

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 1 Women 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Arceneaux, Sierra	SR	Colorado Mesa	P 11.68Q	-0.3	2
2 Bloomquist, Audrey	JR	Uc-Colo. Spgs.	11.89Q	-0.5	1
3 Fuller, Breanne	SR	Black Hills St.	11.92Q	0.7	3
4 Sartain, Alese	SO	Adams State	11.96Q	0.7	3
5 Bolton, Keyanda	SO	Uc-Colo. Spgs.	12.07Q	-0.3	2
6 Lattimore, Jaivion	SR	Msu Denver	12.10Q	-0.5	1
7 Dantzler, Myia	SO	Western Colorado	12.09q	-0.3	2
8 Farinas, Victoria	SO	Uc-Colo. Spgs.	12.15q	-0.5	1
9 Collier, Charlie	JR	Chadron State	12.17	0.7	3
10 Hummel, Claire	SR	Msu Denver	12.19	0.7	3
11 George, Hannah	JR	Colo. Christian	12.22	-0.3	2
12 Hobson, Jessica	FR	Msu Denver	12.38	0.7	3
13 Moreni, Missy	SO	Uc-Colo. Spgs.	12.46	-0.5	1
14 Horton, Gaby	FR	Colorado Mesa	12.50	-0.5	1
15 Burnett-Perry, Serenity	SO	Colorado Mesa	12.57	-0.5	1
16 Kennison, Avry	FR	Colorado Mesa	12.64	-0.3	2
17 Schemling, Madeline	SO	Colo. Christian	13.02	-0.3	2
-- Fuchs, Brittany	SR	Uc-Colo. Spgs.	DNS	0.7	3

Event 3 Women 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 23.41 2011 Indira Spence, Adams State

RMAC Meet: R 23.41 2014 Kayon Robinson, Adams State

NCAA Prov: P 24.34 2023

Name	Year	School	Prelims	Wind	H#
=====					
1 Arceneaux, Sierra	SR	Colorado Mesa	P 23.61Q	-1.3	1
2 Bolton, Keyanda	SO	Uc-Colo. Spgs.	24.58Q	-1.1	3
3 Fuller, Breanne	SR	Black Hills St.	24.64Q	0.5	2
4 Sartain, Alese	SO	Adams State	24.70Q	-1.1	3
5 Burnett, Jordan	SO	Colorado Mesa	24.82Q	-1.3	1
6 Hummel, Claire	SR	Msu Denver	25.04Q	0.5	2
7 Collier, Charlie	JR	Chadron State	24.97q	-1.3	1
8 Romero, Allyssa	JR	Msu Denver	25.06q	0.5	2
9 Olson, Cora	SR	Western Colorado	25.08	0.5	2
10 George, Hannah	JR	Colo. Christian	25.13	-1.1	3
11 Molder, McKenna	SR	Colorado Mesa	25.28	-1.3	1
12 Dantzler, Myia	SO	Western Colorado	25.30	-1.3	1
13 Lattimore, Jaivion	SR	Msu Denver	25.32	-1.1	3
14 Horton, Gaby	FR	Colorado Mesa	25.37	-1.1	3
15 Burnett-Perry, Serenity	SO	Colorado Mesa	25.65	0.5	2
16 Harrison, Sakara	SO	Western Colorado	25.69	-1.3	1
17 Hobson, Jessica	FR	Msu Denver	25.99	-1.1	3
18 Garand, Teagan	SR	Msu Denver	26.36	-1.1	3
19 Lapp, Kiarra	FR	Western Colorado	26.44	-1.3	1
-- Fuchs, Brittany	SR	Uc-Colo. Spgs.	DNS	0.5	2
-- Johnson, Charity	SR	NM Highlands	DNS	0.5	2

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 5 Women 400 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State

NCAA Prov: P 56.00 2023

Name	Year	School	Prelims	H#
1 Burnett, Jordan	SO	Colorado Mesa	56.36Q	1
2 Nelson, Amena	SR	Colo. Mines	56.81Q	2
3 Smoker, Tara	SO	Colo. Christian	57.10Q	3
4 Romero, Allyssa	JR	Msu Denver	57.35Q	4
5 Davis, Amber	SO	Uc-Colo. Spgs.	57.11q	3
6 Donald, Cemore	JR	NM Highlands	57.37q	2
7 Rose, Nadine	JR	NM Highlands	57.46q	1
8 Galvin, Grace	SO	Colo. Mines	57.54q	4
9 Dikken, Emma	SO	Colorado Mesa	58.40	4
10 Lapp, Kiarra	FR	Western Colorado	58.68	3
11 Harrison, Lucia	JR	NM Highlands	58.83	1
12 Higashi, Randi	SR	Colo. Mines	58.84	4
13 Lopez, Alyssa	SO	Uc-Colo. Spgs.	59.31	2
14 Arcand, Elaina	FR	Colorado Mesa	59.34	3
15 Groth, Caydince	SO	Chadron State	59.35	1
16 Garand, Teagan	SR	Msu Denver	59.62	2
17 Sowell, Naleia	SO	Msu Denver	59.97	2
18 Tracy, Mikayla	JR	Black Hills St.	1:01.52	1
19 Ivins, Raygen	SO	Msu Denver	1:03.09	3
20 Wulff, Cassandra	FR	Chadron State	1:03.41	4
21 Wilson, Adeline	JR	S.D. Mines	1:03.55	1
22 Swinney, Kassyl	FR	Chadron State	1:04.71	2

Event 7 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State

NCAA Prov: P 2:12.23 2023

Name	Year	School	Prelims	H#
1 Braybrook, Helen	SO	Csu-Pueblo	P 2:09.36Q	1
1:02.507 (1:02.507)	2:09.351 (1:06.844)			
2 Johnson, Josii	SR	Westminster (Ut)	P 2:12.23Q	2
1:04.309 (1:04.309)	2:12.226 (1:07.918)			
3 Duck, Mackenzie	SR	Colo. Mines	2:12.74Q	3
1:04.776 (1:04.776)	2:12.739 (1:07.963)			
4 O'Brien, Rachel	JR	Adams State	P 2:10.39Q	1
1:03.502 (1:03.502)	2:10.387 (1:06.885)			
5 Wright, Aryelle	JR	Colo. Mines	2:12.75Q	3
1:04.560 (1:04.560)	2:12.746 (1:08.186)			
6 Hedlund, Kate	JR	Uc-Colo. Spgs.	2:13.13Q	2
1:04.548 (1:04.548)	2:13.127 (1:08.579)			
7 Simon, Jessica	SO	Adams State	P 2:10.61q	1
1:02.858 (1:02.858)	2:10.605 (1:07.748)			
8 Kjellsen, Emma	FR	Western Colorado	2:13.57q	3
1:05.264 (1:05.264)	2:13.561 (1:08.298)			
9 Mohan, Abbey	JR	Western Colorado	2:16.04	1
1:06.650 (1:06.650)	2:16.033 (1:09.383)			

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Results

....Event 7 Women 800 Meter Run

10	Herron, Jady	FR Csu-Pueblo	2:16.35	2
	1:04.865 (1:04.865)	2:16.347 (1:11.482)		
11	Worline, Emily	SR Westminster (Ut)	2:17.39	3
	1:05.655 (1:05.655)	2:17.388 (1:11.734)		
12	Britton, Alyssa	SO Colorado Mesa	2:19.18	3
	1:06.151 (1:06.151)	2:19.178 (1:13.028)		
13	Street, Audrynn	SO Msu Denver	2:20.16	2
	1:07.702 (1:07.702)	2:20.156 (1:12.455)		
14	Hewitt, Michela	JR Uc-Colo. Spgs.	2:21.14	2
	1:05.131 (1:05.131)	2:21.131 (1:16.001)		
15	Goodrich, Rachel	SO Uc-Colo. Spgs.	2:22.13	3
	1:07.496 (1:07.496)	2:22.127 (1:14.631)		
16	Carlos, Dulce	SO Western Colorado	2:22.34	2
	1:07.380 (1:07.380)	2:22.333 (1:14.953)		
17	Manfre, Miranda	JR Colo. Mines	2:22.53	1
	1:05.985 (1:05.985)	2:22.526 (1:16.542)		
18	Boling, Reagan	FR Colo. Christian	2:23.18	1 2:23.173
	1:08.216 (1:08.216)	2:23.173 (1:14.957)		
19	Timbang, Erika	JR Uc-Colo. Spgs.	2:23.18	2 2:23.176
	1:07.103 (1:07.103)	2:23.176 (1:16.073)		
20	Saline, Abbie	JR S.D. Mines	2:23.98	3
	1:07.831 (1:07.831)	2:23.972 (1:16.142)		
21	Peterson, Claire	FR Fort Lewis	2:25.16	1
	1:09.527 (1:09.527)	2:25.160 (1:15.634)		
22	Chavez, Tanis	FR Msu Denver	2:26.94	2
	1:08.204 (1:08.204)	2:26.939 (1:18.736)		

Event 9 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

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RMAC Meet: R 4:21.41		1996	Elva Martinez-Dryer, Western S		
NCAA Prov: P 4:32.09		2023			
Name	Year	School	Prelims	H#	
=====					
1	McAlindon, Courtney	SR Westminster (Ut)	P 4:28.10Q	1	
	54.473 (54.473)	2:07.506 (1:13.033)	3:20.186 (1:12.681)		4:28.099 (1:07.914)
2	Hedlund, Kate	JR Uc-Colo. Spgs.	4:39.23Q	2	
	58.790 (58.790)	2:17.654 (1:18.864)	3:30.455 (1:12.802)		4:39.227 (1:08.772)
3	Lawrence, Nicole	JR Adams State	P 4:28.30Q	1	
	54.608 (54.608)	2:07.657 (1:13.050)	3:20.719 (1:13.062)		4:28.296 (1:07.577)
4	Fankhouser, Katie	JR Fort Lewis	4:39.33Q	2	
	58.916 (58.916)	2:17.755 (1:18.839)	3:30.615 (1:12.861)		4:39.330 (1:08.716)
5	Taylor, Leah	FR Western Colorado	P 4:30.00Q	1	
	54.741 (54.741)	2:07.775 (1:13.034)	3:21.014 (1:13.239)		4:29.998 (1:08.985)
6	Fauske, Anna	SO Uc-Colo. Spgs.	4:39.48Q	2	
	59.119 (59.119)	2:17.981 (1:18.862)	3:30.994 (1:13.014)		4:39.473 (1:08.479)
7	Beasley, Allison	FR Western Colorado	P 4:30.17Q	1	
	54.247 (54.247)	2:07.271 (1:13.025)	3:20.502 (1:13.232)		4:30.162 (1:09.660)
8	McCleskey, Maggie	FR Adams State	4:39.49Q	2	
	59.054 (59.054)	2:17.921 (1:18.867)	3:30.304 (1:12.384)		4:39.482 (1:09.178)
9	Kjellsen, Emma	FR Western Colorado	P 4:31.09q	1	
	54.989 (54.989)	2:08.038 (1:13.049)	3:21.692 (1:13.655)		4:31.088 (1:09.396)
10	MacGill, Kira	SO Colorado Mesa	4:32.29q	1	
	54.867 (54.867)	2:07.892 (1:13.026)	3:21.528 (1:13.636)		4:32.289 (1:10.762)

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Results

....Event 9 Women 1500 Meter Run

11 Herr, Alexis	FR Colo. Mines	4:37.35q	1
55.101 (55.101)	2:08.054 (1:12.953)	3:22.054 (1:14.001)	4:37.349 (1:15.295)
12 Dorion, Amalia	SO Adams State	4:40.14q	2
59.219 (59.219)	2:18.201 (1:18.982)	3:30.769 (1:12.569)	4:40.133 (1:09.364)
13 Miller, Molly	JR Colo. Christian	4:40.88	2
59.349 (59.349)	2:18.117 (1:18.769)	3:32.343 (1:14.226)	4:40.874 (1:08.532)
14 Curley, Angel	SR Fort Lewis	4:47.06	1
55.504 (55.504)	2:10.758 (1:15.254)	3:31.481 (1:20.723)	4:47.054 (1:15.573)
15 Graff, Kelsey	JR Uc-Colo. Spgs.	4:54.60	2
59.748 (59.748)	2:18.527 (1:18.780)	3:36.161 (1:17.635)	4:54.600 (1:18.440)
16 Holland, Taylor	SO Csu-Pueblo	4:55.65	1
54.631 (54.631)	2:07.849 (1:13.218)	3:26.249 (1:18.401)	4:55.643 (1:29.394)
17 Ketner, Callie	JR Colo. Christian	4:57.20	1
55.277 (55.277)	2:11.116 (1:15.839)	3:34.014 (1:22.898)	4:57.193 (1:23.180)
18 Peterson, Claire	FR Fort Lewis	4:59.37	2
59.963 (59.963)	2:19.636 (1:19.673)	3:42.202 (1:22.567)	4:59.361 (1:17.159)
19 Carlos, Dulce	SO Western Colorado	4:59.65	2
1:00.044 (1:00.044)	2:19.273 (1:19.229)	3:39.857 (1:20.585)	4:59.642 (1:19.785)
20 Robinson, Xiomara	SR Black Hills St.	5:01.24	2
59.403 (59.403)	2:18.034 (1:18.632)	3:33.685 (1:15.651)	5:01.232 (1:27.547)
21 Breuer, Molly	FR Uc-Colo. Spgs.	5:03.61	2
59.662 (59.662)	2:18.993 (1:19.331)	3:41.517 (1:22.525)	5:03.606 (1:22.089)
22 Wieman, Alissa	SO Chadron State	5:03.86	1
55.745 (55.745)	2:15.110 (1:19.365)	3:40.277 (1:25.168)	5:03.852 (1:23.575)
23 Mena, Sophia	SO Fort Lewis	5:05.37	2
59.776 (59.776)	2:19.405 (1:19.629)	3:41.879 (1:22.475)	5:05.370 (1:23.492)
24 Castilleja, Marisol	FR Fort Lewis	5:05.96	1
56.391 (56.391)	2:17.718 (1:21.327)	3:43.555 (1:25.837)	5:05.955 (1:22.401)

Event 15 Women 10000 Meter Run

RMAC Meet: R 35:59.10 2001 Jodi Day, Western State

NCAA Prov: P 36:28.87 2023

Name	Year	School	Finals	Points
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Finals

1 Anderson, Saydi	SR Westminster (Ut)	36:46.92	10
1:33.527 (1:33.527)	3:07.710 (1:34.184)	4:39.012 (1:31.303)	6:07.727 (1:28.715)
7:36.614 (1:28.887)	9:03.851 (1:27.238)	10:31.253 (1:27.402)	11:58.924 (1:27.672)
13:27.107 (1:28.183)	14:55.742 (1:28.636)	16:23.371 (1:27.629)	17:51.166 (1:27.796)
19:18.916 (1:27.751)	20:46.795 (1:27.879)	22:15.867 (1:29.072)	23:45.431 (1:29.564)
25:14.155 (1:28.724)	26:43.420 (1:29.265)	28:12.486 (1:29.067)	29:41.490 (1:29.005)
31:10.023 (1:28.533)	32:38.673 (1:28.651)	34:00.082 (1:21.410)	35:26.019 (1:25.937)
36:46.914 (1:20.896)			
2 Read, Abi	JR Msu Denver	36:58.79	8
1:30.297 (1:30.297)	3:05.816 (1:35.520)	4:36.960 (1:31.144)	6:04.937 (1:27.977)
7:33.426 (1:28.490)	9:02.920 (1:29.495)	10:30.024 (1:27.105)	11:57.921 (1:27.897)
13:26.090 (1:28.170)	14:54.693 (1:28.604)	16:22.245 (1:27.553)	17:50.275 (1:28.030)
19:18.607 (1:28.333)	20:46.618 (1:28.011)	22:15.561 (1:28.944)	23:45.156 (1:29.595)
25:13.874 (1:28.719)	26:43.103 (1:29.230)	28:12.226 (1:29.123)	29:41.211 (1:28.985)
31:09.785 (1:28.574)	32:38.509 (1:28.724)	34:06.608 (1:28.099)	35:35.254 (1:28.647)
36:58.781 (1:23.527)			

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3	Strongman, Grace	FR Colo. Mines	37:25.09	6
	1:31.936 (1:31.936)	3:06.416 (1:34.481)	4:37.679 (1:31.263)	6:05.216 (1:27.538)
	7:33.712 (1:28.497)	9:03.205 (1:29.493)	10:30.325 (1:27.120)	11:58.203 (1:27.879)
	13:26.360 (1:28.158)	14:54.954 (1:28.594)	16:22.569 (1:27.615)	17:50.583 (1:28.014)
	19:19.199 (1:28.617)	20:47.003 (1:27.804)	22:16.152 (1:29.150)	23:45.736 (1:29.585)
	25:14.494 (1:28.758)	26:44.291 (1:29.797)	28:17.042 (1:32.752)	29:48.856 (1:31.814)
	31:21.659 (1:32.803)	32:54.722 (1:33.064)	34:26.451 (1:31.729)	36:00.127 (1:33.676)
	37:25.088 (1:24.962)			
4	Ray, Brandy	JR Fort Lewis	37:38.74	5
	1:31.451 (1:31.451)	3:06.148 (1:34.697)	4:37.423 (1:31.275)	6:06.145 (1:28.723)
	7:34.016 (1:27.871)	9:03.514 (1:29.499)	10:30.703 (1:27.189)	11:58.499 (1:27.796)
	13:26.627 (1:28.128)	14:55.234 (1:28.608)	16:22.925 (1:27.691)	17:50.883 (1:27.959)
	19:19.472 (1:28.589)	20:46.972 (1:27.501)	22:16.456 (1:29.484)	23:46.297 (1:29.842)
	25:15.539 (1:29.242)	26:49.162 (1:33.623)	28:22.483 (1:33.322)	29:55.330 (1:32.847)
	31:29.492 (1:34.162)	33:04.171 (1:34.680)	34:38.251 (1:34.080)	36:11.694 (1:33.443)
	37:38.739 (1:27.046)			
5	Kaiser, Olivia	FR Western Colorado	37:58.24	4
	1:31.707 (1:31.707)	3:06.668 (1:34.961)	4:37.870 (1:31.203)	6:06.625 (1:28.755)
	7:36.452 (1:29.827)	9:04.586 (1:28.135)	10:34.522 (1:29.936)	12:06.021 (1:31.499)
	13:37.248 (1:31.228)	15:09.424 (1:32.177)	16:41.802 (1:32.378)	18:16.205 (1:34.403)
	19:47.255 (1:31.051)	21:18.146 (1:30.891)	22:51.263 (1:33.117)	24:24.114 (1:32.851)
	25:56.859 (1:32.746)	27:28.490 (1:31.631)	29:00.516 (1:32.027)	30:33.970 (1:33.454)
	32:07.730 (1:33.760)	33:40.157 (1:32.428)	35:12.329 (1:32.172)	36:40.937 (1:28.608)
	37:58.233 (1:17.297)			
6	Renberg, Sarah	FR Csu-Pueblo	38:00.45	3
	1:32.043 (1:32.043)	3:06.946 (1:34.904)	4:38.163 (1:31.217)	6:06.908 (1:28.746)
	7:36.690 (1:29.782)	9:04.866 (1:28.177)	10:34.781 (1:29.915)	12:06.204 (1:31.424)
	13:37.501 (1:31.298)	15:09.656 (1:32.156)	16:42.130 (1:32.474)	18:16.384 (1:34.255)
	19:45.093 (1:28.709)	21:14.753 (1:29.660)	22:45.590 (1:30.838)	24:18.071 (1:32.481)
	25:50.848 (1:32.777)	27:23.231 (1:32.384)	28:56.737 (1:33.507)	30:29.997 (1:33.260)
	32:03.457 (1:33.460)	33:36.487 (1:33.031)	35:09.229 (1:32.742)	36:38.169 (1:28.940)
	38:00.443 (1:22.274)			
7	Madrid, Jessica	FR Uc-Colo. Spgs.	38:02.47	2
	1:33.027 (1:33.027)	3:08.036 (1:35.009)	4:39.246 (1:31.210)	6:08.297 (1:29.051)
	7:37.263 (1:28.966)	9:05.660 (1:28.398)	10:35.272 (1:29.612)	12:06.423 (1:31.152)
	13:37.695 (1:31.272)	15:09.840 (1:32.145)	16:42.022 (1:32.183)	18:16.427 (1:34.405)
	19:46.822 (1:30.395)	21:15.148 (1:28.327)	22:45.876 (1:30.728)	24:18.303 (1:32.428)
	25:51.069 (1:32.767)	27:23.602 (1:32.534)	28:57.010 (1:33.408)	30:30.220 (1:33.210)
	32:03.783 (1:33.563)	33:36.230 (1:32.448)	35:09.448 (1:33.218)	36:38.475 (1:29.028)
	38:02.467 (1:23.992)			
8	Rohrer-Fitzhugh, Hannah	SR Westminster (Ut)	38:02.86	1
	1:32.401 (1:32.401)	3:07.857 (1:35.456)	4:39.164 (1:31.307)	6:08.017 (1:28.853)
	7:36.945 (1:28.929)	9:04.150 (1:27.205)	10:34.150 (1:30.000)	12:05.971 (1:31.821)
	13:37.849 (1:31.879)	15:10.042 (1:32.193)	16:42.437 (1:32.396)	18:16.850 (1:34.413)
	19:47.352 (1:30.503)	21:18.392 (1:31.040)	22:48.484 (1:30.092)	24:19.909 (1:31.426)
	25:52.983 (1:33.074)	27:25.897 (1:32.915)	28:59.247 (1:33.350)	30:31.906 (1:32.659)
	32:06.255 (1:34.350)	33:39.208 (1:32.953)	35:10.058 (1:30.851)	36:37.540 (1:27.482)
	38:02.858 (1:25.318)			

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

9	Schmitz, Halle	FR	Csu-Pueblo	38:36.23				
	1:32.801 (1:32.801)	3:08.195 (1:35.394)	4:39.694 (1:31.500)	6:09.186 (1:29.493)				
	7:37.812 (1:28.626)	9:06.181 (1:28.369)	10:35.738 (1:29.558)	12:07.041 (1:31.303)				
	13:38.122 (1:31.082)	15:10.104 (1:31.982)	16:42.310 (1:32.206)	18:16.670 (1:34.361)				
	19:47.581 (1:30.911)	21:17.412 (1:29.832)	22:51.703 (1:34.291)	24:24.653 (1:32.950)				
	25:57.411 (1:32.758)	27:31.761 (1:34.350)	29:09.026 (1:37.266)	30:44.339 (1:35.314)				
	32:19.448 (1:35.109)	33:55.951 (1:36.504)	35:30.936 (1:34.985)	37:06.668 (1:35.733)				
	38:36.229 (1:29.561)							
10	Kunz, Lacey	FR	Western Colorado	38:40.63				
	1:33.276 (1:33.276)	3:08.096 (1:34.821)	4:39.517 (1:31.421)	6:08.917 (1:29.401)				
	7:37.573 (1:28.656)	9:06.501 (1:28.928)	10:36.748 (1:30.248)	12:07.618 (1:30.870)				
	13:38.566 (1:30.948)	15:10.633 (1:32.068)	16:42.967 (1:32.334)	18:17.181 (1:34.214)				
	19:48.397 (1:31.217)	21:20.032 (1:31.635)	22:54.538 (1:34.507)	24:30.318 (1:35.780)				
	26:07.034 (1:36.716)	27:43.659 (1:36.626)	29:20.798 (1:37.139)	30:57.838 (1:37.040)				
	32:32.264 (1:34.427)	34:08.783 (1:36.520)	35:44.032 (1:35.249)	37:17.530 (1:33.499)				
	38:40.629 (1:23.099)							
11	Ingallinera, Mason	SO	Uc-Colo. Spgs.	38:44.73				
	1:33.016 (1:33.016)	3:08.310 (1:35.295)	4:39.355 (1:31.045)	6:08.528 (1:29.174)				
	7:37.290 (1:28.762)	9:05.933 (1:28.643)	10:35.249 (1:29.317)	12:06.271 (1:31.023)				
	13:37.488 (1:31.217)	15:09.508 (1:32.021)	16:41.919 (1:32.412)	18:16.220 (1:34.302)				
	19:47.031 (1:30.811)	21:16.210 (1:29.179)	22:47.641 (1:31.432)	24:20.453 (1:32.813)				
	25:55.738 (1:35.285)	27:29.502 (1:33.765)	29:06.899 (1:37.397)	30:44.271 (1:37.373)				
	32:19.689 (1:35.418)	33:57.177 (1:37.488)	35:36.692 (1:39.515)	37:14.488 (1:37.796)				
	38:44.727 (1:30.240)							
12	Loe, Ashleigh	FR	Colo. Mines	38:49.02				
	1:32.327 (1:32.327)	3:07.514 (1:35.188)	4:38.713 (1:31.199)	6:07.440 (1:28.727)				
	7:37.102 (1:29.663)	9:05.111 (1:28.010)	10:35.017 (1:29.907)	12:06.472 (1:31.455)				
	13:37.960 (1:31.489)	15:09.782 (1:31.822)	16:42.221 (1:32.440)	18:16.578 (1:34.357)				
	19:47.049 (1:30.472)	21:16.500 (1:29.451)	22:49.236 (1:32.736)	24:24.393 (1:35.157)				
	25:57.708 (1:33.316)	27:31.312 (1:33.605)	29:09.251 (1:37.939)	30:45.788 (1:36.538)				
	32:23.674 (1:37.887)	33:59.891 (1:36.217)	35:38.887 (1:38.996)	37:16.110 (1:37.224)				
	38:49.014 (1:32.904)							
13	Shoemaker, Maddy	SR	Fort Lewis	40:41.94				
	1:33.301 (1:33.301)	3:08.559 (1:35.259)	4:39.646 (1:31.087)	6:09.459 (1:29.814)				
	7:38.440 (1:28.981)	9:09.653 (1:31.214)	10:45.375 (1:35.723)	12:21.484 (1:36.109)				
	13:58.790 (1:37.307)	15:37.552 (1:38.763)	17:16.220 (1:38.669)	18:54.122 (1:37.902)				
	20:34.097 (1:39.975)	22:13.197 (1:39.101)	23:54.260 (1:41.064)	25:35.667 (1:41.408)				
	27:17.023 (1:41.356)	28:58.390 (1:41.367)	30:38.808 (1:40.419)	32:18.738 (1:39.931)				
	34:00.582 (1:41.844)	35:42.377 (1:41.796)	37:23.954 (1:41.578)	39:05.481 (1:41.528)				
	40:41.932 (1:36.451)							
14	Leslie, Jewels	SO	NM Highlands	41:00.48				
	1:32.731 (1:32.731)	3:08.535 (1:35.805)	4:39.948 (1:31.413)	6:09.752 (1:29.804)				
	7:39.754 (1:30.003)	9:13.742 (1:33.988)	10:51.187 (1:37.446)	12:29.636 (1:38.449)				
	14:10.092 (1:40.457)	15:49.269 (1:39.177)	17:29.641 (1:40.372)	19:10.937 (1:41.297)				
	20:46.871 (1:35.934)	22:25.575 (1:38.705)	24:09.400 (1:43.826)	25:51.354 (1:41.954)				
	27:29.651 (1:38.298)	29:12.762 (1:43.111)	30:56.595 (1:43.833)	32:36.080 (1:39.486)				
	34:19.283 (1:43.203)	36:01.879 (1:42.596)	37:43.691 (1:41.813)	39:24.501 (1:40.810)				
	41:00.480 (1:35.980)							

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Results

....Event 15 Women 10000 Meter Run

15 Johnson, Madisen	JR Fort Lewis	42:48.27			
1:33.642 (1:33.642)	3:08.806 (1:35.164)	4:44.499 (1:35.693)	6:25.877 (1:41.378)		
8:08.413 (1:42.537)	9:50.522 (1:42.109)	11:33.527 (1:43.006)	13:15.453 (1:41.927)		
14:58.971 (1:43.519)	16:40.954 (1:41.983)	18:24.875 (1:43.922)	20:07.500 (1:42.625)		
21:49.683 (1:42.183)	23:34.458 (1:44.776)	25:20.098 (1:45.640)	27:05.264 (1:45.167)		
28:51.181 (1:45.917)	30:35.462 (1:44.282)	32:20.043 (1:44.581)	34:03.203 (1:43.161)		
35:50.217 (1:47.014)	37:36.059 (1:45.842)	39:20.146 (1:44.087)	41:07.147 (1:47.001)		
42:48.265 (1:41.119)					
-- Cornell, Caitlin	JR Msu Denver	DNF			
1:31.745 (1:31.745)	3:07.222 (1:35.478)	4:38.429 (1:31.207)	6:07.158 (1:28.730)		
7:36.918 (1:29.760)	9:05.360 (1:28.442)	10:35.487 (1:30.128)	12:06.765 (1:31.279)		
13:38.171 (1:31.407)	15:10.351 (1:32.180)	16:42.597 (1:32.246)	18:16.923 (1:34.327)		
19:47.878 (1:30.955)	21:18.721 (1:30.844)	22:51.973 (1:33.252)	24:24.905 (1:32.932)		

Event 17 Women 3000 Meter Steeplechase

=====
 RMAC Meet: R 10:29.50 2013 Alicia Nelson, Adams State
 NCAA Prov: P 11:01.26 2023

Name	Year School	Finals	Points		
1 Beasley, Allison	FR Western Colorado	10:34.41P	10		
47.987 (47.987)	2:09.201 (1:21.214)	3:33.329 (1:24.128)	4:58.944 (1:25.615)		
6:24.734 (1:25.791)	7:49.519 (1:24.785)	9:13.623 (1:24.105)	10:34.409 (1:20.787)		
2 Raichart, Alex	SR Colo. Mines	10:43.66P	8		
47.960 (47.960)	2:09.383 (1:21.424)	3:33.435 (1:24.053)	4:59.035 (1:25.601)		
6:25.810 (1:26.775)	7:54.485 (1:28.675)	9:22.754 (1:28.270)	10:43.659 (1:20.906)		
3 Stonebarger, Erin	SO Adams State	10:45.59P	6		
47.463 (47.463)	2:09.211 (1:21.749)	3:33.292 (1:24.081)	4:58.908 (1:25.617)		
6:26.235 (1:27.327)	7:54.700 (1:28.465)	9:22.435 (1:27.735)	10:45.589 (1:23.155)		
4 Thomas, Margot	SO Csu-Pueblo	10:59.84P	5		
48.290 (48.290)	2:09.474 (1:21.185)	3:33.611 (1:24.137)	4:59.687 (1:26.076)		
6:26.522 (1:26.835)	7:54.322 (1:27.800)	9:26.681 (1:32.360)	10:59.836 (1:33.155)		
5 Basart, Margaux	FR Colo. Mines	11:01.93	4		
48.530 (48.530)	2:09.894 (1:21.364)	3:33.959 (1:24.065)	4:59.406 (1:25.448)		
6:27.662 (1:28.256)	7:58.614 (1:30.953)	9:32.836 (1:34.222)	11:01.927 (1:29.092)		
6 Richtman, Rachel	JR Uc-Colo. Spgs.	11:06.94	3		
50.575 (50.575)	2:20.275 (1:29.700)	3:50.022 (1:29.748)	5:19.103 (1:29.081)		
6:47.940 (1:28.838)	8:17.759 (1:29.819)	9:46.046 (1:28.288)	11:06.937 (1:20.891)		
7 Wood, Haley	SO Western Colorado	11:34.80	2		
52.188 (52.188)	2:21.359 (1:29.171)	3:50.831 (1:29.472)	5:21.783 (1:30.953)		
6:54.743 (1:32.961)	8:29.559 (1:34.816)	10:02.929 (1:33.370)	11:34.798 (1:31.870)		
8 Moss, Brooke	FR Uc-Colo. Spgs.	11:38.88	1		
51.744 (51.744)	2:22.769 (1:31.026)	3:58.083 (1:35.314)	5:33.121 (1:35.039)		
7:05.196 (1:32.076)	8:39.538 (1:34.343)	10:12.850 (1:33.312)	11:38.873 (1:26.024)		
9 Wright, Carmella	SR Fort Lewis	11:47.47			
47.736 (47.736)	2:14.585 (1:26.850)	3:46.617 (1:32.032)	5:19.606 (1:32.989)		
6:54.181 (1:34.576)	8:31.406 (1:37.225)	10:09.589 (1:38.183)	11:47.462 (1:37.873)		
10 Turpin, Katie	FR Black Hills St.	11:51.32			
52.779 (52.779)	2:26.196 (1:33.417)	4:00.283 (1:34.088)	5:38.786 (1:38.503)		
7:14.421 (1:35.636)	8:48.246 (1:33.825)	10:22.978 (1:34.732)	11:51.317 (1:28.340)		
11 Almasri, Nadine	JR Uc-Colo. Spgs.	11:51.46			
52.046 (52.046)	2:23.559 (1:31.513)	3:58.707 (1:35.148)	5:33.447 (1:34.740)		
7:06.376 (1:32.930)	8:43.074 (1:36.698)	10:20.290 (1:37.217)	11:51.456 (1:31.167)		

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Results

....Event 17 Women 3000 Meter Steeplechase

12 Burnside, Payton	SO Fort Lewis	11:55.70			
51.095 (51.095)	2:21.438 (1:30.343)	3:51.641 (1:30.204)	5:25.288 (1:33.647)		
7:02.365 (1:37.078)	8:42.171 (1:39.806)	10:21.874 (1:39.704)	11:55.692 (1:33.818)		
13 Orstead, Audrey	SO Msu Denver	11:57.50			
51.844 (51.844)	2:22.240 (1:30.396)	3:57.399 (1:35.159)	5:33.930 (1:36.531)		
7:12.471 (1:38.542)	8:50.932 (1:38.461)	10:29.188 (1:38.257)	11:57.495 (1:28.307)		
14 Corby, Cadence	FR Fort Lewis	11:58.10			
53.142 (53.142)	2:24.092 (1:30.950)	3:59.170 (1:35.078)	5:33.792 (1:34.623)		
7:06.951 (1:33.159)	8:45.281 (1:38.331)	10:23.980 (1:38.699)	11:58.092 (1:34.112)		
15 Murphy, Taylor	SR Fort Lewis	12:16.74			
50.517 (50.517)	2:23.538 (1:33.022)	3:59.784 (1:36.246)	5:36.118 (1:36.335)		
7:13.009 (1:36.891)	8:51.953 (1:38.945)	10:36.599 (1:44.646)	12:16.738 (1:40.139)		
-- Rule, Lexi	FR Chadron State	DNF			
50.635 (50.635)	2:22.707 (1:32.072)	4:00.572 (1:37.866)	5:48.065 (1:47.494)		

Event 19 Women 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State
 NCAA Prov: P 14.24 2023

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Clarke, Patreece	FR NM Highlands	P 13.79Q	0.1	3
2 Moreni, Missy	SO Uc-Colo. Spgs.	P 14.03Q	1.3	1
3 Ries, Maya	SO Msu Denver	14.47Q	0.8	2
4 Griffith, Averie	JR Colorado Mesa	14.67Q	0.1	3
5 Brotherson, Katie	SR Westminster (Ut)	15.02Q	0.8	2
6 Remsberg, Maggie	JR Uc-Colo. Spgs.	15.09Q	1.3	1
7 Brockman, Jordan	SO Colorado Mesa	14.87q	0.1	3
8 Donohoe, Eireann	SO Western Colorado	15.13q	1.3	1
9 Novess, Faith	JR Uc-Colo. Spgs.	15.15	0.8	2
10 Hawk, Skylar	FR Uc-Colo. Spgs.	15.17	0.1	3
11 Portis, Kelia	SO Western Colorado	15.29	0.8	2
12 Samuels, Sydney	SO Uc-Colo. Spgs.	15.38	0.8	2
13 Rader, Danae	SO Chadron State	15.61	0.1	3
14 Martinez, Leyah	FR Uc-Colo. Spgs.	15.73	1.3	1
15 Tietjen, Kendall	FR Black Hills St.	16.11	1.3	1
16 Tuti, Clara	SO Western Colorado	16.39	0.1	3
17 Curtis, Sophie	JR Black Hills St.	16.43	0.8	2
-- Jenrette, Mica	JR Colorado Mesa	DNS	1.3	1

Event 21 Women 400 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State
 NCAA Prov: P 1:02.33 2023

Name	Year School	Prelims	H#
=====			
1 Firor, Kaiya	SO Western Colorado	1:02.39Q	1
2 Portis, Kelia	SO Western Colorado	1:03.06Q	2
3 Brotherson, Katie	SR Westminster (Ut)	1:03.33Q	2
4 Martinez, Leyah	FR Uc-Colo. Spgs.	1:04.01Q	1
5 Hawk, Skylar	FR Uc-Colo. Spgs.	1:04.09Q	2

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....Event 21 Women 400 Meter Hurdles

6	Comer, Allison	SO Colo. Mines	1:04.56Q	1
7	Armijo, Beatrice	SR NM Highlands	1:05.29q	2
8	Griffith, Averie	JR Colorado Mesa	1:05.72q	1
9	Scully, Kamryn	JR S.D. Mines	1:06.15	2
10	Williams, Lexie	SO Colorado Mesa	1:06.51	1
11	Curtis, Sophie	JR Black Hills St.	1:06.56	2
12	Rader, Danae	SO Chadron State	1:07.60	1
13	Tietjen, Kendall	FR Black Hills St.	1:07.69	2
14	Harris, Ella	FR Csu-Pueblo	1:07.78	1
15	Mannes, Laine	FR S.D. Mines	1:11.25	2
16	Tuti, Clara	SO Western Colorado	1:14.27	1

Event 23 Women 4x100 Meter Relay

=====
 RMAC Meet: R 44.84 5/9/2017 Adams State
 Wahl, Johnson, Watson, Scherrer

NCAA Prov: P 46.73 2023
 School

Finals H# Points

=====
 Finals

-- Colo. Mines 'A' SCR

Event 27 Women High Jump

=====
 RMAC Meet: R 1.88m 2013 Barbara Szabo, Western State

NCAA Prov: P 1.68m 2023

Name Year School Finals Points

1	Coffey, Josie	SO Colorado Mesa	1.66m	5-05.25	10
	1.51 1.56 1.61 1.66 1.69				
	P O O XO XXX				
2	Jones, Mikayla	SO Csu-Pueblo	J1.66m	5-05.25	8
	1.51 1.56 1.61 1.66 1.69				
	P O O XXO XXX				
3	Novess, Faith	JR Uc-Colo. Spgs.	1.61m	5-03.25	5.50
	1.51 1.56 1.61 1.66				
	O O O XXX				
3	Bretz, Samantha	SO Western Colorado	1.61m	5-03.25	5.50
	1.51 1.56 1.61 1.66				
	P O O XXX				
5	Brockman, Jordan	SO Colorado Mesa	J1.61m	5-03.25	4
	1.51 1.56 1.61 1.66 1.69				
	XO XO O XXP X				
6	Pelton, Destiny	JR Chadron State	1.56m	5-01.25	3
	1.51 1.56 1.61				
	O O XXX				
7	Kintzley, Claire	SO Colo. Mines	J1.56m	5-01.25	1.50
	1.51 1.56 1.61				
	O XO XXX				
7	Donohoe, Eireann	SO Western Colorado	J1.56m	5-01.25	1.50
	1.51 1.56 1.61 1.66 1.69				
	P XO XPP PPP XX				

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....Event 27 Women High Jump

9 Matteson, Hope	SO Colorado Mesa	J1.56m	5-01.25
1.51 1.56 1.61			
O XXO XXX			
10 Gibson, Kaelea	FR Colorado Mesa	J1.56m	5-01.25
1.51 1.56 1.61			
XO XXO XXX			
11 King, Megan	SR Colorado Mesa	1.51m	4-11.50
1.51 1.56			
O XXX			
12 Rensberg, Maggie	JR Uc-Colo. Spgs.	J1.51m	4-11.50
1.51 1.56			
XO XXX			
-- Baloun, Megan	FR Chadron State	NH	
1.51			
XXX			
-- O'Brien, Rachel	JR Adams State	NH	
1.51 1.56			
P XXX			
-- Wall, Christianna	FR Black Hills St.	NH	
1.51			
XXX			
-- Klein, Kailey	FR Chadron State	NH	
1.51			
XXX			
-- Gillespie, Abigail	JR Colo. Mines	NH	
1.51			
XXX			
-- Brummell, Allison	FR Chadron State	NH	
1.51			
XXX			
-- Wood, Lexye	JR Colo. Mines	DNS	

Event 31 Women Long Jump

=====										
RMAC Meet: R 6.38m 2015		Shanice McPherson, NM Highlands								
NCAA Prov: P 5.83m 2023										
Name	Year	School	Finals	Wind		H#	Points			
=====										
1 Bloomquist, Audrey	JR	Uc-Colo. Spgs.	5.77m	2.2	18-11.25	2	10			
			5.72m(3.2)		5.64m(2.3)		5.51m(1.0)	5.51m(3.4)	5.77m(2.2)	5.63m(2.6)
2 Obioha, Chisom	JR	NM Highlands	5.64m	1.8	18-06.00	2	8			
			5.64m(1.8)		FOUL(2.0)		5.44m(1.1)	FOUL(3.4)	5.57m(1.3)	FOUL(1.9)
3 Brockman, Jordan	SO	Colorado Mesa	J5.64m	1.2	18-06.00	2	6			
			5.32m(1.3)		5.47m(3.1)		FOUL(1.9)	5.22m(2.0)	5.40m(3.6)	5.64m(1.2)
4 Novess, Faith	JR	Uc-Colo. Spgs.	5.53m	2.7	18-01.75	1	5			
			5.20m(3.0)		FOUL(5.5)		5.53m(2.7)	FOUL(1.0)	5.04m(3.8)	5.45m(0.6)
5 Donohoe, Eireann	SO	Western Colorado	5.42m	0.2	17-09.50	2	4			
			3.71m(-1.9)		FOUL(2.0)		5.22m(2.0)	5.35m(2.4)	5.42m(0.2)	FOUL(2.3)
6 Olson, Cora	SR	Western Colorado	5.31m	1.3	17-05.25	2	3			
			5.22m(0.6)		5.08m(1.1)		5.22m(-0.9)	5.31m(1.3)	FOUL(1.4)	5.03m(1.8)
7 Trumper, Taeryn	SO	Colorado Mesa	J5.31m	3.7	17-05.25	2	2			
			FOUL(2.1)		FOUL(2.5)		5.31m(3.7)	FOUL(1.6)	FOUL(3.2)	FOUL(0.4)
8 Bailey, Christine	JR	Uc-Colo. Spgs.	5.19m	4.2	17-00.50	2	1			
			5.13m(3.0)		5.19m(4.2)		5.04m(1.5)	4.96m(2.9)	FOUL(1.3)	FOUL(2.1)

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....Event 31 Women Long Jump

9	Arceneaux, Kierra	SR Colorado Mesa	5.15m	2.7	16-10.75	2	
	5.00m(2.1) 5.15m(2.7) 5.13m(1.8) FOUL(1.1) FOUL(1.5) FOUL(2.9)						
10	Rensberg, Maggie	JR Uc-Colo. Spgs.	5.12m	1.9	16-09.75	1	
	5.00m(1.8) 4.93m(2.1) 5.12m(1.9)						
11	Jackson, Kiana	SR Colorado Mesa	5.10m	2.1	16-08.75	1	
	5.10m(2.1) FOUL(0.6) 5.04m(2.0)						
12	Carroll, Kathryn	FR Uc-Colo. Spgs.	5.07m	4.6	16-07.75	1	
	5.07m(4.6) 4.88m(2.1) 5.04m(3.4)						
13	Nieslanik, Lily	SO Colorado Mesa	5.03m	1.1	16-06.00	2	
	4.55m(0.1) 5.03m(1.1) FOUL(1.2)						
14	Weber, Taylor	FR Msu Denver	4.95m	1.5	16-03.00	1	
	FOUL(2.4) 4.95m(1.5) FOUL(2.8)						
15	Baloun, Megan	FR Chadron State	4.86m	1.7	15-11.50	1	
	FOUL(2.0) 4.86m(1.7) 4.57m(2.3)						
16	Robinson, Tierney	JR S.D. Mines	4.40m	4.0	14-05.25	1	
	4.30m(2.8) 4.40m(4.0) FOUL(2.0)						
17	Hanson, Tatum	FR S.D. Mines	4.34m	2.4	14-03.00	1	
	4.28m(1.7) FOUL(2.2) 4.34m(2.4)						
--	Mathieu, Katherine	SR S.D. Mines	FOUL			1	
	FOUL(2.2) FOUL(2.1) FOUL(2.4)						
--	Wood, Lexye	JR Colo. Mines	DQ	NWI		2	Rule 13-2.2
--	Walshaw, Sidney	FR Colo. Mines	DQ	NWI		2	Rule 13-2.2
--	Gomez, Caelyn	JR Adams State	DNS	NWI		1	

Event 35 Women Discus Throw

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 RMAC Meet: R 51.98m 5/9/2017 Mel Herl, Chadron State
 NCAA Prov: P 45.70m 2023

Name	Year	School	Finals	H#	Points
1 Malouf, Emily	JR	Westminster (Ut)	48.57mP	159-04	2 10
	48.11m 47.58m 46.23m 41.39m 48.57m 44.77m				
2 Sawvell, Kyla	SR	Chadron State	44.22m	145-01	2 8
	40.13m FOUL 44.22m 41.56m 41.86m 40.72m				
3 Yackey, Heather	SO	Colorado Mesa	43.80m	143-08	2 6
	FOUL 40.96m 42.61m FOUL 43.80m 35.98m				
4 Wessels, Febe	FR	Csu-Pueblo	42.70m	140-01	2 5
	FOUL 42.70m 41.55m 41.08m FOUL 39.43m				
5 Sullivan, Hanah	FR	Black Hills St.	42.57m	139-08	1 4
	36.67m 39.07m FOUL 40.81m 42.57m 33.96m				
6 Rugar, Kitt	SO	Colo. Mines	42.22m	138-06	2 3
	36.36m 39.61m 42.22m 36.15m FOUL 40.03m				
7 Mikaelian, Olivia	SO	Csu-Pueblo	40.89m	134-02	2 2
	40.89m 36.25m 34.04m 32.06m 38.43m 38.17m				
8 Viger, Maddie	FR	S.D. Mines	39.30m	128-11	1 1
	36.86m 39.30m 35.77m 38.79m 37.59m FOUL				
9 Solarin, Grace	FR	Msu Denver	J39.30m	128-11	1
	34.33m 37.84m 39.30m 37.13m 35.45m 35.25m				
10 Graves, Bailey	FR	Csu-Pueblo	38.58m	126-07	1
	36.99m 38.58m 36.65m				
11 Osterfelt, Lindsey	FR	Western Colorado	38.51m	126-04	2
	FOUL 38.51m FOUL				
12 Jurrens, Olivia	SR	S.D. Mines	38.46m	126-02	1
	38.46m FOUL 36.82m				

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13	Stubbs, Jaycie	JR S.D. Mines	38.44m	126-01	2
	FOUL 38.44m 37.96m				
14	Jorgens, Savannah	FR Uc-Colo. Spgs.	37.72m	123-09	1
	37.72m 37.08m 31.05m				
15	Holland, Anna	JR Uc-Colo. Spgs.	37.66m	123-07	2
	37.66m FOUL 36.03m				
16	Lynn Bonner, Cassie	JR Uc-Colo. Spgs.	37.59m	123-04	1
	37.47m 36.30m 37.59m				
17	Walters, Caroline	SO Uc-Colo. Spgs.	37.08m	121-08	2
	35.52m 37.08m 33.21m				
18	Hancock, Augustine	FR Colorado Mesa	36.72m	120-06	2
	FOUL 36.72m 35.91m				
19	Scott, Kaitlyn	JR NM Highlands	34.08m	111-10	1
	FOUL 34.08m FOUL				
20	Tomon, Virginia	SO Colorado Mesa	33.55m	110-01	1
	33.55m FOUL FOUL				
21	Schenck, Adisyn	FR S.D. Mines	32.04m	105-01	1
	FOUL 32.04m FOUL				
22	Van Ruler, Abbie	SO S.D. Mines	30.44m	99-10	1
	30.44m FOUL 27.35m				
--	Higgins, Katherine	SO Csu-Pueblo	FOUL		2
	FOUL FOUL FOUL				
--	Arias, Alicia	SR NM Highlands	DNS		1

Event 37 Women Hammer Throw

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RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State

NCAA Prov: P 52.34m 2023

Name	Year School	Finals	H#	Points
1 Sawvell, Kyla	SR Chadron State	57.28mP	187-11	2 10
	53.79m 53.65m 53.54m 57.28m 56.53m 53.12m			
2 Aldrich, Ali	JR Western Colorado	52.22m	171-04	2 8
	FOUL 50.05m 50.19m FOUL 52.22m 51.58m			
3 Scott, Kaitlyn	JR NM Highlands	50.39m	165-04	2 6
	50.39m 48.02m FOUL 49.92m FOUL 48.80m			
4 Holland, Anna	JR Uc-Colo. Spgs.	50.37m	165-03	2 5
	44.45m FOUL FOUL 49.96m 49.35m 50.37m			
5 Mikaelian, Olivia	SO Csu-Pueblo	49.72m	163-01	2 4
	45.43m 41.54m 44.89m 46.97m 47.15m 49.72m			
6 Sayler, Jenna	JR S.D. Mines	48.43m	158-11	2 3
	44.68m 46.52m 48.43m FOUL FOUL 46.06m			
7 Lynn Bonner, Cassie	JR Uc-Colo. Spgs.	48.00m	157-06	2 2
	44.83m 48.00m 46.29m 44.25m 44.20m 43.10m			
8 Smith, Courtney	JR Chadron State	47.03m	154-03	2 1
	FOUL 44.84m 47.03m FOUL 44.82m 46.73m			
9 Wortham, Krystal	SO Western Colorado	45.68m	149-10	2
	FOUL 44.49m FOUL 45.68m FOUL FOUL			
10 Schliep, Madyson	JR Chadron State	44.15m	144-10	1
	44.15m 42.56m FOUL			
11 Brackenbury, Chloe	FR Western Colorado	42.54m	139-07	2
	42.54m FOUL FOUL			
12 Higgins, Katherine	SO Csu-Pueblo	42.47m	139-04	1
	42.47m FOUL 41.94m			

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....Event 37 Women Hammer Throw

13	Hancock, Augustine	FR Colorado Mesa	42.46m	139-04	1
	41.43m 42.46m FOUL				
14	Sullivan, Hanah	FR Black Hills St.	41.75m	137-00	1
	FOUL FOUL 41.75m				
15	Jurrens, Olivia	SR S.D. Mines	41.41m	135-10	1
	FOUL 39.43m 41.41m				
16	Solarin, Grace	FR Msu Denver	41.31m	135-06	1
	41.29m FOUL 41.31m				
17	Robinson, Tierney	JR S.D. Mines	41.25m	135-04	1
	38.77m 39.34m 41.25m				
18	Chrisawn, Trinity	JR Chadron State	41.22m	135-03	1
	41.22m 40.90m 40.87m				
19	Van Ruler, Abbie	SO S.D. Mines	40.74m	133-08	1
	40.74m FOUL 40.68m				
20	Osterfelt, Lindsey	FR Western Colorado	37.12m	121-09	1
	FOUL 35.22m 37.12m				
21	Frank, Kitrie	SO Black Hills St.	35.88m	117-08	1
	35.88m 35.72m FOUL				
22	Jorgens, Savannah	FR Uc-Colo. Spgs.	32.25m	105-10	1
	32.25m FOUL FOUL				
--	Jarnagin, Jennifer	SO Colo. Mines	FOUL		2
	FOUL FOUL FOUL				
--	Rupar, Kitt	SO Colo. Mines	FOUL		2
	FOUL FOUL FOUL				

Event 39 Women Javelin Throw

RMAC Meet: R 48.36m 4/29/2018 Sharon Toako, NM Highlands

NCAA Prov: P 42.03m 2023

Name	Year School	Finals	H#	Points
1 Stubbs, Jaycie	JR S.D. Mines	40.92m	134-03	2 10
	39.01m 40.92m 38.88m			
2 Wessels, Febe	FR Csu-Pueblo	40.88m	134-01	2 8
	38.85m 36.56m 40.88m 39.51m FOUL FOUL			
3 Graves, Bailey	FR Csu-Pueblo	40.29m	132-02	2 6
	28.72m 32.76m 37.53m 37.64m 40.29m 39.61m			
4 Clarke, Patreece	FR NM Highlands	38.90m	127-07	2 5
	30.74m 33.41m 35.90m 31.75m 38.29m 38.90m			
5 Frank, Kitrie	SO Black Hills St.	38.33m	125-09	2 4
	34.14m 38.33m 32.76m 37.35m 36.03m FOUL			
6 Jones, Brooklynn	FR Msu Denver	38.03m	124-09	2 3
	36.55m 37.73m 36.55m 35.09m 34.29m 38.03m			
7 Bohlken, Kamryn	JR Uc-Colo. Spgs.	36.40m	119-05	2 2
	35.24m 33.89m 36.40m 31.83m 35.22m 34.77m			
8 Walters, Caroline	SO Uc-Colo. Spgs.	36.39m	119-05	2 1
	36.39m 32.34m 35.96m 33.99m 33.25m 32.68m			
9 Remsberg, Maggie	JR Uc-Colo. Spgs.	35.10m	115-02	1
	33.36m 30.58m 35.10m PASS PASS PASS			
10 Baldner, Linnea	FR Western Colorado	34.30m	112-06	2
	34.30m 33.48m 29.93m			
11 Thornton, Devyn	FR Chadron State	33.26m	109-01	1
	33.26m 30.07m FOUL			

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....Event 39 Women Javelin Throw

12	Castillio, Nicole	FR Uc-Colo. Spgs.	32.54m	106-09	1
	32.54m 31.93m 32.01m				
13	Schenck, Adisyn	FR S.D. Mines	31.53m	103-05	2
	31.53m 30.55m FOUL				
14	Castaneda, Lamara	FR Chadron State	31.35m	102-10	1
	29.00m 29.20m 31.35m				
15	Harrison, Lucia	JR NM Highlands	31.14m	102-02	1
	28.37m 31.14m 30.45m				
16	Korbe, Jocelyn	JR Msu Denver	31.03m	101-10	1
	30.09m 31.03m 27.27m				
17	Sawvell, Kyla	SR Chadron State	30.33m	99-06	1
	27.81m 27.22m 30.33m				
18	Sims, Sydney	FR Westminster (Ut)	30.19m	99-00	1
	28.81m 30.19m 28.72m				
19	Jarnagin, Jennifer	SO Colo. Mines	29.94m	98-03	1
	27.21m 28.15m 29.94m				
20	Garand, Teagan	SR Msu Denver	29.61m	97-02	1
	27.61m 28.06m 29.61m				
21	Dickinson, Megan	SO Cs-u-Pueblo	29.46m	96-08	2
	29.00m 26.22m 29.46m				
22	Osterfelt, Lindsey	FR Western Colorado	29.22m	95-10	2
	29.22m FOUL 25.88m				
23	Marvel, Jade	FR Msu Denver	25.55m	83-10	1
	24.55m 24.73m 25.55m				
--	Hilbert, Myles	SR Western Colorado	DNS		1

Event 43 Women Heptathlon

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 RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands

NCAA Prov: P 4510 2023

Name	Year School	Finals	H#	Points
1 Jenrette, Mica	JR Colorado Mesa	4884P	10	
2 Wright, Avery	FR Colo. Mines	4824P	8	
3 Novess, Faith	JR Uc-Colo. Spgs.	4730P	6	
4 Remsberg, Maggie	JR Uc-Colo. Spgs.	4571P	5	
5 Brockman, Jordan	SO Colorado Mesa	4503	4	
6 Thomson, Katie	FR Colorado Mesa	4264	3	
7 Marvel, Jade	FR Msu Denver	4169	2	
8 Korbe, Jocelyn	JR Msu Denver	3929	1	
9 Scoggins, Mary	FR Cs-u-Pueblo	3819		
10 Krumpus, Abby	SO S.D. Mines	2865		

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Brockman, Jordan	SO Colorado Mesa	14.71	1.9	3	880
2 Remsberg, Maggie	JR Uc-Colo. Spgs.	14.75	1.9	3	875
3 Novess, Faith	JR Uc-Colo. Spgs.	14.81	1.9	3	867
4 Jenrette, Mica	JR Colorado Mesa	14.81	1.9	3	867
5 Wright, Avery	FR Colo. Mines	15.41	0.9	2	788
6 Thomson, Katie	FR Colorado Mesa	15.83	0.9	2	735
7 Korbe, Jocelyn	JR Msu Denver	16.41	1.4	1	665

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....Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

8	Marvel, Jade	FR Msu Denver	16.46	0.9	2	659
9	Scoggins, Mary	FR Csu-Pueblo	17.06	1.4	1	590
10	Krumpus, Abby	SO S.D. Mines	18.41	1.4	1	447

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals										Points			
1 Wright, Avery	FR	Colo. Mines	1.61m	5-03.25	747											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64
	P	P	P	P	P	P	P	O	P	O	O	O	O	O	XXO	XXX
2 Remsberg, Maggie	JR	Uc-Colo. Spgs.	1.55m	5-01.00	678											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58		
	P	P	P	P	P	P	P	P	P	P	P	XXO	XXO	XXX		
2 Novess, Faith	JR	Uc-Colo. Spgs.	1.55m	5-01.00	678											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58		
	P	P	P	P	P	P	P	P	P	P	P	PXO	O	XXX		
2 Jenrette, Mica	JR	Colorado Mesa	1.55m	5-01.00	678											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58		
	P	P	P	P	P	P	P	P	P	XO	XO	XXO	XO	XXX		
5 Brockman, Jordan	SO	Colorado Mesa	1.52m	4-11.75	644											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55			
	P	P	P	P	P	P	P	P	P	XO	XO	XO	XXX			
6 Thomson, Katie	FR	Colorado Mesa	1.49m	4-10.50	610											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52				
	P	P	P	P	P	P	P	XXO	XO	O	XO	XXX				
7 Scoggins, Mary	FR	Csu-Pueblo	1.43m	4-08.25	544											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46						
	P	P	P	P	P	P	O	O	XO	XXX						
7 Korbe, Jocelyn	JR	Msu Denver	1.43m	4-08.25	544											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46						
	P	P	P	P	P	O	O	O	XO	XXX						
9 Marvel, Jade	FR	Msu Denver	1.40m	4-07.00	512											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43							
	P	P	P	P	P	O	XXO	O	XXX							
10 Krumpus, Abby	SO	S.D. Mines	1.34m	4-04.75	449											
	1.19	1.22	1.25	1.28	1.31	1.34	1.37									
	O	O	XO	XO	O	XO	XXX									

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals		Points
1 Wright, Avery	FR	Colo. Mines	10.69m	35-01.00	575
	10.26m	10.35m	10.69m		
2 Jenrette, Mica	JR	Colorado Mesa	10.62m	34-10.25	570
	9.41m	10.32m	10.62m		
3 Novess, Faith	JR	Uc-Colo. Spgs.	10.56m	34-07.75	566
	9.88m	9.94m	10.56m		
4 Korbe, Jocelyn	JR	Msu Denver	10.38m	34-00.75	554
	9.39m	10.25m	10.38m		
5 Marvel, Jade	FR	Msu Denver	10.28m	33-08.75	548
	9.99m	10.28m	9.62m		

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6	Remsberg, Maggie	JR Uc-Colo. Spgs.	9.54m	31-03.75	499
	9.46m 9.54m 9.46m				
7	Thomson, Katie	FR Colorado Mesa	9.44m	30-11.75	493
	8.99m 9.10m 9.44m				
8	Brockman, Jordan	SO Colorado Mesa	8.90m	29-02.50	458
	8.90m 8.37m 8.31m				
9	Scoggins, Mary	FR Csu-Pueblo	8.88m	29-01.75	456
	8.88m 8.71m 8.55m				
10	Krumpus, Abby	SO S.D. Mines	8.13m	26-08.25	408
	6.43m FOUL 8.13m				

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Wright, Avery	FR Colo. Mines	25.28	0.9	2	861
2 Jenrette, Mica	JR Colorado Mesa	25.35	0.9	2	855
3 Brockman, Jordan	SO Colorado Mesa	25.85	0.9	2	810
4 Remsberg, Maggie	JR Uc-Colo. Spgs.	26.49	0.9	2	755
5 Novess, Faith	JR Uc-Colo. Spgs.	26.60	0.9	2	745
6 Thomson, Katie	FR Colorado Mesa	26.80	0.9	2	729
7 Marvel, Jade	FR Msu Denver	26.85	+0.0	1	724
8 Scoggins, Mary	FR Csu-Pueblo	27.27	+0.0	1	690
9 Korbe, Jocelyn	JR Msu Denver	27.55	0.9	2	667
10 Krumpus, Abby	SO S.D. Mines	30.12	+0.0	1	474

Event 43 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points	
1 Novess, Faith	JR Uc-Colo. Spgs.	5.67m	3.2	18-07.25	750
	FOUL(2.9) 5.67m(3.2) 5.38m(1.8)				
2 Brockman, Jordan	SO Colorado Mesa	5.62m	2.4	18-05.25	735
	4.96m(2.6) FOUL(3.2) 5.62m(2.4)				
3 Wright, Avery	FR Colo. Mines	5.29m	3.4	17-04.25	640
	5.29m(3.4) 5.14m(3.0) 5.23m(1.7)				
4 Thomson, Katie	FR Colorado Mesa	5.25m	5.2	17-02.75	628
	5.07m(2.6) 5.25m(5.2) 5.03m(1.6)				
5 Jenrette, Mica	JR Colorado Mesa	5.24m	4.9	17-02.25	626
	FOUL(2.2) 5.12m(3.3) 5.24m(4.9)				
6 Remsberg, Maggie	JR Uc-Colo. Spgs.	5.15m	3.9	16-10.75	601
	4.13m(1.1) 5.15m(3.9) FOUL(1.6)				
7 Marvel, Jade	FR Msu Denver	5.06m	3.4	16-07.25	576
	4.99m(4.1) 4.77m(4.3) 5.06m(3.4)				
8 Korbe, Jocelyn	JR Msu Denver	5.00m	4.5	16-05.00	559
	4.84m(1.2) 4.92m(5.2) 5.00m(4.5)				
9 Scoggins, Mary	FR Csu-Pueblo	4.65m	2.7	15-03.25	466
	4.09m(4.8) 4.65m(2.7) 4.62m(3.8)				
10 Krumpus, Abby	SO S.D. Mines	3.40m	4.3	11-02.00	180
	FOUL(3.2) FOUL(2.3) 3.40m(4.3)				

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Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 Remsberg, Maggie 31.79m 33.66m 28.46m	JR	Uc-Colo. Spgs.	33.66m	110-05 546
2 Jenrette, Mica 31.55m 32.53m 25.76m	JR	Colorado Mesa	32.53m	106-09 525
3 Wright, Avery 30.81m 26.49m 30.83m	FR	Colo. Mines	30.83m	101-02 492
4 Korbe, Jocelyn 30.11m 30.60m 29.30m	JR	Msu Denver	30.60m	100-05 488
5 Marvel, Jade 28.66m 27.94m 27.23m	FR	Msu Denver	28.66m	94-00 451
6 Novess, Faith 26.77m 27.87m 27.55m	JR	Uc-Colo. Spgs.	27.87m	91-05 436
7 Krumpus, Abby FOUL FOUL 25.77m	SO	S.D. Mines	25.77m	84-06 397
8 Scoggins, Mary 24.06m 24.02m FOUL	FR	Csu-Pueblo	24.06m	78-11 365
9 Brockman, Jordan 21.18m FOUL 21.95m	SO	Colorado Mesa	21.95m	72-00 325
10 Thomson, Katie 20.25m 20.95m FOUL	FR	Colorado Mesa	20.95m	68-09 307

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Jenrette, Mica 1:14.657 (1:14.657)	JR	Colorado Mesa	2:24.55	763
2 Thomson, Katie 1:14.890 (1:14.890)	FR	Colorado Mesa	2:24.62	762
3 Wright, Avery 1:14.094 (1:14.094)	FR	Colo. Mines	2:27.80	721
4 Scoggins, Mary 1:14.942 (1:14.942)	FR	Csu-Pueblo	2:28.77	708
5 Marvel, Jade 1:15.224 (1:15.224)	FR	Msu Denver	2:29.53	699
6 Novess, Faith 1:14.368 (1:14.368)	JR	Uc-Colo. Spgs.	2:30.37	688
7 Brockman, Jordan 1:14.294 (1:14.294)	SO	Colorado Mesa	2:33.37	651
8 Remsberg, Maggie 1:15.635 (1:15.635)	JR	Uc-Colo. Spgs.	2:36.21	617
9 Krumpus, Abby 1:22.825 (1:22.825)	SO	S.D. Mines	2:45.61	510
10 Korbe, Jocelyn 1:19.495 (1:19.495)	JR	Msu Denver	2:51.11	452

Women - Team Rankings - 8 Events Scored

1) UC-Colo. Spgs.	48.50	2) Colorado Mesa	45
3) CSU-Pueblo	41	4) Western Colorado	38
5) Colo. Mines	30.50	6) Chadron State	22
7) Westminster (UT)	21	8) NM Highlands	19

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

9) MSU Denver	14	9) S.D. Mines	14
11) Black Hills St.	8	12) Adams State	6
13) Fort Lewis	5		

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 Men - Team Rankings - 7 Events Scored
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1) Colo. Mines	65	2) Western Colorado	45
3) UC-Colo. Spgs.	39	4) CSU-Pueblo	29
5) Chadron State	22	6) S.D. Mines	20
7) Colorado Mesa	19	8) Adams State	18
9) Black Hills St.	14	10) MSU Denver	2