

2023 RMAC Outdoor Championships - 4/28/2023**Chadron State University****Chadron, Nebraska****Results****Event 2 Men 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State

NCAA Prov: P 10.52 2023

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Mosley Jr., Brian	JR	Uc-Colo. Spgs.	P 10.49Q	0.2	1
2 Williams, Elijah	JR	Colorado Mesa	P 10.51Q	0.5	3
3 Mendoza, Justice	SO	Uc-Colo. Spgs.	10.71Q	-0.1	2
4 Bradley, Tyler	SR	Colo. Christian	10.59Q	0.5	3
5 Sterling, Kymani	SO	Uc-Colo. Spgs.	10.69Q	0.2	1
6 Casados, Mateo	SO	Colorado Mesa	10.78Q	-0.1	2
7 Thornton, Beau	JR	Colorado Mesa	10.72q	0.5	3 10.712
8 Christensen, Kade	JR	Colorado Mesa	10.72q	0.2	1 10.716
9 Pastorello, Mason	FR	Uc-Colo. Spgs.	10.79	-0.1	2
10 Wilson, Jeremiah	JR	Colorado Mesa	10.84	-0.1	2
11 Zook, Joey	SO	Colorado Mesa	10.86	0.2	1
12 Reed, Jeremiah	SO	Colorado Mesa	10.87	0.5	3
13 Haggerty, Dominic	JR	Uc-Colo. Spgs.	10.91	0.5	3
14 Johnson, Evan	FR	Csu-Pueblo	10.99	0.2	1
15 O'Kuragu, Daryn	FR	Uc-Colo. Spgs.	11.03	0.2	1
16 Wesley, Malcom	SO	Western Colorado	11.04	0.2	1
17 Brassfield, Sterling	SO	Colorado Mesa	11.05	0.5	3
18 Martinez, Anthony	SO	Msu Denver	11.08	-0.1	2
19 Perez, Kadin	SO	Chadron State	11.10	-0.1	2
20 Nichols, Michael	JR	Uc-Colo. Spgs.	11.11	-0.1	2
21 Mack, Jamal	FR	Msu Denver	11.18	-0.1	2
22 Johnson, Eddie	FR	S.D. Mines	11.21	0.5	3
23 Jackson, Nate	SO	Western Colorado	11.22	0.5	3
24 Monestime, Chase	SO	Uc-Colo. Spgs.	11.24	0.2	1

Event 6 Men 400 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State

NCAA Prov: P 47.83 2023

Name	Year	School	Prelims	H#
1 Vigil, Jonah	JR	Adams State	P 46.86Q	2
2 Smith, Tyrell	SO	Csu-Pueblo	47.85Q	3
3 Blanton, Justin	FR	Colorado Mesa	48.59Q	1
4 Jean, Sebastian	FR	Uc-Colo. Spgs.	48.97Q	2
5 Laca, Angel	SR	Uc-Colo. Spgs.	49.05Q	1
6 Loper, Ethan	SR	Msu Denver	49.10Q	3
7 O'Neal, Ryan	SO	Uc-Colo. Spgs.	49.28q	2
8 Pitlick, Ethan	SO	S.D. Mines	49.40q	2
9 King, Ryan	FR	Csu-Pueblo	49.67	1
10 Beard, Jonah	FR	Colo. Christian	49.78	3
11 Smith, Ja'Warren	FR	Western Colorado	49.86	3
12 Irish, Zander	FR	Msu Denver	50.08	1
13 Logsdon, Greg	JR	Chadron State	50.11	3
14 Martinez, Kennedy	SR	Western Colorado	50.23	1
15 Ortega, Dayne	SO	Colorado Mesa	50.26	2
16 Brady, Trinity	FR	Black Hills St.	50.39	2

2023 RMAC Outdoor Championships - 4/28/2023**Chadron State University****Chadron, Nebraska****Results****....Event 6 Men 400 Meter Dash**

17 Wilkins, Joseph	SO Western Colorado	50.50	3
18 Smallwood, AJ	JR Colorado Mesa	50.65	1
19 Valdez, Michael	SO Msu Denver	50.84	2
20 Fuller, Kyland	FR Chadron State	51.19	3

Event 10 Men 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

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 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.46 2023

Name	Year	School	Prelims	H#
1 Graff, Evan	SR	Uc-Colo. Spgs.	3:53.61Q	1
46.955 (46.955)	1:50.535 (1:03.580)	2:52.815 (1:02.281)	3:53.601 (1:00.787)	
2 Sharman-Newell, Reece	SO	Csu-Pueblo	4:00.51Q	2
48.101 (48.101)	2:00.248 (1:12.148)	3:05.313 (1:05.065)	4:00.506 (55.193)	
3 Kelati, Simon	SO	Western Colorado	3:53.94Q	1
47.208 (47.208)	1:50.427 (1:03.220)	2:52.947 (1:02.521)	3:53.938 (1:00.991)	
4 Nord, Tyler	FR	Western Colorado	4:01.09Q	2
48.306 (48.306)	2:00.560 (1:12.254)	3:05.694 (1:05.134)	4:01.082 (55.388)	
5 Julian, Luke	SR	Colo. Sch. of Mines	3:54.10Q	1
47.831 (47.831)	1:51.194 (1:03.363)	2:53.754 (1:02.561)	3:54.096 (1:00.342)	
6 Zlotoff, Jagger	FR	Uc-Colo. Spgs.	4:01.24Q	2
48.167 (48.167)	2:00.383 (1:12.216)	3:05.600 (1:05.218)	4:01.234 (55.634)	
7 Virey, Matisse	SO	Csu-Pueblo	3:54.21Q	1
46.725 (46.725)	1:50.253 (1:03.528)	2:53.132 (1:02.880)	3:54.208 (1:01.076)	
8 Burrough, Brady	SO	Fort Lewis	4:01.29Q	2
47.920 (47.920)	2:00.169 (1:12.249)	3:05.183 (1:05.014)	4:01.285 (56.103)	
9 Jett-Reynolds, Davonte	SR	Adams State	3:57.13q	1
46.491 (46.491)	1:49.998 (1:03.508)	2:52.682 (1:02.685)	3:57.129 (1:04.447)	
10 Grant, Klay	FR	Colo. Christian	3:58.76q	1
47.645 (47.645)	1:51.075 (1:03.431)	2:54.954 (1:03.879)	3:58.756 (1:03.802)	
11 Mettler, Matthew	SO	Colo. Sch. of Mines	4:00.03q	1
47.417 (47.417)	1:50.696 (1:03.280)	2:54.054 (1:03.359)	4:00.021 (1:05.967)	
12 Brown, Tim	JR	Black Hills St.	4:01.18q	1
48.137 (48.137)	1:52.098 (1:03.961)	2:56.627 (1:04.529)	4:01.175 (1:04.548)	
13 Campa, Alberto	FR	Colo. Sch. of Mines	4:01.36	2
48.660 (48.660)	2:00.425 (1:11.765)	3:05.482 (1:05.058)	4:01.351 (55.869)	
14 Luna, Mateo	FR	Colo. Christian	4:03.14	2
48.678 (48.678)	2:00.837 (1:12.159)	3:05.867 (1:05.030)	4:03.131 (57.264)	
15 Busche, Aaron	JR	Fort Lewis	4:03.17	1
47.689 (47.689)	1:51.878 (1:04.189)	2:54.793 (1:02.915)	4:03.168 (1:08.376)	
16 Dervin, Mitchell	JR	Adams State	4:03.80	2
48.810 (48.810)	2:00.613 (1:11.803)	3:06.047 (1:05.434)	4:03.795 (57.748)	
17 Scherbarth, Nathan	FR	Adams State	4:04.02	1
48.068 (48.068)	1:51.904 (1:03.836)	2:56.466 (1:04.563)	4:04.015 (1:07.549)	
18 Degree, Kevin	FR	Colorado Mesa	4:04.73	2
48.428 (48.428)	2:00.550 (1:12.123)	3:05.436 (1:04.887)	4:04.727 (59.291)	
19 Jirele, Patrick	SO	Western Colorado	4:05.03	1
47.356 (47.356)	1:50.754 (1:03.398)	2:55.396 (1:04.642)	4:05.022 (1:09.627)	
20 Haile, Yonas	SO	Adams State	4:05.73	2
48.406 (48.406)	2:00.727 (1:12.322)	3:06.232 (1:05.505)	4:05.721 (59.490)	
21 Dossman, Conner	SO	Fort Lewis	4:08.65	2
48.945 (48.945)	2:00.822 (1:11.878)	3:05.768 (1:04.946)	4:08.650 (1:02.883)	

2023 RMAC Outdoor Championships - 4/28/2023
Chadron State University
Chadron, Nebraska
Results

....Event 10 Men 1500 Meter Run

22 Hererra, Joaquin	FR Adams State	4:09.93	2		
48.556 (48.556)	2:00.777 (1:12.222)	3:05.398 (1:04.622)	4:09.923 (1:04.525)		
23 Scott, Aidan	SO Western Colorado	4:11.12	1		
47.532 (47.532)	1:50.921 (1:03.389)	2:56.099 (1:05.178)	4:11.113 (1:15.015)		

Event 16 Men 10000 Meter Run

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 RMAC Meet: R 30:10.06 4/29/2019 Luc Hagen, Colorado Mines
 NCAA Prov: P 30:28.78 2023

Name	Year School	Finals	Points
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Finals

1 Kaye, Andrew	JR Colo. Sch. of Mines	32:04.04	10		
1:24.760 (1:24.760)	2:50.450 (1:25.691)	4:18.815 (1:28.366)	5:49.443 (1:30.628)		
7:08.150 (1:18.707)	8:26.050 (1:17.900)	9:44.332 (1:18.283)	11:02.385 (1:18.053)		
12:21.909 (1:19.524)	13:41.011 (1:19.103)	14:59.734 (1:18.723)	16:19.832 (1:20.099)		
17:38.162 (1:18.330)	18:55.933 (1:17.771)	20:13.536 (1:17.604)	21:31.345 (1:17.810)		
22:44.856 (1:13.511)	23:54.759 (1:09.903)	25:06.566 (1:11.808)	26:17.760 (1:11.194)		
27:29.749 (1:11.990)	28:41.709 (1:11.961)	29:54.824 (1:13.115)	31:03.894 (1:09.070)		
32:04.036 (1:00.142)					
2 Graham, Marcus	SR Uc-Colo. Spgs.	32:07.42	8		
1:25.640 (1:25.640)	2:51.764 (1:26.124)	4:20.379 (1:28.615)	5:52.032 (1:31.654)		
7:09.576 (1:17.545)	8:28.386 (1:18.811)	9:47.044 (1:18.658)	11:03.302 (1:16.258)		
12:22.549 (1:19.248)	13:41.564 (1:19.015)	15:00.599 (1:19.036)	16:20.702 (1:20.104)		
17:38.744 (1:18.042)	18:56.449 (1:17.706)	20:14.082 (1:17.633)	21:31.955 (1:17.873)		
22:44.567 (1:12.613)	23:54.503 (1:09.936)	25:06.312 (1:11.810)	26:17.530 (1:11.218)		
27:30.108 (1:12.578)	28:42.323 (1:12.216)	29:54.735 (1:12.412)	31:04.705 (1:09.971)		
32:07.413 (1:02.708)					
3 Hernandez, Jacob	SR Western Colorado	32:07.95	6		
1:23.757 (1:23.757)	2:51.547 (1:27.790)	4:20.083 (1:28.536)	5:51.696 (1:31.613)		
7:09.281 (1:17.586)	8:28.311 (1:19.030)	9:46.796 (1:18.486)	11:03.947 (1:17.152)		
12:23.313 (1:19.366)	13:42.938 (1:19.626)	15:01.593 (1:18.655)	16:20.512 (1:18.920)		
17:38.780 (1:18.268)	18:56.763 (1:17.983)	20:14.708 (1:17.946)	21:31.644 (1:16.936)		
22:44.247 (1:12.604)	23:54.256 (1:10.009)	25:06.044 (1:11.788)	26:17.260 (1:11.217)		
27:29.529 (1:12.270)	28:41.503 (1:11.974)	29:54.605 (1:13.103)	31:04.369 (1:09.765)		
32:07.950 (1:03.581)					
4 Vaille, Jeremiah	SO Colo. Sch. of Mines	32:08.20	5		
1:25.090 (1:25.090)	2:52.005 (1:26.916)	4:20.592 (1:28.588)	5:52.585 (1:31.993)		
7:10.046 (1:17.461)	8:27.853 (1:17.808)	9:46.235 (1:18.382)	11:04.140 (1:17.905)		
12:23.394 (1:19.255)	13:42.295 (1:18.901)	15:00.986 (1:18.692)	16:21.554 (1:20.568)		
17:39.765 (1:18.212)	18:56.994 (1:17.230)	20:14.364 (1:17.370)	21:32.207 (1:17.844)		
22:45.372 (1:13.165)	23:56.027 (1:10.656)	25:06.810 (1:10.783)	26:18.098 (1:11.288)		
27:30.408 (1:12.311)	28:41.994 (1:11.586)	29:55.057 (1:13.064)	31:03.651 (1:08.594)		
32:08.192 (1:04.541)					
5 Johnson, William	SO Western Colorado	32:16.79	4		
1:24.481 (1:24.481)	2:51.361 (1:26.880)	4:19.681 (1:28.321)	5:50.123 (1:30.443)		
7:08.859 (1:18.736)	8:26.852 (1:17.994)	9:45.149 (1:18.297)	11:03.120 (1:17.972)		
12:22.396 (1:19.276)	13:41.391 (1:18.995)	15:00.362 (1:18.972)	16:20.204 (1:19.842)		
17:38.428 (1:18.224)	18:56.035 (1:17.608)	20:13.882 (1:17.848)	21:31.680 (1:17.798)		
22:45.096 (1:13.417)	23:55.492 (1:10.396)	25:07.191 (1:11.699)	26:18.316 (1:11.126)		
27:30.654 (1:12.338)	28:42.662 (1:12.008)	29:55.753 (1:13.092)	31:07.779 (1:12.026)		
32:16.788 (1:09.010)					

2023 RMAC Outdoor Championships - 4/28/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

6	Beam, Daniel	JR	Csu-Pueblo	32:23.16	3
	1:24.014 (1:24.014)	2:51.004 (1:26.990)	4:19.501 (1:28.497)	5:50.753 (1:31.253)	
	7:09.262 (1:18.509)	8:27.360 (1:18.098)	9:45.723 (1:18.364)	11:03.543 (1:17.820)	
	12:22.800 (1:19.257)	13:41.751 (1:18.951)	15:00.794 (1:19.043)	16:20.908 (1:20.115)	
	17:38.912 (1:18.005)	18:56.969 (1:18.057)	20:14.577 (1:17.609)	21:32.347 (1:17.770)	
	22:45.658 (1:13.312)	23:56.275 (1:10.618)	25:07.642 (1:11.368)	26:19.275 (1:11.633)	
	27:33.413 (1:14.139)	28:49.969 (1:16.557)	30:04.761 (1:14.792)	31:17.694 (1:12.933)	
	32:23.154 (1:05.460)				
7	Lopez, Noel	JR	Msu Denver	32:25.47	2
	1:23.704 (1:23.704)	2:51.279 (1:27.576)	4:19.774 (1:28.495)	5:51.039 (1:31.265)	
	7:09.564 (1:18.526)	8:28.532 (1:18.968)	9:47.427 (1:18.896)	11:02.702 (1:15.275)	
	12:21.629 (1:18.928)	13:40.779 (1:19.150)	14:59.477 (1:18.699)	16:19.599 (1:20.122)	
	17:37.910 (1:18.311)	18:55.665 (1:17.756)	20:13.283 (1:17.619)	21:31.118 (1:17.835)	
	22:44.632 (1:13.515)	23:55.704 (1:11.073)	25:08.086 (1:12.382)	26:21.007 (1:12.922)	
	27:35.517 (1:14.510)	28:49.944 (1:14.428)	30:04.452 (1:14.508)	31:17.321 (1:12.869)	
	32:25.465 (1:08.144)				
8	Scott, Bobby	FR	Western Colorado	32:27.20	1
	1:25.600 (1:25.600)	2:52.301 (1:26.701)	4:20.435 (1:28.135)	5:51.830 (1:31.395)	
	7:10.275 (1:18.446)	8:29.032 (1:18.757)	9:48.022 (1:18.990)	11:04.222 (1:16.201)	
	12:23.615 (1:19.393)	13:42.873 (1:19.258)	15:01.658 (1:18.786)	16:21.567 (1:19.910)	
	17:39.633 (1:18.066)	18:57.481 (1:17.849)	20:15.211 (1:17.731)	21:32.713 (1:17.502)	
	22:45.967 (1:13.255)	23:57.663 (1:11.696)	25:10.869 (1:13.207)	26:22.874 (1:12.006)	
	27:35.768 (1:12.895)	28:50.274 (1:14.506)	30:05.014 (1:14.740)	31:20.478 (1:15.465)	
	32:27.196 (1:06.718)				
9	Cole, Logan	FR	Uc-Colo. Spgs.	32:35.55	
	1:23.930 (1:23.930)	2:51.110 (1:27.180)	4:19.610 (1:28.500)	5:51.008 (1:31.399)	
	7:09.417 (1:18.409)	8:27.608 (1:18.191)	9:45.910 (1:18.302)	11:03.648 (1:17.738)	
	12:23.159 (1:19.512)	13:41.926 (1:18.767)	15:00.644 (1:18.719)	16:20.417 (1:19.773)	
	17:38.595 (1:18.179)	18:56.301 (1:17.706)	20:14.129 (1:17.829)	21:31.947 (1:17.818)	
	22:45.202 (1:13.255)	23:55.853 (1:10.652)	25:08.483 (1:12.630)	26:21.977 (1:13.494)	
	27:37.172 (1:15.196)	28:53.844 (1:16.672)	30:08.217 (1:14.374)	31:23.019 (1:14.802)	
	32:35.549 (1:12.530)				
10	Trejo, Ricardo	SR	Fort Lewis	32:38.05	
	1:23.363 (1:23.363)	2:50.160 (1:26.798)	4:18.503 (1:28.344)	5:49.753 (1:31.250)	
	7:08.430 (1:18.677)	8:26.310 (1:17.880)	9:44.578 (1:18.269)	11:02.616 (1:18.038)	
	12:22.102 (1:19.487)	13:41.112 (1:19.011)	14:59.869 (1:18.757)	16:19.930 (1:20.062)	
	17:38.177 (1:18.247)	18:55.786 (1:17.610)	20:13.695 (1:17.909)	21:31.470 (1:17.775)	
	22:44.870 (1:13.401)	23:55.049 (1:10.180)	25:06.996 (1:11.947)	26:18.922 (1:11.927)	
	27:34.595 (1:15.673)	28:51.948 (1:17.354)	30:08.462 (1:16.514)	31:23.911 (1:15.449)	
	32:38.044 (1:14.134)				
11	Westbrook, Lucas	JR	Csu-Pueblo	32:48.78	
	1:24.567 (1:24.567)	2:51.642 (1:27.076)	4:19.976 (1:28.334)	5:51.217 (1:31.241)	
	7:09.804 (1:18.588)	8:28.659 (1:18.855)	9:47.325 (1:18.667)	11:04.398 (1:17.073)	
	12:23.877 (1:19.480)	13:43.152 (1:19.276)	15:01.921 (1:18.769)	16:21.153 (1:19.233)	
	17:39.292 (1:18.140)	18:57.238 (1:17.947)	20:15.093 (1:17.855)	21:32.482 (1:17.390)	
	22:46.596 (1:14.115)	23:59.609 (1:13.013)	25:16.217 (1:16.608)	26:32.667 (1:16.450)	
	27:49.342 (1:16.676)	29:05.930 (1:16.588)	30:22.786 (1:16.857)	31:38.029 (1:15.243)	
	32:48.776 (1:10.747)				

2023 RMAC Outdoor Championships - 4/28/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

12	Captain, Tyler	SO S.D. Mines	32:55.45
	1:24.835 (1:24.835)	2:50.759 (1:25.924)	4:19.197 (1:28.438)
	7:09.139 (1:18.680)	8:28.070 (1:18.931)	9:46.505 (1:18.435)
	12:22.684 (1:19.296)	13:41.975 (1:19.291)	15:01.034 (1:19.060)
	17:39.464 (1:18.339)	18:56.754 (1:17.290)	20:14.839 (1:18.086)
	22:46.360 (1:14.524)	24:00.374 (1:14.014)	25:17.124 (1:16.751)
	27:52.174 (1:17.313)	29:09.678 (1:17.504)	30:26.845 (1:17.168)
	32:55.441 (1:11.861)		31:43.581 (1:16.736)
13	Tyburski, Jacob	FR Western Colorado	32:58.60
	1:25.341 (1:25.341)	2:52.231 (1:26.891)	4:20.834 (1:28.604)
	7:10.819 (1:17.963)	8:29.199 (1:18.380)	9:48.282 (1:19.084)
	12:24.155 (1:19.516)	13:43.424 (1:19.269)	15:02.146 (1:18.722)
	17:39.084 (1:18.323)	18:57.249 (1:18.166)	20:14.979 (1:17.731)
	22:45.724 (1:13.831)	23:57.427 (1:11.703)	25:11.453 (1:14.027)
	27:46.551 (1:18.411)	29:06.220 (1:19.670)	30:24.994 (1:18.774)
	32:58.594 (1:13.431)		31:45.164 (1:20.170)
14	Graul, Preston	SO Fort Lewis	32:59.78
	1:24.173 (1:24.173)	2:50.867 (1:26.695)	4:19.338 (1:28.471)
	7:08.699 (1:18.649)	8:26.592 (1:17.894)	9:44.849 (1:18.257)
	12:22.300 (1:19.414)	13:41.309 (1:19.009)	15:00.112 (1:18.804)
	17:38.404 (1:18.324)	18:56.185 (1:17.782)	20:13.528 (1:17.344)
	22:45.464 (1:13.843)	23:57.187 (1:11.723)	25:12.300 (1:15.113)
	27:49.954 (1:18.988)	29:09.371 (1:19.417)	30:28.989 (1:19.619)
	32:59.778 (1:12.188)		31:47.590 (1:18.601)
15	Flerchinger, Brett	JR S.D. Mines	33:12.65
	1:25.168 (1:25.168)	2:51.659 (1:26.492)	4:20.164 (1:28.505)
	7:10.112 (1:18.601)	8:28.934 (1:18.822)	9:47.644 (1:18.710)
	12:23.050 (1:19.207)	13:42.238 (1:19.189)	15:01.204 (1:18.966)
	17:39.121 (1:17.774)	18:56.582 (1:17.461)	20:14.411 (1:17.829)
	22:47.030 (1:14.900)	24:03.918 (1:16.888)	25:24.864 (1:20.946)
	28:03.052 (1:18.655)	29:23.930 (1:20.879)	30:44.374 (1:20.444)
	33:12.644 (1:08.947)		32:03.697 (1:19.324)
16	Burroughs, Noah	SR Colo. Christian	33:16.23
	1:25.702 (1:25.702)	2:52.251 (1:26.549)	4:20.799 (1:28.548)
	7:10.518 (1:18.217)	8:29.456 (1:18.939)	9:49.196 (1:19.740)
	12:24.841 (1:19.316)	13:43.461 (1:18.620)	15:02.677 (1:19.217)
	17:40.559 (1:18.231)	18:57.791 (1:17.232)	20:15.801 (1:18.011)
	22:48.996 (1:15.073)	24:06.651 (1:17.655)	25:24.771 (1:18.120)
	28:03.446 (1:18.773)	29:23.449 (1:20.004)	30:43.118 (1:19.669)
	33:16.230 (1:14.027)		32:02.203 (1:19.086)
17	Davis, Blake	SR Western Colorado	33:25.06
	1:26.079 (1:26.079)	2:52.616 (1:26.537)	4:21.202 (1:28.587)
	7:11.172 (1:18.690)	8:29.642 (1:18.471)	9:48.910 (1:19.268)
	12:24.507 (1:19.330)	13:43.630 (1:19.123)	15:02.409 (1:18.780)
	17:40.151 (1:18.106)	18:58.028 (1:17.878)	20:15.588 (1:17.560)
	22:50.451 (1:17.378)	24:09.235 (1:18.784)	25:28.596 (1:19.362)
	28:05.944 (1:19.783)	29:27.598 (1:21.654)	30:49.313 (1:21.716)
	33:25.052 (1:14.503)		32:10.549 (1:21.236)

2023 RMAC Outdoor Championships - 4/28/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

18 Shirley, Kyle	SO Chadron State				33:38.51			
1:24.314 (1:24.314)	2:50.568 (1:26.254)	4:18.964 (1:28.397)	5:50.315 (1:31.351)					
7:08.960 (1:18.646)	8:27.114 (1:18.154)	9:45.535 (1:18.421)	11:03.789 (1:18.255)					
12:22.955 (1:19.166)	13:42.501 (1:19.547)	15:01.345 (1:18.845)	16:21.926 (1:20.581)					
17:40.320 (1:18.395)	18:58.536 (1:18.216)	20:16.321 (1:17.785)	21:36.415 (1:20.095)					
22:58.421 (1:22.006)	24:19.641 (1:21.221)	25:41.063 (1:21.423)	27:02.220 (1:21.157)					
28:23.697 (1:21.477)	29:45.190 (1:21.494)	31:06.143 (1:20.954)	32:27.863 (1:21.721)					
33:38.509 (1:10.646)								
19 Roberds, Matthew	JR Csu-Pueblo				33:40.34			
1:24.260 (1:24.260)	2:51.388 (1:27.128)	4:19.849 (1:28.461)	5:51.328 (1:31.480)					
7:09.838 (1:18.511)	8:28.788 (1:18.950)	9:47.680 (1:18.893)	11:04.521 (1:16.842)					
12:23.564 (1:19.043)	13:42.733 (1:19.170)	15:01.427 (1:18.694)	16:21.351 (1:19.925)					
17:39.437 (1:18.086)	18:57.501 (1:18.065)	20:15.376 (1:17.876)	21:32.604 (1:17.229)					
22:46.205 (1:13.601)	23:59.858 (1:13.654)	25:20.963 (1:21.106)	26:46.382 (1:25.419)					
28:10.893 (1:24.511)	29:37.171 (1:26.278)	31:01.119 (1:23.948)	32:23.827 (1:22.709)					
33:40.337 (1:16.510)								
20 Burtis, Noah	SR Chadron State				33:45.56			
1:26.381 (1:26.381)	2:52.850 (1:26.469)	4:21.395 (1:28.546)	5:53.420 (1:32.025)					
7:11.344 (1:17.925)	8:29.786 (1:18.443)	9:49.471 (1:19.685)	11:05.760 (1:16.289)					
12:25.077 (1:19.318)	13:43.882 (1:18.805)	15:02.921 (1:19.040)	16:22.555 (1:19.635)					
17:40.788 (1:18.233)	18:58.795 (1:18.008)	20:16.996 (1:18.201)	21:37.305 (1:20.310)					
22:59.156 (1:21.852)	24:20.223 (1:21.068)	25:41.409 (1:21.186)	27:01.939 (1:20.530)					
28:23.458 (1:21.520)	29:44.947 (1:21.490)	31:05.822 (1:20.875)	32:27.507 (1:21.685)					
33:45.551 (1:18.045)								
21 Carr, Daniel	SO Western Colorado				34:11.29			
1:25.890 (1:25.890)	2:52.475 (1:26.586)	4:21.113 (1:28.638)	5:53.204 (1:32.091)					
7:11.045 (1:17.841)	8:29.408 (1:18.364)	9:48.604 (1:19.197)	11:04.880 (1:16.276)					
12:24.181 (1:19.301)	13:43.190 (1:19.010)	15:01.883 (1:18.693)	16:21.765 (1:19.882)					
17:39.923 (1:18.158)	18:58.288 (1:18.366)	20:15.717 (1:17.429)	21:33.716 (1:18.000)					
22:55.210 (1:21.494)	24:20.027 (1:24.817)	25:44.576 (1:24.549)	27:10.369 (1:25.794)					
28:34.950 (1:24.581)	30:00.065 (1:25.116)	31:24.759 (1:24.694)	32:50.466 (1:25.708)					
34:11.285 (1:20.819)								
22 Shea, Cory	JR Msu Denver				35:01.12			
1:26.706 (1:26.706)	2:53.058 (1:26.352)	4:21.695 (1:28.637)	5:53.777 (1:32.082)					
7:12.042 (1:18.265)	8:32.713 (1:20.672)	9:55.309 (1:22.596)	11:17.873 (1:22.564)					
12:40.666 (1:22.794)	14:03.732 (1:23.066)	15:26.501 (1:22.770)	16:49.704 (1:23.204)					
18:12.964 (1:23.260)	19:36.227 (1:23.264)	21:00.248 (1:24.021)	22:23.550 (1:23.303)					
23:47.449 (1:23.899)	25:12.829 (1:25.381)	26:38.103 (1:25.274)	28:03.335 (1:25.232)					
29:28.003 (1:24.668)	30:52.948 (1:24.946)	32:19.309 (1:26.362)	33:42.346 (1:23.038)					
35:01.115 (1:18.769)								
23 Begay, Wacey	SR Fort Lewis				35:29.08			
1:25.413 (1:25.413)	2:51.951 (1:26.539)	4:20.282 (1:28.331)	5:51.580 (1:31.299)					
7:10.727 (1:19.148)	8:30.111 (1:19.385)	9:49.843 (1:19.732)	11:08.066 (1:18.223)					
12:29.682 (1:21.617)	13:52.794 (1:23.112)	15:16.926 (1:24.133)	16:42.521 (1:25.595)					
18:08.179 (1:25.658)	19:33.588 (1:25.410)	21:00.506 (1:26.918)	22:25.526 (1:25.020)					
23:52.476 (1:26.951)	25:17.735 (1:25.259)	26:44.763 (1:27.028)	28:11.109 (1:26.347)					
29:38.015 (1:26.906)	31:07.421 (1:29.407)	32:37.188 (1:29.767)	34:03.766 (1:26.579)					
35:29.077 (1:25.312)								

2023 RMAC Outdoor Championships - 4/28/2023

Chadron State University

Chadron, Nebraska

Results

Event 22 Men 400 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines
 RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State
 NCAA Prov: P 53.32 2023

Name	Year	School	Prelims	H#
Preliminaries				
1 Delate, Everett	SO	Colo. Sch. of Mines	P 53.02Q	2
2 Andrews, Dillon	JR	Uc-Colo. Spgs.	P 53.12Q	1
3 Schmidt, Carl	SR	Csu-Pueblo	53.74Q	1
4 Jones, Neveh	JR	Adams State	54.83Q	2
5 Montague, Kelsey	SO	Colorado Mesa	54.48Q	1
6 Peila, Logan	JR	Chadron State	54.93Q	2
7 Hafey, Logan	FR	Colorado Mesa	55.24q	1
8 Hast, Thorben	SO	Uc-Colo. Spgs.	55.35q	2
9 Chan, Coulton	SO	Colo. Sch. of Mines	55.73	1
10 Quinby, Elijah	FR	Colo. Sch. of Mines	55.99	2
11 Beevers, Ethan	SO	Western Colorado	56.04	2
12 Lloyd, Brock	JR	Westminster (Ut)	56.53	1
13 Copeland, Dillon	SO	Western Colorado	56.85	1
14 Pecenka, Sean	FR	Msu Denver	57.44	1
15 Fonseca, Michael	JR	Adams State	57.58	2

Event 32 Men Long Jump

=====
 RMAC Meet: R 7.82m 2016 Damarcus Simpson, Chadron State
 NCAA Prov: P 7.27m 2023

Name	Year	School	Finals	Wind	H#	Points
Finals						
1 Dembele, Ismael	FR	Western Colorado	7.35mP	-1.1	24-01.50	2 10
7.22m(-0.6) 7.34m(+0.0) 7.31m(0.1) 7.31m(+0.0) 7.35m(-1.1) 7.07m(-2.7)						
2 Haskins, Grant	FR	Uc-Colo. Spgs.	7.32mP	1.5	24-00.25	2 8
FOUL(1.4) FOUL(-0.1) 6.93m(+0.0) 7.32m(1.5) FOUL(-0.6) 7.01m(-1.8)						
3 Safoh, Richard	SO	Uc-Colo. Spgs.	7.28mP	-3.4	23-10.75	2 6
7.08m(-1.1) 6.99m(-1.3) FOUL(0.9) FOUL(-0.9) FOUL(-1.1) 7.28m(-3.4)						
4 Buckhold, Zace	SO	Colorado Mesa	7.26m	+0.0	23-10.00	2 5
FOUL(1.2) 6.84m(-1.0) 6.79m(-1.0) FOUL(0.6) 6.90m(0.8) 7.26m(+0.0)						
5 Thompson, Justin	JR	Colorado Mesa	7.21m	0.4	23-08.00	2 4
FOUL(-0.4) 6.84m(+0.0) 6.78m(-1.9) FOUL(1.7) 7.21m(0.4) FOUL(+0.0)						
6 Turnage, Peyton	JR	Uc-Colo. Spgs.	7.19m	0.3	23-07.25	2 3
FOUL(0.2) 7.19m(0.3) FOUL(0.4) 7.08m(-1.0) FOUL(0.2) 6.83m(-2.1)						
7 Abbott, Dakota	SR	Uc-Colo. Spgs.	7.06m	-1.7	23-02.00	1 2
6.80m(1.1) 7.04m(0.6) 7.06m(-1.7) FOUL(-0.8) PASS PASS						
8 Bohannon, Peterson	JR	Uc-Colo. Spgs.	7.01m	-1.1	23-00.00	2 1
FOUL(2.1) 7.01m(-1.1) FOUL(0.6) 6.85m(1.2) FOUL(-1.7) FOUL(0.9)						
9 Wesley, Malcom	SO	Western Colorado	6.95m	-2.4	22-09.75	2
6.95m(-2.4) FOUL(0.1) 6.32m(-2.6) FOUL(0.8) 6.85m(-0.9) 6.77m(+0.0)						
10 Wilson, Daryon	SO	Uc-Colo. Spgs.	6.86m	-0.8	22-06.25	2
FOUL(1.3) FOUL(+0.0) 6.86m(-0.8) FOUL(0.3) FOUL(-1.0) PASS						
11 Yoosook, Emory	JR	Chadron State	6.82m	2.7	22-04.50	1
6.82m(2.7) FOUL(1.7) FOUL(-0.8)						
12 Grable, Scott	SO	Western Colorado	6.79m	-0.8	22-03.50	1
FOUL(2.4) 6.79m(-0.8) 6.70m(+0.0)						

2023 RMAC Outdoor Championships - 4/28/2023

Chadron State University

Chadron, Nebraska

Results

....Event 32 Men Long Jump

13	Guerrero, Mario	JR Black Hills St.	6.48m	3.5	21-03.25	1
	6.48m(3.5) 5.87m(+0.0) 6.30m(+0.0)					
14	Bradley, Kash	FR Colorado Mesa	6.40m	-3.2	21-00.00	1
	FOUL(1.3) FOUL(-0.4) 6.40m(-3.2)					
15	McClinton-El, Tyrese	SO Colorado Mesa	6.34m	-1.0	20-09.75	1
	FOUL(2.7) 5.66m(0.6) 6.34m(-1.0)					
16	Ullery, Reece	SR Black Hills St.	6.22m	-0.1	20-05.00	1
	FOUL(2.0) 6.22m(-0.1) FOUL(1.5)					
17	Guidry, Perry	JR Msu Denver	6.21m	2.3	20-04.50	1
	6.21m(2.3) 4.28m(-1.2) 5.85m(+0.0)					
18	Lloyd, Brock	JR Westminster (Ut)	5.90m	-1.3	19-04.25	1
	5.88m(2.9) 5.83m(0.5) 5.90m(-1.3)					

Event 38 Men Hammer Throw

=====
 RMAC Meet: R 61.58m 4/29/2022 Shane Collins, Chadron State

NCAA Prov: P 56.77m 2023

Name	Year	School	Finals	H#	Points
1 Collins, Shane	JR	Chadron State	60.31mP	197-10	2 10
	58.73m 58.85m 57.02m 55.39m 60.31m 58.58m				
2 Jenks, Justin	JR	Csu-Pueblo	55.54m	182-03	2 8
	FOUL 54.64m 54.96m FOUL 55.54m 55.00m				
3 Loper, Justyn	JR	Uc-Colo. Spgs.	54.98m	180-04	2 6
	51.59m 53.62m 51.33m 54.98m 52.12m 51.88m				
4 Kiesby, Davin	JR	Colo. Sch. of Mines	54.92m	180-02	2 5
	54.23m 54.38m 54.90m FOUL 54.92m FOUL				
5 Veidmark, Arvid	SR	Colo. Sch. of Mines	54.86m	180-00	2 4
	53.84m 54.47m FOUL 54.86m 54.12m 54.62m				
6 Miller, Nathaniel	SR	Csu-Pueblo	53.78m	176-05	2 3
	53.78m FOUL 52.87m 51.59m FOUL 51.39m				
7 Mack, Sully	SR	Black Hills St.	53.70m	176-02	2 2
	51.45m 53.70m FOUL FOUL FOUL FOUL				
8 Nelson, Tyler	JR	Western Colorado	51.48m	168-11	2 1
	50.62m 51.48m FOUL FOUL 49.92m FOUL				
9 Colman, Erick	SR	S.D. Mines	51.40m	168-08	1
	49.15m 50.74m FOUL 49.18m FOUL 51.40m				
10 Moore, Jameson	JR	Colorado Mesa	50.55m	165-10	2
	49.71m 50.55m 49.24m				
11 Osmanski, Kevin	JR	S.D. Mines	49.77m	163-03	2
	44.34m 46.98m 49.77m				
12 Butterfield, Logan	SO	Western Colorado	49.60m	162-09	2
	49.60m FOUL 44.35m				
13 Moran, Lucas	SO	Csu-Pueblo	49.53m	162-06	1
	49.53m 48.49m FOUL				
14 Kaiser, Reid	JR	S.D. Mines	49.48m	162-04	1
	46.81m 49.48m FOUL				
15 Evans, Karter	SO	Western Colorado	49.47m	162-04	1
	49.15m 49.47m 49.35m				
16 Gonser, Parker	JR	Chadron State	48.48m	159-01	1
	48.48m 48.18m 48.48m				
17 Hard, Luke	JR	Uc-Colo. Spgs.	48.45m	158-11	2
	47.93m FOUL 48.45m				

2023 RMAC Outdoor Championships - 4/28/2023

Chadron State University

Chadron, Nebraska

Results

....Event 38 Men Hammer Throw

18	Welch, Brody	FR Colo. Sch. of Mines	47.53m	155-11	1
	46.74m 47.53m FOUL				
19	Roberts, Michael	FR Uc-Colo. Spgs.	46.93m	154-00	1
	FOUL 46.73m 46.93m				
20	Jennings, Christopher	JR Chadron State	46.32m	152-00	1
	36.73m 45.05m 46.32m				
21	Kalaf, Cameron	SO Colorado Mesa	43.91m	144-01	1
	FOUL 43.91m FOUL				
22	Fritzler, Henry	JR S.D. Mines	43.47m	142-07	1
	FOUL 40.52m 43.47m				
23	Swim, Hayden	FR Colo. Sch. of Mines	43.02m	141-02	1
	FOUL 42.19m 43.02m				
--	Riley, Hayden	JR Colorado Mesa	FOUL		1
	FOUL FOUL FOUL				

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	11.26	0.1	2	804
2 Rhoades, Harley	SR Chadron State	11.26	0.1	2	804
3 McGraw, Conor	JR Black Hills St.	11.34	0.1	2	786
4 Kleinsasser, Travis	JR S.D. Mines	11.59	0.1	2	734
5 Thompson, Aidan	SO S.D. Mines	11.60	0.1	2	732
6 Dower, Kaden	SO Chadron State	11.64	1.5	1	723
7 Cass, Jade	JR S.D. Mines	11.80	1.5	1	691
8 Harrington, Cody	SO S.D. Mines	12.10	0.1	2	631
-- Lindeen, Dawson	FR Black Hills St.	DNS	1.5	1	

Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Johnson, Terrel	SR Csu-Pueblo	6.81m	3.8	22-04.25 769
	6.72m(2.5) 6.67m(2.0) 6.81m(3.8)			
2 Thompson, Aidan	SO S.D. Mines	6.23m	2.5	20-05.25 637
	5.62m(2.2) FOUL(1.9) 6.23m(2.5)			
3 Cass, Jade	JR S.D. Mines	6.16m	3.1	20-02.50 621
	5.87m(-0.6) 6.16m(3.1) 6.05m(4.5)			
4 Rhoades, Harley	SR Chadron State	6.13m	2.3	20-01.50 615
	6.09m(2.3) 5.88m(2.0) 6.13m(2.3)			
5 McGraw, Conor	JR Black Hills St.	6.01m	4.3	19-08.75 589
	5.74m(0.4) 6.01m(4.3) FOUL(2.3)			
6 Kleinsasser, Travis	JR S.D. Mines	5.82m	3.9	19-01.25 548
	5.59m(2.3) 5.70m(3.3) 5.82m(3.9)			
7 Dower, Kaden	SO Chadron State	5.69m	2.6	18-08.00 521
	5.43m(1.5) 5.69m(2.6) FOUL(2.5)			
8 Harrington, Cody	SO S.D. Mines	5.36m	3.1	17-07.00 453
	FOUL(2.5) FOUL(3.0) 5.36m(3.1)			
-- Lindeen, Dawson	FR Black Hills St.	DNS	NWI	

2023 RMAC Outdoor Championships - 4/28/2023

Chadron State University

Chadron, Nebraska

Results

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan 13.08m 13.18m FOUL	SO S.D. Mines	13.18m 43-03.00	678
2 Cass, Jade 12.42m 9.11m 12.08m	JR S.D. Mines	12.42m 40-09.00	632
3 McGraw, Conor 11.67m 11.65m 12.21m	JR Black Hills St.	12.21m 40-00.75	619
4 Kleinsasser, Travis 12.20m 11.45m 12.17m	JR S.D. Mines	12.20m 40-00.50	619
5 Dower, Kaden 11.79m 11.93m 11.60m	SO Chadron State	11.93m 39-01.75	602
6 Johnson, Terrel 10.48m 10.77m 10.04m	SR Csu-Pueblo	10.77m 35-04.00	532
7 Harrington, Cody 9.98m 10.28m 9.85m	SO S.D. Mines	10.28m 33-08.75	502
8 Rhoades, Harley 9.65m 10.22m 9.49m	SR Chadron State	10.22m 33-06.50	499
-- Lindeen, Dawson	FR Black Hills St.	DNS	

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Johnson, Terrel 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 P P P P P P P P P P O O O O O XXO XO XXX	SR Csu-Pueblo	1.94m 6-04.25	749
2 Thompson, Aidan 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 P P P P P P P P P P P P O O O XO XXX	SO S.D. Mines	1.85m 6-00.75	670
3 Rhoades, Harley 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 P P P P P P P P P P O O XO O XO XXO XXX	SR Chadron State	1.82m 5-11.50	644
4 McGraw, Conor 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 P P P P P P P P O P O XO XXX	JR Black Hills St.	1.70m 5-07.00	544
5 Dower, Kaden 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 P P P P P P P P O P XO XXX	SO Chadron State	1.67m 5-05.75	520
6 Kleinsasser, Travis 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 P O P O P O XO XXO XXX	JR S.D. Mines	1.61m 5-03.25	472
7 Harrington, Cody 1.40 1.43 XXO XXX	SO S.D. Mines	1.40m 4-07.00	317
-- Cass, Jade 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 P P P P P P P P P P P P P P XXX	JR S.D. Mines	NH	
-- Lindeen, Dawson	FR Black Hills St.	DNS	

2023 RMAC Outdoor Championships - 4/28/2023
Chadron State University
Chadron, Nebraska
Results

Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	SR Chadron State	49.98	816
2 Johnson, Terrel	SR Csu-Pueblo	50.43	795
3 McGraw, Conor	JR Black Hills St.	51.05	767
4 Kleinsasser, Travis	JR S.D. Mines	51.12	764
5 Thompson, Aidan	SO S.D. Mines	51.85	731
6 Cass, Jade	JR S.D. Mines	54.52	618
7 Dower, Kaden	SO Chadron State	54.69	611
8 Harrington, Cody	SO S.D. Mines	54.80	607

Men - Team Rankings - 3 Events Scored

1) UC-Colo. Spgs.	34	2) Colo. Sch. of Mines	24
3) Western Colorado	22	4) CSU-Pueblo	14
5) Chadron State	10	6) Colorado Mesa	9
7) MSU Denver	2	7) Black Hills St.	2