

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 1 Women 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Arceneaux, Sierra	SR	Colorado Mesa	P 11.68Q	-0.3	2
2 Bloomquist, Audrey	JR	Uc-Colo. Spgs.	11.89Q	-0.5	1
3 Fuller, Breanne	SR	Black Hills St.	11.92Q	0.7	3
4 Sartain, Alese	SO	Adams State	11.96Q	0.7	3
5 Bolton, Keyanda	SO	Uc-Colo. Spgs.	12.07Q	-0.3	2
6 Lattimore, Jaivion	SR	Msu Denver	12.10Q	-0.5	1
7 Dantzler, Myia	SO	Western Colorado	12.09q	-0.3	2
8 Farinas, Victoria	SO	Uc-Colo. Spgs.	12.15q	-0.5	1
9 Collier, Charlie	JR	Chadron State	12.17	0.7	3
10 Hummel, Claire	SR	Msu Denver	12.19	0.7	3
11 George, Hannah	JR	Colo. Christian	12.22	-0.3	2
12 Hobson, Jessica	FR	Msu Denver	12.38	0.7	3
13 Moreni, Missy	SO	Uc-Colo. Spgs.	12.46	-0.5	1
14 Horton, Gaby	FR	Colorado Mesa	12.50	-0.5	1
15 Burnett-Perry, Serenity	SO	Colorado Mesa	12.57	-0.5	1
16 Kennison, Avry	FR	Colorado Mesa	12.64	-0.3	2
17 Schemling, Madeline	SO	Colo. Christian	13.02	-0.3	2
-- Fuchs, Brittany	SR	Uc-Colo. Spgs.	DNS	0.7	3

Event 2 Men 100 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 10.20 2016 Jurgen Themen, Adams State

NCAA Prov: P 10.52 2023

Name	Year	School	Prelims	Wind	H#
1 Mosley Jr., Brian	JR	Uc-Colo. Spgs.	P 10.49Q	0.2	1
2 Williams, Elijah	JR	Colorado Mesa	P 10.51Q	0.5	3
3 Mendoza, Justice	SO	Uc-Colo. Spgs.	10.71Q	-0.1	2
4 Bradley, Tyler	SR	Colo. Christian	10.59Q	0.5	3
5 Sterling, Kymani	SO	Uc-Colo. Spgs.	10.69Q	0.2	1
6 Casados, Mateo	SO	Colorado Mesa	10.78Q	-0.1	2
7 Thornton, Beau	JR	Colorado Mesa	10.72q	0.5	3 10.712
8 Christensen, Kade	JR	Colorado Mesa	10.72q	0.2	1 10.716
9 Pastorello, Mason	FR	Uc-Colo. Spgs.	10.79	-0.1	2
10 Wilson, Jeremiah	JR	Colorado Mesa	10.84	-0.1	2
11 Zook, Joey	SO	Colorado Mesa	10.86	0.2	1
12 Reed, Jeremiah	SO	Colorado Mesa	10.87	0.5	3
13 Haggerty, Dominic	JR	Uc-Colo. Spgs.	10.91	0.5	3
14 Johnson, Evan	FR	Csu-Pueblo	10.99	0.2	1
15 O'Kuragu, Daryn	FR	Uc-Colo. Spgs.	11.03	0.2	1
16 Wesley, Malcom	SO	Western Colorado	11.04	0.2	1
17 Brassfield, Sterling	SO	Colorado Mesa	11.05	0.5	3
18 Martinez, Anthony	SO	Msu Denver	11.08	-0.1	2
19 Perez, Kadin	SO	Chadron State	11.10	-0.1	2
20 Nichols, Michael	JR	Uc-Colo. Spgs.	11.11	-0.1	2
21 Mack, Jamal	FR	Msu Denver	11.18	-0.1	2
22 Johnson, Eddie	FR	S.D. Mines	11.21	0.5	3

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 2 Men 100 Meter Dash**

23	Jackson, Nate	SO Western Colorado	11.22	0.5	3
24	Monestime, Chase	SO Uc-Colo. Spgs.	11.24	0.2	1

Event 3 Women 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

RMAC Meet: R 23.41	2011	Indira Spence, Adams State
RMAC Meet: R 23.41	2014	Kayon Robinson, Adams State
NCAA Prov: P 24.34	2023	

Name	Year	School	Prelims	Wind	H#
1 Arceneaux, Sierra	SR	Colorado Mesa	P 23.61Q	-1.3	1
2 Bolton, Keyanda	SO	Uc-Colo. Spgs.	24.58Q	-1.1	3
3 Fuller, Breanne	SR	Black Hills St.	24.64Q	0.5	2
4 Sartain, Alese	SO	Adams State	24.70Q	-1.1	3
5 Burnett, Jordan	SO	Colorado Mesa	24.82Q	-1.3	1
6 Hummel, Claire	SR	Msu Denver	25.04Q	0.5	2
7 Collier, Carlie	JR	Chadron State	24.97q	-1.3	1
8 Romero, Allyssa	JR	Msu Denver	25.06q	0.5	2
9 Olson, Cora	SR	Western Colorado	25.08	0.5	2
10 George, Hannah	JR	Colo. Christian	25.13	-1.1	3
11 Molder, McKenna	SR	Colorado Mesa	25.28	-1.3	1
12 Dantzler, Myia	SO	Western Colorado	25.30	-1.3	1
13 Lattimore, Jaivion	SR	Msu Denver	25.32	-1.1	3
14 Horton, Gaby	FR	Colorado Mesa	25.37	-1.1	3
15 Burnett-Perry, Serenity	SO	Colorado Mesa	25.65	0.5	2
16 Harrison, Sakara	SO	Western Colorado	25.69	-1.3	1
17 Hobson, Jessica	FR	Msu Denver	25.99	-1.1	3
18 Garand, Teagan	SR	Msu Denver	26.36	-1.1	3
19 Lapp, Kiarra	FR	Western Colorado	26.44	-1.3	1
-- Fuchs, Brittany	SR	Uc-Colo. Spgs.	DNS	0.5	2
-- Johnson, Charity	SR	NM Highlands	DNS	0.5	2

Event 4 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

RMAC Meet: R 20.7h	1986	Travis McKinley, Adams State
RMAC Meet: R 20.84	2014	Chaz Butler, Adams State
NCAA Prov: P 21.26	2023	

Name	Year	School	Prelims	Wind	H#
1 Vigil, Jonah	JR	Adams State	P 21.16Q	1.4	2
2 Bradley, Tyler	SR	Colo. Christian	P 21.22Q	-0.5	1
3 Williams, Elijah	JR	Colorado Mesa	P 21.26Q	+0.0	4
4 Mendoza, Justice	SO	Uc-Colo. Spgs.	21.43Q	-1.4	3
5 Sterling, Kymani	SO	Uc-Colo. Spgs.	21.27q	-0.5	1
6 Mosley Jr., Brian	JR	Uc-Colo. Spgs.	21.40q	+0.0	4
7 Loper, Ethan	SR	Msu Denver	21.57q	-1.4	3
8 Pastorello, Mason	FR	Uc-Colo. Spgs.	21.68q	1.4	2
9 Smith, Ja'Warren	FR	Western Colorado	21.80	-1.4	3
10 Zook, Joey	SO	Colorado Mesa	21.85	1.4	2
11 Johnson, Evan	FR	Csu-Pueblo	21.86	+0.0	4
12 Christensen, Kade	JR	Colorado Mesa	21.94	-0.5	1
13 Beard, Jonah	FR	Colo. Christian	22.09	-0.5	1

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 4 Men 200 Meter Dash**

14	Blanton, Justin	FR Colorado Mesa	22.14	-0.5	1
15	Fike, Eric	SR Western Colorado	22.16	1.4	2
16	Haggerty, Dominic	JR Uc-Colo. Spgs.	22.30	+0.0	4
17	Johnson, Eddie	FR S.D. Mines	22.31	-0.5	1
18	Reed, Jeremiah	SO Colorado Mesa	22.33	1.4	2
19	Wilson, Jeremiah	JR Colorado Mesa	22.34	-1.4	3
20	Nichols, Michael	JR Uc-Colo. Spgs.	22.36	-1.4	3
21	O'Kuragu, Daryn	FR Uc-Colo. Spgs.	22.62	-1.4	3
22	Brassfield, Sterling	SO Colorado Mesa	22.71	+0.0	4
23	Marx, Hayden	FR Western Colorado	22.99	+0.0	4
--	Mack, Jamal	FR Msu Denver	DNS	1.4	2

Event 5 Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

=====
 RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State

NCAA Prov: P 56.00 2023

Name	Year	School	Prelims	H#
1	Burnett, Jordan	SO Colorado Mesa	56.36Q	1
2	Nelson, Amena	SR Colo. Mines	56.81Q	2
3	Smoker, Tara	SO Colo. Christian	57.10Q	3
4	Romero, Allyssa	JR Msu Denver	57.35Q	4
5	Davis, Amber	SO Uc-Colo. Spgs.	57.11q	3
6	Donald, Cemore	JR NM Highlands	57.37q	2
7	Rose, Nadine	JR NM Highlands	57.46q	1
8	Galvin, Grace	SO Colo. Mines	57.54q	4
9	Dikken, Emma	SO Colorado Mesa	58.40	4
10	Lapp, Kiarra	FR Western Colorado	58.68	3
11	Harrison, Lucia	JR NM Highlands	58.83	1
12	Higashi, Randi	SR Colo. Mines	58.84	4
13	Lopez, Alyssa	SO Uc-Colo. Spgs.	59.31	2
14	Arcand, Elaina	FR Colorado Mesa	59.34	3
15	Groth, Caydince	SO Chadron State	59.35	1
16	Garand, Teagan	SR Msu Denver	59.62	2
17	Sowell, Naleia	SO Msu Denver	59.97	2
18	Tracy, Mikayla	JR Black Hills St.	1:01.52	1
19	Ivins, Raygen	SO Msu Denver	1:03.09	3
20	Wulff, Cassandra	FR Chadron State	1:03.41	4
21	Wilson, Adeline	JR S.D. Mines	1:03.55	1
22	Swinney, Kassyl	FR Chadron State	1:04.71	2

Event 6 Men 400 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 45.92 2006 Joel Duffield, Chadron State

NCAA Prov: P 47.83 2023

Name	Year	School	Prelims	H#
1	Vigil, Jonah	JR Adams State	P 46.86Q	2
2	Smith, Tyrell	SO CsU-Pueblo	47.85Q	3
3	Blanton, Justin	FR Colorado Mesa	48.59Q	1
4	Jean, Sebastian	FR Uc-Colo. Spgs.	48.97Q	2
5	Laca, Angel	SR Uc-Colo. Spgs.	49.05Q	1

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 6 Men 400 Meter Dash**

6 Loper, Ethan	SR Msu Denver	49.10Q	3
7 O'Neal, Ryan	SO Uc-Colo. Spgs.	49.28q	2
8 Pitlick, Ethan	SO S.D. Mines	49.40q	2
9 King, Ryan	FR Csu-Pueblo	49.67	1
10 Beard, Jonah	FR Colo. Christian	49.78	3
11 Smith, Ja'Warren	FR Western Colorado	49.86	3
12 Irish, Zander	FR Msu Denver	50.08	1
13 Logsdon, Greg	JR Chadron State	50.11	3
14 Martinez, Kennedy	SR Western Colorado	50.23	1
15 Ortega, Dayne	SO Colorado Mesa	50.26	2
16 Brady, Trinity	FR Black Hills St.	50.39	2
17 Wilkins, Joseph	SO Western Colorado	50.50	3
18 Smallwood, AJ	JR Colorado Mesa	50.65	1
19 Valdez, Michael	SO Msu Denver	50.84	2
20 Fuller, Kyland	FR Chadron State	51.19	3

Event 7 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====

RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State

NCAA Prov: P 2:12.23 2023

Name	Year School	Prelims	H#
1 Braybrook, Helen	SO Csu-Pueblo	P 2:09.36Q	1
1:02.507 (1:02.507)	2:09.351 (1:06.844)		
2 Johnson, Josii	SR Westminster (Ut)	P 2:12.23Q	2
1:04.309 (1:04.309)	2:12.226 (1:07.918)		
3 Duck, Mackenzie	SR Colo. Mines	2:12.74Q	3
1:04.776 (1:04.776)	2:12.739 (1:07.963)		
4 O'Brien, Rachel	JR Adams State	P 2:10.39Q	1
1:03.502 (1:03.502)	2:10.387 (1:06.885)		
5 Wright, Aryelle	JR Colo. Mines	2:12.75Q	3
1:04.560 (1:04.560)	2:12.746 (1:08.186)		
6 Hedlund, Kate	JR Uc-Colo. Spgs.	2:13.13Q	2
1:04.548 (1:04.548)	2:13.127 (1:08.579)		
7 Simon, Jessica	SO Adams State	P 2:10.61q	1
1:02.858 (1:02.858)	2:10.605 (1:07.748)		
8 Kjellsen, Emma	FR Western Colorado	2:13.57q	3
1:05.264 (1:05.264)	2:13.561 (1:08.298)		
9 Mohan, Abbey	JR Western Colorado	2:16.04	1
1:06.650 (1:06.650)	2:16.033 (1:09.383)		
10 Herron, Jady	FR Csu-Pueblo	2:16.35	2
1:04.865 (1:04.865)	2:16.347 (1:11.482)		
11 Worline, Emily	SR Westminster (Ut)	2:17.39	3
1:05.655 (1:05.655)	2:17.388 (1:11.734)		
12 Britton, Alyssa	SO Colorado Mesa	2:19.18	3
1:06.151 (1:06.151)	2:19.178 (1:13.028)		
13 Street, Audrynn	SO Msu Denver	2:20.16	2
1:07.702 (1:07.702)	2:20.156 (1:12.455)		
14 Hewitt, Michela	JR Uc-Colo. Spgs.	2:21.14	2
1:05.131 (1:05.131)	2:21.131 (1:16.001)		
15 Goodrich, Rachel	SO Uc-Colo. Spgs.	2:22.13	3
1:07.496 (1:07.496)	2:22.127 (1:14.631)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 7 Women 800 Meter Run**

16	Carlos, Dulce	SO Western Colorado	2:22.34	2
	1:07.380 (1:07.380)	2:22.333 (1:14.953)		
17	Manfre, Miranda	JR Colo. Mines	2:22.53	1
	1:05.985 (1:05.985)	2:22.526 (1:16.542)		
18	Boling, Reagan	FR Colo. Christian	2:23.18	1 2:23.173
	1:08.216 (1:08.216)	2:23.173 (1:14.957)		
19	Timbang, Erika	JR Uc-Colo. Spgs.	2:23.18	2 2:23.176
	1:07.103 (1:07.103)	2:23.176 (1:16.073)		
20	Saline, Abbie	JR S.D. Mines	2:23.98	3
	1:07.831 (1:07.831)	2:23.972 (1:16.142)		
21	Peterson, Claire	FR Fort Lewis	2:25.16	1
	1:09.527 (1:09.527)	2:25.160 (1:15.634)		
22	Chavez, Tanis	FR Msu Denver	2:26.94	2
	1:08.204 (1:08.204)	2:26.939 (1:18.736)		

Event 8 Men 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 1:48.34 4/29/2018 Thomas Staines, CSU-Pueblo

NCAA Prov: P 1:51.48 2023

Name	Year School	Prelims	H#
1 Tipton, Kaleb	SO Csu-Pueblo	1:52.16Q	2
	55.521 (55.521)	1:52.157 (56.637)	
2 Nowlen, Nick	SR Msu Denver	1:53.01Q	1
	55.163 (55.163)	1:53.007 (57.845)	
3 Sharman-Newell, Reece	SO Csu-Pueblo	1:53.45Q	3
	57.256 (57.256)	1:53.441 (56.185)	
4 Killoy, Jeremy	SO Western Colorado	1:53.31Q	2
	55.906 (55.906)	1:53.308 (57.402)	
5 Coyhis, Ethan	JR Western Colorado	1:53.49Q	1
	53.703 (53.703)	1:53.483 (59.781)	
6 Moravec, Logan	SR Chadron State	1:54.48Q	3
	57.174 (57.174)	1:54.472 (57.298)	
7 Paiz, Mikah	JR Adams State	1:54.42q	1
	55.469 (55.469)	1:54.416 (58.948)	
8 Thompson, Tim	FR Colo. Mines	1:54.43q	2
	55.656 (55.656)	1:54.424 (58.769)	
9 Luna, Mateo	FR Colo. Christian	1:55.00	2
	56.490 (56.490)	1:54.994 (58.505)	
10 Gebhardt, Andrew	SO Colo. Mines	1:55.31	3
	57.555 (57.555)	1:55.307 (57.752)	
11 Hamilton, Joey	SO Uc-Colo. Spgs.	1:55.67	3
	57.454 (57.454)	1:55.663 (58.209)	
12 Garcia, Elijah	FR Msu Denver	1:55.84	1
	56.059 (56.059)	1:55.835 (59.776)	
13 Dossman, Conner	SO Fort Lewis	1:56.03	1
	56.312 (56.312)	1:56.023 (59.712)	
14 Outler, Ryan	SO Western Colorado	1:57.80	3
	57.382 (57.382)	1:57.796 (1:00.414)	
15 Maxfield, Thomas	JR Westminster (Ut)	1:58.49	2
	56.258 (56.258)	1:58.484 (1:02.226)	
16 Maal, Adam	SO Uc-Colo. Spgs.	1:58.99	1
	58.283 (58.283)	1:58.989 (1:00.706)	

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 8 Men 800 Meter Run**

17	Hanson, Malakai	FR Fort Lewis	1:59.28	2
	56.961 (56.961)	1:59.271 (1:02.311)		
18	Marker, Jacob	SO Colo. Christian	1:59.56	3
	57.908 (57.908)	1:59.556 (1:01.648)		
19	Gansz, Mason	FR Colo. Christian	1:59.59	2
	59.068 (59.068)	1:59.583 (1:00.515)		
20	Ring, Gabe	FR Colo. Christian	2:00.61	1
	58.330 (58.330)	2:00.604 (1:02.274)		
21	Swingholm, Mason	SO Black Hills St.	2:00.89	2
	56.677 (56.677)	2:00.884 (1:04.207)		
22	Herman, Alex	FR Uc-Colo. Spgs.	2:02.40	3
	58.589 (58.589)	2:02.399 (1:03.810)		
23	Burrough, Brady	SO Fort Lewis	2:04.32	1
	58.118 (58.118)	2:04.312 (1:06.194)		
24	Schauer, Ty	JR Msu Denver	2:07.22	3
	58.702 (58.702)	2:07.214 (1:08.512)		

Event 9 Women 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

=====
 RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western S

NCAA Prov: P 4:32.09 2023

Name	Year	School	Prelims	H#
1 McAlindon, Courtney	SR	Westminster (Ut)	P 4:28.10Q	1
	54.473 (54.473)	2:07.506 (1:13.033)	3:20.186 (1:12.681)	4:28.099 (1:07.914)
2 Hedlund, Kate	JR	Uc-Colo. Spgs.	4:39.23Q	2
	58.790 (58.790)	2:17.654 (1:18.864)	3:30.455 (1:12.802)	4:39.227 (1:08.772)
3 Lawrence, Nicole	JR	Adams State	P 4:28.30Q	1
	54.608 (54.608)	2:07.657 (1:13.050)	3:20.719 (1:13.062)	4:28.296 (1:07.577)
4 Fankhouser, Katie	JR	Fort Lewis	4:39.33Q	2
	58.916 (58.916)	2:17.755 (1:18.839)	3:30.615 (1:12.861)	4:39.330 (1:08.716)
5 Taylor, Leah	FR	Western Colorado	P 4:30.00Q	1
	54.741 (54.741)	2:07.775 (1:13.034)	3:21.014 (1:13.239)	4:29.998 (1:08.985)
6 Fauske, Anna	SO	Uc-Colo. Spgs.	4:39.48Q	2
	59.119 (59.119)	2:17.981 (1:18.862)	3:30.994 (1:13.014)	4:39.473 (1:08.479)
7 Beasley, Allison	FR	Western Colorado	P 4:30.17Q	1
	54.247 (54.247)	2:07.271 (1:13.025)	3:20.502 (1:13.232)	4:30.162 (1:09.660)
8 McCleskey, Maggie	FR	Adams State	4:39.49Q	2
	59.054 (59.054)	2:17.921 (1:18.867)	3:30.304 (1:12.384)	4:39.482 (1:09.178)
9 Kjellsen, Emma	FR	Western Colorado	P 4:31.09q	1
	54.989 (54.989)	2:08.038 (1:13.049)	3:21.692 (1:13.655)	4:31.088 (1:09.396)
10 MacGill, Kira	SO	Colorado Mesa	4:32.29q	1
	54.867 (54.867)	2:07.892 (1:13.026)	3:21.528 (1:13.636)	4:32.289 (1:10.762)
11 Herr, Alexis	FR	Colo. Mines	4:37.35q	1
	55.101 (55.101)	2:08.054 (1:12.953)	3:22.054 (1:14.001)	4:37.349 (1:15.295)
12 Dorion, Amalia	SO	Adams State	4:40.14q	2
	59.219 (59.219)	2:18.201 (1:18.982)	3:30.769 (1:12.569)	4:40.133 (1:09.364)
13 Miller, Molly	JR	Colo. Christian	4:40.88	2
	59.349 (59.349)	2:18.117 (1:18.769)	3:32.343 (1:14.226)	4:40.874 (1:08.532)
14 Curley, Angel	SR	Fort Lewis	4:47.06	1
	55.504 (55.504)	2:10.758 (1:15.254)	3:31.481 (1:20.723)	4:47.054 (1:15.573)
15 Graff, Kelsey	JR	Uc-Colo. Spgs.	4:54.60	2
	59.748 (59.748)	2:18.527 (1:18.780)	3:36.161 (1:17.635)	4:54.600 (1:18.440)

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 9 Women 1500 Meter Run**

16 Holland, Taylor	SO Csu-Pueblo	4:55.65	1		
54.631 (54.631)	2:07.849 (1:13.218)	3:26.249 (1:18.401)	4:55.643 (1:29.394)		
17 Ketner, Callie	JR Colo. Christian	4:57.20	1		
55.277 (55.277)	2:11.116 (1:15.839)	3:34.014 (1:22.898)	4:57.193 (1:23.180)		
18 Peterson, Claire	FR Fort Lewis	4:59.37	2		
59.963 (59.963)	2:19.636 (1:19.673)	3:42.202 (1:22.567)	4:59.361 (1:17.159)		
19 Carlos, Dulce	SO Western Colorado	4:59.65	2		
1:00.044 (1:00.044)	2:19.273 (1:19.229)	3:39.857 (1:20.585)	4:59.642 (1:19.785)		
20 Robinson, Xiomara	SR Black Hills St.	5:01.24	2		
59.403 (59.403)	2:18.034 (1:18.632)	3:33.685 (1:15.651)	5:01.232 (1:27.547)		
21 Breuer, Molly	FR Uc-Colo. Spgs.	5:03.61	2		
59.662 (59.662)	2:18.993 (1:19.331)	3:41.517 (1:22.525)	5:03.606 (1:22.089)		
22 Wieman, Alissa	SO Chadron State	5:03.86	1		
55.745 (55.745)	2:15.110 (1:19.365)	3:40.277 (1:25.168)	5:03.852 (1:23.575)		
23 Mena, Sophia	SO Fort Lewis	5:05.37	2		
59.776 (59.776)	2:19.405 (1:19.629)	3:41.879 (1:22.475)	5:05.370 (1:23.492)		
24 Castilleja, Marisol	FR Fort Lewis	5:05.96	1		
56.391 (56.391)	2:17.718 (1:21.327)	3:43.555 (1:25.837)	5:05.955 (1:22.401)		

Event 10 Men 1500 Meter Run**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

=====
 RMAC Meet: R 3:48.52 4/30/2021 Alec Hall, Adams State

NCAA Prov: P 3:49.46 2023

Name	Year School	Prelims	H#		
1 Graff, Evan	SR Uc-Colo. Spgs.	3:53.61Q	1		
46.955 (46.955)	1:50.535 (1:03.580)	2:52.815 (1:02.281)	3:53.601 (1:00.787)		
2 Sharman-Newell, Reece	SO Csu-Pueblo	4:00.51Q	2		
48.101 (48.101)	2:00.248 (1:12.148)	3:05.313 (1:05.065)	4:00.506 (55.193)		
3 Kelati, Simon	SO Western Colorado	3:53.94Q	1		
47.208 (47.208)	1:50.427 (1:03.220)	2:52.947 (1:02.521)	3:53.938 (1:00.991)		
4 Nord, Tyler	FR Western Colorado	4:01.09Q	2		
48.306 (48.306)	2:00.560 (1:12.254)	3:05.694 (1:05.134)	4:01.082 (55.388)		
5 Julian, Luke	SR Colo. Mines	3:54.10Q	1		
47.831 (47.831)	1:51.194 (1:03.363)	2:53.754 (1:02.561)	3:54.096 (1:00.342)		
6 Zlotoff, Jagger	FR Uc-Colo. Spgs.	4:01.24Q	2		
48.167 (48.167)	2:00.383 (1:12.216)	3:05.600 (1:05.218)	4:01.234 (55.634)		
7 Virey, Matisse	SO Csu-Pueblo	3:54.21Q	1		
46.725 (46.725)	1:50.253 (1:03.528)	2:53.132 (1:02.880)	3:54.208 (1:01.076)		
8 Burrough, Brady	SO Fort Lewis	4:01.29Q	2		
47.920 (47.920)	2:00.169 (1:12.249)	3:05.183 (1:05.014)	4:01.285 (56.103)		
9 Jett-Reynolds, Davonte	SR Adams State	3:57.13q	1		
46.491 (46.491)	1:49.998 (1:03.508)	2:52.682 (1:02.685)	3:57.129 (1:04.447)		
10 Grant, Klay	FR Colo. Christian	3:58.76q	1		
47.645 (47.645)	1:51.075 (1:03.431)	2:54.954 (1:03.879)	3:58.756 (1:03.802)		
11 Mettler, Matthew	SO Colo. Mines	4:00.03q	1		
47.417 (47.417)	1:50.696 (1:03.280)	2:54.054 (1:03.359)	4:00.021 (1:05.967)		
12 Brown, Tim	JR Black Hills St.	4:01.18q	1		
48.137 (48.137)	1:52.098 (1:03.961)	2:56.627 (1:04.529)	4:01.175 (1:04.548)		
13 Campa, Alberto	FR Colo. Mines	4:01.36	2		
48.660 (48.660)	2:00.425 (1:11.765)	3:05.482 (1:05.058)	4:01.351 (55.869)		
14 Luna, Mateo	FR Colo. Christian	4:03.14	2		
48.678 (48.678)	2:00.837 (1:12.159)	3:05.867 (1:05.030)	4:03.131 (57.264)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 10 Men 1500 Meter Run

15	Busche, Aaron	JR Fort Lewis	4:03.17	1		
	47.689 (47.689)	1:51.878 (1:04.189)	2:54.793 (1:02.915)	4:03.168 (1:08.376)		
16	Dervin, Mitchell	JR Adams State	4:03.80	2		
	48.810 (48.810)	2:00.613 (1:11.803)	3:06.047 (1:05.434)	4:03.795 (57.748)		
17	Scherbarth, Nathan	FR Adams State	4:04.02	1		
	48.068 (48.068)	1:51.904 (1:03.836)	2:56.466 (1:04.563)	4:04.015 (1:07.549)		
18	Degree, Kevin	FR Colorado Mesa	4:04.73	2		
	48.428 (48.428)	2:00.550 (1:12.123)	3:05.436 (1:04.887)	4:04.727 (59.291)		
19	Jirele, Patrick	SO Western Colorado	4:05.03	1		
	47.356 (47.356)	1:50.754 (1:03.398)	2:55.396 (1:04.642)	4:05.022 (1:09.627)		
20	Haile, Yonas	SO Adams State	4:05.73	2		
	48.406 (48.406)	2:00.727 (1:12.322)	3:06.232 (1:05.505)	4:05.721 (59.490)		
21	Dossman, Conner	SO Fort Lewis	4:08.65	2		
	48.945 (48.945)	2:00.822 (1:11.878)	3:05.768 (1:04.946)	4:08.650 (1:02.883)		
22	Hererra, Joaquin	FR Adams State	4:09.93	2		
	48.556 (48.556)	2:00.777 (1:12.222)	3:05.398 (1:04.622)	4:09.923 (1:04.525)		
23	Scott, Aidan	SO Western Colorado	4:11.12	1		
	47.532 (47.532)	1:50.921 (1:03.389)	2:56.099 (1:05.178)	4:11.113 (1:15.015)		

Event 15 Women 10000 Meter Run

=====
 RMAC Meet: R 35:59.10 2001 Jodi Day, Western State

NCAA Prov: P 36:28.87 2023

Name Year School Finals Points

=====
 Finals

1	Anderson, Saydi	SR Westminster (Ut)	36:46.92	10		
	1:33.527 (1:33.527)	3:07.710 (1:34.184)	4:39.012 (1:31.303)	6:07.727 (1:28.715)		
	7:36.614 (1:28.887)	9:03.851 (1:27.238)	10:31.253 (1:27.402)	11:58.924 (1:27.672)		
	13:27.107 (1:28.183)	14:55.742 (1:28.636)	16:23.371 (1:27.629)	17:51.166 (1:27.796)		
	19:18.916 (1:27.751)	20:46.795 (1:27.879)	22:15.867 (1:29.072)	23:45.431 (1:29.564)		
	25:14.155 (1:28.724)	26:43.420 (1:29.265)	28:12.486 (1:29.067)	29:41.490 (1:29.005)		
	31:10.023 (1:28.533)	32:38.673 (1:28.651)	34:00.082 (1:21.410)	35:26.019 (1:25.937)		
	36:46.914 (1:20.896)					
2	Read, Abi	JR Msu Denver	36:58.79	8		
	1:30.297 (1:30.297)	3:05.816 (1:35.520)	4:36.960 (1:31.144)	6:04.937 (1:27.977)		
	7:33.426 (1:28.490)	9:02.920 (1:29.495)	10:30.024 (1:27.105)	11:57.921 (1:27.897)		
	13:26.090 (1:28.170)	14:54.693 (1:28.604)	16:22.245 (1:27.553)	17:50.275 (1:28.030)		
	19:18.607 (1:28.333)	20:46.618 (1:28.011)	22:15.561 (1:28.944)	23:45.156 (1:29.595)		
	25:13.874 (1:28.719)	26:43.103 (1:29.230)	28:12.226 (1:29.123)	29:41.211 (1:28.985)		
	31:09.785 (1:28.574)	32:38.509 (1:28.724)	34:06.608 (1:28.099)	35:35.254 (1:28.647)		
	36:58.781 (1:23.527)					
3	Strongman, Grace	FR Colo. Mines	37:25.09	6		
	1:31.936 (1:31.936)	3:06.416 (1:34.481)	4:37.679 (1:31.263)	6:05.216 (1:27.538)		
	7:33.712 (1:28.497)	9:03.205 (1:29.493)	10:30.325 (1:27.120)	11:58.203 (1:27.879)		
	13:26.360 (1:28.158)	14:54.954 (1:28.594)	16:22.569 (1:27.615)	17:50.583 (1:28.014)		
	19:19.199 (1:28.617)	20:47.003 (1:27.804)	22:16.152 (1:29.150)	23:45.736 (1:29.585)		
	25:14.494 (1:28.758)	26:44.291 (1:29.797)	28:17.042 (1:32.752)	29:48.856 (1:31.814)		
	31:21.659 (1:32.803)	32:54.722 (1:33.064)	34:26.451 (1:31.729)	36:00.127 (1:33.676)		
	37:25.088 (1:24.962)					

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

4	Ray, Brandy	JR Fort Lewis	37:38.74	5
	1:31.451 (1:31.451)	3:06.148 (1:34.697)	4:37.423 (1:31.275)	6:06.145 (1:28.723)
	7:34.016 (1:27.871)	9:03.514 (1:29.499)	10:30.703 (1:27.189)	11:58.499 (1:27.796)
	13:26.627 (1:28.128)	14:55.234 (1:28.608)	16:22.925 (1:27.691)	17:50.883 (1:27.959)
	19:19.472 (1:28.589)	20:46.972 (1:27.501)	22:16.456 (1:29.484)	23:46.297 (1:29.842)
	25:15.539 (1:29.242)	26:49.162 (1:33.623)	28:22.483 (1:33.322)	29:55.330 (1:32.847)
	31:29.492 (1:34.162)	33:04.171 (1:34.680)	34:38.251 (1:34.080)	36:11.694 (1:33.443)
	37:38.739 (1:27.046)			
5	Kaiser, Olivia	FR Western Colorado	37:58.24	4
	1:31.707 (1:31.707)	3:06.668 (1:34.961)	4:37.870 (1:31.203)	6:06.625 (1:28.755)
	7:36.452 (1:29.827)	9:04.586 (1:28.135)	10:34.522 (1:29.936)	12:06.021 (1:31.499)
	13:37.248 (1:31.228)	15:09.424 (1:32.177)	16:41.802 (1:32.378)	18:16.205 (1:34.403)
	19:47.255 (1:31.051)	21:18.146 (1:30.891)	22:51.263 (1:33.117)	24:24.114 (1:32.851)
	25:56.859 (1:32.746)	27:28.490 (1:31.631)	29:00.516 (1:32.027)	30:33.970 (1:33.454)
	32:07.730 (1:33.760)	33:40.157 (1:32.428)	35:12.329 (1:32.172)	36:40.937 (1:28.608)
	37:58.233 (1:17.297)			
6	Renberg, Sarah	FR Csu-Pueblo	38:00.45	3
	1:32.043 (1:32.043)	3:06.946 (1:34.904)	4:38.163 (1:31.217)	6:06.908 (1:28.746)
	7:36.690 (1:29.782)	9:04.866 (1:28.177)	10:34.781 (1:29.915)	12:06.204 (1:31.424)
	13:37.501 (1:31.298)	15:09.656 (1:32.156)	16:42.130 (1:32.474)	18:16.384 (1:34.255)
	19:45.093 (1:28.709)	21:14.753 (1:29.660)	22:45.590 (1:30.838)	24:18.071 (1:32.481)
	25:50.848 (1:32.777)	27:23.231 (1:32.384)	28:56.737 (1:33.507)	30:29.997 (1:33.260)
	32:03.457 (1:33.460)	33:36.487 (1:33.031)	35:09.229 (1:32.742)	36:38.169 (1:28.940)
	38:00.443 (1:22.274)			
7	Madrid, Jessica	FR Uc-Colo. Spgs.	38:02.47	2
	1:33.027 (1:33.027)	3:08.036 (1:35.009)	4:39.246 (1:31.210)	6:08.297 (1:29.051)
	7:37.263 (1:28.966)	9:05.660 (1:28.398)	10:35.272 (1:29.612)	12:06.423 (1:31.152)
	13:37.695 (1:31.272)	15:09.840 (1:32.145)	16:42.022 (1:32.183)	18:16.427 (1:34.405)
	19:46.822 (1:30.395)	21:15.148 (1:28.327)	22:45.876 (1:30.728)	24:18.303 (1:32.428)
	25:51.069 (1:32.767)	27:23.602 (1:32.534)	28:57.010 (1:33.408)	30:30.220 (1:33.210)
	32:03.783 (1:33.563)	33:36.230 (1:32.448)	35:09.448 (1:33.218)	36:38.475 (1:29.028)
	38:02.467 (1:23.992)			
8	Rohrer-Fitzhugh, Hannah	SR Westminster (Ut)	38:02.86	1
	1:32.401 (1:32.401)	3:07.857 (1:35.456)	4:39.164 (1:31.307)	6:08.017 (1:28.853)
	7:36.945 (1:28.929)	9:04.150 (1:27.205)	10:34.150 (1:30.000)	12:05.971 (1:31.821)
	13:37.849 (1:31.879)	15:10.042 (1:32.193)	16:42.437 (1:32.396)	18:16.850 (1:34.413)
	19:47.352 (1:30.503)	21:18.392 (1:31.040)	22:48.484 (1:30.092)	24:19.909 (1:31.426)
	25:52.983 (1:33.074)	27:25.897 (1:32.915)	28:59.247 (1:33.350)	30:31.906 (1:32.659)
	32:06.255 (1:34.350)	33:39.208 (1:32.953)	35:10.058 (1:30.851)	36:37.540 (1:27.482)
	38:02.858 (1:25.318)			
9	Schmitz, Halle	FR Csu-Pueblo	38:36.23	
	1:32.801 (1:32.801)	3:08.195 (1:35.394)	4:39.694 (1:31.500)	6:09.186 (1:29.493)
	7:37.812 (1:28.626)	9:06.181 (1:28.369)	10:35.738 (1:29.558)	12:07.041 (1:31.303)
	13:38.122 (1:31.082)	15:10.104 (1:31.982)	16:42.310 (1:32.206)	18:16.670 (1:34.361)
	19:47.581 (1:30.911)	21:17.412 (1:29.832)	22:51.703 (1:34.291)	24:24.653 (1:32.950)
	25:57.411 (1:32.758)	27:31.761 (1:34.350)	29:09.026 (1:37.266)	30:44.339 (1:35.314)
	32:19.448 (1:35.109)	33:55.951 (1:36.504)	35:30.936 (1:34.985)	37:06.668 (1:35.733)
	38:36.229 (1:29.561)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

10	Kunz, Lacey	FR Western Colorado	38:40.63
	1:33.276 (1:33.276)	3:08.096 (1:34.821)	4:39.517 (1:31.421)
	7:37.573 (1:28.656)	9:06.501 (1:28.928)	10:36.748 (1:30.248)
	13:38.566 (1:30.948)	15:10.633 (1:32.068)	16:42.967 (1:32.334)
	19:48.397 (1:31.217)	21:20.032 (1:31.635)	22:54.538 (1:34.507)
	26:07.034 (1:36.716)	27:43.659 (1:36.626)	29:20.798 (1:37.139)
	32:32.264 (1:34.427)	34:08.783 (1:36.520)	35:44.032 (1:35.249)
	38:40.629 (1:23.099)		37:17.530 (1:33.499)
11	Ingallinera, Mason	SO Uc-Colo. Spgs.	38:44.73
	1:33.016 (1:33.016)	3:08.310 (1:35.295)	4:39.355 (1:31.045)
	7:37.290 (1:28.762)	9:05.933 (1:28.643)	10:35.249 (1:29.317)
	13:37.488 (1:31.217)	15:09.508 (1:32.021)	16:41.919 (1:32.412)
	19:47.031 (1:30.811)	21:16.210 (1:29.179)	22:47.641 (1:31.432)
	25:55.738 (1:35.285)	27:29.502 (1:33.765)	29:06.899 (1:37.397)
	32:19.689 (1:35.418)	33:57.177 (1:37.488)	35:36.692 (1:39.515)
	38:44.727 (1:30.240)		37:14.488 (1:37.796)
12	Loe, Ashleigh	FR Colo. Mines	38:49.02
	1:32.327 (1:32.327)	3:07.514 (1:35.188)	4:38.713 (1:31.199)
	7:37.102 (1:29.663)	9:05.111 (1:28.010)	10:35.017 (1:29.907)
	13:37.960 (1:31.489)	15:09.782 (1:31.822)	16:42.221 (1:32.440)
	19:47.049 (1:30.472)	21:16.500 (1:29.451)	22:49.236 (1:32.736)
	25:57.708 (1:33.316)	27:31.312 (1:33.605)	29:09.251 (1:37.939)
	32:23.674 (1:37.887)	33:59.891 (1:36.217)	35:38.887 (1:38.996)
	38:49.014 (1:32.904)		37:16.110 (1:37.224)
13	Shoemaker, Maddy	SR Fort Lewis	40:41.94
	1:33.301 (1:33.301)	3:08.559 (1:35.259)	4:39.646 (1:31.087)
	7:38.440 (1:28.981)	9:09.653 (1:31.214)	10:45.375 (1:35.723)
	13:58.790 (1:37.307)	15:37.552 (1:38.763)	17:16.220 (1:38.669)
	20:34.097 (1:39.975)	22:13.197 (1:39.101)	23:54.260 (1:41.064)
	27:17.023 (1:41.356)	28:58.390 (1:41.367)	30:38.808 (1:40.419)
	34:00.582 (1:41.844)	35:42.377 (1:41.796)	37:23.954 (1:41.578)
	40:41.932 (1:36.451)		39:05.481 (1:41.528)
14	Leslie, Jewels	SO NM Highlands	41:00.48
	1:32.731 (1:32.731)	3:08.535 (1:35.805)	4:39.948 (1:31.413)
	7:39.754 (1:30.003)	9:13.742 (1:33.988)	10:51.187 (1:37.446)
	14:10.092 (1:40.457)	15:49.269 (1:39.177)	17:29.641 (1:40.372)
	20:46.871 (1:35.934)	22:25.575 (1:38.705)	24:09.400 (1:43.826)
	27:29.651 (1:38.298)	29:12.762 (1:43.111)	30:56.595 (1:43.833)
	34:19.283 (1:43.203)	36:01.879 (1:42.596)	37:43.691 (1:41.813)
	41:00.480 (1:35.980)		39:24.501 (1:40.810)
15	Johnson, Madisen	JR Fort Lewis	42:48.27
	1:33.642 (1:33.642)	3:08.806 (1:35.164)	4:44.499 (1:35.693)
	8:08.413 (1:42.537)	9:50.522 (1:42.109)	11:33.527 (1:43.006)
	14:58.971 (1:43.519)	16:40.954 (1:41.983)	18:24.875 (1:43.922)
	21:49.683 (1:42.183)	23:34.458 (1:44.776)	25:20.098 (1:45.640)
	28:51.181 (1:45.917)	30:35.462 (1:44.282)	32:20.043 (1:44.581)
	35:50.217 (1:47.014)	37:36.059 (1:45.842)	39:20.146 (1:44.087)
	42:48.265 (1:41.119)		41:07.147 (1:47.001)
--	Cornell, Caitlin	JR Msu Denver	DNF
	1:31.745 (1:31.745)	3:07.222 (1:35.478)	4:38.429 (1:31.207)
	7:36.918 (1:29.760)	9:05.360 (1:28.442)	10:35.487 (1:30.128)
	13:38.171 (1:31.407)	15:10.351 (1:32.180)	16:42.597 (1:32.246)
	19:47.878 (1:30.955)	21:18.721 (1:30.844)	22:51.973 (1:33.252)
			24:24.905 (1:32.932)

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 16 Men 10000 Meter Run**

=====

RMAC Meet: R 30:10.06 4/29/2019 Luc Hagen, Colorado Mines

NCAA Prov: P 30:28.78 2023

Name Year School Finals Points

=====

1	Kaye, Andrew	JR Colo. Mines	32:04.04	10
	1:24.760 (1:24.760)	2:50.450 (1:25.691)	4:18.815 (1:28.366)	5:49.443 (1:30.628)
	7:08.150 (1:18.707)	8:26.050 (1:17.900)	9:44.332 (1:18.283)	11:02.385 (1:18.053)
	12:21.909 (1:19.524)	13:41.011 (1:19.103)	14:59.734 (1:18.723)	16:19.832 (1:20.099)
	17:38.162 (1:18.330)	18:55.933 (1:17.771)	20:13.536 (1:17.604)	21:31.345 (1:17.810)
	22:44.856 (1:13.511)	23:54.759 (1:09.903)	25:06.566 (1:11.808)	26:17.760 (1:11.194)
	27:29.749 (1:11.990)	28:41.709 (1:11.961)	29:54.824 (1:13.115)	31:03.894 (1:09.070)
	32:04.036 (1:00.142)			
2	Graham, Marcus	SR Uc-Colo. Spgs.	32:07.42	8
	1:25.640 (1:25.640)	2:51.764 (1:26.124)	4:20.379 (1:28.615)	5:52.032 (1:31.654)
	7:09.576 (1:17.545)	8:28.386 (1:18.811)	9:47.044 (1:18.658)	11:03.302 (1:16.258)
	12:22.549 (1:19.248)	13:41.564 (1:19.015)	15:00.599 (1:19.036)	16:20.702 (1:20.104)
	17:38.744 (1:18.042)	18:56.449 (1:17.706)	20:14.082 (1:17.633)	21:31.955 (1:17.873)
	22:44.567 (1:12.613)	23:54.503 (1:09.936)	25:06.312 (1:11.810)	26:17.530 (1:11.218)
	27:30.108 (1:12.578)	28:42.323 (1:12.216)	29:54.735 (1:12.412)	31:04.705 (1:09.971)
	32:07.413 (1:02.708)			
3	Hernandez, Jacob	SR Western Colorado	32:07.95	6
	1:23.757 (1:23.757)	2:51.547 (1:27.790)	4:20.083 (1:28.536)	5:51.696 (1:31.613)
	7:09.281 (1:17.586)	8:28.311 (1:19.030)	9:46.796 (1:18.486)	11:03.947 (1:17.152)
	12:23.313 (1:19.366)	13:42.938 (1:19.626)	15:01.593 (1:18.655)	16:20.512 (1:18.920)
	17:38.780 (1:18.268)	18:56.763 (1:17.983)	20:14.708 (1:17.946)	21:31.644 (1:16.936)
	22:44.247 (1:12.604)	23:54.256 (1:10.009)	25:06.044 (1:11.788)	26:17.260 (1:11.217)
	27:29.529 (1:12.270)	28:41.503 (1:11.974)	29:54.605 (1:13.103)	31:04.369 (1:09.765)
	32:07.950 (1:03.581)			
4	Vaille, Jeremiah	SO Colo. Mines	32:08.20	5
	1:25.090 (1:25.090)	2:52.005 (1:26.916)	4:20.592 (1:28.588)	5:52.585 (1:31.993)
	7:10.046 (1:17.461)	8:27.853 (1:17.808)	9:46.235 (1:18.382)	11:04.140 (1:17.905)
	12:23.394 (1:19.255)	13:42.295 (1:18.901)	15:00.986 (1:18.692)	16:21.554 (1:20.568)
	17:39.765 (1:18.212)	18:56.994 (1:17.230)	20:14.364 (1:17.370)	21:32.207 (1:17.844)
	22:45.372 (1:13.165)	23:56.027 (1:10.656)	25:06.810 (1:10.783)	26:18.098 (1:11.288)
	27:30.408 (1:12.311)	28:41.994 (1:11.586)	29:55.057 (1:13.064)	31:03.651 (1:08.594)
	32:08.192 (1:04.541)			
5	Johnson, William	SO Western Colorado	32:16.79	4
	1:24.481 (1:24.481)	2:51.361 (1:26.880)	4:19.681 (1:28.321)	5:50.123 (1:30.443)
	7:08.859 (1:18.736)	8:26.852 (1:17.994)	9:45.149 (1:18.297)	11:03.120 (1:17.972)
	12:22.396 (1:19.276)	13:41.391 (1:18.995)	15:00.362 (1:18.972)	16:20.204 (1:19.842)
	17:38.428 (1:18.224)	18:56.035 (1:17.608)	20:13.882 (1:17.848)	21:31.680 (1:17.798)
	22:45.096 (1:13.417)	23:55.492 (1:10.396)	25:07.191 (1:11.699)	26:18.316 (1:11.126)
	27:30.654 (1:12.338)	28:42.662 (1:12.008)	29:55.753 (1:13.092)	31:07.779 (1:12.026)
	32:16.788 (1:09.010)			
6	Beam, Daniel	JR Csu-Pueblo	32:23.16	3
	1:24.014 (1:24.014)	2:51.004 (1:26.990)	4:19.501 (1:28.497)	5:50.753 (1:31.253)
	7:09.262 (1:18.509)	8:27.360 (1:18.098)	9:45.723 (1:18.364)	11:03.543 (1:17.820)
	12:22.800 (1:19.257)	13:41.751 (1:18.951)	15:00.794 (1:19.043)	16:20.908 (1:20.115)
	17:38.912 (1:18.005)	18:56.969 (1:18.057)	20:14.577 (1:17.609)	21:32.347 (1:17.770)
	22:45.658 (1:13.312)	23:56.275 (1:10.618)	25:07.642 (1:11.368)	26:19.275 (1:11.633)
	27:33.413 (1:14.139)	28:49.969 (1:16.557)	30:04.761 (1:14.792)	31:17.694 (1:12.933)
	32:23.154 (1:05.460)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

7	Lopez, Noel	JR Msu Denver	32:25.47	2
	1:23.704 (1:23.704)	2:51.279 (1:27.576)	4:19.774 (1:28.495)	5:51.039 (1:31.265)
	7:09.564 (1:18.526)	8:28.532 (1:18.968)	9:47.427 (1:18.896)	11:02.702 (1:15.275)
	12:21.629 (1:18.928)	13:40.779 (1:19.150)	14:59.477 (1:18.699)	16:19.599 (1:20.122)
	17:37.910 (1:18.311)	18:55.665 (1:17.756)	20:13.283 (1:17.619)	21:31.118 (1:17.835)
	22:44.632 (1:13.515)	23:55.704 (1:11.073)	25:08.086 (1:12.382)	26:21.007 (1:12.922)
	27:35.517 (1:14.510)	28:49.944 (1:14.428)	30:04.452 (1:14.508)	31:17.321 (1:12.869)
	32:25.465 (1:08.144)			
8	Scott, Bobby	FR Western Colorado	32:27.20	1
	1:25.600 (1:25.600)	2:52.301 (1:26.701)	4:20.435 (1:28.135)	5:51.830 (1:31.395)
	7:10.275 (1:18.446)	8:29.032 (1:18.757)	9:48.022 (1:18.990)	11:04.222 (1:16.201)
	12:23.615 (1:19.393)	13:42.873 (1:19.258)	15:01.658 (1:18.786)	16:21.567 (1:19.910)
	17:39.633 (1:18.066)	18:57.481 (1:17.849)	20:15.211 (1:17.731)	21:32.713 (1:17.502)
	22:45.967 (1:13.255)	23:57.663 (1:11.696)	25:10.869 (1:13.207)	26:22.874 (1:12.006)
	27:35.768 (1:12.895)	28:50.274 (1:14.506)	30:05.014 (1:14.740)	31:20.478 (1:15.465)
	32:27.196 (1:06.718)			
9	Cole, Logan	FR Uc-Colo. Spgs.	32:35.55	
	1:23.930 (1:23.930)	2:51.110 (1:27.180)	4:19.610 (1:28.500)	5:51.008 (1:31.399)
	7:09.417 (1:18.409)	8:27.608 (1:18.191)	9:45.910 (1:18.302)	11:03.648 (1:17.738)
	12:23.159 (1:19.512)	13:41.926 (1:18.767)	15:00.644 (1:18.719)	16:20.417 (1:19.773)
	17:38.595 (1:18.179)	18:56.301 (1:17.706)	20:14.129 (1:17.829)	21:31.947 (1:17.818)
	22:45.202 (1:13.255)	23:55.853 (1:10.652)	25:08.483 (1:12.630)	26:21.977 (1:13.494)
	27:37.172 (1:15.196)	28:53.844 (1:16.672)	30:08.217 (1:14.374)	31:23.019 (1:14.802)
	32:35.549 (1:12.530)			
10	Trejo, Ricardo	SR Fort Lewis	32:38.05	
	1:23.363 (1:23.363)	2:50.160 (1:26.798)	4:18.503 (1:28.344)	5:49.753 (1:31.250)
	7:08.430 (1:18.677)	8:26.310 (1:17.880)	9:44.578 (1:18.269)	11:02.616 (1:18.038)
	12:22.102 (1:19.487)	13:41.112 (1:19.011)	14:59.869 (1:18.757)	16:19.930 (1:20.062)
	17:38.177 (1:18.247)	18:55.786 (1:17.610)	20:13.695 (1:17.909)	21:31.470 (1:17.775)
	22:44.870 (1:13.401)	23:55.049 (1:10.180)	25:06.996 (1:11.947)	26:18.922 (1:11.927)
	27:34.595 (1:15.673)	28:51.948 (1:17.354)	30:08.462 (1:16.514)	31:23.911 (1:15.449)
	32:38.044 (1:14.134)			
11	Westbrook, Lucas	JR Csu-Pueblo	32:48.78	
	1:24.567 (1:24.567)	2:51.642 (1:27.076)	4:19.976 (1:28.334)	5:51.217 (1:31.241)
	7:09.804 (1:18.588)	8:28.659 (1:18.855)	9:47.325 (1:18.667)	11:04.398 (1:17.073)
	12:23.877 (1:19.480)	13:43.152 (1:19.276)	15:01.921 (1:18.769)	16:21.153 (1:19.233)
	17:39.292 (1:18.140)	18:57.238 (1:17.947)	20:15.093 (1:17.855)	21:32.482 (1:17.390)
	22:46.596 (1:14.115)	23:59.609 (1:13.013)	25:16.217 (1:16.608)	26:32.667 (1:16.450)
	27:49.342 (1:16.676)	29:05.930 (1:16.588)	30:22.786 (1:16.857)	31:38.029 (1:15.243)
	32:48.776 (1:10.747)			
12	Captain, Tyler	SO S.D. Mines	32:55.45	
	1:24.835 (1:24.835)	2:50.759 (1:25.924)	4:19.197 (1:28.438)	5:50.460 (1:31.264)
	7:09.139 (1:18.680)	8:28.070 (1:18.931)	9:46.505 (1:18.435)	11:03.389 (1:16.884)
	12:22.684 (1:19.296)	13:41.975 (1:19.291)	15:01.034 (1:19.060)	16:21.125 (1:20.092)
	17:39.464 (1:18.339)	18:56.754 (1:17.290)	20:14.839 (1:18.086)	21:31.836 (1:16.998)
	22:46.360 (1:14.524)	24:00.374 (1:14.014)	25:17.124 (1:16.751)	26:34.862 (1:17.738)
	27:52.174 (1:17.313)	29:09.678 (1:17.504)	30:26.845 (1:17.168)	31:43.581 (1:16.736)
	32:55.441 (1:11.861)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 16 Men 10000 Meter Run**

13	Tyburski, Jacob	FR Western Colorado	32:58.60
	1:25.341 (1:25.341)	2:52.231 (1:26.891)	4:20.834 (1:28.604)
	5:52.857 (1:32.023)	7:10.819 (1:17.963)	8:29.199 (1:18.380)
	9:48.282 (1:19.084)	11:04.639 (1:16.358)	12:24.155 (1:19.516)
	13:43.424 (1:19.269)	15:02.146 (1:18.722)	16:20.761 (1:18.616)
	17:39.084 (1:18.323)	18:57.249 (1:18.166)	20:14.979 (1:17.731)
	21:31.894 (1:16.915)	22:45.724 (1:13.831)	23:57.427 (1:11.703)
	25:11.453 (1:14.027)	26:28.140 (1:16.687)	27:46.551 (1:18.411)
	29:06.220 (1:19.670)	30:24.994 (1:18.774)	31:45.164 (1:20.170)
	32:58.594 (1:13.431)		
14	Graul, Preston	SO Fort Lewis	32:59.78
	1:24.173 (1:24.173)	2:50.867 (1:26.695)	4:19.338 (1:28.471)
	5:50.051 (1:30.713)	7:08.699 (1:18.649)	8:26.592 (1:17.894)
	9:44.849 (1:18.257)	11:02.886 (1:18.037)	12:22.300 (1:19.414)
	13:41.309 (1:19.009)	15:00.112 (1:18.804)	16:20.080 (1:19.968)
	17:38.404 (1:18.324)	18:56.185 (1:17.782)	20:13.528 (1:17.344)
	21:31.622 (1:18.094)	22:45.464 (1:13.843)	23:57.187 (1:11.723)
	25:12.300 (1:15.113)	26:30.966 (1:18.667)	27:49.954 (1:18.988)
	29:09.371 (1:19.417)	30:28.989 (1:19.619)	31:47.590 (1:18.601)
	32:59.778 (1:12.188)		
15	Flerchinger, Brett	JR S.D. Mines	33:12.65
	1:25.168 (1:25.168)	2:51.659 (1:26.492)	4:20.164 (1:28.505)
	5:51.512 (1:31.349)	7:10.112 (1:18.601)	8:28.934 (1:18.822)
	9:47.644 (1:18.710)	11:03.843 (1:16.199)	12:23.050 (1:19.207)
	13:42.238 (1:19.189)	15:01.204 (1:18.966)	16:21.348 (1:20.144)
	17:39.121 (1:17.774)	18:56.582 (1:17.461)	20:14.411 (1:17.829)
	21:32.131 (1:17.721)	22:47.030 (1:14.900)	24:03.918 (1:16.888)
	25:24.864 (1:20.946)	26:44.397 (1:19.534)	28:03.052 (1:18.655)
	29:23.930 (1:20.879)	30:44.374 (1:20.444)	32:03.697 (1:19.324)
	33:12.644 (1:08.947)		
16	Burroughs, Noah	SR Colo. Christian	33:16.23
	1:25.702 (1:25.702)	2:52.251 (1:26.549)	4:20.799 (1:28.548)
	5:52.302 (1:31.504)	7:10.518 (1:18.217)	8:29.456 (1:18.939)
	9:49.196 (1:19.740)	11:05.525 (1:16.330)	12:24.841 (1:19.316)
	13:43.461 (1:18.620)	15:02.677 (1:19.217)	16:22.329 (1:19.653)
	17:40.559 (1:18.231)	18:57.791 (1:17.232)	20:15.801 (1:18.011)
	21:33.924 (1:18.123)	22:48.996 (1:15.073)	24:06.651 (1:17.655)
	25:24.771 (1:18.120)	26:44.673 (1:19.903)	28:03.446 (1:18.773)
	29:23.449 (1:20.004)	30:43.118 (1:19.669)	32:02.203 (1:19.086)
	33:16.230 (1:14.027)		
17	Davis, Blake	SR Western Colorado	33:25.06
	1:26.079 (1:26.079)	2:52.616 (1:26.537)	4:21.202 (1:28.587)
	5:52.483 (1:31.282)	7:11.172 (1:18.690)	8:29.642 (1:18.471)
	9:48.910 (1:19.268)	11:05.177 (1:16.267)	12:24.507 (1:19.330)
	13:43.630 (1:19.123)	15:02.409 (1:18.780)	16:22.045 (1:19.637)
	17:40.151 (1:18.106)	18:58.028 (1:17.878)	20:15.588 (1:17.560)
	21:33.073 (1:17.486)	22:50.451 (1:17.378)	24:09.235 (1:18.784)
	25:28.596 (1:19.362)	26:46.161 (1:17.565)	28:05.944 (1:19.783)
	29:27.598 (1:21.654)	30:49.313 (1:21.716)	32:10.549 (1:21.236)
	33:25.052 (1:14.503)		
18	Shirley, Kyle	SO Chadron State	33:38.51
	1:24.314 (1:24.314)	2:50.568 (1:26.254)	4:18.964 (1:28.397)
	5:50.315 (1:31.351)	7:08.960 (1:18.646)	8:27.114 (1:18.154)
	9:45.535 (1:18.421)	11:03.789 (1:18.255)	12:22.955 (1:19.166)
	13:42.501 (1:19.547)	15:01.345 (1:18.845)	16:21.926 (1:20.581)
	17:40.320 (1:18.395)	18:58.536 (1:18.216)	20:16.321 (1:17.785)
	21:36.415 (1:20.095)	22:58.421 (1:22.006)	24:19.641 (1:21.221)
	25:41.063 (1:21.423)	27:02.220 (1:21.157)	28:23.697 (1:21.477)
	29:45.190 (1:21.494)	31:06.143 (1:20.954)	32:27.863 (1:21.721)
	33:38.509 (1:10.646)		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 16 Men 10000 Meter Run

19	Roberds, Matthew	JR	Csu-Pueblo	33:40.34
	1:24.260 (1:24.260)	2:51.388 (1:27.128)	4:19.849 (1:28.461)	5:51.328 (1:31.480)
	7:09.838 (1:18.511)	8:28.788 (1:18.950)	9:47.680 (1:18.893)	11:04.521 (1:16.842)
	12:23.564 (1:19.043)	13:42.733 (1:19.170)	15:01.427 (1:18.694)	16:21.351 (1:19.925)
	17:39.437 (1:18.086)	18:57.501 (1:18.065)	20:15.376 (1:17.876)	21:32.604 (1:17.229)
	22:46.205 (1:13.601)	23:59.858 (1:13.654)	25:20.963 (1:21.106)	26:46.382 (1:25.419)
	28:10.893 (1:24.511)	29:37.171 (1:26.278)	31:01.119 (1:23.948)	32:23.827 (1:22.709)
	33:40.337 (1:16.510)			
20	Burtis, Noah	SR	Chadron State	33:45.56
	1:26.381 (1:26.381)	2:52.850 (1:26.469)	4:21.395 (1:28.546)	5:53.420 (1:32.025)
	7:11.344 (1:17.925)	8:29.786 (1:18.443)	9:49.471 (1:19.685)	11:05.760 (1:16.289)
	12:25.077 (1:19.318)	13:43.882 (1:18.805)	15:02.921 (1:19.040)	16:22.555 (1:19.635)
	17:40.788 (1:18.233)	18:58.795 (1:18.008)	20:16.996 (1:18.201)	21:37.305 (1:20.310)
	22:59.156 (1:21.852)	24:20.223 (1:21.068)	25:41.409 (1:21.186)	27:01.939 (1:20.530)
	28:23.458 (1:21.520)	29:44.947 (1:21.490)	31:05.822 (1:20.875)	32:27.507 (1:21.685)
	33:45.551 (1:18.045)			
21	Carr, Daniel	SO	Western Colorado	34:11.29
	1:25.890 (1:25.890)	2:52.475 (1:26.586)	4:21.113 (1:28.638)	5:53.204 (1:32.091)
	7:11.045 (1:17.841)	8:29.408 (1:18.364)	9:48.604 (1:19.197)	11:04.880 (1:16.276)
	12:24.181 (1:19.301)	13:43.190 (1:19.010)	15:01.883 (1:18.693)	16:21.765 (1:19.882)
	17:39.923 (1:18.158)	18:58.288 (1:18.366)	20:15.717 (1:17.429)	21:33.716 (1:18.000)
	22:55.210 (1:21.494)	24:20.027 (1:24.817)	25:44.576 (1:24.549)	27:10.369 (1:25.794)
	28:34.950 (1:24.581)	30:00.065 (1:25.116)	31:24.759 (1:24.694)	32:50.466 (1:25.708)
	34:11.285 (1:20.819)			
22	Shea, Cory	JR	Msu Denver	35:01.12
	1:26.706 (1:26.706)	2:53.058 (1:26.352)	4:21.695 (1:28.637)	5:53.777 (1:32.082)
	7:12.042 (1:18.265)	8:32.713 (1:20.672)	9:55.309 (1:22.596)	11:17.873 (1:22.564)
	12:40.666 (1:22.794)	14:03.732 (1:23.066)	15:26.501 (1:22.770)	16:49.704 (1:23.204)
	18:12.964 (1:23.260)	19:36.227 (1:23.264)	21:00.248 (1:24.021)	22:23.550 (1:23.303)
	23:47.449 (1:23.899)	25:12.829 (1:25.381)	26:38.103 (1:25.274)	28:03.335 (1:25.232)
	29:28.003 (1:24.668)	30:52.948 (1:24.946)	32:19.309 (1:26.362)	33:42.346 (1:23.038)
	35:01.115 (1:18.769)			
23	Begay, Wacey	SR	Fort Lewis	35:29.08
	1:25.413 (1:25.413)	2:51.951 (1:26.539)	4:20.282 (1:28.331)	5:51.580 (1:31.299)
	7:10.727 (1:19.148)	8:30.111 (1:19.385)	9:49.843 (1:19.732)	11:08.066 (1:18.223)
	12:29.682 (1:21.617)	13:52.794 (1:23.112)	15:16.926 (1:24.133)	16:42.521 (1:25.595)
	18:08.179 (1:25.658)	19:33.588 (1:25.410)	21:00.506 (1:26.918)	22:25.526 (1:25.020)
	23:52.476 (1:26.951)	25:17.735 (1:25.259)	26:44.763 (1:27.028)	28:11.109 (1:26.347)
	29:38.015 (1:26.906)	31:07.421 (1:29.407)	32:37.188 (1:29.767)	34:03.766 (1:26.579)
	35:29.077 (1:25.312)			

Event 17 Women 3000 Meter Steeplechase

=====				
RMAC Meet:	R 10:29.50	2013	Alicia Nelson, Adams State	
NCAA Prov:	P 11:01.26	2023		
Name	Year	School	Finals	Points
=====				
1	Beasley, Allison	FR	Western Colorado	10:34.41P 10
	47.987 (47.987)	2:09.201 (1:21.214)	3:33.329 (1:24.128)	4:58.944 (1:25.615)
	6:24.734 (1:25.791)	7:49.519 (1:24.785)	9:13.623 (1:24.105)	10:34.409 (1:20.787)
2	Raichart, Alex	SR	Colo. Mines	10:43.66P 8
	47.960 (47.960)	2:09.383 (1:21.424)	3:33.435 (1:24.053)	4:59.035 (1:25.601)
	6:25.810 (1:26.775)	7:54.485 (1:28.675)	9:22.754 (1:28.270)	10:43.659 (1:20.906)

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 17 Women 3000 Meter Steeplechase

3	Stonebarger, Erin	SO Adams State	10:45.59P	6	
	47.463 (47.463)	2:09.211 (1:21.749)	3:33.292 (1:24.081)	4:58.908 (1:25.617)	
	6:26.235 (1:27.327)	7:54.700 (1:28.465)	9:22.435 (1:27.735)	10:45.589 (1:23.155)	
4	Thomas, Margot	SO Csu-Pueblo	10:59.84P	5	
	48.290 (48.290)	2:09.474 (1:21.185)	3:33.611 (1:24.137)	4:59.687 (1:26.076)	
	6:26.522 (1:26.835)	7:54.322 (1:27.800)	9:26.681 (1:32.360)	10:59.836 (1:33.155)	
5	Basart, Margaux	FR Colo. Mines	11:01.93	4	
	48.530 (48.530)	2:09.894 (1:21.364)	3:33.959 (1:24.065)	4:59.406 (1:25.448)	
	6:27.662 (1:28.256)	7:58.614 (1:30.953)	9:32.836 (1:34.222)	11:01.927 (1:29.092)	
6	Richtman, Rachel	JR Uc-Colo. Spgs.	11:06.94	3	
	50.575 (50.575)	2:20.275 (1:29.700)	3:50.022 (1:29.748)	5:19.103 (1:29.081)	
	6:47.940 (1:28.838)	8:17.759 (1:29.819)	9:46.046 (1:28.288)	11:06.937 (1:20.891)	
7	Wood, Haley	SO Western Colorado	11:34.80	2	
	52.188 (52.188)	2:21.359 (1:29.171)	3:50.831 (1:29.472)	5:21.783 (1:30.953)	
	6:54.743 (1:32.961)	8:29.559 (1:34.816)	10:02.929 (1:33.370)	11:34.798 (1:31.870)	
8	Moss, Brooke	FR Uc-Colo. Spgs.	11:38.88	1	
	51.744 (51.744)	2:22.769 (1:31.026)	3:58.083 (1:35.314)	5:33.121 (1:35.039)	
	7:05.196 (1:32.076)	8:39.538 (1:34.343)	10:12.850 (1:33.312)	11:38.873 (1:26.024)	
9	Wright, Carmella	SR Fort Lewis	11:47.47		
	47.736 (47.736)	2:14.585 (1:26.850)	3:46.617 (1:32.032)	5:19.606 (1:32.989)	
	6:54.181 (1:34.576)	8:31.406 (1:37.225)	10:09.589 (1:38.183)	11:47.462 (1:37.873)	
10	Turpin, Katie	FR Black Hills St.	11:51.32		
	52.779 (52.779)	2:26.196 (1:33.417)	4:00.283 (1:34.088)	5:38.786 (1:38.503)	
	7:14.421 (1:35.636)	8:48.246 (1:33.825)	10:22.978 (1:34.732)	11:51.317 (1:28.340)	
11	Almasri, Nadine	JR Uc-Colo. Spgs.	11:51.46		
	52.046 (52.046)	2:23.559 (1:31.513)	3:58.707 (1:35.148)	5:33.447 (1:34.740)	
	7:06.376 (1:32.930)	8:43.074 (1:36.698)	10:20.290 (1:37.217)	11:51.456 (1:31.167)	
12	Burnside, Payton	SO Fort Lewis	11:55.70		
	51.095 (51.095)	2:21.438 (1:30.343)	3:51.641 (1:30.204)	5:25.288 (1:33.647)	
	7:02.365 (1:37.078)	8:42.171 (1:39.806)	10:21.874 (1:39.704)	11:55.692 (1:33.818)	
13	Orstead, Audrey	SO Msu Denver	11:57.50		
	51.844 (51.844)	2:22.240 (1:30.396)	3:57.399 (1:35.159)	5:33.930 (1:36.531)	
	7:12.471 (1:38.542)	8:50.932 (1:38.461)	10:29.188 (1:38.257)	11:57.495 (1:28.307)	
14	Corby, Cadence	FR Fort Lewis	11:58.10		
	53.142 (53.142)	2:24.092 (1:30.950)	3:59.170 (1:35.078)	5:33.792 (1:34.623)	
	7:06.951 (1:33.159)	8:45.281 (1:38.331)	10:23.980 (1:38.699)	11:58.092 (1:34.112)	
15	Murphy, Taylor	SR Fort Lewis	12:16.74		
	50.517 (50.517)	2:23.538 (1:33.022)	3:59.784 (1:36.246)	5:36.118 (1:36.335)	
	7:13.009 (1:36.891)	8:51.953 (1:38.945)	10:36.599 (1:44.646)	12:16.738 (1:40.139)	
--	Rule, Lexi	FR Chadron State	DNF		
	50.635 (50.635)	2:22.707 (1:32.072)	4:00.572 (1:37.866)	5:48.065 (1:47.494)	

Event 18 Men 3000 Meter Steeplechase

RMAC Meet: R 8:54.75 5/1/2021 Taylor Stack, Western Colo.

NCAA Prov: P 9:12.36 2023

Name	Year School	Finals	Points
1 Hesse, Albert	SO Western Colorado	9:09.45P	10
	40.955 (40.955)	1:53.745 (1:12.791)	3:06.664 (1:12.919)
	5:33.677 (1:14.316)	6:47.201 (1:13.525)	8:00.632 (1:13.431)
2 Shaw, Alex	SO Colo. Mines	9:14.36	8
	41.290 (41.290)	1:54.059 (1:12.769)	3:07.000 (1:12.941)
	5:33.959 (1:14.263)	6:47.609 (1:13.650)	8:01.559 (1:13.951)

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 18 Men 3000 Meter Steeplechase**

3	Bonenberger, Max	SO Colo. Mines	9:18.82	6			
	42.300 (42.300)	1:55.686 (1:13.386)	3:09.490 (1:13.804)	4:24.009 (1:14.520)			
	5:38.831 (1:14.822)	6:53.924 (1:15.093)	8:08.229 (1:14.305)	9:18.820 (1:10.591)			
4	Sevcik, Max	SR Colo. Mines	9:19.08	5			
	41.909 (41.909)	1:54.635 (1:12.726)	3:08.471 (1:13.836)	4:22.207 (1:13.736)			
	5:36.827 (1:14.621)	6:51.207 (1:14.380)	8:06.240 (1:15.033)	9:19.071 (1:12.832)			
5	Testa, Mark	SR Colorado Mesa	9:23.60	4			
	41.330 (41.330)	1:53.895 (1:12.565)	3:07.288 (1:13.394)	4:20.383 (1:13.095)			
	5:35.061 (1:14.679)	6:51.816 (1:16.755)	8:09.049 (1:17.233)	9:23.597 (1:14.549)			
6	Beloy, Kaleb	SO Csu-Pueblo	9:30.80	3			
	42.139 (42.139)	1:54.734 (1:12.595)	3:08.661 (1:13.927)	4:21.761 (1:13.101)			
	5:36.467 (1:14.706)	6:54.592 (1:18.125)	8:14.819 (1:20.227)	9:30.800 (1:15.982)			
7	Grabowski, Michael	SR Western Colorado	9:31.64	2			
	41.159 (41.159)	1:54.333 (1:13.175)	3:08.166 (1:13.834)	4:21.785 (1:13.619)			
	5:37.830 (1:16.045)	6:54.897 (1:17.068)	8:13.213 (1:18.316)	9:31.636 (1:18.424)			
8	Partin, Kyle	SO Western Colorado	9:34.37	1			
	41.708 (41.708)	1:54.535 (1:12.828)	3:08.534 (1:13.999)	4:22.831 (1:14.298)			
	5:39.100 (1:16.269)	6:56.327 (1:17.227)	8:16.159 (1:19.833)	9:34.369 (1:18.211)			
9	Fossey, Charles	FR Chadron State	9:45.47				
	43.390 (43.390)	1:57.171 (1:13.782)	3:13.464 (1:16.293)	4:30.269 (1:16.805)			
	5:47.972 (1:17.704)	7:08.314 (1:20.342)	8:29.662 (1:21.349)	9:45.468 (1:15.806)			
10	Jirele, Patrick	SO Western Colorado	9:46.00				
	41.593 (41.593)	1:54.451 (1:12.859)	3:08.658 (1:14.207)	4:22.513 (1:13.855)			
	5:38.911 (1:16.399)	6:58.778 (1:19.868)	8:23.659 (1:24.881)	9:45.993 (1:22.335)			
11	Donze, Jack	FR Uc-Colo. Spgs.	9:50.75				
	42.873 (42.873)	1:56.839 (1:13.966)	3:12.425 (1:15.587)	4:31.067 (1:18.642)			
	5:50.337 (1:19.270)	7:11.738 (1:21.402)	8:33.435 (1:21.698)	9:50.748 (1:17.313)			
12	Harker, Joseph	FR Csu-Pueblo	9:52.20				
	42.355 (42.355)	1:55.218 (1:12.864)	3:09.095 (1:13.877)	4:23.641 (1:14.546)			
	5:41.309 (1:17.669)	7:02.025 (1:20.717)	8:27.917 (1:25.893)	9:52.199 (1:24.283)			
13	Szwede Mittelstadt, Seba	JR Westminster (Ut)	10:02.60				
	43.598 (43.598)	1:57.379 (1:13.782)	3:14.623 (1:17.244)	4:34.593 (1:19.970)			
	5:58.324 (1:23.731)	7:21.869 (1:23.546)	8:45.072 (1:23.204)	10:02.598 (1:17.526)			
14	Schafer, Cale	JR Chadron State	10:07.56				
	43.368 (43.368)	1:57.595 (1:14.227)	3:14.036 (1:16.442)	4:32.190 (1:18.154)			
	5:54.565 (1:22.376)	7:20.192 (1:25.628)	8:46.190 (1:25.998)	10:07.555 (1:21.365)			
15	Fahrney, Deagen	SO Western Colorado	10:10.90				
	42.653 (42.653)	1:56.363 (1:13.710)	3:12.105 (1:15.743)	4:31.349 (1:19.244)			
	5:53.243 (1:21.894)	7:20.595 (1:27.352)	8:49.272 (1:28.678)	10:10.899 (1:21.627)			
16	Hurm, Braik	FR Black Hills St.	10:11.40				
	44.360 (44.360)	1:58.853 (1:14.493)	3:17.321 (1:18.468)	4:39.097 (1:21.777)			
	6:02.424 (1:23.327)	7:26.172 (1:23.749)	8:51.249 (1:25.078)	10:11.391 (1:20.142)			
17	Wagner, Owen	SO S.D. Mines	10:11.95				
	41.766 (41.766)	1:55.294 (1:13.529)	3:11.338 (1:16.044)	4:31.754 (1:20.416)			
	5:55.272 (1:23.518)	7:22.141 (1:26.869)	8:50.029 (1:27.888)	10:11.944 (1:21.916)			
18	Lamoreaux, Joran	FR S.D. Mines	10:15.65				
	43.807 (43.807)	1:59.199 (1:15.393)	3:17.958 (1:18.759)	4:39.055 (1:21.098)			
	6:03.492 (1:24.437)	7:26.661 (1:23.170)	8:52.109 (1:25.448)	10:15.649 (1:23.541)			
19	Mccarter, Riley	SR Westminster (Ut)	10:30.76				
	42.809 (42.809)	1:57.947 (1:15.138)	3:18.022 (1:20.076)	4:40.788 (1:22.767)			
	6:07.180 (1:26.393)	7:36.120 (1:28.941)	9:06.713 (1:30.593)	10:30.751 (1:24.039)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 19 Women 100 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State

NCAA Prov: P 14.24 2023

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Clarke, Patreece	FR	NM Highlands	P 13.79Q	0.1	3
2 Moreni, Missy	SO	Uc-Colo. Spgs.	P 14.03Q	1.3	1
3 Ries, Maya	SO	Msu Denver	14.47Q	0.8	2
4 Griffith, Averie	JR	Colorado Mesa	14.67Q	0.1	3
5 Brotherson, Katie	SR	Westminster (Ut)	15.02Q	0.8	2
6 Remsberg, Maggie	JR	Uc-Colo. Spgs.	15.09Q	1.3	1
7 Brockman, Jordan	SO	Colorado Mesa	14.87q	0.1	3
8 Donohoe, Eireann	SO	Western Colorado	15.13q	1.3	1
9 Novess, Faith	JR	Uc-Colo. Spgs.	15.15	0.8	2
10 Hawk, Skylar	FR	Uc-Colo. Spgs.	15.17	0.1	3
11 Portis, Kelia	SO	Western Colorado	15.29	0.8	2
12 Samuels, Sydney	SO	Uc-Colo. Spgs.	15.38	0.8	2
13 Rader, Danae	SO	Chadron State	15.61	0.1	3
14 Martinez, Leyah	FR	Uc-Colo. Spgs.	15.73	1.3	1
15 Tietjen, Kendall	FR	Black Hills St.	16.11	1.3	1
16 Tuti, Clara	SO	Western Colorado	16.39	0.1	3
17 Curtis, Sophie	JR	Black Hills St.	16.43	0.8	2
-- Jenrette, Mica	JR	Colorado Mesa	DNS	1.3	1

Event 20 Men 110 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====
 RMAC Meet: R 14.00 2013 Karl McFarlane, Chadron State

NCAA Prov: P 14.49 2023

Name	Year	School	Prelims	Wind	H#
=====					
1 Trembly, Creighton	SO	Chadron State	P 14.22Q	0.7	2
2 Delate, Everett	SO	Colo. Mines	P 14.27Q	1.4	1
3 Davis, Zayden	SO	Colorado Mesa	P 14.49Q	1.4	1
4 Martinez, Anthony	SO	Msu Denver	14.61Q	0.7	2
5 Heide, Dawson	JR	Colorado Mesa	14.50Q	1.4	1
6 Chan, Coulton	SO	Colo. Mines	15.06Q	0.7	2
7 Pecenka, Sean	FR	Msu Denver	15.32q	0.7	2
8 Hanson, Nathan	JR	Colorado Mesa	15.33q	1.4	1
9 Stroup, Jacob	SR	Western Colorado	15.36	1.4	1
10 Covey, Anders	FR	Western Colorado	15.44	0.7	2
11 Lloyd, Brock	JR	Westminster (Ut)	15.46	1.4	1
12 Hafey, Logan	FR	Colorado Mesa	15.71	0.7	2
-- Iarusso, AJ	FR	Colorado Mesa	DNF	0.7	2
-- Hast, Thorben	SO	Uc-Colo. Spgs.	DNS	1.4	1

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 21 Women 400 Meter Hurdles****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====

RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State

NCAA Prov: P 1:02.33 2023

Name	Year	School	Prelims	H#
1 Firor, Kaiya	SO	Western Colorado	1:02.39Q	1
2 Portis, Kelia	SO	Western Colorado	1:03.06Q	2
3 Brotherson, Katie	SR	Westminster (Ut)	1:03.33Q	2
4 Martinez, Leyah	FR	Uc-Colo. Spgs.	1:04.01Q	1
5 Hawk, Skylar	FR	Uc-Colo. Spgs.	1:04.09Q	2
6 Comer, Allison	SO	Colo. Mines	1:04.56Q	1
7 Armijo, Beatrice	SR	NM Highlands	1:05.29q	2
8 Griffith, Averie	JR	Colorado Mesa	1:05.72q	1
9 Scully, Kamryn	JR	S.D. Mines	1:06.15	2
10 Williams, Lexie	SO	Colorado Mesa	1:06.51	1
11 Curtis, Sophie	JR	Black Hills St.	1:06.56	2
12 Rader, Danae	SO	Chadron State	1:07.60	1
13 Tietjen, Kendall	FR	Black Hills St.	1:07.69	2
14 Harris, Ella	FR	Csu-Pueblo	1:07.78	1
15 Mannes, Laine	FR	S.D. Mines	1:11.25	2
16 Tuti, Clara	SO	Western Colorado	1:14.27	1

Event 22 Men 400 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====

RMAC Meet: R 51.72 1986 Jason Brockel, Colorado Mines

RMAC Meet: R 51.1h 2007 Chris Moulinet, Adams State

NCAA Prov: P 53.32 2023

Name	Year	School	Prelims	H#
1 Delate, Everett	SO	Colo. Mines	P 53.02Q	2
2 Andrews, Dillon	JR	Uc-Colo. Spgs.	P 53.12Q	1
3 Schmidt, Carl	SR	Csu-Pueblo	53.74Q	1
4 Jones, Neveh	JR	Adams State	54.83Q	2
5 Montague, Kelsey	SO	Colorado Mesa	54.48Q	1
6 Peila, Logan	JR	Chadron State	54.93Q	2
7 Hafey, Logan	FR	Colorado Mesa	55.24q	1
8 Hast, Thorben	SO	Uc-Colo. Spgs.	55.35q	2
9 Chan, Coulton	SO	Colo. Mines	55.73	1
10 Quinby, Elijah	FR	Colo. Mines	55.99	2
11 Beevers, Ethan	SO	Western Colorado	56.04	2
12 Lloyd, Brock	JR	Westminster (Ut)	56.53	1
13 Copeland, Dillon	SO	Western Colorado	56.85	1
14 Pecenka, Sean	FR	Msu Denver	57.44	1
15 Fonseca, Michael	JR	Adams State	57.58	2

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

Event 23 Women 4x100 Meter Relay

RMAC Meet: R 44.84 5/9/2017 Adams State
 Wahl, Johnson, Watson, Scherrer

NCAA Prov: P 46.73 2023
 School

Finals H# Points

Finals

-- Colo. Mines 'A' SCR

Event 27 Women High Jump

RMAC Meet: R 1.88m 2013 Barbara Szabo, Western State

NCAA Prov: P 1.68m 2023

Name Year School Finals Points

1	Coffey, Josie	SO Colorado Mesa	1.66m	5-05.25	10
	1.51 1.56 1.61 1.66 1.69				
	P O O XO XXX				
2	Jones, Mikayla	SO Csu-Pueblo	J1.66m	5-05.25	8
	1.51 1.56 1.61 1.66 1.69				
	P O O XXO XXX				
3	Novess, Faith	JR Uc-Colo. Spgs.	1.61m	5-03.25	5.50
	1.51 1.56 1.61 1.66				
	O O O XXX				
3	Bretz, Samantha	SO Western Colorado	1.61m	5-03.25	5.50
	1.51 1.56 1.61 1.66				
	P O O XXX				
5	Brockman, Jordan	SO Colorado Mesa	J1.61m	5-03.25	4
	1.51 1.56 1.61 1.66 1.69				
	XO XO O XXP X				
6	Pelton, Destiny	JR Chadron State	1.56m	5-01.25	3
	1.51 1.56 1.61				
	O O XXX				
7	Kintzley, Claire	SO Colo. Mines	J1.56m	5-01.25	1.50
	1.51 1.56 1.61				
	O XO XXX				
7	Donohoe, Eireann	SO Western Colorado	J1.56m	5-01.25	1.50
	1.51 1.56 1.61 1.66 1.69				
	P XO XPP PPP XX				
9	Matteson, Hope	SO Colorado Mesa	J1.56m	5-01.25	
	1.51 1.56 1.61				
	O XXO XXX				
10	Gibson, Kaelea	FR Colorado Mesa	J1.56m	5-01.25	
	1.51 1.56 1.61				
	XO XXO XXX				
11	King, Megan	SR Colorado Mesa	1.51m	4-11.50	
	1.51 1.56				
	O XXX				
12	Remsberg, Maggie	JR Uc-Colo. Spgs.	J1.51m	4-11.50	
	1.51 1.56				
	XO XXX				
--	Baloun, Megan	FR Chadron State		NH	
	1.51				
	XXX				

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 27 Women High Jump

-- O'Brien, Rachel	JR Adams State	NH
1.51 1.56		
P XXX		
-- Wall, Christianna	FR Black Hills St.	NH
1.51		
XXX		
-- Klein, Kailey	FR Chadron State	NH
1.51		
XXX		
-- Gillespie, Abigail	JR Colo. Mines	NH
1.51		
XXX		
-- Brummell, Allison	FR Chadron State	NH
1.51		
XXX		
-- Wood, Lexye	JR Colo. Mines	DNS

Event 30 Men Pole Vault

RMAC Meet: R 5.30m 4/29/2019 Nolan Ellis, Colorado Mesa

NCAA Prov: P 4.82m 2023

Name	Year School	Finals	Points
1 Potrykus, Hunter	JR Colo. Mines	5.03mP 16-06.00	10
4.08 4.23 4.38 4.53 4.68 4.83 4.93 5.03 5.31			
P P P P O XO P O XPP			
2 Kelly, Noah	SO Colo. Mines	4.53m 14-10.25	7
4.08 4.23 4.38 4.53 4.68			
P P P O XXX			
2 Ellis, Tim	SR Western Colorado	4.53m 14-10.25	7
4.08 4.23 4.38 4.53 4.68 4.83			
P P P O P XXX			
4 Ell, Becker	SO Colorado Mesa	J4.53m 14-10.25	5
4.08 4.23 4.38 4.53 4.68			
P O O XO XXX			
5 Conley, Shane	SO Colo. Mines	J4.53m 14-10.25	4
4.08 4.23 4.38 4.53 4.68			
P P XO XXO XXX			
6 Kleinsasser, Travis	JR S.D. Mines	4.38m 14-04.50	3
4.08 4.23 4.38 4.53			
P P XO XXX			
7 Foy, Ryan	SR Black Hills St.	J4.38m 14-04.50	2
4.08 4.23 4.38 4.53			
P XO XO XXX			
8 Searls, Garrett	SO Colorado Mesa	J4.38m 14-04.50	1
4.08 4.23 4.38 4.53			
O XO XXO XXX			
9 Grant, Aidan	SO Western Colorado	4.08m 13-04.50	
4.08 4.23			
O XXX			
10 Barbot, Eli	SO S.D. Mines	J4.08m 13-04.50	
4.08 4.23			
XXO XXX			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 30 Men Pole Vault

-- Meier, Garrett	FR S.D. Mines	NH
4.08		
XXX		
-- Storlie, Cole	FR S.D. Mines	NH
4.08		
XXX		
-- Wray, Jackson	FR Colo. Mines	NH
4.08		
XXX		
-- Bennett, Aidan	FR Colo. Mines	NH
4.08 4.23 4.38		
P P XXX		
-- McConnell, Kellen	FR Colorado Mesa	NH
4.08		
XXX		
-- Lindeen, Dawson	FR Black Hills St.	DNS

Event 31 Women Long Jump

RMAC Meet: R 6.38m 2015 Shanice McPherson, NM Highlands
 NCAA Prov: P 5.83m 2023

Name	Year School	Finals	Wind	H#	Points
1 Bloomquist, Audrey	JR Uc-Colo. Spgs.	5.77m	2.2	18-11.25	2 10
5.72m(3.2) 5.64m(2.3) 5.51m(1.0) 5.51m(3.4) 5.77m(2.2) 5.63m(2.6)					
2 Obioha, Chisom	JR NM Highlands	5.64m	1.8	18-06.00	2 8
5.64m(1.8) FOUL(2.0) 5.44m(1.1) FOUL(3.4) 5.57m(1.3) FOUL(1.9)					
3 Brockman, Jordan	SO Colorado Mesa	J5.64m	1.2	18-06.00	2 6
5.32m(1.3) 5.47m(3.1) FOUL(1.9) 5.22m(2.0) 5.40m(3.6) 5.64m(1.2)					
4 Novess, Faith	JR Uc-Colo. Spgs.	5.53m	2.7	18-01.75	1 5
5.20m(3.0) FOUL(5.5) 5.53m(2.7) FOUL(1.0) 5.04m(3.8) 5.45m(0.6)					
5 Donohoe, Eireann	SO Western Colorado	5.42m	0.2	17-09.50	2 4
3.71m(-1.9) FOUL(2.0) 5.22m(2.0) 5.35m(2.4) 5.42m(0.2) FOUL(2.3)					
6 Olson, Cora	SR Western Colorado	5.31m	1.3	17-05.25	2 3
5.22m(0.6) 5.08m(1.1) 5.22m(-0.9) 5.31m(1.3) FOUL(1.4) 5.03m(1.8)					
7 Trumper, Taeryn	SO Colorado Mesa	J5.31m	3.7	17-05.25	2 2
FOUL(2.1) FOUL(2.5) 5.31m(3.7) FOUL(1.6) FOUL(3.2) FOUL(0.4)					
8 Bailey, Christine	JR Uc-Colo. Spgs.	5.19m	4.2	17-00.50	2 1
5.13m(3.0) 5.19m(4.2) 5.04m(1.5) 4.96m(2.9) FOUL(1.3) FOUL(2.1)					
9 Arceneaux, Kierra	SR Colorado Mesa	5.15m	2.7	16-10.75	2
5.00m(2.1) 5.15m(2.7) 5.13m(1.8) FOUL(1.1) FOUL(1.5) FOUL(2.9)					
10 Remsberg, Maggie	JR Uc-Colo. Spgs.	5.12m	1.9	16-09.75	1
5.00m(1.8) 4.93m(2.1) 5.12m(1.9)					
11 Jackson, Kiana	SR Colorado Mesa	5.10m	2.1	16-08.75	1
5.10m(2.1) FOUL(0.6) 5.04m(2.0)					
12 Carroll, Kathryn	FR Uc-Colo. Spgs.	5.07m	4.6	16-07.75	1
5.07m(4.6) 4.88m(2.1) 5.04m(3.4)					
13 Nieslanik, Lily	SO Colorado Mesa	5.03m	1.1	16-06.00	2
4.55m(0.1) 5.03m(1.1) FOUL(1.2)					
14 Weber, Taylor	FR Msu Denver	4.95m	1.5	16-03.00	1
FOUL(2.4) 4.95m(1.5) FOUL(2.8)					
15 Baloun, Megan	FR Chadron State	4.86m	1.7	15-11.50	1
FOUL(2.0) 4.86m(1.7) 4.57m(2.3)					

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 31 Women Long Jump

16	Robinson, Tierney	JR S.D. Mines	4.40m	4.0	14-05.25	1	
	4.30m(2.8) 4.40m(4.0) FOUL(2.0)						
17	Hanson, Tatum	FR S.D. Mines	4.34m	2.4	14-03.00	1	
	4.28m(1.7) FOUL(2.2) 4.34m(2.4)						
--	Mathieu, Katherine	SR S.D. Mines	FOUL			1	
	FOUL(2.2) FOUL(2.1) FOUL(2.4)						
--	Wood, Lexye	JR Colo. Mines	DQ	NWI		2	Rule 13-2.2
--	Walshaw, Sidney	FR Colo. Mines	DQ	NWI		2	Rule 13-2.2
--	Gomez, Caelyn	JR Adams State	DNS	NWI		1	

Event 32 Men Long Jump

RMAC Meet: R 7.82m 2016 Damarcus Simpson, Chadron State

NCAA Prov: P 7.27m 2023

Name	Year School	Finals	Wind	H#	Points
1 Dembele, Ismael	FR Western Colorado	7.35mP	-1.1	24-01.50	2 10
7.22m(-0.6) 7.34m(+0.0) 7.31m(0.1) 7.31m(+0.0) 7.35m(-1.1) 7.07m(-2.7)					
2 Haskins, Grant	FR Uc-Colo. Spgs.	7.32mP	1.5	24-00.25	2 8
FOUL(1.4) FOUL(-0.1) 6.93m(+0.0) 7.32m(1.5) FOUL(-0.6) 7.01m(-1.8)					
3 Safoh, Richard	SO Uc-Colo. Spgs.	7.28mP	-3.4	23-10.75	2 6
7.08m(-1.1) 6.99m(-1.3) FOUL(0.9) FOUL(-0.9) FOUL(-1.1) 7.28m(-3.4)					
4 Buckhold, Zace	SO Colorado Mesa	7.26m	+0.0	23-10.00	2 5
FOUL(1.2) 6.84m(-1.0) 6.79m(-1.0) FOUL(0.6) 6.90m(0.8) 7.26m(+0.0)					
5 Thompson, Justin	JR Colorado Mesa	7.21m	0.4	23-08.00	2 4
FOUL(-0.4) 6.84m(+0.0) 6.78m(-1.9) FOUL(1.7) 7.21m(0.4) FOUL(+0.0)					
6 Turnage, Peyton	JR Uc-Colo. Spgs.	7.19m	0.3	23-07.25	2 3
FOUL(0.2) 7.19m(0.3) FOUL(0.4) 7.08m(-1.0) FOUL(0.2) 6.83m(-2.1)					
7 Abbott, Dakota	SR Uc-Colo. Spgs.	7.06m	-1.7	23-02.00	1 2
6.80m(1.1) 7.04m(0.6) 7.06m(-1.7) FOUL(-0.8) PASS PASS					
8 Bohannon, Peterson	JR Uc-Colo. Spgs.	7.01m	-1.1	23-00.00	2 1
FOUL(2.1) 7.01m(-1.1) FOUL(0.6) 6.85m(1.2) FOUL(-1.7) FOUL(0.9)					
9 Wesley, Malcom	SO Western Colorado	6.95m	-2.4	22-09.75	2
6.95m(-2.4) FOUL(0.1) 6.32m(-2.6) FOUL(0.8) 6.85m(-0.9) 6.77m(+0.0)					
10 Wilson, Daryon	SO Uc-Colo. Spgs.	6.86m	-0.8	22-06.25	2
FOUL(1.3) FOUL(+0.0) 6.86m(-0.8) FOUL(0.3) FOUL(-1.0) PASS					
11 Yoosook, Emory	JR Chadron State	6.82m	2.7	22-04.50	1
6.82m(2.7) FOUL(1.7) FOUL(-0.8)					
12 Grable, Scott	SO Western Colorado	6.79m	-0.8	22-03.50	1
FOUL(2.4) 6.79m(-0.8) 6.70m(+0.0)					
13 Guerrero, Mario	JR Black Hills St.	6.48m	3.5	21-03.25	1
6.48m(3.5) 5.87m(+0.0) 6.30m(+0.0)					
14 Bradley, Kash	FR Colorado Mesa	6.40m	-3.2	21-00.00	1
FOUL(1.3) FOUL(-0.4) 6.40m(-3.2)					
15 McClinton-El, Tyrese	SO Colorado Mesa	6.34m	-1.0	20-09.75	1
FOUL(2.7) 5.66m(0.6) 6.34m(-1.0)					
16 Ullery, Reece	SR Black Hills St.	6.22m	-0.1	20-05.00	1
FOUL(2.0) 6.22m(-0.1) FOUL(1.5)					
17 Guidry, Perry	JR Msu Denver	6.21m	2.3	20-04.50	1
6.21m(2.3) 4.28m(-1.2) 5.85m(+0.0)					
18 Lloyd, Brock	JR Westminster (Ut)	5.90m	-1.3	19-04.25	1
5.88m(2.9) 5.83m(0.5) 5.90m(-1.3)					

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 35 Women Discus Throw**

=====									
RMAC Meet: R 51.98m 5/9/2017 Mel Herl, Chadron State									
NCAA Prov: P 45.70m 2023									
Name	Year	School	Finals			H#	Points	=====	
1 Malouf, Emily	JR	Westminster (Ut)	48.57mP	159-04	2	10			
			48.11m	47.58m	46.23m	41.39m	48.57m	44.77m	
2 Sawvell, Kyla	SR	Chadron State	44.22m	145-01	2	8			
			40.13m	FOUL	44.22m	41.56m	41.86m	40.72m	
3 Yackey, Heather	SO	Colorado Mesa	43.80m	143-08	2	6			
			FOUL	40.96m	42.61m	FOUL	43.80m	35.98m	
4 Wessels, Febe	FR	Csu-Pueblo	42.70m	140-01	2	5			
			FOUL	42.70m	41.55m	41.08m	FOUL	39.43m	
5 Sullivan, Hanah	FR	Black Hills St.	42.57m	139-08	1	4			
			36.67m	39.07m	FOUL	40.81m	42.57m	33.96m	
6 Rugar, Kitt	SO	Colo. Mines	42.22m	138-06	2	3			
			36.36m	39.61m	42.22m	36.15m	FOUL	40.03m	
7 Mikaelian, Olivia	SO	Csu-Pueblo	40.89m	134-02	2	2			
			40.89m	36.25m	34.04m	32.06m	38.43m	38.17m	
8 Viger, Maddie	FR	S.D. Mines	39.30m	128-11	1	1			
			36.86m	39.30m	35.77m	38.79m	37.59m	FOUL	
9 Solarin, Grace	FR	Msu Denver	J39.30m	128-11	1				
			34.33m	37.84m	39.30m	37.13m	35.45m	35.25m	
10 Graves, Bailey	FR	Csu-Pueblo	38.58m	126-07	1				
			36.99m	38.58m	36.65m				
11 Osterfelt, Lindsey	FR	Western Colorado	38.51m	126-04	2				
			FOUL	38.51m	FOUL				
12 Jurens, Olivia	SR	S.D. Mines	38.46m	126-02	1				
			38.46m	FOUL	36.82m				
13 Stubbs, Jaycie	JR	S.D. Mines	38.44m	126-01	2				
			FOUL	38.44m	37.96m				
14 Jorgens, Savannah	FR	Uc-Colo. Spgs.	37.72m	123-09	1				
			37.72m	37.08m	31.05m				
15 Holland, Anna	JR	Uc-Colo. Spgs.	37.66m	123-07	2				
			37.66m	FOUL	36.03m				
16 Lynn Bonner, Cassie	JR	Uc-Colo. Spgs.	37.59m	123-04	1				
			37.47m	36.30m	37.59m				
17 Walters, Caroline	SO	Uc-Colo. Spgs.	37.08m	121-08	2				
			35.52m	37.08m	33.21m				
18 Hancock, Augustine	FR	Colorado Mesa	36.72m	120-06	2				
			FOUL	36.72m	35.91m				
19 Scott, Kaitlyn	JR	NM Highlands	34.08m	111-10	1				
			FOUL	34.08m	FOUL				
20 Tomon, Virginia	SO	Colorado Mesa	33.55m	110-01	1				
			33.55m	FOUL	FOUL				
21 Schenck, Adisyn	FR	S.D. Mines	32.04m	105-01	1				
			FOUL	32.04m	FOUL				
22 Van Ruler, Abbie	SO	S.D. Mines	30.44m	99-10	1				
			30.44m	FOUL	27.35m				
-- Higgins, Katherine	SO	Csu-Pueblo	FOUL		2				
			FOUL	FOUL	FOUL				
-- Arias, Alicia	SR	NM Highlands	DNS		1				

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 36 Men Discus Throw**

=====									
RMAC Meet: R 55.47m		2004		Jake Evig, Adams State					
NCAA Prov: P 50.41m		2023							
Name	Year	School	Finals	H#	Points				
=====									
1	Larson, Jordan	SR	Adams State	49.88m	163-08	2	10		
	49.88m	47.96m	FOUL	46.49m	FOUL	FOUL			
2	Dirkes, Sam	SO	Adams State	48.95m	160-07	2	8		
	48.95m	FOUL	46.72m	48.12m	FOUL	FOUL			
3	Mack, Sully	SR	Black Hills St.	48.70m	159-09	2	6		
	43.25m	44.97m	FOUL	47.31m	47.33m	48.70m			
4	Demos, Kyle	FR	Uc-Colo. Spgs.	48.53m	159-03	2	5		
	FOUL	42.16m	47.19m	FOUL	46.77m	48.53m			
5	Gonser, Parker	JR	Chadron State	48.09m	157-09	2	4		
	46.92m	47.40m	46.09m	46.46m	48.09m	FOUL			
6	Nelson, Tyler	JR	Western Colorado	47.89m	157-01	2	3		
	47.89m	46.96m	47.27m	46.55m	46.88m	FOUL			
7	Miller, Nathaniel	SR	Csu-Pueblo	46.67m	153-01	2	2		
	45.15m	FOUL	FOUL	46.67m	FOUL	FOUL			
8	Veidmark, Arvid	SR	Colo. Mines	46.07m	151-02	2	1		
	44.88m	46.07m	45.73m	FOUL	FOUL	FOUL			
9	Fisher, Blaine	FR	Western Colorado	45.21m	148-04	1			
	44.35m	43.55m	45.21m	44.23m	43.88m	FOUL			
10	Roberts, Michael	FR	Uc-Colo. Spgs.	44.90m	147-04	1			
	FOUL	40.58m	44.90m						
11	Collins, Shane	JR	Chadron State	43.84m	143-10	2			
	FOUL	43.84m	41.47m						
12	Kiesby, Davin	JR	Colo. Mines	43.52m	142-09	1			
	41.32m	42.23m	43.52m						
13	Freeman, Xavier	FR	Csu-Pueblo	43.22m	141-09	1			
	43.22m	FOUL	FOUL						
14	Jenks, Justin	JR	Csu-Pueblo	42.58m	139-08	1			
	41.81m	41.90m	42.58m						
15	Moore, Jameson	JR	Colorado Mesa	42.24m	138-07	1			
	42.07m	41.54m	42.24m						
16	Rosenstrauch, Anthony	SR	Black Hills St.	41.67m	136-08	1			
	39.95m	39.97m	41.67m						
17	Osmanski, Kevin	JR	S.D. Mines	41.57m	136-05	1			
	38.26m	FOUL	41.57m						
18	Riley, Hayden	JR	Colorado Mesa	41.02m	134-07	2			
	41.02m	FOUL	FOUL						
19	Butterfield, Logan	SO	Western Colorado	40.80m	133-10	1			
	40.07m	40.80m	39.95m						
20	Thompson, Aidan	SO	S.D. Mines	40.08m	131-06	2			
	FOUL	32.43m	40.08m						
21	McGraw, Conor	JR	Black Hills St.	39.33m	129-00	1			
	FOUL	39.33m	39.11m						
22	Kaiser, Reid	JR	S.D. Mines	39.32m	129-00	1			
	FOUL	38.05m	39.32m						
23	Cone, Ian	JR	S.D. Mines	36.93m	121-02	1			
	FOUL	36.93m	35.51m						
--	Waddles, James	SO	Adams State	FOUL			2		
	FOUL	FOUL	FOUL						

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 37 Women Hammer Throw**

=====									
RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State									
NCAA Prov: P 52.34m 2023									
Name	Year	School	Finals			H#	Points	=====	
1 Sawvell, Kyla	SR	Chadron State	57.28mP	187-11	2	10			
			53.79m 53.65m 53.54m	57.28m 56.53m 53.12m					
2 Aldrich, Ali	JR	Western Colorado	52.22m	171-04	2	8			
			FOUL 50.05m 50.19m	FOUL 52.22m 51.58m					
3 Scott, Kaitlyn	JR	NM Highlands	50.39m	165-04	2	6			
			50.39m 48.02m	FOUL 49.92m FOUL 48.80m					
4 Holland, Anna	JR	Uc-Colo. Spgs.	50.37m	165-03	2	5			
			44.45m FOUL FOUL	49.96m 49.35m 50.37m					
5 Mikaelian, Olivia	SO	Csu-Pueblo	49.72m	163-01	2	4			
			45.43m 41.54m 44.89m	46.97m 47.15m 49.72m					
6 Saylor, Jenna	JR	S.D. Mines	48.43m	158-11	2	3			
			44.68m 46.52m 48.43m	FOUL FOUL 46.06m					
7 Lynn Bonner, Cassie	JR	Uc-Colo. Spgs.	48.00m	157-06	2	2			
			44.83m 48.00m 46.29m	44.25m 44.20m 43.10m					
8 Smith, Courtney	JR	Chadron State	47.03m	154-03	2	1			
			FOUL 44.84m 47.03m	FOUL 44.82m 46.73m					
9 Wortham, Krystal	SO	Western Colorado	45.68m	149-10	2				
			FOUL 44.49m FOUL	45.68m FOUL FOUL					
10 Schliep, Madyson	JR	Chadron State	44.15m	144-10	1				
			44.15m 42.56m FOUL						
11 Brackenbury, Chloe	FR	Western Colorado	42.54m	139-07	2				
			42.54m FOUL FOUL						
12 Higgins, Katherine	SO	Csu-Pueblo	42.47m	139-04	1				
			42.47m FOUL 41.94m						
13 Hancock, Augustine	FR	Colorado Mesa	42.46m	139-04	1				
			41.43m 42.46m FOUL						
14 Sullivan, Hanah	FR	Black Hills St.	41.75m	137-00	1				
			FOUL FOUL 41.75m						
15 Jurens, Olivia	SR	S.D. Mines	41.41m	135-10	1				
			FOUL 39.43m 41.41m						
16 Solarin, Grace	FR	Msu Denver	41.31m	135-06	1				
			41.29m FOUL 41.31m						
17 Robinson, Tierney	JR	S.D. Mines	41.25m	135-04	1				
			38.77m 39.34m 41.25m						
18 Chrisawn, Trinity	JR	Chadron State	41.22m	135-03	1				
			41.22m 40.90m 40.87m						
19 Van Ruler, Abbie	SO	S.D. Mines	40.74m	133-08	1				
			40.74m FOUL 40.68m						
20 Osterfelt, Lindsey	FR	Western Colorado	37.12m	121-09	1				
			FOUL 35.22m 37.12m						
21 Frank, Kitrie	SO	Black Hills St.	35.88m	117-08	1				
			35.88m 35.72m FOUL						
22 Jorgens, Savannah	FR	Uc-Colo. Spgs.	32.25m	105-10	1				
			32.25m FOUL FOUL						
-- Jarnagin, Jennifer	SO	Colo. Mines	FOUL		2				
			FOUL FOUL FOUL						
-- Rugar, Kitt	SO	Colo. Mines	FOUL		2				
			FOUL FOUL FOUL						

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 38 Men Hammer Throw**

=====										
RMAC Meet: R 61.58m 4/29/2022 Shane Collins, Chadron State										
NCAA Prov: P 56.77m 2023										
Name	Year School			Finals			H#	Points	=====	
1 Collins, Shane	JR Chadron State			60.31mP			197-10	2	10	
	58.73m	58.85m	57.02m	55.39m	60.31m	58.58m				
2 Jenks, Justin	JR Csu-Pueblo			55.54m			182-03	2	8	
	FOUL	54.64m	54.96m	FOUL	55.54m	55.00m				
3 Loper, Justyn	JR Uc-Colo. Spgs.			54.98m			180-04	2	6	
	51.59m	53.62m	51.33m	54.98m	52.12m	51.88m				
4 Kiesby, Davin	JR Colo. Mines			54.92m			180-02	2	5	
	54.23m	54.38m	54.90m	FOUL	54.92m	FOUL				
5 Veidmark, Arvid	SR Colo. Mines			54.86m			180-00	2	4	
	53.84m	54.47m	FOUL	54.86m	54.12m	54.62m				
6 Miller, Nathaniel	SR Csu-Pueblo			53.78m			176-05	2	3	
	53.78m	FOUL	52.87m	51.59m	FOUL	51.39m				
7 Mack, Sully	SR Black Hills St.			53.70m			176-02	2	2	
	51.45m	53.70m	FOUL	FOUL	FOUL	FOUL				
8 Nelson, Tyler	JR Western Colorado			51.48m			168-11	2	1	
	50.62m	51.48m	FOUL	FOUL	49.92m	FOUL				
9 Colman, Erick	SR S.D. Mines			51.40m			168-08	1		
	49.15m	50.74m	FOUL	49.18m	FOUL	51.40m				
10 Moore, Jameson	JR Colorado Mesa			50.55m			165-10	2		
	49.71m	50.55m	49.24m							
11 Osmanski, Kevin	JR S.D. Mines			49.77m			163-03	2		
	44.34m	46.98m	49.77m							
12 Butterfield, Logan	SO Western Colorado			49.60m			162-09	2		
	49.60m	FOUL	44.35m							
13 Moran, Lucas	SO Csu-Pueblo			49.53m			162-06	1		
	49.53m	48.49m	FOUL							
14 Kaiser, Reid	JR S.D. Mines			49.48m			162-04	1		
	46.81m	49.48m	FOUL							
15 Evans, Karter	SO Western Colorado			49.47m			162-04	1		
	49.15m	49.47m	49.35m							
16 Gonser, Parker	JR Chadron State			48.48m			159-01	1		
	48.48m	48.18m	48.48m							
17 Hard, Luke	JR Uc-Colo. Spgs.			48.45m			158-11	2		
	47.93m	FOUL	48.45m							
18 Welch, Brody	FR Colo. Mines			47.53m			155-11	1		
	46.74m	47.53m	FOUL							
19 Roberts, Michael	FR Uc-Colo. Spgs.			46.93m			154-00	1		
	FOUL	46.73m	46.93m							
20 Jennings, Christopher	JR Chadron State			46.32m			152-00	1		
	36.73m	45.05m	46.32m							
21 Kalaf, Cameron	SO Colorado Mesa			43.91m			144-01	1		
	FOUL	43.91m	FOUL							
22 Fritztler, Henry	JR S.D. Mines			43.47m			142-07	1		
	FOUL	40.52m	43.47m							
23 Swim, Hayden	FR Colo. Mines			43.02m			141-02	1		
	FOUL	42.19m	43.02m							
-- Riley, Hayden	JR Colorado Mesa			FOUL				1		
	FOUL	FOUL	FOUL							

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 39 Women Javelin Throw**

=====									
RMAC Meet: R 48.36m 4/29/2018 Sharon Toako, NM Highlands									
NCAA Prov: P 42.03m 2023									
Name	Year	School	Finals			H#	Points	=====	
1 Stubbs, Jaycie	JR	S.D. Mines	40.92m	134-03	2	10			
			39.01m 40.92m 38.88m						
2 Wessels, Febe	FR	Csu-Pueblo	40.88m	134-01	2	8			
			38.85m 36.56m 40.88m 39.51m FOUL FOUL						
3 Graves, Bailey	FR	Csu-Pueblo	40.29m	132-02	2	6			
			28.72m 32.76m 37.53m 37.64m 40.29m 39.61m						
4 Clarke, Patreece	FR	NM Highlands	38.90m	127-07	2	5			
			30.74m 33.41m 35.90m 31.75m 38.29m 38.90m						
5 Frank, Kitrie	SO	Black Hills St.	38.33m	125-09	2	4			
			34.14m 38.33m 32.76m 37.35m 36.03m FOUL						
6 Jones, Brooklynn	FR	Msu Denver	38.03m	124-09	2	3			
			36.55m 37.73m 36.55m 35.09m 34.29m 38.03m						
7 Bohlken, Kamryn	JR	Uc-Colo. Spgs.	36.40m	119-05	2	2			
			35.24m 33.89m 36.40m 31.83m 35.22m 34.77m						
8 Walters, Caroline	SO	Uc-Colo. Spgs.	36.39m	119-05	2	1			
			36.39m 32.34m 35.96m 33.99m 33.25m 32.68m						
9 Rensberg, Maggie	JR	Uc-Colo. Spgs.	35.10m	115-02	1				
			33.36m 30.58m 35.10m PASS PASS PASS						
10 Baldner, Linnea	FR	Western Colorado	34.30m	112-06	2				
			34.30m 33.48m 29.93m						
11 Thornton, Devyn	FR	Chadron State	33.26m	109-01	1				
			33.26m 30.07m FOUL						
12 Castillio, Nicole	FR	Uc-Colo. Spgs.	32.54m	106-09	1				
			32.54m 31.93m 32.01m						
13 Schenck, Adisyn	FR	S.D. Mines	31.53m	103-05	2				
			31.53m 30.55m FOUL						
14 Castaneda, Lamara	FR	Chadron State	31.35m	102-10	1				
			29.00m 29.20m 31.35m						
15 Harrison, Lucia	JR	NM Highlands	31.14m	102-02	1				
			28.37m 31.14m 30.45m						
16 Korbe, Jocelyn	JR	Msu Denver	31.03m	101-10	1				
			30.09m 31.03m 27.27m						
17 Sawvell, Kyla	SR	Chadron State	30.33m	99-06	1				
			27.81m 27.22m 30.33m						
18 Sims, Sydney	FR	Westminster (Ut)	30.19m	99-00	1				
			28.81m 30.19m 28.72m						
19 Jarnagin, Jennifer	SO	Colo. Mines	29.94m	98-03	1				
			27.21m 28.15m 29.94m						
20 Garand, Teagan	SR	Msu Denver	29.61m	97-02	1				
			27.61m 28.06m 29.61m						
21 Dickinson, Megan	SO	Csu-Pueblo	29.46m	96-08	2				
			29.00m 26.22m 29.46m						
22 Osterfelt, Lindsey	FR	Western Colorado	29.22m	95-10	2				
			29.22m FOUL 25.88m						
23 Marvel, Jade	FR	Msu Denver	25.55m	83-10	1				
			24.55m 24.73m 25.55m						
-- Hilbert, Myles	SR	Western Colorado	DNS		1				

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

Event 43 Women Heptathlon

RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands
 NCAA Prov: P 4510 2023

Name	Year	School	Finals	H#	Points
1 Jenrette, Mica	JR	Colorado Mesa	4884P		10
2 Wright, Avery	FR	Colo. Mines	4824P		8
3 Novess, Faith	JR	Uc-Colo. Spgs.	4730P		6
4 Remsberg, Maggie	JR	Uc-Colo. Spgs.	4571P		5
5 Brockman, Jordan	SO	Colorado Mesa	4503		4
6 Thomson, Katie	FR	Colorado Mesa	4264		3
7 Marvel, Jade	FR	Msu Denver	4169		2
8 Korbe, Jocelyn	JR	Msu Denver	3929		1
9 Scoggins, Mary	FR	Csu-Pueblo	3819		
10 Krumpus, Abby	SO	S.D. Mines	2865		

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Brockman, Jordan	SO	Colorado Mesa	14.71	1.9	3	880
2 Remsberg, Maggie	JR	Uc-Colo. Spgs.	14.75	1.9	3	875
3 Novess, Faith	JR	Uc-Colo. Spgs.	14.81	1.9	3	867
4 Jenrette, Mica	JR	Colorado Mesa	14.81	1.9	3	867
5 Wright, Avery	FR	Colo. Mines	15.41	0.9	2	788
6 Thomson, Katie	FR	Colorado Mesa	15.83	0.9	2	735
7 Korbe, Jocelyn	JR	Msu Denver	16.41	1.4	1	665
8 Marvel, Jade	FR	Msu Denver	16.46	0.9	2	659
9 Scoggins, Mary	FR	Csu-Pueblo	17.06	1.4	1	590
10 Krumpus, Abby	SO	S.D. Mines	18.41	1.4	1	447

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Wright, Avery	FR	Colo. Mines	1.61m 5-03.25	747
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58	1.61 1.64	
P P P P P	P P O P O	O O O O	XXO XXX	
2 Remsberg, Maggie	JR	Uc-Colo. Spgs.	1.55m 5-01.00	678
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58		
P P P P P	P P P P P	P XXO XXO XXX		
2 Novess, Faith	JR	Uc-Colo. Spgs.	1.55m 5-01.00	678
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58		
P P P P P	P P P P P	P PXO O XXX		
2 Jenrette, Mica	JR	Colorado Mesa	1.55m 5-01.00	678
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55 1.58		
P P P P P	P P P P XO	XO XXO XO XXX		
5 Brockman, Jordan	SO	Colorado Mesa	1.52m 4-11.75	644
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52 1.55		
P P P P P	P P P P XO	XO XO XXX		
6 Thomson, Katie	FR	Colorado Mesa	1.49m 4-10.50	610
1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40 1.43 1.46	1.49 1.52		
P P P P P	P P XXO XO O	XO XXX		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 43 Heptathlon: #2 Women High Jump Heptathlon

7	Scoggins, Mary	FR	Csu-Pueblo	1.43m	4-08.25	544
	1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46					
	P P P P P P O O XO XXX					
7	Korbe, Jocelyn	JR	Msu Denver	1.43m	4-08.25	544
	1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46					
	P P P P P O O O XO XXX					
9	Marvel, Jade	FR	Msu Denver	1.40m	4-07.00	512
	1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43					
	P P P P P O XXO O XXX					
10	Krumpus, Abby	SO	S.D. Mines	1.34m	4-04.75	449
	1.19 1.22 1.25 1.28 1.31 1.34 1.37					
	O O XO XO O XO XXX					

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Wright, Avery	FR	Colo. Mines	10.69m 35-01.00	575
			10.26m 10.35m 10.69m	
2 Jenrette, Mica	JR	Colorado Mesa	10.62m 34-10.25	570
			9.41m 10.32m 10.62m	
3 Novess, Faith	JR	Uc-Colo. Spgs.	10.56m 34-07.75	566
			9.88m 9.94m 10.56m	
4 Korbe, Jocelyn	JR	Msu Denver	10.38m 34-00.75	554
			9.39m 10.25m 10.38m	
5 Marvel, Jade	FR	Msu Denver	10.28m 33-08.75	548
			9.99m 10.28m 9.62m	
6 Remsberg, Maggie	JR	Uc-Colo. Spgs.	9.54m 31-03.75	499
			9.46m 9.54m 9.46m	
7 Thomson, Katie	FR	Colorado Mesa	9.44m 30-11.75	493
			8.99m 9.10m 9.44m	
8 Brockman, Jordan	SO	Colorado Mesa	8.90m 29-02.50	458
			8.90m 8.37m 8.31m	
9 Scoggins, Mary	FR	Csu-Pueblo	8.88m 29-01.75	456
			8.88m 8.71m 8.55m	
10 Krumpus, Abby	SO	S.D. Mines	8.13m 26-08.25	408
			6.43m FOUL 8.13m	

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 Wright, Avery	FR	Colo. Mines	25.28	0.9	2	861
2 Jenrette, Mica	JR	Colorado Mesa	25.35	0.9	2	855
3 Brockman, Jordan	SO	Colorado Mesa	25.85	0.9	2	810
4 Remsberg, Maggie	JR	Uc-Colo. Spgs.	26.49	0.9	2	755
5 Novess, Faith	JR	Uc-Colo. Spgs.	26.60	0.9	2	745
6 Thomson, Katie	FR	Colorado Mesa	26.80	0.9	2	729
7 Marvel, Jade	FR	Msu Denver	26.85	+0.0	1	724
8 Scoggins, Mary	FR	Csu-Pueblo	27.27	+0.0	1	690
9 Korbe, Jocelyn	JR	Msu Denver	27.55	0.9	2	667
10 Krumpus, Abby	SO	S.D. Mines	30.12	+0.0	1	474

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 43 Heptathlon: #5 Women Long Jump Heptathlon**

Name	Year School	Finals	Wind	Points	
1 Novess, Faith	JR Uc-Colo. Spgs.	5.67m	3.2	18-07.25	750
FOUL(2.9) 5.67m(3.2) 5.38m(1.8)					
2 Brockman, Jordan	SO Colorado Mesa	5.62m	2.4	18-05.25	735
4.96m(2.6) FOUL(3.2) 5.62m(2.4)					
3 Wright, Avery	FR Colo. Mines	5.29m	3.4	17-04.25	640
5.29m(3.4) 5.14m(3.0) 5.23m(1.7)					
4 Thomson, Katie	FR Colorado Mesa	5.25m	5.2	17-02.75	628
5.07m(2.6) 5.25m(5.2) 5.03m(1.6)					
5 Jenrette, Mica	JR Colorado Mesa	5.24m	4.9	17-02.25	626
FOUL(2.2) 5.12m(3.3) 5.24m(4.9)					
6 Remsberg, Maggie	JR Uc-Colo. Spgs.	5.15m	3.9	16-10.75	601
4.13m(1.1) 5.15m(3.9) FOUL(1.6)					
7 Marvel, Jade	FR Msu Denver	5.06m	3.4	16-07.25	576
4.99m(4.1) 4.77m(4.3) 5.06m(3.4)					
8 Korbe, Jocelyn	JR Msu Denver	5.00m	4.5	16-05.00	559
4.84m(1.2) 4.92m(5.2) 5.00m(4.5)					
9 Scoggins, Mary	FR Csú-Pueblo	4.65m	2.7	15-03.25	466
4.09m(4.8) 4.65m(2.7) 4.62m(3.8)					
10 Krumpus, Abby	SO S.D. Mines	3.40m	4.3	11-02.00	180
FOUL(3.2) FOUL(2.3) 3.40m(4.3)					

Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points	
1 Remsberg, Maggie	JR Uc-Colo. Spgs.	33.66m	110-05	546
31.79m 33.66m 28.46m				
2 Jenrette, Mica	JR Colorado Mesa	32.53m	106-09	525
31.55m 32.53m 25.76m				
3 Wright, Avery	FR Colo. Mines	30.83m	101-02	492
30.81m 26.49m 30.83m				
4 Korbe, Jocelyn	JR Msu Denver	30.60m	100-05	488
30.11m 30.60m 29.30m				
5 Marvel, Jade	FR Msu Denver	28.66m	94-00	451
28.66m 27.94m 27.23m				
6 Novess, Faith	JR Uc-Colo. Spgs.	27.87m	91-05	436
26.77m 27.87m 27.55m				
7 Krumpus, Abby	SO S.D. Mines	25.77m	84-06	397
FOUL FOUL 25.77m				
8 Scoggins, Mary	FR Csú-Pueblo	24.06m	78-11	365
24.06m 24.02m FOUL				
9 Brockman, Jordan	SO Colorado Mesa	21.95m	72-00	325
21.18m FOUL 21.95m				
10 Thomson, Katie	FR Colorado Mesa	20.95m	68-09	307
20.25m 20.95m FOUL				

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Jenrette, Mica	JR Colorado Mesa	2:24.55	763
1:14.657 (1:14.657) 2:24.542 (1:09.886)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

2 Thomson, Katie	FR Colorado Mesa	2:24.62	762
1:14.890 (1:14.890)	2:24.614 (1:09.725)		
3 Wright, Avery	FR Colo. Mines	2:27.80	721
1:14.094 (1:14.094)	2:27.793 (1:13.700)		
4 Scoggins, Mary	FR Csu-Pueblo	2:28.77	708
1:14.942 (1:14.942)	2:28.766 (1:13.824)		
5 Marvel, Jade	FR Msu Denver	2:29.53	699
1:15.224 (1:15.224)	2:29.522 (1:14.299)		
6 Novess, Faith	JR Uc-Colo. Spgs.	2:30.37	688
1:14.368 (1:14.368)	2:30.364 (1:15.997)		
7 Brockman, Jordan	SO Colorado Mesa	2:33.37	651
1:14.294 (1:14.294)	2:33.369 (1:19.076)		
8 Remsberg, Maggie	JR Uc-Colo. Spgs.	2:36.21	617
1:15.635 (1:15.635)	2:36.208 (1:20.573)		
9 Krumpus, Abby	SO S.D. Mines	2:45.61	510
1:22.825 (1:22.825)	2:45.601 (1:22.777)		
10 Korbe, Jocelyn	JR Msu Denver	2:51.11	452
1:19.495 (1:19.495)	2:51.108 (1:31.613)		

Event 44 Men Decathlon

RMAC Meet: R 7146 5/1/2021 Hayden Sather, Colorado Mines

NCAA Prov: P 6354 2023

Name	Year School	Finals	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	6756P	10	
2 Thompson, Aidan	SO S.D. Mines	6325	8	
3 Kleinsasser, Travis	JR S.D. Mines	6320	6	
4 Rhoades, Harley	SR Chadron State	6261	5	
5 McGraw, Conor	JR Black Hills St.	6140	4	
6 Dower, Kaden	SO Chadron State	5386	3	
7 Cass, Jade	JR S.D. Mines	5297	2	
8 Harrington, Cody	SO S.D. Mines	4779	1	

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	11.26	0.1	2	804
2 Rhoades, Harley	SR Chadron State	11.26	0.1	2	804
3 McGraw, Conor	JR Black Hills St.	11.34	0.1	2	786
4 Kleinsasser, Travis	JR S.D. Mines	11.59	0.1	2	734
5 Thompson, Aidan	SO S.D. Mines	11.60	0.1	2	732
6 Dower, Kaden	SO Chadron State	11.64	1.5	1	723
7 Cass, Jade	JR S.D. Mines	11.80	1.5	1	691
8 Harrington, Cody	SO S.D. Mines	12.10	0.1	2	631
-- Lindeen, Dawson	FR Black Hills St.	DNS	1.5	1	

Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Johnson, Terrel	SR Csu-Pueblo	6.81m	3.8	22-04.25 769
6.72m(2.5) 6.67m(2.0) 6.81m(3.8)				

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 44 Decathlon: #2 Men Long Jump Decathlon

2	Thompson, Aidan	SO S.D. Mines	6.23m	2.5	20-05.25	637
	5.62m(2.2) FOUL(1.9) 6.23m(2.5)					
3	Cass, Jade	JR S.D. Mines	6.16m	3.1	20-02.50	621
	5.87m(-0.6) 6.16m(3.1) 6.05m(4.5)					
4	Rhoades, Harley	SR Chadron State	6.13m	2.3	20-01.50	615
	6.09m(2.3) 5.88m(2.0) 6.13m(2.3)					
5	McGraw, Conor	JR Black Hills St.	6.01m	4.3	19-08.75	589
	5.74m(0.4) 6.01m(4.3) FOUL(2.3)					
6	Kleinsasser, Travis	JR S.D. Mines	5.82m	3.9	19-01.25	548
	5.59m(2.3) 5.70m(3.3) 5.82m(3.9)					
7	Dower, Kaden	SO Chadron State	5.69m	2.6	18-08.00	521
	5.43m(1.5) 5.69m(2.6) FOUL(2.5)					
8	Harrington, Cody	SO S.D. Mines	5.36m	3.1	17-07.00	453
	FOUL(2.5) FOUL(3.0) 5.36m(3.1)					
--	Lindeen, Dawson	FR Black Hills St.	DNS	NWI		

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan	SO S.D. Mines	13.18m	43-03.00 678
	13.08m 13.18m FOUL		
2 Cass, Jade	JR S.D. Mines	12.42m	40-09.00 632
	12.42m 9.11m 12.08m		
3 McGraw, Conor	JR Black Hills St.	12.21m	40-00.75 619
	11.67m 11.65m 12.21m		
4 Kleinsasser, Travis	JR S.D. Mines	12.20m	40-00.50 619
	12.20m 11.45m 12.17m		
5 Dower, Kaden	SO Chadron State	11.93m	39-01.75 602
	11.79m 11.93m 11.60m		
6 Johnson, Terrel	SR Csu-Pueblo	10.77m	35-04.00 532
	10.48m 10.77m 10.04m		
7 Harrington, Cody	SO S.D. Mines	10.28m	33-08.75 502
	9.98m 10.28m 9.85m		
8 Rhoades, Harley	SR Chadron State	10.22m	33-06.50 499
	9.65m 10.22m 9.49m		
--	Lindeen, Dawson	FR Black Hills St.	DNS

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Johnson, Terrel	SR Csu-Pueblo	1.94m	6-04.25 749
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97		
	P P P P P P P P P P O O O O O O XXO XO XXX		
2 Thompson, Aidan	SO S.D. Mines	1.85m	6-00.75 670
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88		
	P P P P P P P P P P P P P O O O XO XXX		
3 Rhoades, Harley	SR Chadron State	1.82m	5-11.50 644
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85		
	P P P P P P P P P P O O XO O XO XXO XXX		
4 McGraw, Conor	JR Black Hills St.	1.70m	5-07.00 544
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73		
	P P P P P P P P O P O XO XXX		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 44 Decathlon: #4 Men High Jump Decathlon

5	Dower, Kaden	SO Chadron State	1.67m	5-05.75	520
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
	P P P P P P P O P XO XXX				
6	Kleinsasser, Travis	JR S.D. Mines	1.61m	5-03.25	472
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	P O P O P O XO XXO XXX				
7	Harrington, Cody	SO S.D. Mines	1.40m	4-07.00	317
	1.40 1.43				
	XXO XXX				
--	Cass, Jade	JR S.D. Mines		NH	
	1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82				
	P P P P P P P P P P P P P P XXX				
--	Lindeen, Dawson	FR Black Hills St.		DNS	

Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	SR Chadron State	49.98	816
2 Johnson, Terrel	SR Csu-Pueblo	50.43	795
3 McGraw, Conor	JR Black Hills St.	51.05	767
4 Kleinsasser, Travis	JR S.D. Mines	51.12	764
5 Thompson, Aidan	SO S.D. Mines	51.85	731
6 Cass, Jade	JR S.D. Mines	54.52	618
7 Dower, Kaden	SO Chadron State	54.69	611
8 Harrington, Cody	SO S.D. Mines	54.80	607

Event 44 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind H#	Points
1 Johnson, Terrel	SR Csu-Pueblo	15.41	1.0 2	801
2 McGraw, Conor	JR Black Hills St.	15.89	1.0 2	745
3 Kleinsasser, Travis	JR S.D. Mines	16.25	1.0 2	705
4 Cass, Jade	JR S.D. Mines	16.72	0.7 1	654
5 Rhoades, Harley	SR Chadron State	16.80	1.0 2	645
6 Dower, Kaden	SO Chadron State	17.08	0.7 1	616
7 Thompson, Aidan	SO S.D. Mines	18.04	0.7 1	520
8 Harrington, Cody	SO S.D. Mines	18.26	0.7 1	499

Event 44 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Thompson, Aidan	SO S.D. Mines	44.76m	146-10 762
	44.76m 44.60m 43.16m		
2 McGraw, Conor	JR Black Hills St.	41.18m	135-01 689
	41.18m FOUL FOUL		
3 Cass, Jade	JR S.D. Mines	36.51m	119-09 594
	34.29m 36.03m 36.51m		
4 Kleinsasser, Travis	JR S.D. Mines	36.12m	118-06 586
	33.32m 36.12m 33.21m		
5 Dower, Kaden	SO Chadron State	33.97m	111-05 543
	29.35m 30.42m 33.97m		

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 44 Decathlon: #7 Men Discus Throw Decathlon**

6	Johnson, Terrel	SR	Csu-Pueblo	32.04m	105-01	505
	32.04m 29.94m FOUL					
7	Harrington, Cody	SO	S.D. Mines	31.41m	103-01	492
	23.64m 31.41m 29.00m					
8	Rhoades, Harley	SR	Chadron State	29.99m	98-05	464
	29.99m FOUL 27.19m					
--	Lindeen, Dawson	FR	Black Hills St.	DNS		

Event 44 Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points	
1 Kleinsasser, Travis	JR	S.D. Mines	4.65m 15-03.00	804	
	3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.55 4.65 4.75		P P P P P P P P O XO P XO P XXO O O XXO XXX		
2 Cass, Jade	JR	S.D. Mines	4.25m 13-11.25	688	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35		P P O O P O P O P O XXO XXX		
3 Johnson, Terrel	SR	Csu-Pueblo	4.05m 13-03.50	631	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15		P P P P P XO O P XXO O O XXO O XXX		
4 Rhoades, Harley	SR	Chadron State	3.95m 12-11.50	603	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05		P P P P O P P XXO O O O XXO XXX		
5 Thompson, Aidan	SO	S.D. Mines	3.55m 11-07.75	496	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75		P P P P P XXO O XO P XXX		
6 Dower, Kaden	SO	Chadron State	3.45m 11-03.75	469	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55		P O P O P O O XXX		
7 Harrington, Cody	SO	S.D. Mines	3.25m 10-08.00	418	
	2.85 2.95 3.05 3.15 3.25 3.35 3.45		P O O P O P XXX		
7 McGraw, Conor	JR	Black Hills St.	3.25m 10-08.00	418	
	2.85 2.95 3.05 3.15 3.25 3.35		P O O O XXO XXX		
--	Lindeen, Dawson	FR	Black Hills St.	DNS	

Event 44 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1 Johnson, Terrel	SR	Csu-Pueblo	46.04m 151-00	530
	42.95m 40.69m 46.04m			
2 McGraw, Conor	JR	Black Hills St.	45.00m 147-08	515
	45.00m 43.44m 44.63m			
3 Rhoades, Harley	SR	Chadron State	40.71m 133-07	452
	40.71m 39.67m FOUL			
4 Kleinsasser, Travis	JR	S.D. Mines	38.66m 126-10	423
	32.70m FOUL 38.66m			
5 Cass, Jade	JR	S.D. Mines	37.36m 122-07	404
	34.81m 37.36m 35.73m			
6 Thompson, Aidan	SO	S.D. Mines	36.50m 119-09	392
	36.50m 35.21m 36.06m			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 44 Decathlon: #9 Men Javelin Throw Decathlon

7 Dower, Kaden	SO Chadron State	35.43m	116-03	376
32.25m 27.27m 35.43m				
8 Harrington, Cody	SO S.D. Mines	31.20m	102-04	316
27.20m 31.20m 31.06m				
-- Lindeen, Dawson	FR Black Hills St.		DNS	

Event 44 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Rhoades, Harley	SR Chadron State	4:33.94	719
50.434 (50.434)	2:07.287 (1:16.854)	3:26.936 (1:19.649)	4:33.934 (1:06.998)
2 Thompson, Aidan	SO S.D. Mines	4:35.72	707
53.594 (53.594)	2:08.761 (1:15.167)	3:23.745 (1:14.985)	4:35.711 (1:11.966)
3 Kleinsasser, Travis	JR S.D. Mines	4:42.49	665
54.220 (54.220)	2:11.320 (1:17.101)	3:32.002 (1:20.682)	4:42.488 (1:10.486)
4 Johnson, Terrel	SR Csu-Pueblo	4:46.50	640
55.134 (55.134)	2:11.637 (1:16.504)	3:32.654 (1:21.017)	4:46.491 (1:13.837)
5 Harrington, Cody	SO S.D. Mines	5:02.76	544
54.795 (54.795)	2:14.669 (1:19.875)	3:42.244 (1:27.575)	5:02.759 (1:20.515)
6 McGraw, Conor	JR Black Hills St.	5:16.50	468
59.716 (59.716)	2:27.872 (1:28.156)	4:00.227 (1:32.355)	5:16.496 (1:16.270)
7 Dower, Kaden	SO Chadron State	5:28.88	405
59.537 (59.537)	2:28.171 (1:28.635)	4:02.802 (1:34.632)	5:28.871 (1:26.069)
8 Cass, Jade	JR S.D. Mines	5:30.80	395
58.400 (58.400)	2:27.669 (1:29.269)	4:02.313 (1:34.644)	5:30.796 (1:28.483)

Women - Team Rankings - 8 Events Scored

1) UC-Colo. Spgs.	48.50	2) Colorado Mesa	45
3) CSU-Pueblo	41	4) Western Colorado	38
5) Colo. Mines	30.50	6) Chadron State	22
7) Westminster (UT)	21	8) NM Highlands	19
9) MSU Denver	14	9) S.D. Mines	14
11) Black Hills St.	8	12) Adams State	6
13) Fort Lewis	5		

Men - Team Rankings - 7 Events Scored

1) Colo. Mines	65	2) Western Colorado	45
3) UC-Colo. Spgs.	39	4) CSU-Pueblo	29
5) Chadron State	22	6) S.D. Mines	20
7) Colorado Mesa	19	8) Adams State	18
9) Black Hills St.	14	10) MSU Denver	2