminster	9:55.73
15 1756 Fahrney, Deagen	SO	Western Colo	9:55.76
16 1338 Fossey, Charles	FR	Chadron Stat	9:58.33
17 1634 Lamoreaux, Joran	FR	South Dakota	10:00.96
18 1305 Hurm, Braik	FR	Black Hills	10:03.79
19 1795 Mccarter, Riley	SR	Westminster	10:28.97

Event 19 Women 100 Meter Hurdles Prelims**Saturday 4/29/2023 - 5:55 PM****RMAC Meet: 13.41 2012 Indira Spence****NCAA Prov: 14.24 2023**

Name	Yr	School	Seed Time
1 1668 Moreni, Missy	SO	Uc-Colo. Spg	13.72
2 1594 Clarke, Patreece	FR	NM Highlands	14.04
3 1570 Ries, Maya	SO	Msu Denver	14.35
4 1670 Novess, Faith	JR	Uc-Colo. Spg	14.87
5 1441 Griffith, Averie	JR	Colorado Mes	14.87
6 1671 Remsberg, Maggie	JR	Uc-Colo. Spg	14.90
7 1445 Jenrette, Mica	JR	Colorado Mes	14.90
8 1435 Brockman, Jordan	SO	Colorado Mes	14.94
9 1785 Brotherson, Katie	SR	Westminster	15.24
10 1673 Samuels, Sydney	SO	Uc-Colo. Spg	15.32
11 1658 Hawk, Skylar	FR	Uc-Colo. Spg	15.36
12 1667 Martinez, Leyah	FR	Uc-Colo. Spg	15.43
13 1725 Donohoe, Eireann	SO	Western Colo	15.44
14 1741 Tuti, Clara	SO	Western Colo	15.67
15 1285 Curtis, Sophie	JR	Black Hills	15.71
16 1737 Portis, Kelia	SO	Western Colo	16.08
17 1325 Rader, Danae	SO	Chadron Stat	16.20
18 1294 Tietjen, Kendall	FR	Black Hills	16.41

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Event 20 Men 110 Meter Hurdles Prelims

Saturday 4/29/2023 - 5:35 PM

RMAC Meet: 14.00 2013 Karl McFarlane
NCAA Prov: 14.49 2023

Name	Yr	School	Seed	Time
1 1412 Delate, Everett	SO	Colo. Sch. o	13.99	_____
2 1354 Trembly, Creighton	SO	Chadron Stat	14.42	_____
3 1583 Martinez, Anthony	SO	Msu Denver	14.61	_____
4 1472 Heide, Dawson	JR	Colorado Mes	14.64	_____
5 1467 Davis, Zayden	SO	Colorado Mes	14.86	_____
6 1410 Chan, Coulton	SO	Colo. Sch. o	14.90	_____
7 1750 Covey, Anders	FR	Western Colo	15.51	_____
8 1471 Hanson, Nathan	JR	Colorado Mes	15.55	_____
9 1793 Lloyd, Brock	JR	Westminster	15.74	_____
10 1585 Pecenka, Sean	FR	Msu Denver	15.75	_____
11 1470 Hefey, Logan	FR	Colorado Mes	15.85	_____
12 1780 Stroup, Jacob	SR	Western Colo	15.86	_____
13 1696 Hast, Thorben	SO	Uc-Colo. Spg	15.91	_____
14 1473 Iarusso, AJ	FR	Colorado Mes	16.25	_____

Event 21 Women 400 Meter Hurdles Prelims

Friday 4/28/2023 - 2:55 PM

RMAC Meet: 58.52 5/9/2017 Jessica Scherrer
NCAA Prov: 1:02.33 2023

Name	Yr	School	Seed	Time
1 1727 Firor, Kaiya	SO	Western Colo	59.91	_____
2 1737 Portis, Kelia	SO	Western Colo	1:02.30	_____
3 1785 Brotherson, Katie	SR	Westminster	1:03.30	_____
4 1378 Comer, Allison	SO	Colo. Sch. o	1:04.47	_____
5 1441 Griffith, Averie	JR	Colorado Mes	1:05.05	_____
6 1658 Hawk, Skylar	FR	Uc-Colo. Spg	1:05.31	_____
7 1592 Armijo, Beatrice	SR	NM Highlands	1:05.74	_____
8 1667 Martinez, Leyah	FR	Uc-Colo. Spg	1:05.81	_____
9 1457 Williams, Lexie	SO	Colorado Mes	1:05.83	_____
10 1294 Tietjen, Kendall	FR	Black Hills	1:06.56	_____
11 1285 Curtis, Sophie	JR	Black Hills	1:06.83	_____
12 1498 Harris, Ella	FR	Csu-Pueblo	1:07.63	_____
13 1325 Rader, Danae	SO	Chadron Stat	1:09.72	_____
14 1617 Scully, Kamryn	JR	South Dakota	1:10.56	_____
15 1610 Mannes, Laine	FR	South Dakota	1:11.41	_____
16 1741 Tuti, Clara	SO	Western Colo	1:20.08	_____

Event 21 Women 400 Meter Hurdles

Sunday 4/30/2023 - 2:25 PM

RMAC Meet: 58.52 5/9/2017 Jessica Scherrer
NCAA Prov: 1:02.33 2023

Name	Yr	School	Prelims
1 1727 Firor, Kaiya	SO	Western Colo	1:02.39
2 1737 Portis, Kelia	SO	Western Colo	1:03.06
3 1785 Brotherson, Katie	SR	Westminster	1:03.33
4 1667 Martinez, Leyah	FR	Uc-Colo. Spg	1:04.01
5 1658 Hawk, Skylar	FR	Uc-Colo. Spg	1:04.09
6 1378 Comer, Allison	SO	Colo. Sch. o	1:04.56
7 1592 Armijo, Beatrice	SR	NM Highlands	1:05.29

8 1441 Griffith, Averie	JR	Colorado Mes	1:05.72	_____
9 1617 Scully, Kamryn	JR	South Dakota	1:06.15	_____
10 1457 Williams, Lexie	SO	Colorado Mes	1:06.51	_____
11 1285 Curtis, Sophie	JR	Black Hills	1:06.56	_____
12 1325 Rader, Danae	SO	Chadron Stat	1:07.60	_____
13 1294 Tietjen, Kendall	FR	Black Hills	1:07.69	_____
14 1498 Harris, Ella	FR	Csu-Pueblo	1:07.78	_____
15 1610 Mannes, Laine	FR	South Dakota	1:11.25	_____
16 1741 Tuti, Clara	SO	Western Colo	1:14.27	_____

Event 22 Men 400 Meter Hurdles Prelims

Friday 4/28/2023 - 2:35 PM

RMAC Meet: 51.72 1986 Jason Brockel
RMAC Meet: 51.1h 2007 Chris Moulinet
NCAA Prov: 53.32 2023

Name	Yr	School	Seed	Time
1 1412 Delate, Everett	SO	Colo. Sch. o	52.79	_____
2 1525 Schmidt, Carl	SR	Csu-Pueblo	53.02	_____
3 1680 Andrews, Dillon	JR	Uc-Colo. Spg	53.13	_____
4 1346 Peila, Logan	JR	Chadron Stat	54.44	_____
5 1278 Jones, Neveh	JR	Adams State	54.78	_____
6 1479 Montague, Kelsey	SO	Colorado Mes	55.11	_____
7 1410 Chan, Coulton	SO	Colo. Sch. o	55.15	_____
8 1421 Quinby, Elijah	FR	Colo. Sch. o	55.44	_____
9 1273 Fonseca, Michael	JR	Adams State	55.87	_____
10 1470 Hefey, Logan	FR	Colorado Mes	55.96	_____
11 1585 Pecenka, Sean	FR	Msu Denver	56.19	_____
12 1745 Beevers, Ethan	SO	Western Colo	56.70	_____
13 1696 Hast, Thorben	SO	Uc-Colo. Spg	56.74	_____
14 1793 Lloyd, Brock	JR	Westminster	58.74	_____
15 1749 Copeland, Dillon	SO	Western Colo	58.76	_____

Event 22 Men 400 Meter Hurdles

Sunday 4/30/2023 - 2:15 PM

RMAC Meet: 51.72 1986 Jason Brockel
RMAC Meet: 51.1h 2007 Chris Moulinet
NCAA Prov: 53.32 2023

Name	Yr	School	Prelims
1 1412 Delate, Everett	SO	Colo. Sch. o	53.02
2 1680 Andrews, Dillon	JR	Uc-Colo. Spg	53.12
3 1525 Schmidt, Carl	SR	Csu-Pueblo	53.74
4 1479 Montague, Kelsey	SO	Colorado Mes	54.48
5 1278 Jones, Neveh	JR	Adams State	54.83
6 1346 Peila, Logan	JR	Chadron Stat	54.93
7 1470 Hefey, Logan	FR	Colorado Mes	55.24
8 1696 Hast, Thorben	SO	Uc-Colo. Spg	55.35
9 1410 Chan, Coulton	SO	Colo. Sch. o	55.73
10 1421 Quinby, Elijah	FR	Colo. Sch. o	55.99
11 1745 Beevers, Ethan	SO	Western Colo	56.04
12 1793 Lloyd, Brock	JR	Westminster	56.53
13 1749 Copeland, Dillon	SO	Western Colo	56.85
14 1585 Pecenka, Sean	FR	Msu Denver	57.44
15 1273 Fonseca, Michael	JR	Adams State	57.58

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Event 23 Women 4x100 Meter Relay

Sunday 4/30/2023 - 12:40 PM

RMAC Meet: 44.84 5/9/2017 Adams State

Wahl, Johnson, Watson, Scherrer

NCAA Prov: 46.73 2023

Team	Relay	Seed Time
1 Uc-Colo. Spg	A	45.96
1) #1646 Bloomquist, Audrey JR	2) #1648 Bolton, Keyanda SO	
3) #1655 Fuchs, Brittany SR	4) #1653 Farinas, Victoria SO	
2 Colorado Mes	A	46.62
1) #1443 Horton, Gaby FR	2) #1433 Arceneaux, Sierra SR	
3) #1437 Burnett-Perry, Serenity SC	4) #1446 Kennison, Avry FR	
3 Msu Denver	A	46.70
1) #1561 Hummel, Claire SR	2) #1571 Romero, Allyssa JR	
3) #1560 Hobson, Jessica FR	4) #1565 Lattimore, Jaivion SR	
4 Western Colo	A	47.24
1) #1737 Portis, Kelia SO	2) #1727 Firor, Kaiya SO	
3) #1735 Olson, Cora SR	4) #1724 Dantzler, Myia SO	
5 Black Hills	A	49.70
1) #1285 Curtis, Sophie JR	2) #1294 Tietjen, Kendall FR	
3) #1295 Tracy, Mikayla JR	4) #1288 Fuller, Breanne SR	
6 Csu-Pueblo	A	49.71
1) #1494 Case, Erin SR	2) #1505 Miller, Ashley SR	
3) #1496 Dunich, Gabrielle FR	4) #1503 Kimble, Skyler FR	
7 NM Highlands	A	54.41
1) #1604 Serna, Abigail SO	2) #1593 Berkowitz, Irma FR	
3) #1597 Jebet, Faith SO	4) #1598 Johnson, Charity SR	
8 South Dakota	A	55.13
1) #1611 Mathieu, Katherine SR	2) #1612 May, Melissa SO	
3) #1610 Mannes, Laine FR	4) #1607 Hasse, Madeline FR	
9 Colo. Sch. o	A	NT
1) #1405 Wright, Avery FR	2) #1403 Wood, Lexye JR	
3) #1394 Nelson, Amena SR	4) #1402 Walshaw, Sidney FR	
10 Chadron Stat	A	NT
1) #1320 Groth, Caydince SO	2) #1318 Collier, Carlie JR	
3) #1325 Rader, Danae SO	4) #1323 Morgan, Shantae SO	

Event 24 Men 4x100 Meter Relay

Sunday 4/30/2023 - 12:30 PM

RMAC Meet: 40.08 2002 Fort Hays State

Esslinger, Wurtz, Moore, Appelhans

NCAA Prov: 40.99 2023

Team	Relay	Seed Time
1 Uc-Colo. Spg	A	40.31
1) #1702 Mendoza, Justice SO	2) #1712 Sterling, Kymani SO	
3) #1705 Nichols, Michael JR	4) #1704 Mosley Jr., Brian JR	
2 Colorado Mes	A	40.47
1) #1489 Thornton, Beau JR	2) #1464 Casados, Mateo SO	
3) #1466 Christensen, Kade JR	4) #1490 Williams, Elijah JR	
3 Western Colo	A	41.54
1) #1779 Smith, Ja'Warren FR	2) #1771 Marx, Hayden FR	
3) #1757 Fike, Eric SR	4) #1782 Wesley, Malcom SO	

4 Csu-Pueblo	A	41.96
1) #1519 Kassi, Cedrick FR	2) #1517 Johnson, Evan FR	
3) #1520 King, Ryan FR	4) #1521 McInnis, Keith FR	
5 Msu Denver	A	42.52
1) #1582 Mack, Jamal FR	2) #1583 Martinez, Anthony SO	
3) #1589 Simpson, Jacob FR	4) #1580 Loper, Ethan SR	
6 Chadron Stat	A	42.84
1) #1356 Yoosook, Emory JR	2) #1354 Trembly, Creighton SO	
3) #1349 Perkins, Cole FR	4) #1348 Perez, Kadin SO	
7 South Dakota	A	45.00
1) #1631 Johnson, Eddie FR	2) #1638 Pitlick, Ethan SO	
3) #1641 Storlie, Cole FR	4) #1622 Barbot, Eli SO	

Event 25 Women 4x400 Meter Relay

Sunday 4/30/2023 - 3:45 PM

RMAC Meet: 3:46.15 5/1/2022 Colorado Mines

R Higashi, G Galvin, A Nelson, A Wright

NCAA Prov: 3:49.58 2023

Team	Relay	Seed Time
1 Colo. Sch. o	A	3:44.45
1) #1379 Duck, Mackenzie SR	2) #1384 Higashi, Randi SR	
3) #1378 Comer, Allison SO	4) #1394 Nelson, Amena SR	
2 Western Colo	A	3:51.62
1) #1727 Firor, Kaiya SO	2) #1733 Lapp, Kierra FR	
3) #1737 Portis, Kelia SO	4) #1728 Harrison, Sakara SO	
3 Uc-Colo. Spg	A	3:54.24
1) #1652 Davis, Amber SO	2) #1664 Lopez, Alyssa SO	
3) #1660 Hewitt, Michela JR	4) #1658 Hawk, Skylar FR	
4 Csu-Pueblo	A	3:55.07
1) #1493 Braybrook, Helen SO	2) #1501 Holland, Taylor SO	
3) #1498 Harris, Ella FR	4) #1496 Dunich, Gabrielle FR	
5 NM Highlands	A	3:56.33
1) #1602 Rose, Nadine JR	2) #1592 Armijo, Beatrice SR	
3) #1595 Donald, Cemore JR	4) #1596 Harrison, Lucia JR	
6 Colorado Mes	A	3:57.24
1) #1431 Arcand, Elaina FR	2) #1439 Dikken, Emma SO	
3) #1457 Williams, Lexie SO	4) #1443 Horton, Gaby FR	
7 Westminster	A	3:58.68
1) #1785 Brotherson, Katie SR	2) #1786 Johnson, Josii SR	
3) #1789 McAlindon, Courtney SR	4) #1792 Worline, Emily SR	
8 Msu Denver	A	4:10.45
1) #1571 Romero, Allyssa JR	2) #1573 Sowell, Naleia SO	
3) #1574 Street, Audrynn SO	4) #1559 Garand, Teagan SR	
9 South Dakota	A	4:24.96
1) #1611 Mathieu, Katherine SR	2) #1617 Scully, Kamryn JR	
3) #1610 Mannes, Laine FR	4) #1614 Saline, Abbie JR	
10 Black Hills	A	NT
1) #1285 Curtis, Sophie JR	2) #1294 Tietjen, Kendall FR	
3) #1293 Terry, Kaylee FR	4) #1290 Knutson, Katie SO	
11 Chadron Stat	A	NT
1) #1320 Groth, Caydince SO	2) #1330 Swinney, Kassyl FR	
3) #1333 Wulff, Cassandra FR	4) #1318 Collier, Carlie JR	

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Event 26 Men 4x400 Meter Relay

Sunday 4/30/2023 - 3:35 PM

RMAC Meet: 3:11.84 4/29/2018 CSU-Pueblo

T Donnell, S Horne, D Vassell, T Staines

RMAC Meet: 3:10.1h 2007

Streeter, Lara, Moulinet, Streeter

NCAA Prov: 3:14.07 2023

Team	Relay	Seed Time
1 CsU-Pueblo	A	3:12.13
1) #1525 Schmidt, Carl SR	2) #1526 Sharman-Newell, Reece S	
3) #1529 Tipton, Kaleb SO	4) #1527 Smith, Tyrell SO	
2 Uc-Colo. Spg	A	3:16.39
1) #1707 O'Neal, Ryan SO	2) #1680 Andrews, Dillon JR	
3) #1698 Jean, Sebastian FR	4) #1699 Laca, Angel SR	
3 Colorado Mes	A	3:19.06
1) #1481 Ortega, Dayne SO	2) #1486 Smallwood, AJ JR	
3) #1472 Heide, Dawson JR	4) #1459 Blanton, Justin FR	
4 Western Colo	A	3:20.33
1) #1779 Smith, Ja'Warren FR	2) #1751 Coyhis, Ethan JR	
3) #1769 Killoy, Jeremy SO	4) #1783 Wilkins, Joseph SO	
5 Colo. Sch. o	A	3:21.43
1) #1412 Delate, Everett SO	2) #1410 Chan, Coulton SO	
3) #1413 Gebhardt, Andrew SO	4) #1426 Thompson, Tim FR	
6 Chadron Stat	A	3:22.82
1) #1350 Rhoades, Harley SR	2) #1339 Fuller, Kyland FR	
3) #1346 Peila, Logan JR	4) #1342 Logsdon, Greg JR	
7 Msu Denver	A	3:27.13
1) #1578 Irish, Zander FR	2) #1590 Valdez, Michael SO	
3) #1584 Nowlen, Nick SR	4) #1580 Loper, Ethan SR	
8 South Dakota	A	3:27.23
1) #1638 Pitlick, Ethan SO	2) #1631 Johnson, Eddie FR	
3) #1635 Mashlan, Carson SO	4) #1629 Greisen, Thomas FR	
9 Black Hills	A	3:39.12
1) #1799 Becker, Frank SR	2) #1301 Brady, Trinity FR	
3) #1798 Anderson, Braden FR	4) #1310 Swingholm, Mason SO	
10 Westminster	A	NT
1) #1793 Lloyd, Brock JR	2) #1794 Maxfield, Thomas JR	
3) #1795 Mccarter, Riley SR	4) #1796 Szwede Mittelstadt, Sebas	

Event 27 Women High Jump

Saturday 4/29/2023 - 5:00 PM

Starting Height 1.49m, Up 0.05m till 1.59m then by 0.03m

RMAC Meet: 1.88m 2013 Barbara Szabo

NCAA Prov: 1.68m 2023

Name	Yr	School	Seed Mark
1 1438 Coffey, Josie	SO	Colorado Mes	1.71m
2 1502 Jones, Mikayla	SO	Csu-Pueblo	1.69m
3 1721 Bretz, Samantha	SO	Western Colo	1.68m
4 1670 Novess, Faith	JR	Uc-Colo. Spg	1.66m
5 1403 Wood, Lexye	JR	Colo. Sch. o	1.65m
6 1671 Remsberg, Maggie	JR	Uc-Colo. Spg	1.62m
7 1435 Brockman, Jordan	SO	Colorado Mes	1.61m
8 1440 Gibson, Kaelea	FR	Colorado Mes	1.60m
9 1449 Matteson, Hope	SO	Colorado Mes	1.60m

10 1381 Gillespie, Abigail	JR	Colo. Sch. o	1.59m
11 1324 Pelton, Destiny	JR	Chadron Stat	1.58m
12 1725 Donohoe, Eireann	SO	Western Colo	1.55m
13 1387 Kintzley, Claire	SO	Colo. Sch. o	1.53m
14 1313 Baloun, Megan	FR	Chadron Stat	1.51m
15 1314 Brummell, Allison	FR	Chadron Stat	1.51m
16 1447 King, Megan	SR	Colorado Mes	1.50m
17 1266 O'Brien, Rachel	JR	Adams State	1.49m
18 1321 Klein, Kailey	FR	Chadron Stat	1.43m
19 1297 Wall, Christianna	FR	Black Hills	1.35m

Event 28 Men High Jump

Sunday 4/30/2023 - 1:15 PM

Starting Height 1.84m, Up 0.05m till 2.04m then by 0.03m

RMAC Meet: 2.20m 2014 Justin Bethea

NCAA Prov: 2.04m 2023

Name	Yr	School	Seed Mark
1 1422 Redmond, Grant	SR	Colo. Sch. o	2.13m
2 1488 Thompson, Justin	JR	Colorado Mes	2.07m
3 1476 Kurjak, Eddie	SO	Colorado Mes	2.05m
4 1683 Ciccarelli, Skye	JR	Uc-Colo. Spg	2.03m
5 1521 McInnis, Keith	FR	Csu-Pueblo	2.00m
6 1463 Buckhold, Zace	SO	Colorado Mes	2.00m
7 1347 Penfield, Alec	JR	Chadron Stat	2.00m
8 1748 Church, Caden	SO	Western Colo	1.95m
9 1744 Anselmo, Dominic	SR	Western Colo	1.95m
10 1343 McCracken, Conner	SO	Chadron Stat	1.95m
11 1345 Ortega, Hector	SO	Chadron Stat	1.95m
12 1624 Cass, Jade	JR	South Dakota	1.94m
13 1334 Bruner, James	SO	Chadron Stat	1.90m
14 1687 Frasl, Caden	SO	Uc-Colo. Spg	1.90m
15 1793 Lloyd, Brock	JR	Westminster	1.88m
16 1462 Briggs, Trey	SO	Colorado Mes	1.85m

Event 29 Women Pole Vault

Sunday 4/30/2023 - 11:30 AM

Starting Height 3.11m, Up 0.15m till 3.86m then by 0.10m

RMAC Meet: 4.05m 2011 Lauren Graham

NCAA Prov: 3.74m 2023

Name	Yr	School	Seed Mark
1 1392 Miller, Hannah	SR	Colo. Sch. o	4.11m
2 1382 Herbold, Avery	JR	Colo. Sch. o	4.01m
3 1739 Smith, Lauren	SO	Western Colo	3.90m
4 1388 Kowalski, Ava	JR	Colo. Sch. o	3.83m
5 1400 Thompson, Dale	SO	Colo. Sch. o	3.76m
6 1401 Varela, Gabbi	SR	Colo. Sch. o	3.46m
7 1386 Kelly, Lauren	SR	Colo. Sch. o	3.46m
8 1722 Brignoli, Laura	SO	Western Colo	3.45m
9 1617 Scully, Kamryn	JR	South Dakota	3.44m
10 1674 Spencer, Brianna	FR	Uc-Colo. Spg	3.44m
11 1452 Rinehart, Daisy	SO	Colorado Mes	3.38m
12 1317 Clause, Madison	FR	Chadron Stat	3.30m
13 1677 Van Dyke, Alison	SO	Uc-Colo. Spg	3.30m
14 1298 Weibel, Erin	FR	Black Hills	3.22m

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Event 30 Men Pole Vault**Saturday 4/29/2023 - 5:00 PM****Starting Height 4.08m, Up 0.15m till 4.83m then by 0.10m****RMAC Meet: 5.30m 4/29/2019 Nolan Ellis****NCAA Prov: 4.82m 2023**

Name	Yr	School	Seed	Mark
1 1420 Potrykus, Hunter	JR	Colo. Sch. o	5.36m	_____
2 1416 Kelly, Noah	SO	Colo. Sch. o	4.85m	_____
3 1407 Bennett, Aidan	FR	Colo. Sch. o	4.80m	_____
4 1469 Ell, Becker	SO	Colorado Mes	4.60m	_____
5 1633 Kleinsasser, Travis	JR	South Dakota	4.52m	_____
6 1411 Conley, Shane	SO	Colo. Sch. o	4.52m	_____
7 1430 Wray, Jackson	FR	Colo. Sch. o	4.50m	_____
8 1754 Ellis, Tim	SR	Western Colo	4.45m	_____
9 1303 Foy, Ryan	SR	Black Hills	4.40m	_____
10 1761 Grant, Aidan	SO	Western Colo	4.20m	_____
11 1641 Storlie, Cole	FR	South Dakota	4.20m	_____
12 1485 Searls, Garrett	SO	Colorado Mes	4.13m	_____
13 1622 Barbot, Eli	SO	South Dakota	4.05m	_____
14 1478 McConnell, Kellen	FR	Colorado Mes	3.98m	_____
15 1306 Lindeen, Dawson	FR	Black Hills	3.80m	_____
16 1636 Meier, Garrett	FR	South Dakota	3.71m	_____

Event 31 Women Long Jump**Friday 4/28/2023 - 12:00 PM****RMAC Meet: 6.38m 2015 Shanice McPherson****NCAA Prov: 5.83m 2023**

Name	Yr	School	Seed	Mark
1 1403 Wood, Lexye	JR	Colo. Sch. o	6.07m	_____
2 1646 Bloomquist, Audrey	JR	Uc-Colo. Spg	5.88m	_____
3 1402 Walshaw, Sidney	FR	Colo. Sch. o	5.77m	_____
4 1735 Olson, Cora	SR	Western Colo	5.73m	_____
5 1645 Bailey, Christine	JR	Uc-Colo. Spg	5.70m	_____
6 1435 Brockman, Jordan	SO	Colorado Mes	5.62m	_____
7 1456 Trumper, Taeryn	SO	Colorado Mes	5.57m	_____
8 1432 Arceneaux, Kierra	SR	Colorado Mes	5.53m	_____
9 1725 Donohoe, Eireann	SO	Western Colo	5.49m	_____
10 1451 Nieslanik, Lily	SO	Colorado Mes	5.45m	_____
11 1601 Obioha, Chisom	JR	NM Highlands	5.41m	_____
12 1444 Jackson, Kiana	SR	Colorado Mes	5.32m	_____
13 1671 Remsberg, Maggie	JR	Uc-Colo. Spg	5.26m	_____
14 1670 Novess, Faith	JR	Uc-Colo. Spg	5.23m	_____
15 1650 Carroll, Kathryn	FR	Uc-Colo. Spg	5.22m	_____
16 1575 Weber, Taylor	FR	Msu Denver	5.17m	_____
17 1606 Hanson, Tatum	FR	South Dakota	5.02m	_____
18 1313 Baloun, Megan	FR	Chadron Stat	5.01m	_____
19 1611 Mathieu, Katherine	SR	South Dakota	4.99m	_____
20 1263 Gomez, Caelyn	JR	Adams State	4.98m	_____
21 1613 Robinson, Tierney	JR	South Dakota	4.60m	_____

Event 32 Men Long Jump**Friday 4/28/2023 - 2:30 PM****RMAC Meet: 7.82m 2016 Damarcus Simpson****NCAA Prov: 7.27m 2023**

Name	Yr	School	Seed	Mark
1 1782 Wesley, Malcom	SO	Western Colo	7.66m	_____
2 1713 Turnage, Peyton	JR	Uc-Colo. Spg	7.45m	_____
3 1714 Wilson, Daryon	SO	Uc-Colo. Spg	7.43m	_____
4 1488 Thompson, Justin	JR	Colorado Mes	7.43m	_____
5 1711 Safoh, Richard	SO	Uc-Colo. Spg	7.38m	_____
6 1681 Bohannon, Peterson	JR	Uc-Colo. Spg	7.28m	_____
7 1463 Buckhold, Zace	SO	Colorado Mes	7.23m	_____
8 1753 Dembele, Ismael	FR	Western Colo	7.20m	_____
9 1695 Haskins, Grant	FR	Uc-Colo. Spg	7.13m	_____
10 1759 Grable, Scott	SO	Western Colo	7.09m	_____
11 1679 Abbott, Dakota	SR	Uc-Colo. Spg	7.00m	_____
12 1460 Bradley, Kash	FR	Colorado Mes	6.86m	_____
13 1304 Guerrero, Mario	JR	Black Hills	6.77m	_____
14 1477 McClinton-El, Tyrese	SO	Colorado Mes	6.72m	_____
15 1356 Yoosook, Emory	JR	Chadron Stat	6.71m	_____
16 1577 Guidry, Perry	JR	Msu Denver	6.52m	_____
17 1793 Lloyd, Brock	JR	Westminster	6.26m	_____
18 1311 Ullery, Reece	SR	Black Hills	6.03m	_____

Event 33 Women Triple Jump**Sunday 4/30/2023 - 11:30 AM****RMAC Meet: 13.16m 2012 Kearah Danville****NCAA Prov: 11.96m 2023**

Name	Yr	School	Seed	Mark
1 1646 Bloomquist, Audrey	JR	Uc-Colo. Spg	12.46m	_____
2 1444 Jackson, Kiana	SR	Colorado Mes	11.99m	_____
3 1725 Donohoe, Eireann	SO	Western Colo	11.78m	_____
4 1645 Bailey, Christine	JR	Uc-Colo. Spg	11.62m	_____
5 1363 Vil, Ashley	SO	Colo. Christ	11.47m	_____
6 1502 Jones, Mikayla	SO	Csu-Pueblo	11.45m	_____
7 1387 Kintzley, Claire	SO	Colo. Sch. o	11.28m	_____
8 1402 Walshaw, Sidney	FR	Colo. Sch. o	11.20m	_____
9 1650 Carroll, Kathryn	FR	Uc-Colo. Spg	11.08m	_____
10 1453 Smythe, Natalie	FR	Colorado Mes	10.90m	_____
11 1313 Baloun, Megan	FR	Chadron Stat	10.86m	_____
12 1735 Olson, Cora	SR	Western Colo	10.75m	_____
13 1451 Nieslanik, Lily	SO	Colorado Mes	10.74m	_____
14 1454 Thomson, Katie	FR	Colorado Mes	10.70m	_____
15 1447 King, Megan	SR	Colorado Mes	10.69m	_____
16 1575 Weber, Taylor	FR	Msu Denver	10.69m	_____
17 1314 Brummell, Allison	FR	Chadron Stat	10.34m	_____
18 1566 Marshall, Nya	SO	Msu Denver	9.39m	_____
19 1322 Mason, Emily	FR	Chadron Stat	8.87m	_____

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Event 34 Men Triple Jump**Sunday 4/30/2023 - 1:30 PM****RMAC Meet: 15.89m 2013 Carlton Lavong****NCAA Prov: 14.69m 2023**

Name	Yr	School	Seed	Mark	
1	1679	Abbott, Dakota	SR	Uc-Colo. Spg	15.62m
2	1753	Dembele, Ismael	FR	Western Colo	15.36m
3	1519	Kassi, Cedrick	FR	Csu-Pueblo	14.88m
4	1577	Guidry, Perry	JR	Msu Denver	14.86m
5	1463	Buckhold, Zace	SO	Colorado Mes	14.85m
6	1713	Turnage, Peyton	JR	Uc-Colo. Spg	14.68m
7	1482	Purnell, Spencer	SR	Colorado Mes	14.41m
8	1406	Argosino, Fischer	JR	Colo. Sch. o	14.12m
9	1711	Safoh, Richard	SO	Uc-Colo. Spg	13.85m
10	1681	Bohannon, Peterson	JR	Uc-Colo. Spg	13.78m
11	1304	Guerrero, Mario	JR	Black Hills	13.69m
12	1311	Ullery, Reece	SR	Black Hills	12.13m

Event 35 Women Discus Throw**Saturday 4/29/2023 - 2:00 PM****RMAC Meet: 51.98m 5/9/2017 Mel Herl****NCAA Prov: 45.70m 2023**

Name	Yr	School	Seed	Mark	
1	1788	Malouf, Emily	JR	Westminster	49.78m
2	1510	Wessels, Febe	FR	Csu-Pueblo	44.80m
3	1458	Yackey, Heather	SO	Colorado Mes	44.64m
4	1500	Higgins, Katherine	SO	Csu-Pueblo	43.54m
5	1736	Osterfelt, Lindsey	FR	Western Colo	42.39m
6	1327	Sawvell, Kyla	SR	Chadron Stat	42.34m
7	1618	Stubbs, Jaycie	JR	South Dakota	42.26m
8	1397	Rupar, Kitt	SO	Colo. Sch. o	40.98m
9	1504	Mikaelian, Olivia	SO	Csu-Pueblo	40.95m
10	1678	Walters, Caroline	SO	Uc-Colo. Spg	40.75m
11	1661	Holland, Anna	JR	Uc-Colo. Spg	40.60m
12	1442	Hancock, Augustine	FR	Colorado Mes	40.50m
13	1663	Jorgens, Savannah	FR	Uc-Colo. Spg	40.11m
14	1608	Jurrens, Olivia	SR	South Dakota	39.96m
15	1620	Viger, Maddie	FR	South Dakota	38.64m
16	1572	Solarin, Grace	FR	Msu Denver	38.09m
17	1603	Scott, Kaitlyn	JR	NM Highlands	37.70m
18	1292	Sullivan, Hanah	FR	Black Hills	37.26m
19	1616	Schenck, Adisyn	FR	South Dakota	36.90m
20	1497	Graves, Bailey	FR	Csu-Pueblo	36.60m
21	1591	Arias, Alicia	SR	NM Highlands	36.56m
22	1455	Tomon, Virginia	SO	Colorado Mes	36.39m
23	1619	Van Ruler, Abbie	SO	South Dakota	35.90m
24	1665	Lynn Bonner, Cassie	JR	Uc-Colo. Spg	35.87m

Event 36 Men Discus Throw**Saturday 4/29/2023 - 4:30 PM****RMAC Meet: 55.47m 2004 Jake Evig****NCAA Prov: 50.41m 2023**

Name	Yr	School	Seed	Mark	
1	1279	Larson, Jordan	SR	Adams State	51.45m

2	1272	Dirkes, Sam	SO	Adams State	50.31m
3	1428	Veidmark, Arvid	SR	Colo. Sch. o	50.20m
4	1773	Nelson, Tyler	JR	Western Colo	49.70m
5	1522	Miller, Nathaniel	SR	Csu-Pueblo	49.25m
6	1484	Riley, Hayden	JR	Colorado Mes	48.39m
7	1340	Gonser, Parker	JR	Chadron Stat	48.35m
8	1685	Demos, Kyle	FR	Uc-Colo. Spg	48.00m
9	1283	Waddles, James	SO	Adams State	47.29m
10	1642	Thompson, Aidan	SO	South Dakota	46.44m
11	1336	Collins, Shane	JR	Chadron Stat	46.03m
12	1307	Mack, Sully	SR	Black Hills	45.95m
13	1758	Fisher, Blaine	FR	Western Colo	45.41m
14	1514	Freeman, Xavier	FR	Csu-Pueblo	44.67m
15	1308	McGraw, Conon	JR	Black Hills	44.10m
16	1480	Moore, Jameson	JR	Colorado Mes	43.61m
17	1417	Kiesby, Davin	JR	Colo. Sch. o	43.01m
18	1710	Roberts, Michael	FR	Uc-Colo. Spg	42.86m
19	1637	Osmanski, Kevin	JR	South Dakota	41.90m
20	1516	Jenks, Justin	JR	Csu-Pueblo	41.79m
21	1632	Kaiser, Reid	JR	South Dakota	41.72m
22	1309	Rosenstrauch, Anthony	SR	Black Hills	40.98m
23	1746	Butterfield, Logan	SO	Western Colo	40.48m
24	1626	Cone, Ian	JR	South Dakota	40.45m

Event 37 Women Hammer Throw**Friday 4/28/2023 - 12:00 PM****RMAC Meet: 63.62m 5/7/2017 Mel Herl****NCAA Prov: 52.34m 2023**

Name	Yr	School	Seed	Mark	
1	1327	Sawvell, Kyla	SR	Chadron Stat	55.73m
2	1603	Scott, Kaitlyn	JR	NM Highlands	52.96m
3	1717	Aldrich, Ali	JR	Western Colo	52.94m
4	1661	Holland, Anna	JR	Uc-Colo. Spg	51.62m
5	1615	Sayler, Jenna	JR	South Dakota	49.08m
6	1329	Smith, Courtney	JR	Chadron Stat	48.76m
7	1397	Rupar, Kitt	SO	Colo. Sch. o	48.43m
8	1385	Jarnagin, Jennifer	SO	Colo. Sch. o	48.29m
9	1720	Brackenbury, Chloe	FR	Western Colo	48.01m
10	1665	Lynn Bonner, Cassie	JR	Uc-Colo. Spg	47.92m
11	1504	Mikaelian, Olivia	SO	Csu-Pueblo	47.87m
12	1743	Wortham, Krystal	SO	Western Colo	47.45m
13	1608	Jurrens, Olivia	SR	South Dakota	46.69m
14	1328	Schliep, Madyson	JR	Chadron Stat	45.59m
15	1316	Chrisawn, Trinity	JR	Chadron Stat	43.81m
16	1572	Solarin, Grace	FR	Msu Denver	43.39m
17	1500	Higgins, Katherine	SO	Csu-Pueblo	43.28m
18	1663	Jorgens, Savannah	FR	Uc-Colo. Spg	43.12m
19	1736	Osterfelt, Lindsey	FR	Western Colo	42.97m
20	1613	Robinson, Tierney	JR	South Dakota	42.78m
21	1292	Sullivan, Hanah	FR	Black Hills	42.59m
22	1442	Hancock, Augustine	FR	Colorado Mes	42.17m
23	1619	Van Ruler, Abbie	SO	South Dakota	41.76m
24	1286	Frank, Kitrie	SO	Black Hills	40.79m

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Event 38 Men Hammer Throw

Friday 4/28/2023 - 2:30 PM

RMAC Meet: 61.58m 4/29/2022 Shane Collins

NCAA Prov: 56.77m 2023

Name	Yr	School	Seed	Mark
1	1336	Collins, Shane	JR Chadron Stat	59.35m
2	1516	Jenks, Justin	JR Csu-Pueblo	59.30m
3	1522	Miller, Nathaniel	SR Csu-Pueblo	57.06m
4	1700	Loper, Justyn	JR Uc-Colo. Spg	56.87m
5	1417	Kiesby, Davin	JR Colo. Sch. o	56.58m
6	1428	Veidmark, Arvid	SR Colo. Sch. o	55.33m
7	1693	Hard, Luke	JR Uc-Colo. Spg	54.79m
8	1746	Butterfield, Logan	SO Western Colo	53.96m
9	1773	Nelson, Tyler	JR Western Colo	53.18m
10	1307	Mack, Sully	SR Black Hills	52.80m
11	1637	Osmanski, Kevin	JR South Dakota	51.56m
12	1480	Moore, Jameson	JR Colorado Mes	51.35m
13	1625	Colman, Erick	SR South Dakota	51.25m
14	1632	Kaiser, Reid	JR South Dakota	50.96m
15	1755	Evans, Karter	SO Western Colo	50.86m
16	1710	Roberts, Michael	FR Uc-Colo. Spg	49.93m
17	1523	Moran, Lucas	SO Csu-Pueblo	49.80m
18	1474	Kalaf, Cameron	SO Colorado Mes	49.32m
19	1340	Gonser, Parker	JR Chadron Stat	48.88m
20	1484	Riley, Hayden	JR Colorado Mes	48.57m
21	1341	Jennings, Christopher	JR Chadron Stat	47.22m
22	1628	Fritzler, Henry	JR South Dakota	47.21m
23	1429	Welch, Brody	FR Colo. Sch. o	46.84m
24	1425	Swim, Hayden	FR Colo. Sch. o	46.54m

Event 39 Women Javelin Throw

Friday 4/28/2023 - 5:00 PM

RMAC Meet: 48.36m 4/29/2018 Sharon Toako

NCAA Prov: 42.03m 2023

Name	Yr	School	Seed	Mark
1	1618	Stubbs, Jaycie	JR South Dakota	41.96m
2	1563	Jones, Brooklynn	FR Msu Denver	39.87m
3	1510	Wessels, Febe	FR Csu-Pueblo	39.71m
4	1647	Bohlken, Kamryn	JR Uc-Colo. Spg	38.79m
5	1497	Graves, Bailey	FR Csu-Pueblo	36.89m
6	1678	Walters, Caroline	SO Uc-Colo. Spg	36.86m
7	1594	Clarke, Patreece	FR NM Highlands	36.45m
8	1286	Frank, Kitrie	SO Black Hills	36.28m
9	1616	Schenck, Adisyn	FR South Dakota	35.90m
10	1736	Osterfelt, Lindsey	FR Western Colo	35.64m
11	1718	Baldner, Linnea	FR Western Colo	35.56m
12	1495	Dickinson, Megan	SO Csu-Pueblo	35.27m
13	1564	Korbe, Jocelyn	JR Msu Denver	34.61m
14	1651	Castillio, Nicole	FR Uc-Colo. Spg	34.35m
15	1596	Harrison, Lucia	JR NM Highlands	34.07m
16	1671	Remsberg, Maggie	JR Uc-Colo. Spg	33.55m
17	1331	Thornton, Devyn	FR Chadron Stat	33.53m
18	1315	Castaneda, Lamara	FR Chadron Stat	32.82m
19	1791	Sims, Sydney	FR Westminster	31.73m

20	1559	Garand, Teagan	SR Msu Denver	31.42m
21	1567	Marvel, Jade	FR Msu Denver	31.14m
22	1327	Sawvell, Kyla	SR Chadron Stat	31.00m
23	1385	Jarnagin, Jennifer	SO Colo. Sch. o	30.18m
24	1729	Hilbert, Myles	SR Western Colo	29.13m

Event 40 Men Javelin Throw

Sunday 4/30/2023 - 9:30 AM

RMAC Meet: 67.76m 2001 Zach Kindler

NCAA Prov: 58.46m 2023

Name	Yr	School	Seed	Mark
1	1682	Christopher, Sawyer	JR Uc-Colo. Spg	60.73m
2	1475	Korkeakoski, Gavin	FR Colorado Mes	60.27m
3	1474	Kalaf, Cameron	SO Colorado Mes	60.16m
4	1709	Richmond, Seth	JR Uc-Colo. Spg	56.09m
5	1772	Morgan, Michael	SR Western Colo	55.85m
6	1307	Mack, Sully	SR Black Hills	54.87m
7	1764	House, Sean	SO Western Colo	54.12m
8	1692	Hamilton, Joey	SO Uc-Colo. Spg	53.64m
9	1640	Snyder, Brent	JR South Dakota	52.81m
10	1528	Thomas, Zakk	FR Csu-Pueblo	52.68m
11	1472	Heide, Dawson	JR Colorado Mes	52.61m
12	1696	Hast, Thorben	SO Uc-Colo. Spg	52.52m
13	1418	Lanker, Garrett	JR Colo. Sch. o	51.99m
14	1588	Simpson, Brandon	FR Msu Denver	51.58m
15	1633	Kleinsasser, Travis	JR South Dakota	49.91m
16	1761	Grant, Aidan	SO Western Colo	49.44m
17	1511	Alsaffar, Moosah	FR Csu-Pueblo	48.62m
18	1688	Furcron, Daniel	JR Uc-Colo. Spg	48.11m
19	1422	Redmond, Grant	SR Colo. Sch. o	48.06m
20	1350	Rhoades, Harley	SR Chadron Stat	46.54m
21	1311	Ullery, Reece	SR Black Hills	45.87m
22	1639	Record, Maxemus	FR South Dakota	45.63m
23	1336	Collins, Shane	JR Chadron Stat	44.87m
24	1589	Simpson, Jacob	FR Msu Denver	42.55m

Event 41 Women Shot Put

Sunday 4/30/2023 - 11:30 AM

RMAC Meet: 16.33m 5/9/2017 Mel Herl

NCAA Prov: 13.95m 2023

Name	Yr	School	Seed	Mark
1	1500	Higgins, Katherine	SO Csu-Pueblo	15.45m
2	1510	Wessels, Febe	FR Csu-Pueblo	14.61m
3	1717	Aldrich, Ali	JR Western Colo	14.44m
4	1327	Sawvell, Kyla	SR Chadron Stat	14.17m
5	1618	Stubbs, Jaycie	JR South Dakota	13.70m
6	1455	Tomon, Virginia	SO Colorado Mes	12.54m
7	1397	Rupar, Kitt	SO Colo. Sch. o	12.51m
8	1615	Sayler, Jenna	JR South Dakota	12.49m
9	1663	Jorgens, Savannah	FR Uc-Colo. Spg	12.36m
10	1287	Friederich, Makayla	SO Black Hills	12.28m
11	1676	Turpin, Toryn	FR Uc-Colo. Spg	12.24m
12	1292	Sullivan, Hanah	FR Black Hills	12.23m
13	1788	Malouf, Emily	JR Westminster	12.17m
14	1572	Solarin, Grace	FR Msu Denver	11.83m

2023 RMAC Outdoor Championships - 4/28/2023
Chadron State University
Chadron, Nebraska
Performance List

Event 41 ... (Women Shot Put)

Name	Yr	School	Seed	Mark	
15	1442	Hancock, Augustine	FR	Colorado Mes	11.64m
16	1316	Chrisawn, Trinity	JR	Chadron Stat	11.62m
17	1504	Mikaelian, Olivia	SO	Csu-Pueblo	11.50m
18	1458	Yackey, Heather	SO	Colorado Mes	11.45m
19	1328	Schliep, Madyson	JR	Chadron Stat	11.34m
20	1319	Ekwall, Morgan	JR	Chadron Stat	11.27m
21	1661	Holland, Anna	JR	Uc-Colo. Spg	11.26m
22	1329	Smith, Courtney	JR	Chadron Stat	11.26m
23	1616	Schenck, Adisyn	FR	South Dakota	11.07m
24	1608	Jurrens, Olivia	SR	South Dakota	10.87m

Event 42 Men Shot Put**Sunday 4/30/2023 - 1:30 PM****RMAC Meet: 19.80m 2014 Wesley Lavong****NCAA Prov: 16.57m 2023**

Name	Yr	School	Seed	Mark	
1	1516	Jenks, Justin	JR	Csu-Pueblo	18.88m
2	1522	Miller, Nathaniel	SR	Csu-Pueblo	18.58m
3	1272	Dirkes, Sam	SO	Adams State	17.36m
4	1484	Riley, Hayden	JR	Colorado Mes	16.23m
5	1429	Welch, Brody	FR	Colo. Sch. o	15.93m
6	1276	Hochanadel, James	JR	Adams State	15.57m
7	1514	Freeman, Xavier	FR	Csu-Pueblo	15.46m
8	1283	Waddles, James	SO	Adams State	15.40m
9	1425	Swim, Hayden	FR	Colo. Sch. o	15.28m
10	1628	Fritzler, Henry	JR	South Dakota	14.96m
11	1428	Veidmark, Arvid	SR	Colo. Sch. o	14.90m
12	1755	Evans, Karter	SO	Western Colo	14.84m
13	1340	Gonser, Parker	JR	Chadron Stat	14.61m
14	1637	Osmanski, Kevin	JR	South Dakota	14.45m
15	1523	Moran, Lucas	SO	Csu-Pueblo	14.25m
16	1685	Demos, Kyle	FR	Uc-Colo. Spg	14.16m
17	1588	Simpson, Brandon	FR	Msu Denver	13.52m
18	1626	Cone, Ian	JR	South Dakota	13.38m
19	1632	Kaiser, Reid	JR	South Dakota	13.30m
20	1642	Thompson, Aidan	SO	South Dakota	13.28m
21	1625	Colman, Erick	SR	South Dakota	13.25m
22	1700	Loper, Justyn	JR	Uc-Colo. Spg	12.95m
23	1341	Jennings, Christopher	JR	Chadron Stat	12.58m
24	1710	Roberts, Michael	FR	Uc-Colo. Spg	11.70m

Event 43 Women Heptathlon**RMAC Meet: 5833 2014 Salcia Slack****NCAA Prov: 4510 2023**

Name	Yr	School	Points		
1	1445	Jenrette, Mica	JR	Colorado Mes	5022
2	1405	Wright, Avery	FR	Colo. Sch. o	4900
3	1671	Rensberg, Maggie	JR	Uc-Colo. Spg	4697
4	1435	Brockman, Jordan	SO	Colorado Mes	4654
5	1454	Thomson, Katie	FR	Colorado Mes	4277
6	1564	Korbe, Jocelyn	JR	Msu Denver	4120
7	1670	Novess, Faith	JR	Uc-Colo. Spg	4000
8	1567	Marvel, Jade	FR	Msu Denver	3777

9	1508	Scoggins, Mary	FR	Csu-Pueblo	3439
10	1609	Krumpus, Abby	SO	South Dakota	2835

Event 44 Men Decathlon**RMAC Meet: 7146 5/1/2021 Hayden Sather****NCAA Prov: 6354 2023**

Name	Yr	School	Points		
1	1518	Johnson, Terrel	SR	Csu-Pueblo	6794
2	1633	Kleinsasser, Travis	JR	South Dakota	6363
3	1642	Thompson, Aidan	SO	South Dakota	6313
4	1350	Rhoades, Harley	SR	Chadron Stat	6030
5	1624	Cass, Jade	JR	South Dakota	5961
6	1308	McGraw, Conor	JR	Black Hills	5250
7	1630	Harrington, Cody	SO	South Dakota	5070
8	1337	Dower, Kaden	SO	Chadron Stat	4878
9	1306	Lindeen, Dawson	FR	Black Hills	4264