

Big Red Machine Open

February 3, 2023

Saturday (Final)

10:40 - DMR (M)
11:00 – 60m Hurdles Prelim (M) - 3 heats
11:15 – 60m Hurdles Prelim (W) - 2 heats
11:30 - 60m Prelim (M) - 4 heats
11:45 - 60m Prelim (W) - 3 heats
12:00 – 5000m (M) - 1 heat
12:25 - 5000m (W) - 1 heat

OFFICIALS BREAK

1:10 – Mile (M) - 3 heats
1:35 – Mile (W) - 2 heats
1:50 – 400m (M) - 5 heats
2:10 – 400m (W) - 4 heats
2:30 – 60mh Final (M)
2:35 – 60mh Final (W)
(2:40 - 200m check-in closed for seeding)
2:40 – 60m Final (M)
2:45 – 60m Final (W)
2:50 – 800m (M) - 2 heats
3:00 – 800m (W) - 3 heats
(3:00 - 200m runners get heat/lane assignments)
3:15 – 200m (M) - 34 entries
3:40 – 200m (W) - 31 entries
4:10 – 3000m (M) - 2 heats
4:35 – 3000m (W) - 1 heat
4:50 – 4x400m (M) - 1 heat
5:00 – 4x400m (W) - 1 heat

Field Events

11:00 – Weight Throw (M, W)
Long Jump (M, W)
High Jump (W, M)
Pole Vault (W, M)
1:00 – Triple Jump (M, W) (30 min after end of
Long Jump)
2:00 - Shot Put (M, W) (30 min after weight
throw)

